

35th Capital Pursuit 10 Mile**Des Moines, IA****Sep. 17, 2017**

60s and cool

Results by Cal Murdock

[10 Mile
results](#)[5 Kilo results](#)[137 10 M Pictures by
Doug Wells](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

Last updated Sep. 17, 2017 10:38 AM

CLASS				
PLACE	PLACE	FINISHER	TIME	PACE
1	OpM	Sammy Rotich, 30, Clive, IA	49:07	4:55
2	OpM	Brogan Austin, 25, West Des Moines, IA	49:13	4:55
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 Top				
3	OpM	Zach Baker, 25, West Des Moines, IA	51:14	5:07
4	1 M25	Ben Jaskowiak, 27, Des Moines, IA	51:38	5:10
5	1 M45	Dean Furness, 45, Saint Charles, IA	53:16	5:20
6	1 M20	James Melli, 23, Minneapolis, MN	53:54	5:23
7	2 M25	Brent Ewing, 27, Ottumwa, IA	55:03	5:30
8	1 M35	Scott Johnson, 35, Johnston, IA	55:04	5:30
9	3 M25	Jake Sutton, 26, West Des Moines, IA	55:11	5:31
10	2 M35	Jack Johnson, 37, West Des Moines, IA	56:49	5:41
11	1 M30	Patric Carruthers-Green, 31, Des Moines, IA	57:00	5:42
12	2 M30	Justin Brown, 34, Des Moines, IA	57:12	5:43
1	OpW	Joan Massah, 18*, Minneapolis, MN	57:48	5:47
13	4 M25	Mitchell Davis, 26, Des Moines, IA	58:34	5:51
14	2 M45	Kevin Barnes, 45, Indianola, IA	58:50	5:53
15	5 M25	Thomas Hiss, 28, Monroe, IA	58:55	5:53
16	1 M40	Patrick Riley, 44, Des Moines, IA	59:13	5:55
17	2 M20	Essau Ambakwa, 21, Minneapolis, MN	59:17	5:56

2	OpW	Pasca Myers, 31*, Fort Dodge, IA	59:18	5:56
18	2 M40	Vic Morales, 43, Johnston, IA	59:31	5:57
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 Top				
19	3 M20	Stan Linton, 23, West Des Moines, IA	1:00:23	6:02
20	3 M35	Neil Young, 35, Des Moines, IA	1:00:38	6:04
21	3 M40	Paxton Bennett, 43, West Des Moines, IA	1:00:42	6:04
22	4 M35	Ben Kipp, 36, Waukee, IA	1:01:17	6:08
23	6 M25	Robert Bibens, 29, Windsor Heights, IA	1:01:35	6:09
24	4 M20	Josh Harry, 22, Waukee, IA	1:01:47	6:11
25	5 M35	Dave Baitinger, 35, Ogden, IA	1:02:05	6:12
26	6 M35	Nate Cloe, 37, Des Moines, IA	1:05:16	6:32
27	7 M35	Dan Ross, 38, Johnston, IA	1:05:30	6:33
28	8 M35	Aaron Wheelock, 37, Des Moines, IA	1:05:49	6:35
29	4 M40	Patrick Phelan, 40, Des Moines, IA	1:05:52	6:35
30	3 M45	Mark Timmerman, 47, Indianola, IA	1:06:22	6:38
31	3 M30	Jarin Weldon, 30, Osceola, IA	1:06:29	6:39
32	4 M30	Matthew Hilbert, 34, West Des Moines, IA	1:06:54	6:41
33	7 M25	Charles Hugo, 26, Odebolt, IA	1:07:11	6:43
34	5 M30	Justin Vaught, 32, Johnston, IA	1:07:21	6:44
35	5 M40	Mike Gorski, 43, Des Moines, IA	1:07:55	6:47
36	5 M20	Jonah Tibbits, 21, Ames, IA	1:08:27	6:51
37	4 M45	Brian Palmer, 49, Des Moines, IA	1:09:00	6:54
38	1 M50	Todd Haugen, 54, Des Moines, IA	1:09:12	6:55
39	5 M45	Jason Hahn, 46, Des Moines, IA	1:09:38	6:58
40	6 M45	Tony Morrison, 46, Newton, IA	1:09:47	6:59
41	6 M30	Brian Petersen, 33, Ankeny, IA	1:09:55	6:59
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 Top				
42	7 M45	David Steward, 48, Earlham, IA	1:09:57	7:00
43	8 M45	David Larson, 45, West Des Moines, IA	1:10:00	7:00
44	6 M40	Jeremy Mueller, 40, Waukee, IA	1:10:02	7:00
3	OpW	Carrie Van Quathem, 45*, Urbandale, IA	1:10:05	7:00
45	7 M30	Mike Castagnoli, 33, West Des Moines, IA	1:10:08	7:01

4	1 W35	Tracy Daugherty, 37*, Pella, IA	1:10:16	7:02
46	7 M40	Gemechisa Mosa, 43, Grimes, IA	1:10:20	7:02
47	9 M35	Derek McChurch, 36, Altoona, IA	1:10:27	7:03
5	1 W40	Sara Schwendinger, 40*, Des Moines, IA	1:10:47	7:05
48	8 M40	Clint Jones, 42, West Des Moines, IA	1:11:02	7:06
49	1 JrM	Jaden Merrick, 9, Cedar Falls, IA	1:11:24	7:08
50	1 M60	Willie Lahart, 64, Urbandale, IA	1:11:25	7:08
51	9 M45	Troy Thompson, 48, West Des Moines, IA	1:11:38	7:10
52	8 M30	Joey Zehner, 33, Des Moines, IA	1:11:46	7:11
53	10 M45	David Olsen, 45, West Des Moines, IA	1:11:48	7:11
54	11 M45	David Ness, 46, Johnston, IA	1:12:00	7:12
55	10 M35	Terry McDonald, 39, Indianola, IA	1:12:02	7:12
56	9 M30	Nicholas Mongar, 32, Johnston, IA	1:12:10	7:13
57	12 M45	Jim Hagelie, 49, Waukee, IA	1:12:12	7:13
58	10 M30	Justin Ellis, 34, West Des Moines, IA	1:12:53	7:17
59	13 M45	Jason Henderson, 49, Waukee, IA	1:12:57	7:18
60	11 M30	Jeff Hambrecht, 30, Urbandale, IA	1:13:43	7:22
6	2 W40	Kelly Vander Esch, 40*, Grimes, IA	1:13:50	7:23
61	1 M55	Troy Zeleznik, 55, West Des Moines, IA	1:14:14	7:25
7	1 W25	Lisa Wegman, 27*, West Des Moines, IA	1:14:20	7:26
62	9 M40	Maxin Squires, 42, Norwalk, IA	1:14:47	7:29
8	1 W60	Andriette Wickstrom, 62*, Storm Lake, IA	1:14:56	7:30
9	2 W25	Molly Rhodes, 26*, Des Moines, IA	1:14:57	7:30
10	2 W35	Alana Stamas, 35*, Des Moines, IA	1:15:06	7:31
63	11 M35	Charlie Daugherty, 36, Pella, IA	1:15:06	7:31
64	8 M25	Andy Bernholtz, 29, Ankeny, IA	1:15:22	7:32
65	14 M45	Jeff Wamer, 45, Pleasant Hill, IA	1:15:22	7:32
11	3 W35	Robyn Clevenger, 38*, West Des Moines, IA		