

Trashmore 5K *** 5K *** Overall & Divisions

Event: 5K

Date: Saturday, September 13, 2014

Location: Cedar Rapids

Weather: Cool 48°

Overall and Age Divisions

Results By: On The Run Race Timing

Place	Gender	Division	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	1	1 M18	Roger Cassill, M48	Fairfax, IA	18:10	5:51/M	18:09	5:50/M
2	2	2 M18	John Armon, M48	Cedar Rapids, IA	18:11	5:51/M	18:11	5:51/M
3	3	3 M18	Daryl Julich, M58	Cedar Rapids, IA	18:54	6:05/M	18:53	6:05/M
4	4	4 M18	Wade Johnson, M32	Cedar Rapids, IA	19:04	6:08/M	19:03	6:08/M
5	5	5 M18	Michael Hughes, M47	Cedar Rapids, IA	19:07	6:09/M	19:06	6:09/M
6	6	6 M18	Andrew Snyder, M38	Swisher, IA	19:14	6:11/M	19:09	6:10/M
7	7	7 M18	Lance Finch, M35	Fairfax, IA	19:22	6:14/M	19:22	6:14/M
8	8	8 M18	Alex Sindelar, M28	Marion, IA	20:09	6:29/M	19:45	6:21/M
9	9	9 M18	Zach Halstead, M23	Cedar Rapids, IA	20:28	6:35/M	20:14	6:31/M
10	10	1 JRM	Ian Hoover-Grinde, M16	Cedar Rapids, IA	20:29	6:36/M	20:29	6:36/M
11	11	10 M18	Joe Bolkcom, M58	Iowa City, IA	20:49	6:42/M	20:47	6:41/M
12	12	11 M18	Sam Werner, M18	Cedar Rapids, IA	20:56	6:44/M	20:56	6:44/M
13	13	12 M18	Tyson Switzer, M31	Cedar Rapids, IA	21:11	6:49/M	21:04	6:47/M
14	14	13 M18	Chris Hartzler, M39	Ainsworth, IA	21:33	6:56/M	21:26	6:54/M
15	15	14 M18	Jim Shimek, M67	Fairfax, IA	21:36	6:57/M	21:36	6:57/M
16	16	15 M18	Ted Smith, M47	Cedar Rapids, IA	21:42	6:59/M	21:40	6:58/M
17	17	16 M18	Justin Ross, M35	Marion, IA	21:43	6:59/M	21:34	6:57/M
18	1	1 F18	Mollie Fagan, F25	Cedar Rapids, IA	21:52	7:02/M	21:30	6:55/M
19	18	17 M18	Brian Ropp, M20	Cedar Rapids, IA	21:59	7:05/M	21:37	6:58/M
20	19	18 M18	Doug Fishwild, M35	Cedar Rapids, IA	22:00	7:05/M	21:55	7:03/M
21	20	19 M18	Pat O'Connor, M52	Marion, IA	22:15	7:10/M	22:12	7:09/M
22	21	20 M18	Tom Viner, M34	Cedar Rapids, IA	22:17	7:10/M	22:14	7:09/M
23	22	21 M18	Clayton Carper, M27	Marion, IA	22:20	7:11/M	22:15	7:10/M
24	23	22 M18	Marty Weber, M39	Cedar Rapids, IA	22:23	7:12/M	22:19	7:11/M

25	24	23 M18	Andrew Hermiston, M26	New Liberty, IA	22:28	7:14/M	22:21	7:12/M
26	25	24 M18	Tom Wolfe, M66	Cedar Rapids, IA	22:30	7:14/M	22:28	7:14/M
27	26	25 M18	Robert Haag, M50	Marion, IA	22:36	7:17/M	22:32	7:15/M
28	27	2 JRM	Samuel Eck, M16	Cedar Rapids, IA	22:40	7:18/M	22:39	7:17/M
29	2	1 JRF	Serena Eck, F14	Cedar Rapids, IA	22:42	7:18/M	22:37	7:17/M
30	28	26 M18	Joh Harding, M40	North Liberty, IA	22:48	7:20/M	22:46	7:20/M
31	29	27 M18	Kevin Barry, M24	Cedar Rapids, IA	22:50	7:21/M	22:45	7:19/M
32	30	28 M18	Brad Scott, M61	Marion, IA	22:55	7:22/M	22:53	7:22/M
33	31	29 M18	Joe Elder, M47	Coralville, IA	23:05	7:26/M	23:02	7:25/M
34	32	30 M18	Tim Cahill, M47	Lisbon, IA	23:08	7:27/M	23:03	7:25/M
35	33	31 M18	Brian Malhoit, M58	Cedar Rapids, IA	23:09	7:27/M	23:09	7:27/M
36	34	32 M18	Nathan Williams, M34	Cedar Rapids, IA	23:20	7:31/M	23:12	7:28/M
37	35	33 M18	Paul Williams, M56	Cedar Rapids, IA	23:21	7:31/M	23:11	7:28/M
38	36	34 M18	Ryan Cuttler, M19	Syracuse, NY	23:21	7:31/M	23:20	7:31/M
39	3	2 JRF	Kirstin Q Skriver, F14	Walford, IA	23:34	7:35/M	23:23	7:32/M
40	37	35 M18	Bob Mourlam, M36	Cedar Rapids, IA	23:34	7:35/M	23:28	7:33/M
41	38	36 M18	Micky Hansen, M30	Cedar Rapids, IA	23:35	7:35/M	23:28	7:33/M
42	39	3 JRM	Ethan Lafrance, M12	Cedar Rapids, IA	23:35	7:35/M	23:25	7:32/M
43	40	37 M18	Josh Q Weeks, M40	Walford, IA	23:44	7:38/M	23:33	7:35/M
44	41	38 M18	Tim Nooteboom, M41	Marion, IA	23:47	7:39/M	23:43	7:38/M
45	42	39 M18	Alex Kritenbrink, M24	Iowa City, IA	23:57	7:43/M	23:56	7:42/M
46	43	40 M18	Patrick Severson, M32	Cedar Rapids, IA	23:58	7:43/M	23:50	7:40/M
47	44	41 M18	Zachary Johnson, M35	Cedar Rapids, IA	24:17	7:49/M	24:01	7:44/M
48	45	42 M18	Justin Schmidt, M33	Cedar Rapids, IA	24:22	7:51/M	24:12	7:47/M
49	46	43 M18	Blair Azinger, M30	Omaha, NE	24:24	7:51/M	24:20	7:50/M
50	47	44 M18	Ron Harding, M66	Chandler, AZ	24:26	7:52/M	24:23	7:51/M
51	48	45 M18	Adam Miller, M51	Cedar Rapids, IA	24:30	7:53/M	24:19	7:50/M
52	49	46 M18	Mark Valliere, M57	Cedar Rapids, IA	24:32	7:54/M	24:30	7:53/M
53	50	47 M18	Doug Lord, M59	Lisbon, IA	24:34	7:54/M	24:31	7:54/M
54	4	2 F18	Stephanie Kaefring, F23	Solon, IA	24:35	7:55/M	24:29	7:53/M
55	51	48 M18	Jim Dwyer, M53	Marion, IA	24:38	7:56/M	24:29	7:53/M
56	52	49 M18	David Delayo, M30	Marion, IA	24:39	7:56/M	24:34	7:54/M
57	53	50 M18	Mark Brown, M50	Cedar Rapids, IA	24:44	7:58/M	24:38	7:56/M
58	54	51 M18	Brendan Benter, M44	Cedar Rapids, IA	24:50	7:59/M	24:36	7:55/M
59	55	52 M18	Brian Ceynar, M48	Cedar Rapids, IA	24:50	7:59/M	24:44	7:58/M
60	56	53 M18	John Humphries, M43	Cedar Rapids, IA	24:50	8:00/M	24:37	7:55/M

61	5	3 F18	Kristi Bahl, F49	Lisbon, IA	24:56	8:02/M	24:46	7:58/M
62	6	4 F18	Christina Djerf, F35	Cedar Rapids, IA	25:00	8:03/M	24:56	8:01/M
63	57	54 M18	Cameron Frett, M38	Cedar Rapids, IA	25:00	8:03/M	24:56	8:02/M
64	58	55 M18	Chad Stumpf, M36	Riverside, IA	25:01	8:03/M	24:36	7:55/M
65	59	4 JRM	Ben Elliott, M16	Cedar Rapids, IA	25:03	8:04/M	25:01	8:03/M
66	60	56 M18	Bruce Bachmann, M65	Cedar Rapids, IA	25:10	8:06/M	25:05	8:04/M
67	7	5 F18	Chris Day, F44	Palo, IA	25:13	8:07/M	25:01	8:03/M
68	61	57 M18	Troy Fisher, M45	Riverside, IA	25:21	8:10/M	24:58	8:02/M
69	62	58 M18	Zach Bruce, M28	Cedar Rapids, IA	25:23	8:10/M	25:17	8:08/M
70	8	6 F18	Mary Drake, F51	Cedar Rapids, IA	25:24	8:10/M	25:20	8:09/M
71	9	7 F18	Sara Young, F33	Cedar Rapids, IA	25:28	8:12/M	24:57	8:02/M
72	10	8 F18	Jenn Thompson, F32	North Liberty, IA	25:32	8:13/M	25:08	8:05/M
73	11	3 JRF	Kenna Prottsman, F10	Iowa City, IA	25:32	8:13/M	25:26	8:11/M
74	12	9 F18	Kate Klefstad, F32	Iowa City, IA	25:34	8:14/M	25:27	8:12/M
75	13	10 F18	Tara Mittelberg, F19	Cedar Rapids, IA	25:52	8:20/M	25:24	8:10/M
76	14	11 F18	Aliza Lichty, F19	Cedar Rapids, IA	25:52	8:20/M	25:24	8:11/M
77	63	59 M18	Jeff Schmidt, M31	Marion, IA	25:52	8:20/M	25:37	8:15/M
78	64	60 M18	Rob Kasper, M42	Cedar Rapids, IA	25:57	8:21/M	25:48	8:18/M
79	65	61 M18	Craig Byers, M28	Cedar Rapids, IA	25:57	8:21/M	25:49	8:18/M
80	66	62 M18	Todd Lewison, M53	Cedar Rapids, IA	26:09	8:25/M	26:05	8:24/M
81	15	12 F18	Diane Ropp, F47	Cedar Rapids, IA	26:09	8:25/M	25:42	8:16/M
82	67	63 M18	David Kaness, M50	Cedar Rapids, IA	26:10	8:25/M	26:07	8:24/M
83	68	5 JRM	Clayton Q Cowden, M16	Cedar Rapids, IA	26:11	8:26/M	25:45	8:17/M
84	69	64 M18	Rick Kullander, M52	Cedar Rapids, IA	26:23	8:30/M	26:10	8:25/M
85	16	13 F18	Jen Q Neubauer, F43	Shueyville, IA	26:26	8:30/M	26:14	8:27/M
86	70	65 M18	Noah Banwarth, M36	Marion, IA	26:38	8:34/M	26:36	8:34/M
87	71	66 M18	Devon Sindelar, M26	Cedar Rapids, IA	26:38	8:34/M	26:15	8:27/M
88	72	67 M18	Mike Regan, M46	Iowa City, IA	26:39	8:35/M	26:39	8:35/M
89	17	14 F18	Kaitlin Oswood, F26	Cedar Rapids, IA	26:44	8:36/M	26:36	8:34/M
90	73	68 M18	Andrew Stewart, M27	Marion, IA	26:48	8:38/M	26:43	8:36/M
91	18	15 F18	Samantha Hubler, F25	Cedar Rapids, IA	26:49	8:38/M	26:47	8:37/M
92	74	69 M18	Dave Filip, M52	Cedar Rapids, IA	26:57	8:40/M	26:21	8:29/M
93	19	16 F18	Judy Goldberg, F50	Cedar Rapids, IA	27:15	8:46/M	27:09	8:44/M
94	75	70 M18	David Tominsky, M38	Cedar Rapids, IA	27:24	8:49/M	27:17	8:47/M
95	76	71 M18	Chris Stumpff, M29	Cedar Rapids, IA	27:25	8:50/M	27:21	8:48/M

96	77	72 M18	Nicholas Stumpff, M31	Ely, IA	27:25	8:50/M	27:21	8:48/M
97	78	73 M18	Tim Waddilove, M57	Cedar Rapids, IA	27:27	8:50/M	27:18	8:47/M
98	20	17 F18	Jade McGill, F31	Marion, IA	27:27	8:50/M	27:20	8:48/M
99	79	6 JRM	Brooks Klefstad, M11	Iowa City, IA	27:32	8:52/M	27:25	8:49/M
100	80	74 M18	Adam Kaeffring, M25	Solon, IA	27:39	8:54/M	27:32	8:52/M
101	21	18 F18	Tami Q Skriver, F42	Walford, IA	27:42	8:55/M	27:31	8:51/M
102	81	75 M18	Dennis Fagan, M50	Cedar Rapids, IA	27:46	8:56/M	27:20	8:48/M
103	82	76 M18	Ken Collier, M61	Cedar Rapids, IA	27:48	8:57/M	27:34	8:52/M
104	22	19 F18	Veronica Q Weeks, F40	Walford, IA	27:49	8:57/M	27:38	8:54/M
105	83	77 M18	Darrell Chiavetta, M43	Marion, IA	27:52	8:58/M	27:38	8:54/M
106	84	78 M18	Aaron Moniza, M40	Coralville, IA	28:01	9:01/M	27:47	8:57/M
107	23	20 F18	Kirsten Jacobsen, F25	Cedar Rapids, IA	28:03	9:02/M	27:44	8:56/M
108	24	21 F18	Elsie Spilman, F38	Lone Tree, IA	28:05	9:02/M	27:36	8:53/M
109	25	22 F18	Chyrl Johnson, F58	Hiawatha, IA	28:07	9:03/M	27:49	8:57/M
110	85	79 M18	Lowell Johnson, M54	Cedar Rapids, IA	28:12	9:05/M	27:55	8:59/M
111	86	80 M18	Michael Jacobsen, M23	Cedar Rapids, IA	28:24	9:08/M	28:04	9:02/M
112	87	81 M18	Ron Corbett, M53	Cedar Rapids, IA	28:24	9:09/M	27:50	8:58/M
113	88	82 M18	Michael Johnson, M36	Hiawatha, IA	28:28	9:10/M	27:51	8:58/M
114	89	83 M18	Nick Cole, M32	Hills, IA	28:30	9:10/M	27:47	8:57/M
115	26	23 F18	Wendy Novak, F42	Fairfax, IA	28:39	9:13/M	28:33	9:11/M
116	27	24 F18	Monica Ryan-Rausch, F50	Fairfax, IA	28:39	9:13/M	28:33	9:11/M
117	90	84 M18	Bob Young, M36	Cedar Rapids, IA	28:59	9:20/M	28:29	9:10/M
118	91	85 M18	Chris Essig, M27	Waterloo, IA	29:00	9:20/M	28:45	9:15/M
119	28	25 F18	Erica Hoskins, F26	Cedar Rapids, IA	29:09	9:23/M	29:04	9:21/M
120	92	86 M18	Kraig Ceynar, M46	Cedar Rapids, IA	29:10	9:23/M	29:04	9:21/M
121	29	26 F18	Lisa Filip, F49	Cedar Rapids, IA	29:10	9:23/M	28:35	9:12/M
122	93	87 M18	Nathan Denklau, M29	Cedar Rapids, IA	29:17	9:26/M	29:01	9:20/M
123	94	88 M18	Lee Dwyer, M22	Marion, IA	29:21	9:27/M	29:12	9:24/M
124	95	89 M18	Eric Fisher, M41	Coralville, IA	29:27	9:29/M	29:04	9:21/M
125	96	90 M18	Jay Irving, M44	Cedar Rapids, IA	29:33	9:31/M	29:18	9:26/M
126	97	91 M18	Tom Hartman, M52	North Liberty, IA	29:46	9:35/M	29:28	9:29/M
127	30	27 F18	Laura Smeby, F39	Cedar Rapids, IA	29:46	9:35/M	29:34	9:31/M
128	98	92 M18	Jon Jacobsen, M54	Cedar Rapids, IA	29:47	9:35/M	29:28	9:29/M
129	31	28 F18	Lois Cahill, F55	Lisbon, IA	29:59	9:39/M	29:43	9:34/M
130	99	93 M18	Brian Gleason, M40	Cedar Rapids, IA	30:02	9:40/M	29:46	9:35/M
131	32	4 JRF	Beth Uthoff, F14	Solon, IA	30:13	9:44/M	29:49	9:36/M

132	33	29 F18	Sashi Solomon, F49	Cedar Rapids, IA	30:15	9:44/M	30:03	9:40/M
133	34	30 F18	Laurie Stumpf-Sexton, F51	Riverside, IA	30:17	9:45/M	29:35	9:31/M
134	35	31 F18	Lindsay Kellogg, F31	Cedarrapids, IA	30:17	9:45/M	30:08	9:42/M
135	36	32 F18	Carol Meade, F47	Newhall, IA	30:18	9:45/M	30:07	9:41/M
136	100	94 M18	Kevin Kiley, M60	Cedarrapids, IA	30:19	9:46/M	30:10	9:43/M
137	37	33 F18	Saralyn Krug, F29	Riverside, IA	30:20	9:46/M	30:04	9:41/M
138	38	34 F18	Alicia Aguiar, F47	Cedar Rapids, IA	30:24	9:47/M	30:03	9:40/M
139	101	95 M18	Brad Duggan, M40	Marion, IA	30:25	9:47/M	29:52	9:37/M
140	102	7 JRM	Cameron Smeby, M10	Cedar Rapids, IA	30:25	9:48/M	30:14	9:44/M
141	103	96 M18	Marion Payne, M59	Marion, IA	30:31	9:49/M	30:13	9:43/M
142	104	97 M18	Nick Hamlett, M28	Cedar Rapids, IA	30:34	9:50/M	30:14	9:44/M
143	39	35 F18	Susie Valliere, F57	Cedar Rapids, IA	30:37	9:51/M	30:29	9:49/M
144	105	98 M18	Doug Parrish, M56	Cedar Rapids, IA	30:38	9:52/M	30:23	9:47/M
145	40	36 F18	Rebecca Lindwall, F45	Cedar Rapids, IA	30:46	9:54/M	30:34	9:50/M
146	41	5 JRF	Sophie Lindwall, F12	Cedar Rapids, IA	30:46	9:54/M	30:34	9:50/M
147	42	37 F18	Barb Patschke, F57	Cedar Rapids, IA	30:47	9:55/M	30:27	9:48/M
148	106	99 M18	Howard Overdyk, M51	Marion, IA	30:48	9:55/M	30:29	9:49/M
149	107	100 M18	Doug Ropp, M50	Cedar Rapids, IA	30:53	9:56/M	30:27	9:48/M
150	43	38 F18	Janie Mills, F57	Cedar Rapids, IA	30:53	9:56/M	30:32	9:50/M
151	44	39 F18	Virginia Murphy, F62	Marion, IA	30:54	9:57/M	30:50	9:55/M
152	108	101 M18	Ryan Coppa, M30	Cedar Rapids, IA	31:00	9:59/M	30:45	9:54/M
153	45	40 F18	Paula Bliven, F33	New London, IA	31:08	10:01/M	30:25	9:47/M
154	46	41 F18	Kimberly McGuire, F42	Marion, IA	31:09	10:02/M	30:54	9:57/M
155	47	42 F18	Alissa Klinsky, F26	Cedar Rapids, IA	31:20	10:05/M	31:11	10:02/M
156	48	43 F18	Jessica Haendler, F27	Marion, IA	31:21	10:05/M	31:11	10:02/M
157	49	44 F18	Lisaq Powers, F38	Cedar Rapids, IA	31:25	10:07/M	31:00	9:59/M
158	109	102 M18	Andrew Mills, M30	Marion, IA	31:50	10:15/M	31:29	10:08/M
159	110	103 M18	John Cook, M32	Cedar Rapids, IA	31:58	10:17/M	31:40	10:12/M
160	111	104 M18	Fred Rogers, M55	Cedar Rapids, IA	32:04	10:19/M	31:47	10:14/M
161	50	45 F18	Merry Petersen, F33	Cedar Rapids, IA	32:12	10:22/M	31:49	10:14/M
162	51	46 F18	Kathryn Cooper, F28	Marion, IA	32:13	10:22/M	31:50	10:15/M
163	52	47 F18	Jamie Rogers, F43	Cedar Rapids, IA	32:20	10:24/M	32:01	10:18/M
164	53	48 F18	Sarah Hermiston, F26	New Liberty, IA	32:23	10:25/M	32:16	10:23/M

165	112	105 M18	Zach Ward, M31	Cedar Rapids, IA	32:24	10:26/M	32:18	10:24/M
166	54	49 F18	Gina Nauman, F31	Cedar Falls, IA	32:27	10:27/M	32:14	10:23/M
167	55	50 F18	Suzanne Werner, F38	Lone Tree, IA	32:38	10:30/M	32:21	10:25/M
168	56	51 F18	Gail Williams, F58	Cedar Rapids, IA	32:38	10:30/M	32:17	10:24/M
169	57	52 F18	Shawn Naeve, F52	Alburnett, IA	32:39	10:31/M	32:14	10:23/M
170	58	53 F18	Jessi Dolmage, F36	Cedar Rapids, IA	32:40	10:31/M	32:14	10:23/M
171	59	54 F18	Tish Kock, F35	Cedar Rapids, IA	32:41	10:31/M	32:24	10:26/M
172	60	55 F18	Haley Paige, F33	Shellsburg, IA	32:41	10:31/M	32:31	10:28/M
173	113	106 M18	Jody Budde, M32	Cedar Rapids, IA	32:51	10:34/M	32:38	10:30/M
174	61	56 F18	Lalaina Rabary, F26	Cedar Falls, IA	32:54	10:35/M	32:38	10:30/M
175	62	57 F18	Susan Horn, F37	Cedar Rapids, IA	33:10	10:40/M	32:37	10:30/M
176	114	107 M18	Christopher Hagen, M32	Cedar Rapids, IA	33:12	10:41/M	32:54	10:36/M
177	63	58 F18	Summer Janda, F37	Cedar Rapids, IA	33:12	10:41/M	33:07	10:40/M
178	115	108 M18	Ryan Steffens, M27	Cedar Rapids, IA	33:13	10:41/M	32:57	10:36/M
179	64	6 JRF	Meredith Q Bourgeois, F14	Fairfax, IA	33:28	10:46/M	33:04	10:38/M
180	65	7 JRF	Josephine Q Miller, F12	Walford, IA	33:28	10:46/M	33:02	10:38/M
181	66	8 JRF	Marissa Q Bixby, F14	Cedar Rapids, IA	33:29	10:47/M	33:04	10:39/M
182	67	9 JRF	Victoria Q Weeks, F14	Walford, IA	33:29	10:47/M	33:03	10:38/M
183	68	10 JRF	Maddie Miller, F13	Cedar Rapids, IA	33:32	10:48/M	33:28	10:46/M
184	116	109 M18	Cameron Luedtke, M25	Marion, IA	33:34	10:48/M	33:15	10:42/M
185	69	59 F18	Neva Weisskopf, F65	Lehigh Acres, FL	33:35	10:49/M	33:29	10:47/M
186	117	110 M18	Eric Miller, M19	Waterloo, IA	33:37	10:49/M	33:00	10:37/M
187	118	111 M18	Tom Miller, M48	Iowa City, IA	33:37	10:49/M	33:00	10:37/M
188	70	11 JRF	Audrey Klunenberg, F17	Denver, IA	33:38	10:49/M	33:02	10:38/M
189	71	60 F18	Jodee Denklaue, F27	Cedar Rapids, IA	33:47	10:52/M	33:30	10:47/M
190	119	112 M18	Morgan Land, M22	Cedar Rapids, IA	33:55	10:55/M	33:43	10:51/M
191	72	61 F18	Megan Stillmunkes, F27	Cedar Rapids, IA	33:55	10:55/M	33:42	10:51/M
192	73	62 F18	Shawnell Blatter, F32	Shellsburg, IA	33:58	10:56/M	33:48	10:53/M
193	120	113 M18	Dave Sherard, M54	Cedar Rapids, IA	34:03	10:58/M	33:52	10:54/M
194	74	63 F18	Cathy Sherard, F51	Cedar Rapids, IA	34:05	10:58/M	33:54	10:55/M
195	75	64 F18	Tiffany Miller, F37	Cedar Rapids, IA	34:06	10:59/M	34:02	10:57/M
196	76	65 F18	Tracy Simmons, F44	Cedar Rapids, IA	34:06	10:59/M	34:02	10:57/M
197	121	114 M18	Randy Bachman, M57	Hiawatha, IA	34:15	11:01/M	34:08	10:59/M

198	77	12 JRF	Darrian Spilman, F17	Lone Tree, IA	34:31	11:06/M	34:01	10:57/M
199	122	115 M18	Kurt Davis, M38	Monticello, IA	34:34	11:08/M	34:19	11:03/M
200	78	66 F18	Wendy Davis, F46	Monticello, IA	34:36	11:08/M	34:21	11:03/M
201	123	116 M18	Dave Kapler, M40	Cedar Rapids, IA	34:44	11:11/M	34:31	11:07/M
202	79	67 F18	Dana Sindelar, F42	Cedar Rapids, IA	34:53	11:14/M	34:28	11:06/M
203	80	68 F18	Valerie Mazzone, F36	Cedar Rapids, IA	34:54	11:14/M	34:45	11:11/M
204	124	117 M18	James Shannon, M37	Cedar Rapids, IA	34:54	11:14/M	34:45	11:11/M
205	125	118 M18	Blake Wedel, M39	Cedar Rapids, IA	34:58	11:15/M	34:28	11:06/M
206	81	69 F18	Jennifer Hageman, F34	Cedar Rapids, IA	34:58	11:15/M	34:28	11:06/M
207	82	70 F18	Barb Tieskoetter, F58	Monona, IA	35:06	11:18/M	35:05	11:17/M
208	83	71 F18	Laura Nordine, F39	Cedar Rapids, IA	35:08	11:18/M	34:45	11:11/M
209	84	72 F18	Stephanie Thompson, F28	Cedar Rapids, IA	35:08	11:18/M	34:45	11:11/M
210	85	73 F18	Shanna Duggan, F40	Marion, IA	35:14	11:20/M	34:41	11:10/M
211	86	74 F18	Lindsay Fox, F30	Cedar Rapids, IA	35:23	11:23/M	34:50	11:13/M
212	87	75 F18	Laura Crow, F30	Cedar Rapids, IA	35:23	11:23/M	34:52	11:13/M
213	88	76 F18	Toni Beason, F43	Cedar Rapids, IA	35:30	11:26/M	35:04	11:17/M
214	126	119 M18	Mark Beason, M43	Cedar Rapids, IA	35:30	11:26/M	35:03	11:17/M
215	89	77 F18	Amber Peterson, F19	Cedar Rapids, IA	35:35	11:27/M	35:28	11:25/M
216	90	78 F18	Rebecca Dolphin, F19	Cedar Rapids, IA	35:52	11:33/M	35:45	11:30/M
217	91	79 F18	Megan Steepleton, F25	Cedar Falls, IA	35:53	11:33/M	35:38	11:28/M
218	127	120 M18	Jesse Klein, M33	Ellsworth, IA	36:02	11:36/M	35:20	11:22/M
219	92	80 F18	Tonya Klein, F33	Ellsworth, IA	36:02	11:36/M	35:20	11:22/M
220	93	81 F18	Melissa Hodapp, F30	Iowa City, IA	36:06	11:37/M	35:18	11:22/M
221	94	82 F18	Buffi Christiansen, F47	Cedar Rapids, IA	36:06	11:37/M	35:16	11:21/M
222	95	83 F18	Carrie Koch, F41	Cedar Rapids, IA	36:10	11:39/M	35:39	11:28/M
223	96	13 JRF	Ellie Lentz, F11	Coggon, IA	36:13	11:39/M	35:58	11:35/M
224	97	84 F18	Lindsay Lentz, F32	Coggon, IA	36:13	11:39/M	35:58	11:35/M
225	128	121 M18	Corey Lentz, M39	Coggon, IA	36:15	11:40/M	36:00	11:35/M
226	98	85 F18	April Hagen, F31	Cedar Rapids, IA	36:17	11:41/M	35:58	11:35/M
227	99	86 F18	Nicole Forsythe, F34	Iowa City, IA	36:24	11:43/M	36:17	11:41/M
228	129	122 M18	Chuck Forsythe, M33	Iowa City, IA	36:24	11:43/M	36:17	11:41/M
229	100	14 JRF	Ashley Winterowd, F14	Toddville, IA	36:32	11:46/M	36:06	11:37/M
230	101	87 F18	Heidi Winterowd, F44	Toddville, IA	36:33	11:46/M	36:06	11:37/M

231	102	88 F18	Robin Hinrichs, F31	Marion, IA	36:34	11:46/M	36:06	11:37/M
232	103	89 F18	Bonnie Stumpf, F43	Riverside, IA	37:00	11:55/M	36:20	11:42/M
233	130	123 M18	Curtis Miller, M33	Cedar Rapids, IA	37:27	12:03/M	36:50	11:51/M
234	104	90 F18	Megan Miller, F32	Cedar Rapids, IA	37:27	12:03/M	36:51	11:51/M
235	131	124 M18	Jason Wilkerson, M41	Tiffin, IA	37:31	12:05/M	37:24	12:02/M
236	105	91 F18	Marion Sullivan, F38	Cedar Rapids, IA	37:38	12:07/M	37:21	12:01/M
237	132	125 M18	Tim Sullivan, M49	Cedar Rapids, IA	37:39	12:07/M	37:19	12:01/M
238	106	92 F18	Judi Whetstiene, F68	Cedar Rapids, IA	37:40	12:08/M	37:22	12:02/M
239	107	93 F18	Diane Northway, F58	Springville, IA	37:41	12:08/M	37:22	12:02/M
240	108	94 F18	Monica Chapman, F37	Cedar Rapids, IA	38:14	12:18/M	38:08	12:16/M
241	109	95 F18	Lyna Berry, F35	Fairfax, IA	38:14	12:18/M	38:09	12:17/M
242	110	96 F18	Mellisa Powers, F35	Lone Tree, IA	38:41	12:27/M	38:12	12:18/M
243	133	126 M18	Dennis Kron, M49	Coralville, IA	38:46	12:29/M	37:55	12:12/M
244	111	97 F18	Sue Bennett, F52	Cedar Rapids, IA	38:54	12:31/M	38:24	12:21/M
245	112	15 JRF	Jill Bennett, F14	Cedar Rapids, IA	38:54	12:31/M	38:24	12:22/M
246	113	98 F18	Stephanie Kathmann, F39	Cedar Rapids, IA	39:01	12:34/M	38:38	12:26/M
247	114	99 F18	Carol Hartman, F77	Cedar Rapids, IA	39:20	12:40/M	39:02	12:34/M
248	134	127 M18	Eric Engelmann, M39	Cedar Rapids, IA	39:20	12:40/M	39:14	12:38/M
249	135	128 M18	Evan Allrich, M26	Hiawatha, IA	39:26	12:41/M	39:04	12:34/M
250	115	100 F18	Vee Shinatrakool, F29	Cedar Rapids, IA	39:26	12:42/M	39:05	12:35/M
251	136	129 M18	Patrick Sauter, M30	Cedar Rapids, IA	39:26	12:42/M	38:51	12:30/M
252	116	101 F18	Kellie Sauter, F32	Cedar Rapids, IA	39:27	12:42/M	38:51	12:30/M
253	117	102 F18	Barbara Stary, F57	Cedar Rapids, IA	39:33	12:44/M	39:16	12:38/M
254	118	16 JRF	Avery Johnston, F9	Ainsworth, IA	40:22	12:59/M	39:39	12:46/M
255	119	103 F18	Tonia Johnston, F38	Ainsworth, IA	40:22	13:00/M	39:41	12:46/M
256	120	104 F18	Mary Jane Stumpf, F62	Riverside, IA	40:25	13:00/M	39:33	12:44/M
257	121	105 F18	Angie Lawrence, F35	Marion, IA	40:30	13:02/M	40:06	12:55/M
258	137	8 JRM	Kollin Wiebel, M17	Cedar Rapids, IA	41:02	13:12/M	40:39	13:05/M
259	122	106 F18	Amy Lasack, F41	Anamosa, IA	41:17	13:17/M	41:03	13:13/M
260	138	130 M18	Shane Serbousek, M43	Cedar Rapids, IA	41:17	13:17/M	41:04	13:13/M
261	123	107 F18	Sara Nightingale, F26	Iowa City, IA	41:33	13:23/M	40:53	13:10/M
262	139	131 M18	Glen Wiebel, M45	Cedar Rapids, IA	42:11	13:35/M	41:47	13:27/M
263	140	9 JRM	Jack Arensdorf, M8	Cedar Rapids, IA	42:30	13:41/M	42:05	13:33/M

264	124	108 F18	Sheryl Arensdorf, F40	Cedar Rapids, IA	42:31	13:41/M	42:06	13:33/M
265	125	17 JRF	Marisa Swails, F15	Lone Tree, IA	43:14	13:55/M	42:50	13:47/M
266	141	132 M18	J. Drake Swails, M20	Lone Tree, IA	43:14	13:55/M	42:50	13:47/M
267	126	109 F18	Kim Hood, F48	Hiawatha, IA	43:20	13:57/M	43:01	13:51/M
268	142	10 JRM	Trevor Burrows, M9	North Liberty, IA	43:25	13:58/M	42:41	13:44/M
269	143	11 JRM	Brayden Johnston, M8	Ainsworth, IA	43:25	13:58/M	42:42	13:45/M
270	144	133 M18	Steve Johnston, M38	Ainsworth, IA	43:29	14:00/M	42:46	13:46/M
271	127	110 F18	Carrie Q Berns, F33	Cedar Rapids, IA	43:51	14:07/M	43:17	13:56/M
272	128	111 F18	Cindy Q Bixby, F43	Cedar Rapids, IA	43:55	14:08/M	43:21	13:57/M
273	145	134 M18	Lam Rumpf, M49	Cedar Rapids, IA	44:08	14:12/M	43:40	14:03/M
274	146	135 M18	Bill Bennett, M49	Cedar Rapids, IA	44:09	14:13/M	43:40	14:03/M
275	129	18 JRF	Emma Hoover-Grinde, F13	Cedar Rapids, IA	44:21	14:16/M	43:41	14:04/M
276	147	12 JRM	Kaleb Wiebel, M13	Cedar Rapids, IA	44:21	14:17/M	43:59	14:09/M
277	130	112 F18	Fae Hoover-Grinde, F49	Cedar Rapids, IA	44:24	14:18/M	43:43	14:04/M
278	131	113 F18	Shawna Wiebel, F43	Cedar Rapids, IA	44:24	14:18/M	44:01	14:10/M
279	132	114 F18	Beth Orth, F44	Cedar Rapids, IA	45:03	14:30/M	44:24	14:18/M
280	133	115 F18	Brittney Lampe, F28	Kalona, IA	45:17	14:35/M	44:29	14:19/M
281	134	116 F18	Jackie Sexton, F32	Wellman, IA	45:17	14:35/M	44:26	14:18/M
282	148	136 M18	Curtis Sexton, M33	Wellman, IA	45:22	14:36/M	44:33	14:20/M
283	135	117 F18	Margaret Wagner, F67	Cedar Rapids, IA	46:03	14:49/M	45:43	14:43/M
284	149	137 M18	Richard Wagner, M67	Cedar Rapids, IA	46:04	14:50/M	45:44	14:43/M
285	150	138 M18	Paul Haag, M40	Cedar Rapids, IA	46:56	15:06/M	46:34	14:59/M
286	136	19 JRF	Riley Fisher, F12	Coralville, IA	47:11	15:11/M	46:24	14:56/M
287	137	118 F18	Jill Burrows, F41	North Liberty, IA	47:35	15:19/M	46:53	15:05/M
288	138	20 JRF	Kyla Burrows, F7	North Liberty, IA	47:37	15:20/M	46:56	15:06/M
289	139	119 F18	Katie Sievers, F27	Cedar Rapids, IA	47:44	15:22/M	47:34	15:19/M
290	151	139 M18	Todd Nelson, M30	Cedar Rapids, IA	47:45	15:22/M	47:35	15:19/M
291	140	120 F18	Melanie Farr, F39	North Liberty, IA	47:50	15:24/M	47:01	15:08/M
292	141	121 F18	Jen Stark, F33	Amana, IA	47:51	15:24/M	47:02	15:08/M
293	142	122 F18	Rena Johnson, F56	Hiawatha, IA	47:55	15:25/M	47:37	15:19/M
294	152	140 M18	Kevin Ropp, M39	North Liberty, IA	47:58	15:26/M	47:07	15:10/M
295	143	123 F18	Morgan Fisher, F20	Riverside, IA	48:24	15:35/M	47:37	15:20/M
296	144	124 F18	Teri Fisher, F45	Riverside, IA	48:25	15:35/M	47:39	15:20/M
297	145	125 F18	Lois Kasdorf, F55	Riverside, IA	48:25	15:35/M	47:31	15:18/M
298	146	126 F18	Joan Etten, F57	Palo, IA	48:27	15:36/M	48:11	15:30/M
299	153	141 M18	Steve Marvin Etten, M57	Palo, IA	48:27	15:36/M	48:12	15:31/M

300	147	127 F18	Lila Hoover, F59	Cedar Rapids, IA	48:49	15:43/M	48:19	15:33/M
301	148	128 F18	Stephanie King, F29	Cedar Rapids, IA	48:50	15:43/M	48:20	15:33/M
303	149	129 F18	Julia Winkel, F29	Cedar Rapids, IA	49:06	15:48/M	48:53	15:44/M
302	154	13 JRM	Tom Giorgio, M9	Cedar Rapids, IA	49:06	15:48/M	48:43	15:41/M
304	150	130 F18	Amanda Irish, F30	Coralville, IA	49:07	15:48/M	48:54	15:44/M
305	151	131 F18	Maria Lafrance, F45	Walford, IA	49:46	16:01/M	49:17	15:52/M
306	152	132 F18	Katie Giorgio, F33	Cedar Rapids, IA	49:56	16:04/M	49:33	15:57/M
307	155	142 M18	Clint Mersch, M30	Cedar Rapids, IA	49:57	16:05/M	49:57	16:05/M
308	153	133 F18	Diane Q Miller, F43	Walford, IA	51:27	16:34/M	50:56	16:24/M
309	156	143 M18	Rodney Schadey, M65	Brandon, IA	51:52	16:42/M	51:43	16:39/M
310	157	144 M18	Bruce Woolfolk, M70	Cedar Rapids, IA	52:34	16:55/M	52:13	16:48/M
311	158	145 M18	Scott McLeod, M72	Cedar Rapids, IA	52:35	16:56/M	52:13	16:49/M
312	154	134 F18	Bev Stumpf Miller, F58	Riverside, IA	52:39	16:57/M	51:57	16:43/M
313	155	135 F18	Chelsea Miller, F22	Riverside, IA	52:46	16:59/M	52:05	16:46/M
314	156	136 F18	Carrie Skarbek, F35	Cedar Rapids, IA	52:55	17:02/M	52:19	16:50/M
315	157	137 F18	Jennifer Johnson, F39	Cedar Rapids, IA	52:56	17:02/M	52:21	16:51/M
316	159	14 JRM	Adam Todd, M15	Cedar Rapids, IA	53:15	17:08/M	53:10	17:07/M
317	158	138 F18	Sara Todd, F51	Cedar Rapids, IA	53:15	17:08/M	53:09	17:07/M
318	159	139 F18	Kathleen Voet, F58	Mason City, IA	53:24	17:11/M	53:00	17:03/M
319	160	140 F18	Tracy Clair, F38	Cedar Rapids, IA	53:25	17:12/M	52:48	17:00/M
320	161	141 F18	Mary Beth Rozmus, F49	Riverside, IA	54:46	17:38/M	54:00	17:23/M
321	162	142 F18	Nicole Sexton, F30	Riverside, IA	54:46	17:38/M	54:01	17:23/M
322	160	146 M18	Len Rozmus, M50	Riverside, IA	54:46	17:38/M	54:00	17:23/M
323	161	147 M18	Chris Sexton, M36	Riverside, IA	54:47	17:38/M	54:02	17:24/M
324	162	148 M18	Riley Kleopfer, M22	Riverside, IA	54:47	17:38/M	54:00	17:23/M
325	163	143 F18	Cynde Shepard, F59	Marion, IA	54:53	17:40/M	54:22	17:30/M
326	164	144 F18	Julie Shimek, F55	Cedar Rapids, IA	54:54	17:40/M	54:24	17:30/M
327	165	145 F18	Connie Chapman, F54	Fairfax, IA	54:54	17:40/M	54:25	17:31/M
328	166	146 F18	Rochelle Rawson Naylor, F59	Palo, IA	55:06	17:44/M	54:44	17:37/M
329	167	147 F18	Kath Shemwell, F60	Central City, IA	55:30	17:52/M	54:52	17:39/M
330	163	149 M18	Tyler Rock, M26	Cedar Rapids, IA	55:50	17:58/M	54:54	17:40/M
331	168	148 F18	Kathy Jones, F56	Huxley, IA	56:15	18:06/M	55:43	17:56/M
332	164	150 M18	Kurtis Jones, M25	Fairfax, IA	56:15	18:06/M	55:43	17:56/M

333	169	149 F18	Caitie Shemwell, F25	Marion, IA	56:29	18:11/M	55:51	17:59/M
334	165	151 M18	Justin Balvanz, M28	Cedar Rapids, IA	57:50	18:37/M	57:31	18:31/M
335	170	150 F18	Ann Virden, F28	Cedar Rapids, IA	57:50	18:37/M	57:33	18:31/M
336	171	151 F18	Peggy Swails, F45	Lone Tree, IA	57:56	18:39/M	57:27	18:29/M
337	166	152 M18	John Swails, M45	Lone Tree, IA	57:56	18:39/M	57:25	18:29/M
338	172	152 F18	Molly Lee, F54	Walford, IA	58:06	18:42/M	57:44	18:35/M
339	167	153 M18	Rich Lee, M55	Walford, IA	58:06	18:42/M	57:44	18:35/M
340	173	153 F18	Wendy Forrester, F65	Palo, IA	58:16	18:45/M	57:50	18:37/M
341	174	154 F18	Jean Erickson, F66	Cedar Rapids, IA	58:16	18:45/M	57:50	18:37/M
342	175	155 F18	Jordan Sherwood, F22	Marion, IA	58:16	18:45/M	57:38	18:33/M
343	168	154 M18	Rodney Anderson, M44	Iowa City, IA	58:17	18:46/M	57:38	18:33/M
344	176	156 F18	Lisa Smith, F43	Cedar Rapids, IA	1:00:31	19:29/M	59:36	19:11/M
345	169	15 JRM	Dawson Swails, M16	Lone Tree, IA	1:01:22	19:45/M	1:00:47	19:34/M
346	177	157 F18	Trish Barrwtte, F40	Coralville, IA	1:01:23	19:46/M	1:00:32	19:29/M
347	178	158 F18	Katie Miller, F22	Cedar Rapids, IA	1:01:39	19:51/M	1:01:00	19:38/M
348	179	159 F18	Dawn Hays, F50	Iowa City, IA	1:01:40	19:51/M	1:01:00	19:38/M
349	180	160 F18	Harlene Stewart, F67	Cedar Rapids, IA	1:02:11	20:01/M	1:01:44	19:52/M
350	181	161 F18	Dawn Granata, F48	Cedar Rapids, IA	1:02:12	20:01/M	1:01:45	19:52/M
351	182	162 F18	Margaret Granata, F19	Cedar Rapids, IA	1:02:16	20:03/M	1:01:50	19:54/M
352	183	163 F18	Stephanie Winders, F21	Cedar Rapids, IA	1:02:18	20:03/M	1:01:51	19:54/M
353	184	164 F18	Sara Marshall, F29	West Liberty, IA	1:02:33	20:08/M	1:01:58	19:57/M
354	185	165 F18	Mariah Swails, F23	West Liberty, IA	1:02:34	20:08/M	1:01:59	19:57/M
355	170	155 M18	Cory Sexton, M30	Washington, IA	1:03:04	20:18/M	1:02:12	20:01/M
356	171	156 M18	Merrill Cornelison, M40	Cedar Rapids, IA	1:03:09	20:19/M	1:02:14	20:02/M
357	186	166 F18	Erin Cornelison, F38	Cedar Rapids, IA	1:03:09	20:20/M	1:02:15	20:02/M
358	187	167 F18	Mandie Kron, F29	Wellman, IA	1:03:13	20:21/M	1:02:21	20:04/M
359	172	157 M18	Rich Steepleton, M43	Marion, IA	1:04:13	20:40/M	1:03:13	20:21/M
360	188	21 JRF	Vanessa Steepleton, F15	Marion, IA	1:04:13	20:40/M	1:03:15	20:22/M
361	189	168 F18	Valerie Steepleton, F36	Marion, IA	1:04:45	20:50/M	1:03:46	20:32/M
362	190	169 F18	Frances Burgin, F44	Marion, IA	1:04:45	20:51/M	1:03:45	20:31/M
363	191	170 F18	April Stumpf, F33	Riverside, IA	1:05:14	21:00/M	1:05:14	21:00/M
364	192	171 F18	Jessica Church, F33	Coralville, IA	1:05:14	21:00/M	1:05:14	21:00/M
365	193	172 F18	Jody Stumpf, F34	Coralville, IA	1:05:23	21:03/M	1:04:30	20:46/M
366	194	173 F18	Emily White, F21	Cedar Rapids, IA	1:06:19	21:21/M	1:06:06	21:17/M
367	195	174 F18	Michelle Lecompte, F57	Cedar Rapids, IA	1:06:20	21:21/M	1:06:07	21:17/M

368	196	175 F18	Jenny Spaulding, F22	Johnston, IA	1:06:50	21:31/M	1:06:22	21:22/M
369	197	176 F18	Renee Telsrow, F22	Stockton, IA	1:06:50	21:31/M	1:06:39	21:27/M
370	198	177 F18	Lynn Lounsberry, F23	Story City, IA	1:06:50	21:31/M	1:06:38	21:27/M
371	199	178 F18	Melissa Stumpff, F29	Cedar Rapids, IA	1:06:53	21:32/M	1:05:54	21:13/M
372	200	179 F18	Dixie Stumpff, F57	Cedar Rapids, IA	1:06:54	21:32/M	1:05:56	21:13/M
373	173	158 M18	Chris Sadler, M24	Cedar Rapids, IA	1:08:59	22:12/M	1:08:23	22:01/M
374	174	159 M18	Tom Sadler, M58	Cedar Rapids, IA	1:08:59	22:12/M	1:08:12	21:57/M
375	201	180 F18	Ashlee Dennis, F21	Cedar Rapids, IA	1:08:59	22:12/M	1:08:24	22:01/M
376	175	160 M18	Tommy Sadler, M30	Cedar Rapids, IA	1:09:00	22:13/M	1:08:25	22:01/M
377	202	181 F18	Sarah Sadler, F26	Cedar Rapids, IA	1:09:01	22:13/M	1:08:15	21:58/M
378	176	161 M18	Jon Fernandez, M26	Cedar Rapids, IA	1:09:01	22:13/M	1:08:15	21:58/M
379	203	182 F18	Julie Sadler, F56	Cedar Rapids, IA	1:09:01	22:13/M	1:08:14	21:58/M
380	204	183 F18	Muffy Sadler, F26	Cedar Rapids, IA	1:09:01	22:13/M	1:08:15	21:58/M
381	177	162 M18	Billy Stumpff, M56	Cedar Rapids, IA	1:11:51	23:08/M	1:11:51	23:08/M
382	205	184 F18	Jennifer Stumpff, F29	Ely, IA	1:12:06	23:12/M	1:11:11	22:55/M
383	206	185 F18	Jackie Blanchard, F22	Cedar Rapids, IA	1:12:07	23:13/M	1:11:12	22:55/M
384	207	186 F18	Julia Blanchard, F28	United States, IA	1:12:07	23:13/M	1:11:12	22:55/M
385	208	187 F18	Linda Rutherford, F64	Cedar Rapids, IA	1:12:10	23:14/M	1:11:13	22:55/M

Overall and Age Divisions

M[17 & Under]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Ian Hoover-Grinde, M16	Cedar Rapids, IA	20:29	6:36/M	20:29	6:36/M
2	Samuel Eck, M16	Cedar Rapids, IA	22:40	7:18/M	22:39	7:17/M
3	Ethan Lafrance, M12	Cedar Rapids, IA	23:35	7:35/M	23:25	7:32/M
4	Ben Elliott, M16	Cedar Rapids, IA	25:03	8:04/M	25:01	8:03/M
5	Clayton Q Cowden, M16	Cedar Rapids, IA	26:11	8:26/M	25:45	8:17/M
6	Brooks Klefstad, M11	Iowa City, IA	27:32	8:52/M	27:25	8:49/M
7	Cameron Smeby, M10	Cedar Rapids, IA	30:25	9:48/M	30:14	9:44/M
8	Kollin Wiebel, M17	Cedar Rapids, IA	41:02	13:12/M	40:39	13:05/M
9	Jack Arensdorf, M8	Cedar Rapids, IA	42:30	13:41/M	42:05	13:33/M
10	Trevor Burrows, M9	North Liberty, IA	43:25	13:58/M	42:41	13:44/M
11	Brayden Johnston, M8	Ainsworth, IA	43:25	13:58/M	42:42	13:45/M
12	Kaleb Wiebel, M13	Cedar Rapids, IA	44:21	14:17/M	43:59	14:09/M
13	Tom Giorgio, M9	Cedar Rapids, IA	49:06	15:48/M	48:43	15:41/M
14	Adam Todd, M15	Cedar Rapids, IA	53:15	17:08/M	53:10	17:07/M
15	Dawson Swails, M16	Lone Tree, IA	1:01:22	19:45/M	1:00:47	19:34/M

F[17 & Under]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Serena Eck, F14	Cedar Rapids, IA	22:42	7:18/M	22:37	7:17/M
2	Kirstin Q Skriver, F14	Walford, IA	23:34	7:35/M	23:23	7:32/M
3	Kenna Prottzman, F10	Iowa City, IA	25:32	8:13/M	25:26	8:11/M
4	Beth Uthoff, F14	Solon, IA	30:13	9:44/M	29:49	9:36/M
5	Sophie Lindwall, F12	Cedar Rapids, IA	30:46	9:54/M	30:34	9:50/M
6	Meredith Q Bourgeois, F14	Fairfax, IA	33:28	10:46/M	33:04	10:38/M
7	Josephine Q Miller, F12	Walford, IA	33:28	10:46/M	33:02	10:38/M
8	Marissa Q Bixby, F14	Cedar Rapids, IA	33:29	10:47/M	33:04	10:39/M
9	Victoria Q Weeks, F14	Walford, IA	33:29	10:47/M	33:03	10:38/M
10	Maddie Miller, F13	Cedar Rapids, IA	33:32	10:48/M	33:28	10:46/M
11	Audrey Klunenberg, F17	Denver, IA	33:38	10:49/M	33:02	10:38/M
12	Darrian Spilman, F17	Lone Tree, IA	34:31	11:06/M	34:01	10:57/M
13	Ellie Lentz, F11	Coggon, IA	36:13	11:39/M	35:58	11:35/M
14	Ashley Winterowd, F14	Toddville, IA	36:32	11:46/M	36:06	11:37/M
15	Jill Bennett, F14	Cedar Rapids, IA	38:54	12:31/M	38:24	12:22/M
16	Avery Johnston, F9	Ainsworth, IA	40:22	12:59/M	39:39	12:46/M
17	Marisa Swails, F15	Lone Tree, IA	43:14	13:55/M	42:50	13:47/M
18	Emma Hoover-Grinde, F13	Cedar Rapids, IA	44:21	14:16/M	43:41	14:04/M
19	Riley Fisher, F12	Coralville, IA	47:11	15:11/M	46:24	14:56/M
20	Kyla Burrows, F7	North Liberty, IA	47:37	15:20/M	46:56	15:06/M
21	Vanessa Steepleton, F15	Marion, IA	1:04:13	20:40/M	1:03:15	20:22/M

M[18 & Over]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Roger Cassill, M48	Fairfax, IA	18:10	5:51/M	18:09	5:50/M
2	John Armon, M48	Cedar Rapids, IA	18:11	5:51/M	18:11	5:51/M
3	Daryl Julich, M58	Cedar Rapids, IA	18:54	6:05/M	18:53	6:05/M
4	Wade Johnson, M32	Cedar Rapids, IA	19:04	6:08/M	19:03	6:08/M
5	Michael Hughes, M47	Cedar Rapids, IA	19:07	6:09/M	19:06	6:09/M
6	Andrew Snyder, M38	Swisher, IA	19:14	6:11/M	19:09	6:10/M
7	Lance Finch, M35	Fairfax, IA	19:22	6:14/M	19:22	6:14/M
8	Alex Sindelar, M28	Marion, IA	20:09	6:29/M	19:45	6:21/M
9	Zach Halstead, M23	Cedar Rapids, IA	20:28	6:35/M	20:14	6:31/M
10	Joe Bolkcom, M58	Iowa City, IA	20:49	6:42/M	20:47	6:41/M
11	Sam Werner, M18	Cedar Rapids, IA	20:56	6:44/M	20:56	6:44/M
12	Tyson Switzer, M31	Cedar Rapids, IA	21:11	6:49/M	21:04	6:47/M
13	Chris Hartzler, M39	Ainsworth, IA	21:33	6:56/M	21:26	6:54/M
14	Jim Shimek, M67	Fairfax, IA	21:36	6:57/M	21:36	6:57/M
15	Ted Smith, M47	Cedar Rapids, IA	21:42	6:59/M	21:40	6:58/M
16	Justin Ross, M35	Marion, IA	21:43	6:59/M	21:34	6:57/M
17	Brian Ropp, M20	Cedar Rapids, IA	21:59	7:05/M	21:37	6:58/M
18	Doug Fishwild, M35	Cedar Rapids, IA	22:00	7:05/M	21:55	7:03/M
19	Pat O'Connor, M52	Marion, IA	22:15	7:10/M	22:12	7:09/M
20	Tom Viner, M34	Cedar Rapids, IA	22:17	7:10/M	22:14	7:09/M
21	Clayton Carper, M27	Marion, IA	22:20	7:11/M	22:15	7:10/M
22	Marty Weber, M39	Cedar Rapids, IA	22:23	7:12/M	22:19	7:11/M
23	Andrew Hermiston, M26	New Liberty, IA	22:28	7:14/M	22:21	7:12/M
24	Tom Wolfe, M66	Cedar Rapids, IA	22:30	7:14/M	22:28	7:14/M
25	Robert Haag, M50	Marion, IA	22:36	7:17/M	22:32	7:15/M
26	Joh Harding, M40	North Liberty, IA	22:48	7:20/M	22:46	7:20/M
27	Kevin Barry, M24	Cedar Rapids, IA	22:50	7:21/M	22:45	7:19/M
28	Brad Scott, M61	Marion, IA	22:55	7:22/M	22:53	7:22/M

29	Joe Elder, M47	Coralville, IA	23:05	7:26/M	23:02	7:25/M
30	Tim Cahill, M47	Lisbon, IA	23:08	7:27/M	23:03	7:25/M
31	Brian Malhoit, M58	Cedar Rapids, IA	23:09	7:27/M	23:09	7:27/M
32	Nathan Williams, M34	Cedar Rapids, IA	23:20	7:31/M	23:12	7:28/M
33	Paul Williams, M56	Cedar Rapids, IA	23:21	7:31/M	23:11	7:28/M
34	Ryan Cuttler, M19	Syracuse, NY	23:21	7:31/M	23:20	7:31/M
35	Bob Mourlam, M36	Cedar Rapids, IA	23:34	7:35/M	23:28	7:33/M
36	Micky Hansen, M30	Cedar Rapids, IA	23:35	7:35/M	23:28	7:33/M
37	Josh Q Weeks, M40	Walford, IA	23:44	7:38/M	23:33	7:35/M
38	Tim Nooteboom, M41	Marion, IA	23:47	7:39/M	23:43	7:38/M
39	Alex Kritenbrink, M24	Iowa City, IA	23:57	7:43/M	23:56	7:42/M
40	Patrick Severson, M32	Cedar Rapids, IA	23:58	7:43/M	23:50	7:40/M
41	Zachary Johnson, M35	Cedar Rapids, IA	24:17	7:49/M	24:01	7:44/M
42	Justin Schmidt, M33	Cedar Rapids, IA	24:22	7:51/M	24:12	7:47/M
43	Blair Azinger, M30	Omaha, NE	24:24	7:51/M	24:20	7:50/M
44	Ron Harding, M66	Chandler, AZ	24:26	7:52/M	24:23	7:51/M
45	Adam Miller, M51	Cedar Rapids, IA	24:30	7:53/M	24:19	7:50/M
46	Mark Valliere, M57	Cedar Rapids, IA	24:32	7:54/M	24:30	7:53/M
47	Doug Lord, M59	Lisbon, IA	24:34	7:54/M	24:31	7:54/M
48	Jim Dwyer, M53	Marion, IA	24:38	7:56/M	24:29	7:53/M
49	David Delayo, M30	Marion, IA	24:39	7:56/M	24:34	7:54/M
50	Mark Brown, M50	Cedar Rapids, IA	24:44	7:58/M	24:38	7:56/M
51	Brendan Benter, M44	Cedar Rapids, IA	24:50	7:59/M	24:36	7:55/M
52	Brian Ceynar, M48	Cedar Rapids, IA	24:50	7:59/M	24:44	7:58/M
53	John Humphries, M43	Cedar Rapids, IA	24:50	8:00/M	24:37	7:55/M
54	Cameron Frett, M38	Cedar Rapids, IA	25:00	8:03/M	24:56	8:02/M
55	Chad Stumpf, M36	Riverside, IA	25:01	8:03/M	24:36	7:55/M
56	Bruce Bachmann, M65	Cedar Rapids, IA	25:10	8:06/M	25:05	8:04/M
57	Troy Fisher, M45	Riverside, IA	25:21	8:10/M	24:58	8:02/M
58	Zach Bruce, M28	Cedar Rapids, IA	25:23	8:10/M	25:17	8:08/M
59	Jeff Schmidt, M31	Marion, IA	25:52	8:20/M	25:37	8:15/M
60	Rob Kasper, M42	Cedar Rapids, IA	25:57	8:21/M	25:48	8:18/M
61	Craig Byers, M28	Cedar Rapids, IA	25:57	8:21/M	25:49	8:18/M
62	Todd Lewison, M53	Cedar Rapids, IA	26:09	8:25/M	26:05	8:24/M
63	David Kaness, M50	Cedar Rapids, IA	26:10	8:25/M	26:07	8:24/M
64	Rick Kullander, M52	Cedar Rapids, IA	26:23	8:30/M	26:10	8:25/M
65	Noah Banwarth, M36	Marion, IA	26:38	8:34/M	26:36	8:34/M
66	Devon Sindelar, M26	Cedar Rapids, IA	26:38	8:34/M	26:15	8:27/M
67	Mike Regan, M46	Iowa City, IA	26:39	8:35/M	26:39	8:35/M
68	Andrew Stewart, M27	Marion, IA	26:48	8:38/M	26:43	8:36/M
69	Dave Filip, M52	Cedar Rapids, IA	26:57	8:40/M	26:21	8:29/M
70	David Tominsky, M38	Cedar Rapids, IA	27:24	8:49/M	27:17	8:47/M
71	Chris Stumpff, M29	Cedar Rapids, IA	27:25	8:50/M	27:21	8:48/M
72	Nicholas Stumpff, M31	Ely, IA	27:25	8:50/M	27:21	8:48/M
73	Tim Waddilove, M57	Cedar Rapids, IA	27:27	8:50/M	27:18	8:47/M
74	Adam Kaefring, M25	Solon, IA	27:39	8:54/M	27:32	8:52/M
75	Dennis Fagan, M50	Cedar Rapids, IA	27:46	8:56/M	27:20	8:48/M
76	Ken Collier, M61	Cedar Rapids, IA	27:48	8:57/M	27:34	8:52/M
77	Darrell Chiavetta, M43	Marion, IA	27:52	8:58/M	27:38	8:54/M
78	Aaron Moniza, M40	Coralville, IA	28:01	9:01/M	27:47	8:57/M
79	Lowell Johnson, M54	Cedar Rapids, IA	28:12	9:05/M	27:55	8:59/M
80	Michael Jacobsen, M23	Cedar Rapids, IA	28:24	9:08/M	28:04	9:02/M
81	Ron Corbett, M53	Cedar Rapids, IA	28:24	9:09/M	27:50	8:58/M
82	Michael Johnson, M36	Hiawatha, IA	28:28	9:10/M	27:51	8:58/M
83	Nick Cole, M32	Hills, IA	28:30	9:10/M	27:47	8:57/M
84	Bob Young, M36	Cedar Rapids, IA	28:59	9:20/M	28:29	9:10/M
85	Chris Essig, M27	Waterloo, IA	29:00	9:20/M	28:45	9:15/M
86	Kraig Ceynar, M46	Cedar Rapids, IA	29:10	9:23/M	29:04	9:21/M
87	Nathan Denklau, M29	Cedar Rapids, IA	29:17	9:26/M	29:01	9:20/M
88	Lee Dwyer, M22	Marion, IA	29:21	9:27/M	29:12	9:24/M

89	Eric Fisher, M41	Coralville, IA	29:27	9:29/M	29:04	9:21/M
90	Jay Irving, M44	Cedar Rapids, IA	29:33	9:31/M	29:18	9:26/M
91	Tom Hartman, M52	North Liberty, IA	29:46	9:35/M	29:28	9:29/M
92	Jon Jacobsen, M54	Cedar Rapids, IA	29:47	9:35/M	29:28	9:29/M
93	Brian Gleason, M40	Cedar Rapids, IA	30:02	9:40/M	29:46	9:35/M
94	Kevin Kiley, M60	Cedarrapids, IA	30:19	9:46/M	30:10	9:43/M
95	Brad Duggan, M40	Marion, IA	30:25	9:47/M	29:52	9:37/M
96	Marion Payne, M59	Marion, IA	30:31	9:49/M	30:13	9:43/M
97	Nick Hamlett, M28	Cedar Rapids, IA	30:34	9:50/M	30:14	9:44/M
98	Doug Parrish, M56	Cedar Rapids, IA	30:38	9:52/M	30:23	9:47/M
99	Howard Overdyk, M51	Marion, IA	30:48	9:55/M	30:29	9:49/M
100	Doug Ropp, M50	Cedar Rapids, IA	30:53	9:56/M	30:27	9:48/M
101	Ryan Coppa, M30	Cedar Rapids, IA	31:00	9:59/M	30:45	9:54/M
102	Andrew Mills, M30	Marion, IA	31:50	10:15/M	31:29	10:08/M
103	John Cook, M32	Cedar Rapids, IA	31:58	10:17/M	31:40	10:12/M
104	Fred Rogers, M55	Cedar Rapids, IA	32:04	10:19/M	31:47	10:14/M
105	Zach Ward, M31	Cedar Rapids, IA	32:24	10:26/M	32:18	10:24/M
106	Jody Budde, M32	Cedar Rapids, IA	32:51	10:34/M	32:38	10:30/M
107	Christopher Hagen, M32	Cedar Rapids, IA	33:12	10:41/M	32:54	10:36/M
108	Ryan Steffens, M27	Cedar Rapids, IA	33:13	10:41/M	32:57	10:36/M
109	Cameron Luedtke, M25	Marion, IA	33:34	10:48/M	33:15	10:42/M
111	Tom Miller, M48	Iowa City, IA	33:37	10:49/M	33:00	10:37/M
110	Eric Miller, M19	Waterloo, IA	33:37	10:49/M	33:00	10:37/M
112	Morgan Land, M22	Cedar Rapids, IA	33:55	10:55/M	33:43	10:51/M
113	Dave Sherard, M54	Cedar Rapids, IA	34:03	10:58/M	33:52	10:54/M
114	Randy Bachman, M57	Hiawatha, IA	34:15	11:01/M	34:08	10:59/M
115	Kurt Davis, M38	Monticello, IA	34:34	11:08/M	34:19	11:03/M
116	Dave Kapler, M40	Cedar Rapids, IA	34:44	11:11/M	34:31	11:07/M
117	James Shannon, M37	Cedar Rapids, IA	34:54	11:14/M	34:45	11:11/M
118	Blake Wedel, M39	Cedar Rapids, IA	34:58	11:15/M	34:28	11:06/M
119	Mark Beason, M43	Cedar Rapids, IA	35:30	11:26/M	35:03	11:17/M
120	Jesse Klein, M33	Ellsworth, IA	36:02	11:36/M	35:20	11:22/M
121	Corey Lentz, M39	Coggon, IA	36:15	11:40/M	36:00	11:35/M
122	Chuck Forsythe, M33	Iowa City, IA	36:24	11:43/M	36:17	11:41/M
123	Curtis Miller, M33	Cedar Rapids, IA	37:27	12:03/M	36:50	11:51/M
124	Jason Wilkerson, M41	Tiffin, IA	37:31	12:05/M	37:24	12:02/M
125	Tim Sullivan, M49	Cedar Rapids, IA	37:39	12:07/M	37:19	12:01/M
126	Dennis Kron, M49	Coralville, IA	38:46	12:29/M	37:55	12:12/M
127	Eric Engelmann, M39	Cedar Rapids, IA	39:20	12:40/M	39:14	12:38/M
128	Evan Allrich, M26	Hiawatha, IA	39:26	12:41/M	39:04	12:34/M
129	Patrick Sauter, M30	Cedar Rapids, IA	39:26	12:42/M	38:51	12:30/M
130	Shane Serbousek, M43	Cedar Rapids, IA	41:17	13:17/M	41:04	13:13/M
131	Glen Wiebel, M45	Cedar Rapids, IA	42:11	13:35/M	41:47	13:27/M
132	J. Drake Swails, M20	Lone Tree, IA	43:14	13:55/M	42:50	13:47/M
133	Steve Johnston, M38	Ainsworth, IA	43:29	14:00/M	42:46	13:46/M
134	Lam Rumpf, M49	Cedar Rapids, IA	44:08	14:12/M	43:40	14:03/M
135	Bill Bennett, M49	Cedar Rapids, IA	44:09	14:13/M	43:40	14:03/M
136	Curtis Sexton, M33	Wellman, IA	45:22	14:36/M	44:33	14:20/M
137	Richard Wagner, M67	Cedar Rapids, IA	46:04	14:50/M	45:44	14:43/M
138	Paul Haag, M40	Cedar Rapids, IA	46:56	15:06/M	46:34	14:59/M
139	Todd Nelson, M30	Cedar Rapids, IA	47:45	15:22/M	47:35	15:19/M
140	Kevin Ropp, M39	North Liberty, IA	47:58	15:26/M	47:07	15:10/M
141	Steve Marvin Etten, M57	Palo, IA	48:27	15:36/M	48:12	15:31/M
142	Clint Mersch, M30	Cedar Rapids, IA	49:57	16:05/M	49:57	16:05/M
143	Rodney Schadey, M65	Brandon, IA	51:52	16:42/M	51:43	16:39/M
144	Bruce Woolfolk, M70	Cedar Rapids, IA	52:34	16:55/M	52:13	16:48/M
145	Scott McLeod, M72	Cedar Rapids, IA	52:35	16:56/M	52:13	16:49/M
146	Len Rozmus, M50	Riverside, IA	54:46	17:38/M	54:00	17:23/M

147	Chris Sexton, M36	Riverside, IA	54:47	17:38/M	54:02	17:24/M
148	Riley Kleopfer, M22	Riverside, IA	54:47	17:38/M	54:00	17:23/M
149	Tyler Rock, M26	Cedar Rapids, IA	55:50	17:58/M	54:54	17:40/M
150	Kurtis Jones, M25	Fairfax, IA	56:15	18:06/M	55:43	17:56/M
151	Justin Balvanz, M28	Cedar Rapids, IA	57:50	18:37/M	57:31	18:31/M
152	John Swails, M45	Lone Tree, IA	57:56	18:39/M	57:25	18:29/M
153	Rich Lee, M55	Walford, IA	58:06	18:42/M	57:44	18:35/M
154	Rodney Anderson, M44	Iowa City, IA	58:17	18:46/M	57:38	18:33/M
155	Cory Sexton, M30	Washington, IA	1:03:04	20:18/M	1:02:12	20:01/M
156	Merrill Cornelison, M40	Cedar Rapids, IA	1:03:09	20:19/M	1:02:14	20:02/M
157	Rich Steepleton, M43	Marion, IA	1:04:13	20:40/M	1:03:13	20:21/M
158	Chris Sadler, M24	Cedar Rapids, IA	1:08:59	22:12/M	1:08:23	22:01/M
159	Tom Sadler, M58	Cedar Rapids, IA	1:08:59	22:12/M	1:08:12	21:57/M
160	Tommy Sadler, M30	Cedar Rapids, IA	1:09:00	22:13/M	1:08:25	22:01/M
161	Jon Fernandez, M26	Cedar Rapids, IA	1:09:01	22:13/M	1:08:15	21:58/M
162	Billy Stumpff, M56	Cedar Rapids, IA	1:11:51	23:08/M	1:11:51	23:08/M

F[18 & Over]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Mollie Fagan, F25	Cedar Rapids, IA	21:52	7:02/M	21:30	6:55/M
2	Stephanie Kaefring, F23	Solon, IA	24:35	7:55/M	24:29	7:53/M
3	Kristi Bahl, F49	Lisbon, IA	24:56	8:02/M	24:46	7:58/M
4	Christina Djerf, F35	Cedar Rapids, IA	25:00	8:03/M	24:56	8:01/M
5	Chris Day, F44	Palo, IA	25:13	8:07/M	25:01	8:03/M
6	Mary Drake, F51	Cedar Rapids, IA	25:24	8:10/M	25:20	8:09/M
7	Sara Young, F33	Cedar Rapids, IA	25:28	8:12/M	24:57	8:02/M
8	Jenn Thompson, F32	North Liberty, IA	25:32	8:13/M	25:08	8:05/M
9	Kate Klefstad, F32	Iowa City, IA	25:34	8:14/M	25:27	8:12/M
10	Tara Mittelberg, F19	Cedar Rapids, IA	25:52	8:20/M	25:24	8:10/M
11	Aliza Lichty, F19	Cedar Rapids, IA	25:52	8:20/M	25:24	8:11/M
12	Diane Ropp, F47	Cedar Rapids, IA	26:09	8:25/M	25:42	8:16/M
13	Jen Q Neubauer, F43	Shueyville, IA	26:26	8:30/M	26:14	8:27/M
14	Kaitlin Oswood, F26	Cedar Rapids, IA	26:44	8:36/M	26:36	8:34/M
15	Samantha Hubler, F25	Cedar Rapids, IA	26:49	8:38/M	26:47	8:37/M
16	Judy Goldberg, F50	Cedar Rapids, IA	27:15	8:46/M	27:09	8:44/M
17	Jade McGill, F31	Marion, IA	27:27	8:50/M	27:20	8:48/M
18	Tami Q Skriver, F42	Walford, IA	27:42	8:55/M	27:31	8:51/M
19	Veronica Q Weeks, F40	Walford, IA	27:49	8:57/M	27:38	8:54/M
20	Kirsten Jacobsen, F25	Cedar Rapids, IA	28:03	9:02/M	27:44	8:56/M
21	Elsie Spilman, F38	Lone Tree, IA	28:05	9:02/M	27:36	8:53/M
22	Chyrl Johnson, F58	Hiawatha, IA	28:07	9:03/M	27:49	8:57/M
23	Wendy Novak, F42	Fairfax, IA	28:39	9:13/M	28:33	9:11/M
24	Monica Ryan-Rausch, F50	Fairfax, IA	28:39	9:13/M	28:33	9:11/M
25	Erica Hoskins, F26	Cedar Rapids, IA	29:09	9:23/M	29:04	9:21/M
26	Lisa Filip, F49	Cedar Rapids, IA	29:10	9:23/M	28:35	9:12/M
27	Laura Smeby, F39	Cedar Rapids, IA	29:46	9:35/M	29:34	9:31/M
28	Lois Cahill, F55	Lisbon, IA	29:59	9:39/M	29:43	9:34/M
29	Sashi Solomon, F49	Cedar Rapids, IA	30:15	9:44/M	30:03	9:40/M
30	Laurie Stumpf-Sexton, F51	Riverside, IA	30:17	9:45/M	29:35	9:31/M
31	Lindsay Kellogg, F31	Cedarrapids, IA	30:17	9:45/M	30:08	9:42/M
32	Carol Meade, F47	Newhall, IA	30:18	9:45/M	30:07	9:41/M
33	Saralyn Krug, F29	Riverside, IA	30:20	9:46/M	30:04	9:41/M
34	Alicia Aguiar, F47	Cedar Rapids, IA	30:24	9:47/M	30:03	9:40/M
35	Susie Valliere, F57	Cedar Rapids, IA	30:37	9:51/M	30:29	9:49/M
36	Rebecca Lindwall, F45	Cedar Rapids, IA	30:46	9:54/M	30:34	9:50/M
37	Barb Patschke, F57	Cedar Rapids, IA	30:47	9:55/M	30:27	9:48/M

38	Janie Mills, F57	Cedar Rapids, IA	30:53	9:56/M	30:32	9:50/M
39	Virginia Murphy, F62	Marion, IA	30:54	9:57/M	30:50	9:55/M
40	Paula Bliven, F33	New London, IA	31:08	10:01/M	30:25	9:47/M
41	Kimberly McGuire, F42	Marion, IA	31:09	10:02/M	30:54	9:57/M
42	Alissa Klinsky, F26	Cedar Rapids, IA	31:20	10:05/M	31:11	10:02/M
43	Jessica Haendler, F27	Marion, IA	31:21	10:05/M	31:11	10:02/M
44	Lisaq Powers, F38	Cedar Rapids, IA	31:25	10:07/M	31:00	9:59/M
45	Merry Petersen, F33	Cedar Rapids, IA	32:12	10:22/M	31:49	10:14/M
46	Kathryn Cooper, F28	Marion, IA	32:13	10:22/M	31:50	10:15/M
47	Jamie Rogers, F43	Cedar Rapids, IA	32:20	10:24/M	32:01	10:18/M
48	Sarah Hermiston, F26	New Liberty, IA	32:23	10:25/M	32:16	10:23/M
49	Gina Nauman, F31	Cedar Falls, IA	32:27	10:27/M	32:14	10:23/M
50	Suzanne Werner, F38	Lone Tree, IA	32:38	10:30/M	32:21	10:25/M
51	Gail Williams, F58	Cedar Rapids, IA	32:38	10:30/M	32:17	10:24/M
52	Shawn Naeve, F52	Alburnett, IA	32:39	10:31/M	32:14	10:23/M
53	Jessi Dolmage, F36	Cedar Rapids, IA	32:40	10:31/M	32:14	10:23/M
54	Tish Kock, F35	Cedar Rapids, IA	32:41	10:31/M	32:24	10:26/M
55	Haley Paige, F33	Shellsburg, IA	32:41	10:31/M	32:31	10:28/M
56	Lalaina Rabary, F26	Cedar Falls, IA	32:54	10:35/M	32:38	10:30/M
57	Susan Horn, F37	Cedar Rapids, IA	33:10	10:40/M	32:37	10:30/M
58	Summer Janda, F37	Cedar Rapids, IA	33:12	10:41/M	33:07	10:40/M
59	Neva Weisskopf, F65	Lehigh Acres, FL	33:35	10:49/M	33:29	10:47/M
60	Jodee Denklaue, F27	Cedar Rapids, IA	33:47	10:52/M	33:30	10:47/M
61	Megan Stillmunkes, F27	Cedar Rapids, IA	33:55	10:55/M	33:42	10:51/M
62	Shawnell Blatter, F32	Shellsburg, IA	33:58	10:56/M	33:48	10:53/M
63	Cathy Sherard, F51	Cedar Rapids, IA	34:05	10:58/M	33:54	10:55/M
64	Tiffany Miller, F37	Cedar Rapids, IA	34:06	10:59/M	34:02	10:57/M
65	Tracy Simmons, F44	Cedar Rapids, IA	34:06	10:59/M	34:02	10:57/M
66	Wendy Davis, F46	Monticello, IA	34:36	11:08/M	34:21	11:03/M
67	Dana Sindelar, F42	Cedar Rapids, IA	34:53	11:14/M	34:28	11:06/M
68	Valerie Mazzone, F36	Cedar Rapids, IA	34:54	11:14/M	34:45	11:11/M
69	Jennifer Hageman, F34	Cedar Rapids, IA	34:58	11:15/M	34:28	11:06/M
70	Barb Tieskoetter, F58	Monona, IA	35:06	11:18/M	35:05	11:17/M
71	Laura Nordine, F39	Cedar Rapids, IA	35:08	11:18/M	34:45	11:11/M
72	Stephanie Thompson, F28	Cedar Rapids, IA	35:08	11:18/M	34:45	11:11/M
73	Shanna Duggan, F40	Marion, IA	35:14	11:20/M	34:41	11:10/M
74	Lindsay Fox, F30	Cedar Rapids, IA	35:23	11:23/M	34:50	11:13/M
75	Laura Crow, F30	Cedar Rapids, IA	35:23	11:23/M	34:52	11:13/M
76	Toni Beason, F43	Cedar Rapids, IA	35:30	11:26/M	35:04	11:17/M
77	Amber Peterson, F19	Cedar Rapids, IA	35:35	11:27/M	35:28	11:25/M
78	Rebecca Dolphin, F19	Cedar Rapids, IA	35:52	11:33/M	35:45	11:30/M
79	Megan Steepleton, F25	Cedar Falls, IA	35:53	11:33/M	35:38	11:28/M
80	Tonya Klein, F33	Ellsworth, IA	36:02	11:36/M	35:20	11:22/M
81	Melissa Hodapp, F30	Iowa City, IA	36:06	11:37/M	35:18	11:22/M
82	Buffi Christiansen, F47	Cedar Rapids, IA	36:06	11:37/M	35:16	11:21/M
83	Carrie Koch, F41	Cedar Rapids, IA	36:10	11:39/M	35:39	11:28/M
84	Lindsay Lentz, F32	Coggon, IA	36:13	11:39/M	35:58	11:35/M
85	April Hagen, F31	Cedar Rapids, IA	36:17	11:41/M	35:58	11:35/M
86	Nicole Forsythe, F34	Iowa City, IA	36:24	11:43/M	36:17	11:41/M
87	Heidi Winterowd, F44	Toddville, IA	36:33	11:46/M	36:06	11:37/M
88	Robin Hinrichs, F31	Marion, IA	36:34	11:46/M	36:06	11:37/M
89	Bonnie Stumpf, F43	Riverside, IA	37:00	11:55/M	36:20	11:42/M
90	Megan Miller, F32	Cedar Rapids, IA	37:27	12:03/M	36:51	11:51/M
91	Marion Sullivan, F38	Cedar Rapids, IA	37:38	12:07/M	37:21	12:01/M
92	Judi Whetstiene, F68	Cedar Rapids, IA	37:40	12:08/M	37:22	12:02/M
93	Diane Northway, F58	Springville, IA	37:41	12:08/M	37:22	12:02/M
94	Monica Chapman, F37	Cedar Rapids, IA	38:14	12:18/M	38:08	12:16/M
95	Lyna Berry, F35	Fairfax, IA	38:14	12:18/M	38:09	12:17/M
96	Mellisa Powers, F35	Lone Tree, IA	38:41	12:27/M	38:12	12:18/M

97	Sue Bennett, F52	Cedar Rapids, IA	38:54	12:31/M	38:24	12:21/M
98	Stephanie Kathmann, F39	Cedar Rapids, IA	39:01	12:34/M	38:38	12:26/M
99	Carol Hartman, F77	Cedar Rapids, IA	39:20	12:40/M	39:02	12:34/M
100	Vee Shinatrakool, F29	Cedar Rapids, IA	39:26	12:42/M	39:05	12:35/M
101	Kellie Sauter, F32	Cedar Rapids, IA	39:27	12:42/M	38:51	12:30/M
102	Barbara Stary, F57	Cedar Rapids, IA	39:33	12:44/M	39:16	12:38/M
103	Tonia Johnston, F38	Ainsworth, IA	40:22	13:00/M	39:41	12:46/M
104	Mary Jane Stumpf, F62	Riverside, IA	40:25	13:00/M	39:33	12:44/M
105	Angie Lawrence, F35	Marion, IA	40:30	13:02/M	40:06	12:55/M
106	Amy Lasack, F41	Anamosa, IA	41:17	13:17/M	41:03	13:13/M
107	Sara Nightingale, F26	Iowa City, IA	41:33	13:23/M	40:53	13:10/M
108	Sheryl Arensdorf, F40	Cedar Rapids, IA	42:31	13:41/M	42:06	13:33/M
109	Kim Hood, F48	Hiawatha, IA	43:20	13:57/M	43:01	13:51/M
110	Carrie Q Berns, F33	Cedar Rapids, IA	43:51	14:07/M	43:17	13:56/M
111	Cindy Q Bixby, F43	Cedar Rapids, IA	43:55	14:08/M	43:21	13:57/M
112	Fae Hoover-Grinde, F49	Cedar Rapids, IA	44:24	14:18/M	43:43	14:04/M
113	Shawna Wiebel, F43	Cedar Rapids, IA	44:24	14:18/M	44:01	14:10/M
114	Beth Orth, F44	Cedar Rapids, IA	45:03	14:30/M	44:24	14:18/M
115	Brittney Lampe, F28	Kalona, IA	45:17	14:35/M	44:29	14:19/M
116	Jackie Sexton, F32	Wellman, IA	45:17	14:35/M	44:26	14:18/M
117	Margaret Wagner, F67	Cedar Rapids, IA	46:03	14:49/M	45:43	14:43/M
118	Jill Burrows, F41	North Liberty, IA	47:35	15:19/M	46:53	15:05/M
119	Katie Sievers, F27	Cedar Rapids, IA	47:44	15:22/M	47:34	15:19/M
120	Melanie Farr, F39	North Liberty, IA	47:50	15:24/M	47:01	15:08/M
121	Jen Stark, F33	Amana, IA	47:51	15:24/M	47:02	15:08/M
122	Renae Johnson, F56	Hiawatha, IA	47:55	15:25/M	47:37	15:19/M
123	Morgan Fisher, F20	Riverside, IA	48:24	15:35/M	47:37	15:20/M
124	Teri Fisher, F45	Riverside, IA	48:25	15:35/M	47:39	15:20/M
125	Lois Kasdorf, F55	Riverside, IA	48:25	15:35/M	47:31	15:18/M
126	Joan Etten, F57	Palo, IA	48:27	15:36/M	48:11	15:30/M
127	Lila Hoover, F59	Cedar Rapids, IA	48:49	15:43/M	48:19	15:33/M
128	Stephanie King, F29	Cedar Rapids, IA	48:50	15:43/M	48:20	15:33/M
129	Julia Winkel, F29	Cedar Rapids, IA	49:06	15:48/M	48:53	15:44/M
130	Amanda Irish, F30	Coralville, IA	49:07	15:48/M	48:54	15:44/M
131	Maria Lafrance, F45	Walford, IA	49:46	16:01/M	49:17	15:52/M
132	Katie Giorgio, F33	Cedar Rapids, IA	49:56	16:04/M	49:33	15:57/M
133	Diane Q Miller, F43	Walford, IA	51:27	16:34/M	50:56	16:24/M
134	Bev Stumpf Miller, F58	Riverside, IA	52:39	16:57/M	51:57	16:43/M
135	Chelsea Miller, F22	Riverside, IA	52:46	16:59/M	52:05	16:46/M
136	Carrie Skarbek, F35	Cedar Rapids, IA	52:55	17:02/M	52:19	16:50/M
137	Jennifer Johnson, F39	Cedar Rapids, IA	52:56	17:02/M	52:21	16:51/M
138	Sara Todd, F51	Cedar Rapids, IA	53:15	17:08/M	53:09	17:07/M
139	Kathleen Voet, F58	Mason City, IA	53:24	17:11/M	53:00	17:03/M
140	Tracy Clair, F38	Cedar Rapids, IA	53:25	17:12/M	52:48	17:00/M
141	Mary Beth Rozmus, F49	Riverside, IA	54:46	17:38/M	54:00	17:23/M
142	Nicole Sexton, F30	Riverside, IA	54:46	17:38/M	54:01	17:23/M
143	Cynde Shepard, F59	Marion, IA	54:53	17:40/M	54:22	17:30/M
144	Julie Shimek, F55	Cedar Rapids, IA	54:54	17:40/M	54:24	17:30/M
145	Connie Chapman, F54	Fairfax, IA	54:54	17:40/M	54:25	17:31/M
146	Rochelle Rawson Naylor, F59	Palo, IA	55:06	17:44/M	54:44	17:37/M
147	Kath Shemwell, F60	Central City, IA	55:30	17:52/M	54:52	17:39/M
148	Kathy Jones, F56	Huxley, IA	56:15	18:06/M	55:43	17:56/M
149	Caite Shemwell, F25	Marion, IA	56:29	18:11/M	55:51	17:59/M
150	Ann Virden, F28	Cedar Rapids, IA	57:50	18:37/M	57:33	18:31/M
151	Peggy Swails, F45	Lone Tree, IA	57:56	18:39/M	57:27	18:29/M
152	Molly Lee, F54	Walford, IA	58:06	18:42/M	57:44	18:35/M
153	Wendy Forrester, F65	Palo, IA	58:16	18:45/M	57:50	18:37/M
154	Jean Erickson, F66	Cedar Rapids, IA	58:16	18:45/M	57:50	18:37/M

155	Jordan Sherwood, F22	Marion, IA	58:16	18:45/M	57:38	18:33/M
156	Lisa Smith, F43	Cedar Rapids, IA	1:00:31	19:29/M	59:36	19:11/M
157	Trish Barrwtte, F40	Coralville, IA	1:01:23	19:46/M	1:00:32	19:29/M
158	Katie Miller, F22	Cedar Rapids, IA	1:01:39	19:51/M	1:01:00	19:38/M
159	Dawn Hays, F50	Iowa City, IA	1:01:40	19:51/M	1:01:00	19:38/M
160	Harlene Stewart, F67	Cedar Rapids, IA	1:02:11	20:01/M	1:01:44	19:52/M
161	Dawn Granata, F48	Cedar Rapids, IA	1:02:12	20:01/M	1:01:45	19:52/M
162	Margaret Granata, F19	Cedar Rapids, IA	1:02:16	20:03/M	1:01:50	19:54/M
163	Stephanie Winders, F21	Cedar Rapids, IA	1:02:18	20:03/M	1:01:51	19:54/M
164	Sara Marshall, F29	West Liberty, IA	1:02:33	20:08/M	1:01:58	19:57/M
165	Mariah Swails, F23	West Liberty, IA	1:02:34	20:08/M	1:01:59	19:57/M
166	Erin Cornelison, F38	Cedar Rapids, IA	1:03:09	20:20/M	1:02:15	20:02/M
167	Mandie Kron, F29	Wellman, IA	1:03:13	20:21/M	1:02:21	20:04/M
168	Valerie Steepleton, F36	Marion, IA	1:04:45	20:50/M	1:03:46	20:32/M
169	Frances Burgin, F44	Marion, IA	1:04:45	20:51/M	1:03:45	20:31/M
170	April Stumpf, F33	Riverside, IA	1:05:14	21:00/M	1:05:14	21:00/M
171	Jessica Church, F33	Coralville, IA	1:05:14	21:00/M	1:05:14	21:00/M
172	Jody Stumpf, F34	Coralville, IA	1:05:23	21:03/M	1:04:30	20:46/M
173	Emily White, F21	Cedar Rapids, IA	1:06:19	21:21/M	1:06:06	21:17/M
174	Michelle Lecompte, F57	Cedar Rapids, IA	1:06:20	21:21/M	1:06:07	21:17/M
175	Jenny Spaulding, F22	Johnston, IA	1:06:50	21:31/M	1:06:22	21:22/M
176	Renee Telsrow, F22	Stockton, IA	1:06:50	21:31/M	1:06:39	21:27/M
177	Lynn Lounsberry, F23	Story City, IA	1:06:50	21:31/M	1:06:38	21:27/M
178	Melissa Stumpff, F29	Cedar Rapids, IA	1:06:53	21:32/M	1:05:54	21:13/M
179	Dixie Stumpff, F57	Cedar Rapids, IA	1:06:54	21:32/M	1:05:56	21:13/M
180	Ashlee Dennis, F21	Cedar Rapids, IA	1:08:59	22:12/M	1:08:24	22:01/M
181	Sarah Sadler, F26	Cedar Rapids, IA	1:09:01	22:13/M	1:08:15	21:58/M
182	Julie Sadler, F56	Cedar Rapids, IA	1:09:01	22:13/M	1:08:14	21:58/M
183	Muffy Sadler, F26	Cedar Rapids, IA	1:09:01	22:13/M	1:08:15	21:58/M
184	Jennifer Stumpff, F29	Ely, IA	1:12:06	23:12/M	1:11:11	22:55/M
185	Jackie Blanchard, F22	Cedar Rapids, IA	1:12:07	23:13/M	1:11:12	22:55/M
186	Julia Blanchard, F28	United States, IA	1:12:07	23:13/M	1:11:12	22:55/M
187	Linda Rutherford, F64	Cedar Rapids, IA	1:12:10	23:14/M	1:11:13	22:55/M

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