

CVRA Timber Trek 2011 *** 4.89 Mile Adventure Run *** Division Report

Event: 4.89 Mile Adventure Run

Date: Saturday, October 01, 2011

Location: Amana, IA

Weather: Cool 60°

Overall [results here](#)

Results By: Jeff Mullen

Overall Male

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Chip Time</u>	<u>Pace</u>
1	Colton Gale, M20	Vinton, IA	35:41	35:40	7:17/M

Overall Female

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Chip Time</u>	<u>Pace</u>
1	Valerie Shoen, F32	Huxley, IA	41:14	41:13	8:25/M

M[19 & Under]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Chip Time</u>	<u>Pace</u>
1	Steven Wallace, M17	Walford, IA	39:52	39:51	8:09/M
2	Khory Nobles, M10	Cedar Rapids, IA	54:10	54:09	11:04/M
3	Gavin Dunkin, M8	North Liberty, IA	54:32	54:21	11:09/M

F[19 & Under]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Chip Time</u>	<u>Pace</u>
1	Kassidy Deklotz, F17	Center Point, IA	56:18	56:13	11:30/M
2	Hannah Greene, F12	Deep River, IA	1:22:04	1:21:45	16:47/M

M[20-29]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Chip Time</u>	<u>Pace</u>
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1	Nick Sparr, M24	Iowa City, IA	36:20	36:20	7:25/M
2	Craig Goldsmith, M29	Cedar Rapids, IA	37:16	37:16	7:37/M
3	Kyle Beaulieu, M24	Vinton, IA	37:38	37:36	7:41/M
4	Travis Sackett, M26	Vinton, IA	37:53	37:43	7:44/M
5	David Albrecht, M23	Vinton, IA	39:44	39:43	8:07/M
6	Andy Mcdermott, M27	Cedar Rapids, IA	41:57	41:51	8:34/M
7	Matt Larrabee, M23	Vinton, IA	42:05	42:01	8:36/M
8	Nicholas Hill, M24	Madison, IA	42:06	42:01	8:36/M
9	Dj Bernat, M24	Vinton, IA	42:13	42:03	8:38/M
10	Nathan Burger, M24	Cedar Rapids, IA	44:15	44:11	9:02/M
11	Matt Musil, M24	Cedar Rapids, IA	44:15	44:11	9:03/M
12	Craig Kreman, M25	W Des Moines, IA	47:36	47:36	9:44/M
13	Drew Simmons, M26	Vinton, IA	52:04	51:55	10:38/M
14	Benjamin Untiedt, M22	Cedar Rapids, IA	57:29	57:22	11:45/M
15	Chris Leiby, M23	Vinton, IA	1:13:16	1:13:06	14:58/M

F[20-29]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Chip Time</u>	<u>Pace</u>
1	Katie Singleton, F23	Vinton, IA	46:19	46:15	9:28/M
2	Jamie Isherwood, F27	Iowa City, IA	48:15	48:05	9:52/M
3	Hallie Lehman, F24	Fort Dodge, IA	50:01	50:00	10:13/M
4	Brianna Balint, F28	Cedar Rapids, IA	50:42	50:31	10:22/M
5	Rachel Brant, F20	Atkins, IA	51:20	51:17	10:29/M
6	Kim Meller, F28	North Liberty, IA	52:02	51:55	10:38/M
7	Rachel Anderson, F21	Danville, CA	52:52	52:00	10:48/M
8	Molly Murphy, F24	Vinton, IA	53:22	53:11	10:54/M
9	Carina Sweet, F23	Vinton, IA	53:24	53:15	10:55/M
10	Emily Burmeister, F28	Marion, IA	55:28	55:21	11:20/M
11	Valerie Latrentz, F25	Cedar Rapids, IA	57:35	57:28	11:46/M
12	Rachel Cahoon, F23	Iowa City, IA	57:35	57:28	11:46/M
13	Lynette Butler, F24	Williamsburg, IA	57:53	57:36	11:50/M
14	Cara Kreman, F23	Storm Lake, IA	1:08:49	1:08:48	14:04/M
15	Nastassia Donoho, F23	Vinton, IA	1:19:49	1:19:39	16:19/M

M[30-39]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Chip Time</u>	<u>Pace</u>
1	David Isherwood, M38	Iowa City, IA	36:33	36:29	7:28/M
2	Ryan Scheckel, M32	Palo, IA	37:05	37:03	7:35/M
3	Bob Andresen, M37	Cedar Rapids, IA	37:35	37:34	7:41/M
4	Justin Hajek, M30	Marion, IA	38:44	38:40	7:55/M
5	Jason Wilbur, M38	Iowa City, IA	39:44	39:37	8:07/M
6	Michael Hernandez, M30	Williamsburg, IA	40:47	40:30	8:20/M
7	Dan Wolfe, M33	Cedar Rapids, IA	44:14	44:10	9:02/M
8	Matthew Dietz, M34	Cedar Rapids, IA	44:27	44:24	9:05/M

9	Doug Fishwild, M32	Marion, IA	44:57	44:53	9:11/M
10	Brad Runyon, M35	Cedar Rapids, IA	45:47	45:44	9:21/M
11	Craig Meskimen, M32	Swisher, IA	46:10	46:07	9:26/M
12	Chad Sparhs, M37	Mingo, IA	47:21	47:16	9:41/M
13	Tim Kraus, M33	Marengo, IA	51:27	51:01	10:31/M
14	Dave Carpenter, M36	Hiawatha, IA	52:15	51:56	10:41/M
15	Chris Hoins, M30	Cedar Rapids, IA	52:53	52:00	10:48/M
16	Adam Wilhelm, M33	Cedar Rapids, IA	54:40	54:21	11:10/M
17	Adam Frahm, M39	Cedar Rapids, IA	1:04:24	1:04:16	13:10/M

F[30-39]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Chip Time</u>	<u>Pace</u>
1	Gretchen Lawyer, F38	Marion, IA	47:43	47:39	9:45/M
2	Jessica Hyberger, F30	North Liberty, IA	54:15	54:08	11:05/M
3	Mindy Dunkin, F32	North Liberty, IA	55:52	55:40	11:25/M
4	Linsay Skelton, F36	North Liberty, IA	56:55	56:48	11:38/M
5	Ann Jungblut, F35	Cedar Rapids, IA	57:45	57:35	11:48/M
6	Michelle Starkenburg, F30	North Liberty, IA	58:56	58:49	12:03/M
7	Michelle Clark, F39	Iowa City, IA	1:00:21	1:00:11	12:20/M
8	Paula Casas, F38	Evenstan, IL	1:03:35	1:03:24	13:00/M
9	Melissa Murray, F30	Robins, IA	1:06:05	1:05:52	13:30/M
10	Raelene Swore, F30	Cedar Rapids, IA	1:06:06	1:05:54	13:31/M
11	Jennifer Lee, F32	Cedar Rapids, IA	1:11:09	1:10:54	14:33/M
12	Becky Hubbs, F34	Hiawatha, IA	1:20:44	1:20:27	16:30/M
13	Angie Cook, F31	Marion, IA	1:30:14	1:29:59	18:27/M

M[40-49]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Chip Time</u>	<u>Pace</u>
1	John Peters, M46	Cedar Rapids, IA	41:39	41:37	8:31/M
2	Christian Buffard, M49	Amana, IA	43:11	43:03	8:49/M
3	Dave Steines, M44	Mount Vernon, IA	43:52	43:49	8:58/M
4	Mathieu Cagnard, M40	Cedar Rapids, IA	46:05	45:50	9:25/M
5	John Ernst, M47	Cedar Rapids, IA	48:10	48:01	9:51/M
6	Mike Yeries, M46	Oxford, IA	49:36	49:35	10:08/M
7	Kirk Scott, M42	Hiawatha, IA	49:41	49:36	10:09/M
8	Jack Standefer, M42	Cedar Rapids, IA	54:53	54:40	11:13/M
9	Dale Jensen, M46	Toddville, IA	56:18	56:12	11:30/M
10	Larry Ihde, M46	Cedar Rapids, IA	56:37	56:24	11:34/M
11	Tim Kroeze, M47	Cedar Rapids, IA	58:46	58:32	12:01/M
12	John Dahle, M42	Evanston, IL	58:58	58:45	12:03/M
13	Edward Green, M48	Anamosa, IA	1:00:38	1:00:29	12:24/M
14	John Welty, M41	Walford, IA	1:02:54	1:02:35	12:51/M

F[40-49]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Chip Time</u>	<u>Pace</u>
1	Sandy Ball, F46	Tiffin, IA	50:10	50:03	10:15/M
2	Trisha Kreman, F45	Swisher, IA	50:33	50:31	10:20/M
3	Cathy Steines, F42	Mt Vernon, IA	51:07	51:00	10:27/M
4	Judy Little, F40	Cedar Rapids, IA	51:44	51:29	10:34/M
5	Stephane Dupuy, F43	Marion, IA	51:44	51:29	10:34/M
6	Kelly Jensen, F41	Toddville, IA	55:48	55:43	11:24/M
7	Lisa Rabik, F43	Center Point, IA	55:57	55:52	11:26/M
8	Sue Millsap, F46	Cedar Rapids, IA	57:14	57:01	11:42/M
9	Jacqueline Scott, F47	Hiawatha, IA	57:18	57:12	11:43/M
10	Christin Kessel, F40	Kalona, IA	57:58	57:50	11:51/M
11	Robin Squires, F46	Center Point, IA	58:18	58:13	11:55/M
12	Elizabeth Standefer, F40	Cedar Rapids, IA	59:34	59:21	12:11/M
13	Amber Shroyer, F41	Stratford, IA	1:01:11	1:01:05	12:30/M
14	Colleen Jensen, F43	Amana, IA	1:01:13	1:00:59	12:31/M

M[50-59]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Chip Time</u>	<u>Pace</u>
1	Randy Brecht, M51	Middle Amana, IA	38:03	38:02	7:47/M
2	Kim Brant, M52	Atkins, IA	46:27	46:24	9:30/M
3	Doug Lord, M56	Lisbon, IA	47:07	47:00	9:38/M
4	Matthew Doty, M51	Cedar Rapids, IA	47:37	47:34	9:44/M
5	Kevin Ernster, M57	Walker, IA	47:46	47:38	9:46/M
6	Steve Greene, M50	Deep River, IA	1:22:05	1:21:45	16:47/M

F[50-59]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Chip Time</u>	<u>Pace</u>
1	Muriel Naumann, F55	Iowa City, IA	49:09	49:04	10:03/M
2	Jackie Peters, F50	Cedar Rapids, IA	53:48	53:42	11:00/M
3	Dora Bopp, F50	Walker, IA	57:31	57:23	11:45/M
4	Rosemary Ziskovsky, F53	Cedar Rapids, IA	1:11:08	1:10:54	14:33/M
5	Amy Greene, F50	Deep River, IA	1:22:06	1:21:48	16:47/M

M[60 & Over]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Chip Time</u>	<u>Pace</u>
1	Efrain Casas, M66	West Palm Beach, FL	58:42	58:28	12:00/M

10/1/2011 2:39:58 PM Results by: Jeff Mullen

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