

CAPITAL PURSUIT 5 KILOMETER

DES MOINES, IOWA

Aug. 31, 2002

10 Mile Overall	10 Mile Specials	5K Overall	5K Specials
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Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

"*" indicates females

PLACE	CLASS PLACE	FINISHER	TIME	PACE
1		Kevin Muilenburg, 41, Waukee, IA	16:55	5:27
2		Steve Brown, 31, Minburn, IA	17:19	5:34
3		Patrick Riley, 29, Des Moines, IA	17:45	5:43
4	1 M30	Bryan Friedman, 30, Lambs Grove, IA	17:48	5:44
5	1 M40	Gregg Winkel, 41, Algona, IA	17:50	5:44
6	2 M40	Tom Woo, 43, Rochester, MN	18:02	5:48
7	1 JrM	Doug Moore, 19, Ames, IA	18:04	5:49
8	2 JrM	Lincoln Nichols, 18, Ames, IA	18:09	5:50
9	1 M20	Dan Mandernach, 24, Des Moines, IA	18:09	5:50
10	1 M35	Stephen Fyfe, 37, Pella, IA	18:17	5:53
11	1 M45	Tom McBride, 47, Des Moines, IA	18:33	5:58
12	1 M25	Jason Nielsen, 29, Battle Creek, IA	18:37	5:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
13	2 M35	Mike Lowe, 37, West Des Moines, IA	18:46	6:02
14	3 M35	John Bannantine, 37, Ames, IA	18:47	6:03
15	1 M55	Ronald McKay, 59, Chariton, IA	18:48	6:03
16	1 M60	Mike Bender, 61, Des Moines, IA	18:58	6:06
17	3 JrM	Andrew Minear, 16, Carlisle, IA	18:58	6:06
18	4 M35	Dan Gustafson, 39, West Des Moines, IA	19:03	6:08
19	4 JrM	Ben Harsch, 15, West Des Moines, IA	19:10	6:10
20	1 M50	Steve Taylor, 51, Des Moines, IA	19:11	6:10
21	2 M45	Jim Houser, 47, Johnston, IA	19:19	6:13
22	3 M45	Scott Nichols, 46, Ames, IA	19:22	6:14
23	2 M50	Richard Anfinson, 51, Cedar Falls, IA	19:28	6:16
24	4 M45	Mark Clark, 45, Des Moines, IA	19:44	6:21
25	5 JrM	Ryan Rogers, 17, Oskaloosa, IA	19:48	6:22
26	3 M40	Jason Schmidt, 41, Battle Creek, IA	19:48	6:22
27	3 M50	David Miller, 50, Urbandale, IA	19:56	6:25
28	6 JrM	Mike Comfort, 17, Oskaloosa, IA	20:02	6:27
29	4 M40	Brad Brown, 42, Clive, IA	20:07	6:28
30	4 M50	Joe Blunk, 50, Ames, IA	20:12	6:30
31	5 M35	Timothy Gedler, 38, West Des Moines, IA	20:21	6:33
32	5 M50	Glenn Morse, 53, Massapequa, NY	20:21	6:33
33	5 M40	Steve McKibben, 41, Clive, IA	20:29	6:35
34	2 M30	Jason Zdunich, 34, Des Moines, IA	20:37	6:38
1		Suzanne Lowe, 33*, West Des Moines, IA	20:39	6:39
35	2 M25	Brian Beadles, 28, West Des Moines, IA	20:41	6:39
36	2 M20	James Clevenger, 24, Urbandale, IA	20:44	6:40
2		Nancy Willert, 45*, Nevada, IA	20:49	6:42
37	5 M45	Peter Corrigan, 47, Des Moines, IA	21:07	6:48
3		Valerie Ripperger, 31*, Des Moines, IA	21:07	6:48
38	6 M45	Lou Gozalez, 48, Overland Park, KS	21:22	6:52
39	7 JrM	Tyler Irving, 15, Dallas Center, IA	21:22	6:53
40	6 M35	Deron Schmidt, 39, Battle Creek, IA	21:24	6:53
41	6 M40	Keith Gutschenritter, 43, West Des Moines, IA		

			21:25	6:54
42	7	M35 Jon Espenscheid, 37, Marshalltown, IA	21:32	6:56
43	3	M25 Joel Bennett, 29, Pella, IA	21:39	6:58
44	7	M45 John Ytzen, 48, Creston, IA	21:42	6:59
45	4	M25 David Zwank, 29, Adel, IA	21:44	6:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
46	7	M40 Brendan Finn, 41, Ames, IA	21:47	7:01
4	1	JrW McKelle Lacher, 13*, Menlo, IA	21:48	7:01
47	8	JrM Cory Thompson, 16, Grimes, IA	21:58	7:04
48	8	M45 Alan Gross, 48, Des Moines, IA	22:01	7:05
49	5	M25 Anthony Cendana, 27, Windsor Heights, IA	22:02	7:05
5	1	W20 Danielle Smith, 22*, Victor, IA	22:04	7:06
50	6	M25 David John, 26, Des Moines, IA	22:05	7:06
51	9	JrM Nick Little, 10, Altoona, IA	22:09	7:07
52	9	M45 Lynn Hanish, 45, Badger, IA	22:10	7:08
53	8	M35 Dave Watkins, 37, Pella, IA	22:14	7:09
54	10	M45 Curtis Husske, 46, Maxwell, IA	22:15	7:09
6	1	W30 Julie Horton, 31*, Urbandale, IA	22:20	7:11
55	6	M50 Tom Nemechek, 52, Des Moines, IA	22:23	7:12
56	8	M40 Larry Huffman, 42, Audubon, IA	22:34	7:16
57	2	M55 Gary Cloud, 59, Ankeny, IA	22:41	7:18
58	9	M40 Edward Olson, 41, Des Moines, IA	22:44	7:19
59	11	M45 Tom Dirks, 47, Mingo, IA	22:45	7:19
60	3	M30 Bill May, 34, Des Moines, IA	22:47	7:20
61	7	M25 Doug Sturm-Smith, 28, Des Moines, IA	22:48	7:20
7	1	W25 Kelly Dolinar, 27*, Clive, IA	23:12	7:28
8	2	W20 Kelli Kilgore, 23*, West Des Moines, IA	23:12	7:28
62	12	M45 Robert Merrill, 45, Johnston, IA	23:23	7:32
63	8	M25 Ben Weers, 27, Pleasant Hill, IA	23:26	7:33
64	3	M55 Dennis Bishop, 57, Cumming, IA	23:28	7:33
65	3	M20 Ryan Myers, 24, West Des Moines, IA	23:28	7:33
9	1	W35 Tracey Schmidt, 38*, Battle Creek, IA	23:30	7:34
66	10	JrM Jack Bush, 13, Des Moines, IA	23:31	7:34
67	9	M35 Brad Clark, 36, Clive, IA	23:32	7:34
10	1	W40 Linda Lickteig, 41*, Urbandale, IA	23:33	7:35
11	2	W30 Jill Swesey, 34*, Des Moines, IA	23:36	7:36
68	9	M25 Dave Orr, 28, Dakota City, IA	23:39	7:36
12	2	JrW Jillian Johnson, 13*, Baxter, IA	23:41	7:37
69	13	M45 Russ Cross, 48, Des Moines, IA	23:43	7:38
13	3	W30 Kimberly Stewart, 34*, Des Moines, IA	23:43	7:38
70	11	JrM Chris Calhoun, 10, Des Moines, IA	23:48	7:39
71	10	M40 Craig Calhoun, 44, Windsor Heights, IA	23:49	7:40
72	4	M55 Steven D Miller, 55, Ankeny, IA	23:53	7:41
73	4	M30 Benjamin Stone, 34, Des Moines, IA	23:56	7:42
74	5	M55 Don York, 56, Ankeny, IA	23:57	7:42
75	10	M35 Michael Marckett, 36, Johnston, IA	23:58	7:43
76	10	M25 Peter Moore, 26, Ames, IA	24:04	7:45
77	11	M40 Patrick Walter, 41, Urbandale, IA	24:06	7:45
78	5	M30 Ben Kozo, 31, Colfax, IA	24:07	7:45
14	3	W20 Angela Bishop, 22*, Cumming, IA	24:08	7:46
79	1	M65 Franklin Brown, 68, Des Moines, IA	24:12	7:47
15	2	W40 Kristie Bauer, 42*, Des Moines, IA	24:16	7:49
16	2	W25 Lori Kiene, 29*, Ankeny, IA	24:18	7:49
17	1	W45 Kathi Dellaca, 49*, Des Moines, IA	24:20	7:50
18	2	W35 Laura Schrader, 37*, Windsor Heights, IA	24:21	7:50
80	6	M30 Darrin Smith, 33, Clive, IA	24:22	7:50
81	12	JrM John Collier, 13, West Des Moines, IA	24:22	7:50
82	14	M45 Chris Mitchell, 47, Ankeny, IA	24:25	7:51
83	11	M35 Mike Blakemore, 39, Altoona, IA	24:25	7:51
84	12	M35 Marc Monthei, 36, Des Moines, IA	24:25	7:51
85	12	M40 Kevin Krampe, 42, Baxter, IA	24:28	7:52
19	3	W35 Katie Pilcher, 35*, Des Moines, IA	24:29	7:52
86	13	JrM Adam Dolan, 13, Urbandale, IA	24:29	7:53
20	3	JrW Allison Kinney, 18*, Urbandale, IA	24:29	7:53
87	7	M30 Thomas Kjellberg, 32, Portland, OR	24:32	7:54

88	13	M40	Dave Joensen, 41, Ames, IA	24:34	7:54
89	13	M35	Dan Holm, 37, Ankeny, IA	24:37	7:55
90	15	M45	Darwin Schmig, 45, Des Moines, IA	24:41	7:56
91	6	M55	Harold Jansen, 59, Des Moines, IA	24:45	7:58
21	1	W55	Shirley Hanson, 59*, Duluth, MN	24:45	7:58
92	8	M30	Mike Eilers, 33, Indianola, IA	24:45	7:58
22	4	W30	Tami Draper, 32*, Des Moines, IA	24:48	7:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
23	3	W25	Sara Beth Brubacher, 25*, Ames, IA	25:03	8:04
93	11	M25	Jason Frederick, 25	25:06	8:04
94	14	M40	Dave Erickson, 44, Pella, IA	25:08	8:05
95	12	M25	Brian Scott, 27, Pleasant Hill, IA	25:09	8:05
24	4	W20	Robyn Buddin, 23*, West Des Moines, IA	25:09	8:06
96	16	M45	Timothy Miller, 45, Coralville, IA	25:10	8:06
25	4	W35	Jody Coleman, 35*, Runnells, IA	25:12	8:06
97	17	M45	Brad Richardson, 47, Des Moines, IA	25:12	8:07
98	9	M30	Darren Herrold, 31, Cambridge, IA	25:13	8:07
99	15	M40	Jesse Gonzalez, 42, Clive, IA	25:13	8:07
100	16	M40	Steve Sandon, 42, Clive, IA	25:15	8:08
101	17	M40	Bob Marmon, 44, Urbandale, IA	25:17	8:08
102	14	JrM	Zach Little, 8, Altoona, IA	25:20	8:09
103	15	JrM	Daniel Manning, 13, Clive, IA	25:24	8:10
104	10	M30	Mike Little, 31, Altoona, IA	25:25	8:11
105	11	M30	Gregory Medina, 31, West Des Moines, IA	25:25	8:11
106	13	M25	Mark Ludwick, 28, Ankeny, IA	25:28	8:12
107	12	M30	Kevin Bettis, 33, Ames, IA	25:31	8:13
26	3	W40	Mary Hart, 40*, Indianola, IA	25:32	8:13
108	13	M30	Matt Coleman, 34, Runnells, IA	25:33	8:13
109	18	M40	Duane Meyer, 44, Waukee, IA	25:36	8:14
27	4	W25	Jennifer Kees, 29*, Des Moines, IA	25:46	8:17
110	18	M45	Richard Manske, 48, Algona, IA	25:47	8:18
28	5	W30	Lisa Kruger, 34*, Des Moines, IA	25:48	8:18
111	14	M35	Dean O'Connor, 36, Altoona, IA	25:48	8:18
112	14	M30	Benjamin Loveridge, 32, Pella, IA	25:52	8:19
113	15	M30	Eric Heitz, 32, Adel, IA	25:56	8:21
114	16	M30	Scott Pottebaum, 33, West Des Moines, IA	25:56	8:21
29	5	W25	Steph Hegland, 29*, West Des Moines, IA	26:03	8:23
115	17	M30	Anthony Farrell, 34, Ankeny, IA	26:10	8:25
116	19	M40	Richard McDonald, 40, Urbandale, IA	26:10	8:25
117	7	M50	James Shrader, 53, Des Moines, IA	26:13	8:26
118	14	M25	Dana Kiene, 29, Ankeny, IA	26:25	8:30
30	4	JrW	Samantha Sparks, 18*, Norwalk, IA	26:29	8:31
119	15	M25	Mario Alba, 26, Des Moines, IA	26:30	8:32
31	2	W45	Sandy Sparks, 49*, Norwalk, IA	26:33	8:33
32	5	JrW	Ellen Kinner, 13*, Des Moines, IA	26:34	8:33
33	5	W20	Katie Kuhr, 24*, West Des Moines, IA	26:35	8:33
120	16	JrM	Jonny Bosworth, 13, Clive, IA	26:35	8:33
121	18	M30	Jeff Kimrey, 32, Johnston, IA	26:37	8:34
34	6	W30	Jody Kimrey, 34*, Johnston, IA	26:41	8:35
122	16	M25	Steve Burds, 26, Ankeny, IA	26:48	8:37
123	17	M25	Brian Hemesath, 26, Des Moines, IA	26:50	8:38
124	17	JrM	Tanner O'Connor, 8, Altoona, IA	26:52	8:39
125	15	M35	Kenneth Harkin, 36, Johnston, IA	26:53	8:39
35	6	W25	Jennifer Cole, 29*, Des Moines, IA	26:55	8:40
36	4	W40	Julie Waters, 44*, Ames, IA	26:58	8:40
37	7	W30	Mary Wedemyer, 33*, Des Moines, IA	26:58	8:41
38	8	W30	Rhonda Hiatt, 33*, West Des Moines, IA	26:59	8:41
126	16	M35	Richard Rebouche, 37, Ankeny, IA	27:00	8:41
127	18	M25	Clint Jones, 27, West Des Moines, IA	27:00	8:41
39	6	JrW	Megan Stratton, 12*, Collins, IA	27:03	8:42
40	7	JrW	Sara Holmes, 11*, West Des Moines, IA	27:08	8:44
41	8	JrW	Abby Olson, 12*, Urbandale, IA	27:08	8:44
42	5	W40	Irene Bumann Lyon, 43*, Indianola, IA	27:09	8:44
43	9	JrW	Kaylee Draper, 16*, Des Moines, IA	27:10	8:45
128	20	M40	Michael Holmes, 44, West Des Moines, IA	27:11	8:45

129	18	JrM Frankie Driscoll, 13, Des Moines, IA	27:18	8:47
130	8	M50 Kevin Cooney, 50, Des Moines, IA	27:20	8:48
44	5	W35 Carla Madson, 38*, Des Moines, IA	27:26	8:50
45	7	W25 Tammy Steenhoek, 26*, Prairie City, IA	27:27	8:50
46	6	W35 Sue Clark, 35*, Clive, IA	27:28	8:50
47	1	W50 Roberta Blakeman, 52*, Altoona, IA	27:32	8:52
48	9	W30 Heather Behrends, 34*, West Des Moines, IA	27:39	8:54
131	19	M45 John Tarbox, 45, West Des Moines, IA	27:41	8:54
49	10	W30 Makai Echer, 32*, Huxley, IA	27:45	8:56
50	10	JrW Monica Madsen, 12*, Melbourne, IA	27:46	8:56
132	21	M40 Stephen Strawser, 41, Des Moines, IA	27:46	8:56
51	11	W30 Michelle Strawser, 33*, Des Moines, IA	27:47	8:56
52	12	W30 Christina Hockey, 30*, Huxley, IA	27:48	8:57
133	17	M35 Brian Richard, 38, Des Moines, IA	27:54	8:59
53	13	W30 Julie Fisher, 33*, Oskaloosa, IA	27:56	8:59
54	6	W40 Anne Whitis, 42*, Oskaloosa, IA	27:56	8:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
134	19	JrM Tyler O'Connor, 10, Altoona, IA	27:59	9:00
135	18	M35 John Durman, 37, West Des Moines, IA	27:59	9:00
136	20	JrM Devin Anderson, 14, Clive, IA	28:01	9:01
55	7	W35 Sonja Gonzalez, 39*, Clive, IA	28:02	9:01
137	7	M55 Bill O'Riley, 59, West Des Moines, IA	28:04	9:02
56	7	W40 Brenda McGraw, 40*	28:05	9:02
57	11	JrW Laura Kinney, 18*, West Des Moines, IA	28:10	9:04
58	12	JrW Jennifer Files, 12*, Urbandale, IA	28:13	9:05
138	21	JrM Joey Burkle, 13, Urbandale, IA	28:15	9:05
139	22	M40 Lambert Blank, 43, Des Moines, IA	28:18	9:06
140	19	M25 John Gonzalez, 27, Des Moines, IA	28:22	9:08
141	22	JrM Carson Galloway, 12, Des Moines, IA	28:26	9:09
142	9	M50 Jeff Mill, 54, Des Moines, IA	28:27	9:09
59	8	W40 Linda Koele, 44*, Urbandale, IA	28:28	9:10
60	8	W35 Sharon Koele, 37*, Iowa City, IA	28:28	9:10
143	23	M40 Bill Piefer, 44, West Des Moines, IA	28:39	9:13
144	20	M45 Joseph Galloway, 45, Des Moines, IA	28:40	9:13
145	10	M50 Gerald Duff, 50, Ogden, IA	28:42	9:14
61	9	W35 Dawn O'Connor, 37*, Altoona, IA	28:42	9:14
62	14	W30 Kathleen Leonard, 30*, Des Moines, IA	28:43	9:14
63	10	W35 Julia Eckles, 38*, Marshalltown, IA	28:44	9:15
146	11	M50 Kenneth Hayes, 50, Creston, IA	28:54	9:18
64	15	W30 Rabecca Jones, 30*, Des Moines, IA	28:55	9:18
65	6	W20 Stephanie Brennan, 24*, Ames, IA	28:57	9:19
66	8	W25 Maria Harrison, 27*, Des Moines, IA	28:58	9:19
67	9	W25 Jessica Ervin, 25*, West Des Moines, IA	28:58	9:19
147	21	M45 Mike Nowels, 47, Madrid, IA	29:05	9:21
68	7	W20 Emily Vanvoorst, 21*, Ankeny, IA	29:06	9:22
148	12	M50 Terry Edwards, 52, Knoxville, IA	29:10	9:23
69	9	W40 Beth Leib, 40*, Clive, IA	29:15	9:25
70	8	W20 Katie Butler, 23*, Norwalk, IA	29:18	9:26
71	9	W20 Heather Litchkey, 24*, Des Moines, IA	29:18	9:26
72	16	W30 Kimberly Erickson, 34*, Clive, IA	29:19	9:26
149	24	M40 Jay Erickson, 41, Clive, IA	29:21	9:27
150	20	M25 Darrin Allshouse, 27, West Des Moines, IA	29:25	9:28
73	17	W30 Teri Templeton, 31*, Des Moines, IA	29:25	9:28
74	13	JrW Jennifer Lickteig, 13*, Urbandale, IA	29:26	9:28
75	14	JrW Alyssa Blasco, 12*, Johnston, IA	29:26	9:28
76	10	W25 Sue Anderson, 29*, Des Moines, IA	29:27	9:28
77	18	W30 Danielle Shelton, 32*, Urbandale, IA	29:30	9:29
151	13	M50 Robert Shires, 52, Des Moines, IA	29:31	9:30
78	19	W30 Christy Vald, 32*, Des Moines, IA	29:35	9:31
152	4	M20 Eric White, 22, Des Moines, IA	29:35	9:31
153	1	M70 Gene Harding, 71, Des Moines, IA	29:39	9:32
79	20	W30 Stacy Williams, 34*, Des Moines, IA	29:58	9:39
80	11	W35 Sherri Finney, 36*, Clive, IA	29:59	9:39
81	21	W30 Rae Edwards, 32*, Clive, IA	29:59	9:39
82	11	W25 Laurie Dienberg Hoppe, 29*, Indianola, IA	30:02	9:40

83	12	W25 Sara Buseman, 26*, Des Moines, IA	30:04	9:40
84	10	W40 Janice Gramlich, 41*, West Des Moines, IA	30:05	9:41
85	13	W25 Melisa Schreiner, 26*, Kansas City, MO	30:06	9:41
86	15	JrW Kelsy Draper, 14*, Des Moines, IA	30:10	9:42
87	22	W30 Kim Kramer, 33*, West Des Moines, IA	30:10	9:43
88	11	W40 Dawn Smith, 41*, Ladora, IA	30:13	9:43
154	2	M65 Maurice Smith, 66, Des Moines, IA	30:16	9:44
89	16	JrW Ashley Howe, 13*, Clive, IA	30:25	9:47
90	23	W30 Megan Crowley, 30*, West Des Moines, IA	30:26	9:48
155	21	M25 Jason Hoppe, 28, Indianola, IA	30:28	9:48
91	24	W30 Julie Saf, 33*, Des Moines, IA	30:31	9:49
92	17	JrW Meryl Houser, 17*, Johnston, IA	30:31	9:49
156	25	M40 Dan Kirby, 42, Des Moines, IA	30:32	9:49
93	18	JrW Danielle Lemon, 15*, Clive, IA	30:33	9:50
94	19	JrW Lisa Nowels, 16*, Madrid, IA	30:36	9:51
95	14	W25 Heidi Steenberg, 28*, West Des Moines, IA	30:40	9:52
96	15	W25 Amy Schmelzer, 28*, Des Moines, IA	30:45	9:54
157	8	M55 Ralph Gonzalez, 57, Des Moines, IA	30:47	9:54
97	2	W50 Sally Gregory, 51*, Polk City, IA	30:48	9:55
98	16	W25 Nicole Gade, 28*, Ankeny, IA	30:49	9:55
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
99	25	W30 Sally Overton, 32*, Des Moines, IA	31:08	10:01
100	3	W45 Charity McCauley, 47*, Urbandale, IA	31:12	10:02
101	12	W35 Liz Salaba, 36*, Cumming, IA	31:17	10:04
158	19	M30 Brian Lohse, 33, Bondurant, IA	31:26	10:07
102	17	W25 Rebecca Meyer, 27*, Des Moines, IA	31:29	10:08
103	4	W45 Sue Johnson, 45*, Baxter, IA	31:31	10:09
104	18	W25 Hiedi Gunderson, 27*, Polk City, IA	31:37	10:11
159	19	M35 Jason Crowley, 35, Urbandale, IA	31:38	10:11
160	22	M45 Brian Oeffner, 49, Ogden, IA	31:39	10:11
105	19	W25 Dawn Farrell, 28*, Urbandale, IA	31:42	10:12
161	20	M35 Doug Farrell, 35, Urbandale, IA	31:43	10:12
106	5	W45 Lisa O'Riley, 45*, West Des Moines, IA	31:45	10:13
107	20	JrW Lauren Lemon, 14*, Clive, IA	32:04	10:19
108	26	W30 Kathy Agocs, 30*, Des Moines, IA	32:19	10:24
109	6	W45 Christie Norris, 45*, West Des Moines, IA	32:22	10:25
162	21	M35 Steve Stephan, 39, Ames, IA	32:23	10:25
110	27	W30 Andrea Jackson, 31*, West Des Moines, IA	32:26	10:26
111	28	W30 Kelli Nelson, 30*, West Des Moines, IA	32:26	10:26
163	20	M30 Andrew Hudson, 30, Des Moines, IA	32:27	10:27
112	29	W30 Michelle Richard, 34*, Des Moines, IA	32:33	10:28
164	9	M55 Lawrence Cooper, 55, Des Moines, IA	32:49	10:34
113	10	W20 Vicki Turner, 23*, Des Moines, IA	32:53	10:35
165	23	JrM Avery Mason, 8, Altoona, IA	32:55	10:35
166	22	M35 Eric Mason, 37, Altoona, IA	32:58	10:36
167	2	M70 Irv Steinberg, 73, Des Moines, IA	33:04	10:38
114	13	W35 Paula Knight, 39*, Des Moines, IA	33:16	10:42
115	2	W55 Carol Short, 55*, Waukee, IA	33:19	10:43
116	12	W40 Karen Kienast, 44*, Des Moines, IA	33:19	10:43
168	14	M50 Ford Thompson, 50, Newton, IA	33:25	10:45
117	3	W50 Amy Scott, 50*, Des Moines, IA	33:57	10:55
118	21	JrW Jenny Krause, 14*, West Des Moines, IA	33:58	10:56
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
119	30	W30 Jennifer Taylor, 31*, Crofton, MS	34:11	11:00
120	31	W30 Susan Brennan, 31*, Ankeny, IA	34:16	11:02
169	10	M55 Gary Sheldon, 58, West Des Moines, IA	34:17	11:02
121	22	JrW Shawna Sells, 12*, Altoona, IA	34:17	11:02
122	20	W25 Candace Drost, 28*, Des Moines, IA	34:20	11:03
123	7	W45 Beverly Sells, 45*, Altoona, IA	34:21	11:03
124	4	W50 Jolene Hynes, 52*, Ames, IA	34:33	11:07
125	21	W25 Jeri Thomson, 27*, West Des Moines, IA	34:53	11:13
126	11	W20 Kristi Breeding, 24*, Ankeny, IA	34:59	11:16
170	23	M35 Paul Campbell, 37, Des Moines, IA	35:07	11:18
127	14	W35 Julie Campbell, 39*, Des Moines, IA	35:07	11:18
128	22	W25 Lori Kolo, 25*, Des Moines, IA	35:14	11:20

129	3	W55 Nancy Hamilton, 55*, Cedar Falls, IA	35:22	11:23
130	8	W45 Pam Giles, 45*, Des Moines, IA	35:46	11:30
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
171	11	M55 David Brown, 55, Des Moines, IA	37:28	12:03
131	9	W45 Maxine Klotzbach, 47*, Decorah, IA	37:31	12:04
172	24	JrM Cold Lemon, 10, Clive, IA	37:40	12:07
132	13	W40 Karen Hochstetler, 42*, Ankeny, IA	38:01	12:14
133	12	W20 Kate Annexstad, 22*, Des Moines, IA	38:37	12:26
134	13	W20 Molly Jordal, 22*, Des Moines, IA	38:38	12:26
135	23	JrW Chantel Phipps, 15*, Bondurant, IA	40:16	12:57
136	15	W35 Colleen Capehart, 37*, Ankeny, IA	40:16	12:57
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
137	1	W60 Dorothy Myers, 72*, Des Moines, IA	42:13	13:35
138	5	W50 Robin Marsden, 50*, Urbandale, IA	42:14	13:35
139	4	W55 Barbara Peterson, 58*, Des Moines, IA	42:58	13:50
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
140	24	JrW Nicole Inskeep, 7*, Ankeny, IA	44:12	14:13
141	32	W30 Karen Inskeep, 32*, Ankeny, IA	44:12	14:13
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
142	16	W35 Pam Burkle, 36*, Urbandale, IA	47:09	15:10
143	10	W45 Jill Morrill, 46*, Urbandale, IA	47:09	15:10
144	6	W50 Barb Mathers, 52*, Cedar Rapids, IA	48:11	15:30
145	14	W40 Elizabeth Parker, 44*, Johnston, IA	48:59	15:46
146	14	W20 Kelly Johnston, 23*, Promise City, IA	48:59	15:46
147	15	W20 Allysa Spring, 22*, Chariton, IA	48:59	15:46
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
148	2	W60 Walda Lewellen, 66*, Des Moines, IA	50:14	16:10
173	15	M50 Gary McGraw, 51, Dubuque, IA	50:25	16:13
149	11	W45 Peggy McGraw, 49*, Dubuque, IA	50:26	16:14
150	16	W20 Karla Sulser, 24*, Corydon, IA	51:15	16:30
151	23	W25 Nicole Housh, 29*, Centerville, IA	51:15	16:30

24 finishers among Men 19 & Under

4 finishers among Men 20 - 24

21 finishers among Men 25 - 29

20 finishers among Men 30 - 34

23 finishers among Men 35 - 39

25 finishers among Men 40 - 44

22 finishers among Men 45 - 49

15 finishers among Men 50 - 54

11 finishers among Men 55 - 59

1 finishers among Men 60 - 64

2 finishers among Men 65 - 69

2 finishers among Men 70 & Up

24 finishers among Women 19 & Under

16 finishers among Women 20 - 24

23 finishers among Women 25 - 29

32 finishers among Women 30 - 34

16 finishers among Women 35 - 39

14 finishers among Women 40 - 44

11 finishers among Women 45 - 49

6 finishers among Women 50 - 54

4 finishers among Women 55 - 59

2 finishers among Women 60 & Up

173 male finishers

151 female finishers

324 total finishers

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