

24th Race for the Cure 5K (3.107 miles)

Des Moines, IA

Oct. 3, 2015

50s and Sunny - Perfect

Results by Cal Murdock

[Overall](#)

[Age Groups](#)

[Survivors](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

Last updated Oct. 3, 2015 11:12 AM

PLACE	CLASS	FINISHER	TIME	PACE
1	OpM	Dan Jensen, 23, Urbandale, IA	19:20	6:13
2	OpM	Adam Egeland, 37, Nevada, IA	19:39	6:19
3	OpM	Mark Heman, 28, Altoona, IA	19:58	6:25
4	OpM	Juan M. PortalF, 15, Ankeny, IA	19:58	6:26
5	OpM	Austin Smith, 17, Alleman, IA	20:05	6:28
6	OpM	Joey Reichenbacker, 15, Ankeny, IA	20:07	6:28
7	OpM	Drake Strnad, 14, Ankeny, IA	20:08	6:29
8	OpM	Christopher Harken, 32, Ankeny, IA	20:09	6:29
9	OpM	Tayler Ramus, 19, Bondurant, IA	20:31	6:36
10	OpM	Mike Bronson, 45, West Des Moines, IA	20:35	6:37
11	OpM	Mark Moore, 30, West Des Moines, IA	20:36	6:38
12	OpM	Shadoe Rusk, 21, Colfax, IA	20:38	6:38
13	OpM	Bruce Huckfeldt, 35, Waukee, IA	20:38	6:38
14	OpM	Kyle Hanson, 25, Des Moines, IA	20:43	6:40
15	OpM	Dave Hostetter, 38, Colfax, IA	20:48	6:41
16	OpM	Matt Heath, 31, Clive, IA	21:01	6:46
17	OpM	Mitch Pevestorf, 14, Ankeny, IA	21:36	6:57
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				
18	OpM	Austin Knoblauch, 15, Urbandale, IA	21:45	7:00
19	OpM	Adam Lucas, 39	21:47	7:00
1	OpW	Kristin Brown, 33*, Peoria, IL	21:49	7:01
20	OpM	Colin Martin, 19, Grimes, IA	21:55	7:03
21	OpM	Nick Grove, 26, Saint Charles, IA	21:56	7:03
2	OpW	Abbey McConeghey, 13*, Colfax, IA	21:57	7:04
3	OpW	Dakota Hostetter, 16*, Colfax, IA	21:59	7:04
22	OpM	Evan Reiter, 14, Ankeny, IA	22:12	7:09
4	OpW	Jeanne Peters, 13*, Ankeny, IA	22:20	7:11
5	OpW	Kassidy Chen, 28*, West Des Moines, IA	22:32	7:15
6	OpW	Carli Bunning, 24*, Boone, IA	22:36	7:16
23	OpM	Caanan Gassmann, 18, Pleasant Hill, IA	22:41	7:18
24	OpM	Patrick Bauer, 29, Dubuque, IA	22:58	7:23
25	OpM	Nathan Williams, 15, Ankeny, IA	23:06	7:26
7	OpW	Ashley Charmichael, 30*, Urbandale, IA	23:15	7:29
26	1 M20	Taylor Burkhead, 21, Urbandale, IA	23:18	7:30
8	OpW	Claire Chell, 15*, Des Moines, IA	23:52	7:41
27	1 JrM	Logan McIlrath, 13, Fort Dodge, IA	23:54	7:41
9	OpW	Olivia Dee, 14*, Huxley, IA	24:01	7:44
10	OpW	Ashley Meldrum, 18*, Cambridge, IA	24:01	7:44
28	#789		24:07	7:46
29	1 M30	Nate Geurkink, 37	24:08	7:46
30	2 M20	Andrew Rolands, 25, Urbandale, IA	24:20	7:50
31	3 M20	Nathan Chamberlain, 24, Lawrence, KS	24:32	7:54
32	2 JrM	Trevor James, 11, Urbandale, IA	24:35	7:54

33	3 JrM	Doug Jones, 17, Norwalk, IA	24:37	7:55
34	4 JrM	Tyler Stringfellow, 15, Albia, IA	24:38	7:55
11	OpW	Katie Sieg, 27*, West Des Moines, IA	24:39	7:56
35	2 M30	Trenton Keefer, 30, Grimes, IA	24:41	7:57
12	OpW	Ashley Hunt, 28*, Cedar Rapids, IA	24:45	7:58
13	OpW	Meredith Hollman, 20*, Des Moines, IA	24:48	7:59
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				

36	3 M30	Derick Tallman, 31, Ankeny, IA	24:54	8:01
37	4 M20	John Small, 26, Urbandale, IA	24:55	8:01
14	OpW	Ilia Hostetter, 14*, Colfax, IA	24:59	8:02
38	4 M30	Josh Hickie, 38, Corydon, IA	25:00	8:03
39	1 M40	Jeff White, 46, Ankeny, IA	25:01	8:03
15	OpW	Paula Martin, 52*, Grimes, IA	25:06	8:05
16	OpW	Annie Balk, 14*, Norwalk, IA	25:09	8:05
17	OpW	Tiffany Owenson, 30*, Des Moines, IA	25:10	8:06
40	5 M20	Steven Reints, 26, West Des Moines, IA	25:12	8:06
41	1 M50	Steven Wandro, 58, Des Moines, IA	25:30	8:12
42	5 M30	Pat Conway, 30, Granger, IA	25:31	8:13
43	6 M30	Carter Winton, 38, Urbandale, IA	25:38	8:15
18	OpW	Karla Lilly, 44*, Des Moines, IA	25:40	8:16
44	5 JrM	Tyler Larsen, 18, Pleasant Hill, IA	25:44	8:17
45	7 M30	Matt Moorberg, 33, Altoona, IA	26:15	8:27
46	1 M60	Simon Casady, 66, Indianola, IA	26:17	8:27
47	2 M40	Tom Doruska, 46	26:19	8:28
19	OpW	Chrissy Stringfellow, 38*, Albia, IA	26:21	8:29
48	3 M40	Donald Perschall, 41	26:21	8:29
49	6 JrM	Alex Soderberg, 12, Urbandale, IA	26:24	8:30
50	6 M20	Dylan Courtney, 22, West Des Moines, IA	26:26	8:30
51	8 M30	Michael Caleb, 31, West Des Moines, IA	26:36	8:33
20	OpW	Renee McCann, 30*, Urbandale, IA	26:42	8:35
21	OpW	Lauren Caleb, 29*, West Des Moines, IA	26:53	8:39
22	OpW	Michelle Rojas, 29*, Palo Alto, CA	26:59	8:41
23	OpW	Elizabeth Hemsworth, 21*, Ankeny, IA	27:04	8:43
24	OpW	Taylor Bergan, 13*, Norwalk, IA	27:07	8:44
52	7 M20	David Cordero, 22, Des Moines, IA	27:19	8:47
53	7 JrM	Nolan Larsen, 14, Pleasant Hill, IA	27:19	8:47
25	OpW	Richard Schmadeke, 42*, Des Moines, IA	27:27	8:50
54	9 M30	Jim Welch, 33	27:30	8:51
26	1 JrW	Faith Hendricks, 12*, Sioux City, IA	27:41	8:54
27	2 JrW	Natalie Jones, 13*, Norwalk, IA	27:41	8:54
55	8 JrM	Elias Hostetter, 9, Colfax, IA	27:42	8:55
56	2 M50	Wayne Ostergaard, 52, Des Moines, IA	27:46	8:56
57	8 M20	Alex Courtney, 22, West Des Moines, IA	27:54	8:59
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				

28	1 W30	Anna Humston, 37*, West Des Moines, IA	27:59	9:00
29	2 W30	Amanda Courtney, 37*, Des Moines, IA	28:02	9:01
30	1 W40	Beth Adams, 49*, Indianola, IA	28:03	9:01
31	3 W30	Christine Coughenower, 36*, West Des Moines, IA	28:04	9:02
58	10 M30	Justin Courtney, 31, Des Moines, IA	28:13	9:05
32	2 W40	Lisa Chiodo, 41*, Des Moines, IA	28:16	9:06
33	4 W30	Tiffany Brotherson, 31*, Des Moines, IA	28:22	9:08
59	11 M30	Luke Thielen, 35, Albertville, MN	28:28	9:09
60	2 M60	Thomas Westby, 66, Des Moines, IA	28:31	9:11
61	9 M20	Russell Jordan, 29, Des Moines, IA	28:37	9:12
62	3 M50	James Arthur, 51, Pleasant Hill, IA	28:41	9:14
34	1 W20	Colleen Salomon, 29*, Woodward, IA	28:42	9:14
35	2 W20	Hannah Stroh, 24*, Clive, IA	28:47	9:16
63	10 M20	Douglas Gaule, 24, Des Moines, IA	28:47	9:16
36	1 W50	Sherri Bowen, 53*, Johnston, IA	28:49	9:16
64	12 M30	Joe Lee, 33, Urbandale, IA	28:49	9:16
37	5 W30	Katie Hermanson, 30*, Story City, IA	28:52	9:17
38	6 W30	Megan Haugerud, 33*, Urbandale, IA	28:52	9:17

65	4 M40	Eric Courtney, 47, West Des Moines, IA	28:52	9:17
39	3 W40	Zsuzsanna Aschoff, 42*, Alleman, IA	28:53	9:18
40	7 W30	Cinnamon Schulz, 39*, Des Moines, IA	28:54	9:18
41	2 W50	Sheri Crabb, 57*, West Des Moines, IA	29:07	9:22
42	8 W30	Kari Dawson, 38*, Norwalk, IA	29:10	9:23
66	5 M40	William Knapp, 41, Linden, IA	29:12	9:24
43	1 W60	Ann Rowlands, 60*, Huxley, IA	29:15	9:25
44	4 W40	K Susan Macy, 47*, Ankeny, IA	29:18	9:26
45	3 W50	Lisa Grieve, 53*, Urbandale, IA	29:20	9:26
46	9 W30	Megan Barber, 34*, Bondurant, IA	29:20	9:26
67	13 M30	William Ottens, 30, Lawrence, KS	29:21	9:27
47	5 W40	Jennifer McNeeley, 40*, Pleasant Hill, IA	29:22	9:27
68	14 M30	Andrew Snodgrass, 33, Urbandale, IA	29:24	9:28
48	4 W50	Luann Ostergaard, 56*, Des Moines, IA	29:24	9:28
69	6 M40	Rob Marinaro, 43, Des Moines, IA	29:27	9:28
49	10 W30	Mala De Vore, 34*, Ankeny, IA	29:28	9:29
50	11 W30	Tessa Cantonwine, 32*, Urbandale, IA	29:38	9:32
51	6 W40	Valerie Gjersvick, 44*, Runnells, IA	29:42	9:33
52	5 W50	Mary Jo Gazzo, 51*, Altoona, IA	29:42	9:33
53	12 W30	Melissa Krumm, 30*, Urbandale, IA	29:47	9:35
70	#788		29:51	9:36
71	7 M40	Mike Dakovich, 47, Des Moines, IA	29:56	9:38
72	8 M40	Todd Krone, 49, Johnston, IA	29:56	9:38
73	4 M50	Eric Johnson, 51, Urbandale, IA	29:56	9:38
74	5 M50	Kevin Heintz, 55, Ankeny, IA	30:07	9:42
54	7 W40	Norma Ginger, 44*, Pleasantville, IA	30:12	9:43
75	11 M20	Dan Conway, 26, Grimes, IA	30:15	9:44
55	3 W20	Elizabeth Opie, 25*, Dallas Center, IA	30:16	9:44
56	6 W50	Cindi Aldrich, 54*, Altoona, IA	30:16	9:44
57	8 W40	Joni Voss, 49*, Holstein, IA	30:16	9:44
58	3 JrW	Morgan McKinney, 15*, Colfax, IA	30:17	9:45
59	7 W50	Lisa Torness, 54*, Big Stone City, SD	30:19	9:45
76	15 M30	Kevin Connell, 31, Pleasant Hill, IA	30:19	9:45
60	9 W40	Karen Peters, 45*, Ankeny, IA	30:26	9:47
61	4 JrW	Erica Peters, 11*, Ankeny, IA	30:33	9:50
77	16 M30	Frank Lynn, 37, Des Moines, IA	30:44	9:53
62	13 W30	Valerie Heath, 31*, Clive, IA	30:46	9:54
63	14 W30	Maja Quiles, 37*, Des Moines, IA	30:50	9:55
78	9 M40	Thomas McGrath, 48, Basehor, KS	30:51	9:56
64	10 W40	Sherry McGrath, 49*, Basehor, KS	30:52	9:56
65	4 W20	Megan Grove, 23*, Grimes, IA	30:54	9:56
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				
79	6 M50	Raymond Conway, 54, Polk City, IA	31:07	10:01
66	8 W50	LeeAnne Opie, 55*, Dallas Center, IA	31:10	10:02
67	5 JrW	Riley Bell, 13*, Weldon, IA	31:15	10:03
80	17 M30	Luke Conner, 34, Ankeny, IA	31:22	10:06
68	15 W30	Angela Dotson, 32*, Grimes, IA	31:23	10:06
81	18 M30	Joe Cox, 37, Ames, IA	31:25	10:07
69	5 W20	Kelsey Knoblauch, 22*, Urbandale, IA	31:26	10:07
82	10 M40	Chuck Knoblauch, 49, Urbandale, IA	31:26	10:07
70	11 W40	Rebecca Cox, 46*, Ames, IA	31:26	10:07
71	6 W20	Breanna Courtney, 24*, West Des Moines, IA	31:26	10:07
72	12 W40	Jennifer DeRoos, 46*, Urbandale, IA	31:30	10:08
73	16 W30	Kelli Keefer, 34*, Grimes, IA	31:36	10:10
83	19 M30	Urayoan DV#az Pacheco, 34, Jefferson, IA	31:52	10:15
84	3 M60	Dave Wolz, 61, Des Moines, IA	31:58	10:17
85	9 JrM	Eli Lippold, 12, Des Moines, IA	32:03	10:19
74	17 W30	Magdalena Lippold, 33*, Des Moines, IA	32:07	10:20
86	10 JrM	Kyle Kloppe, 13, Cumming, IA	32:08	10:20
75	9 W50	Cathy Goedde, 59*, Savage, MN	32:11	10:21
76	13 W40	Becky Weathers, 47*, Grimes, IA	32:27	10:26
87	11 M40	Chris Ludwig, 47, Cedar Rapids, IA	32:31	10:28
88	12 M20	Jake Gruver, 28, Ankeny, IA	32:48	10:33
77	18 W30	Tessa Mason, 39*, Urbandale, IA	32:50	10:34

78	7 W20	Liz Larson, 27*, Ankeny, IA	32:52	10:35
79	8 W20	Amelia Mieth, 26*, Des Moines, IA	32:58	10:36
89	20 M30	Jonathon Morrill, 33, Des Moines, IA	33:12	10:41
80	6 JrW	Emily Bergan, 17*, Norwalk, IA	33:14	10:42
81	19 W30	Jessica Torres VV0lez, 31*, Jefferson, IA	33:18	10:43
82	9 W20	Betsy Penisten, 25*, Colfax, IA	33:19	10:43
90	7 M50	Douglas Mieth, 55, Des Moines, IA	33:31	10:47
83	10 W20	Sarah Mieth, 23*, Des Moines, IA	33:31	10:47
84	20 W30	Bex Streeper, 38*, Norwalk, IA	33:37	10:49
85	11 W20	Courtne Voss, 23*, Cedar Rapids, IA	33:39	10:50
86	14 W40	Teresa Moeller, 45*, Ankeny, IA	33:44	10:51
87	12 W20	Emily Cunarro, 29*, Kelley, IA	33:46	10:52
88	13 W20	Bethany Baratta, 27*, Ankeny, IA	33:46	10:52
89	21 W30	Jennifer Cretin, 37*, West Des Moines, IA	33:50	10:53
90	7 JrW	Regan Kloppe, 12*, Cumming, IA	33:50	10:53
91	12 M40	Jeff Peterson, 46, Grimes, IA	33:53	10:54
91	10 W50	Joan Bennett, 54*, Carroll, IA	33:56	10:55
92	15 W40	Lucrezia Moore, 44*, West Des Moines, IA	34:07	10:59
93	8 JrW	Lucy Moore, 19*, West Des Moines, IA	34:08	10:59
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				

94	16 W40	Katie Givant, 41*, West Des Moines, IA	34:19	11:03
92	21 M30	Rick McIlrath, 35, Fort Dodge, IA	34:26	11:05
95	14 W20	Alexa Smith, 21*, West Des Moines, IA	34:27	11:05
96	17 W40	Tonia Courtney, 44*, West Des Moines, IA	34:34	11:07
93	22 M30	Kirk Zismer, 39, Des Moines, IA	34:48	11:12
94	23 M30	Mike Alphson, 34, Des Moines, IA	34:50	11:13
97	11 W50	Jeanne Six, 54*, Norwalk, IA	34:51	11:13
98	15 W20	Kasey Vogel, 29*, Bondurant, IA	35:05	11:17
99	2 W60	Mary Maxwell, 62*, Maxwell, IA	35:10	11:19
95	#905		35:12	11:20
100	16 W20	Erika Pintor, 26*, Des Moines, IA	35:28	11:25
101	22 W30	Melissa Mosbach, 37*, Urbandale, IA	35:35	11:27
102	18 W40	Amy Ziller, 41*, Omaha, NE	35:37	11:28
103	19 W40	Heidi Bell, 40*, Weldon, IA	35:45	11:30
104	23 W30	Sherry Dumolien, 37*, Lenexa, KS	36:02	11:36
105	17 W20	Emily Perry, 23*, West Des Moines, IA	36:03	11:36
96	13 M20	Sean Duddy, 23, West Des Moines, IA	36:03	11:36
106	24 W30	Cinthya Carbajal, 39*, Waukee, IA	36:12	11:39
107	12 W50	Glenda Okland, 58*, Kelley, IA	36:16	11:40
108	18 W20	Lindsay Doran, 22*, Newton, IA	36:17	11:41
109	19 W20	Rachel Beier, 22*, Newton, IA	36:18	11:41
110	20 W40	Shannon Pollmann, 42*, Des Moines, IA	36:23	11:42
111	25 W30	Danielle Alphson, 31*, Des Moines, IA	36:28	11:44
112	26 W30	Julie Medhus, 33*, Windsor Heights, IA	36:30	11:45
113	13 W50	Susan Shaw, 58*, Clive, IA	36:32	11:45
114	20 W20	Alisha Luke, 27*, West Des Moines, IA	36:33	11:46
97	14 M20	Stan Canova, 27, Polk City, IA	37:02	11:55
115	21 W20	Angel Pintor, 24*, Des Moines, IA	37:03	11:55
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				

116	22 W20	Kassandra Munoz, 26*, Ankeny, IA	37:18	12:00
98	8 M50	Mike Williams, 55, Colfax, IA	37:27	12:03
117	14 W50	Vivian Masters, 56*, Des Moines, IA	37:30	12:04
118	15 W50	Lisa Olsen, 53*, Des Moines, IA	37:33	12:05
99	24 M30	Blake O'Brien, 33, Des Moines, IA	37:35	12:06
119	21 W40	Melissa Wilson, 44*, Des Moines, IA	37:35	12:06
120	22 W40	Stacy Johnon, 42*, Ankeny, IA	37:42	12:08
121	27 W30	Theresa Barkey, 39*, Knoxville, IA	37:45	12:09
122	23 W40	Mysti Freed, 41*, West Des Moines, IA	38:04	12:15
123	23 W20	Tasha Moon, 20*, Des Moines, IA	38:14	12:18
124	28 W30	Alicia Ballantini, 37*, Grimes, IA	38:30	12:23
100	15 M20	Katurah McKee, 22, Montezuma, IA	38:39	12:26
125	24 W40	Tonya Andrews, 40*, Ames, IA	38:42	12:27
126	29 W30	Stephanie Patin, 32*, Newton, IA	39:01	12:33

127	25	W40	Robyn Swartz, 48*, Waukee, IA	39:15	12:38
128	30	W30	Tracey Westby, 39*, Des Moines, IA	39:21	12:40
101	11	JrM	Nick Bergan, 13, Norwalk, IA	39:49	12:49
129	16	W50	Deb Day, 57*, Urbandale, IA	39:50	12:49
130	3	W60	Nancy Dougall, 60*, Newton, IA	39:51	12:49
131	26	W40	Sharyn Bergan, 48*, Norwalk, IA	40:03	12:53
132	24	W20	Jessica Pritchard, 27*, Ames, IA	40:07	12:55
102	4	M60	Mike Raymond, 64, Des Moines, IA	40:21	12:59
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top					

103	12	JrM	Triston Walsh, 17, Johnston, IA	40:26	13:01
133	31	W30	Sara Brauckman, 38*, Ankeny, IA	40:47	13:07
134	27	W40	Shannon Peterson, 48*, Polk City, IA	40:50	13:08
135	28	W40	Melinda Wardenburg, 46*, Clive, IA	40:54	13:10
136	29	W40	Leslie DeBrower, 45*, Pleasant Hill, IA	40:54	13:10
137	32	W30	Jennifer Breedan, 31*, Kansas City, MO	40:57	13:11
138	33	W30	Sherri Dekovic, 33*, West Des Moines, IA	41:06	13:14
139	4	W60	Rada Dobra, 64*, Des Moines, IA	41:15	13:16
140	34	W30	Nicole Calise, 35*, Altoona, IA	41:17	13:17
141	35	W30	Jen Thayer, 32*, Polk City, IA	41:22	13:19
142	17	W50	Barbara Bell, 54*, Des Moines, IA	41:35	13:23
143	36	W30	Judy Craig, 31*, Ames, IA	42:05	13:33
104	25	M30	Ryan Mitchell, 38, Johnston, IA	42:18	13:37
144	5	W60	Nancy Schrum, 63*, Waukee, IA	42:28	13:40
105	13	M40	Bill Phillips, 45, Des Moines, IA	42:39	13:44
145	30	W40	Ann Marie Nelson, 44*, Des Moines, IA	42:41	13:44
146	6	W60	Debbie Haberkorn, 64*, Clive, IA	42:49	13:47
147	37	W30	Allison Kohlhaas, 32*, Clive, IA	42:49	13:47
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top					

106	9	M50	Tom Miller, 51, West Des Moines, IA	44:31	14:19
148	9	JrW	Lily Garcia, 9*, Ankeny, IA	44:43	14:23
149	38	W30	Steph Garcia, 38*, Ankeny, IA	44:48	14:25
150	10	JrW	Emma Goode, 9*, Waukee, IA	44:52	14:26
151	31	W40	Jennifer Goude, 42*, Waukee, IA	44:53	14:27
152	39	W30	Jenny Schmidt, 32*, Polk City, IA	44:56	14:28
107	13	JrM	Nathaniel Aukes, 13, Adel, IA	45:10	14:32
108	10	M50	John Aukes, 53, Adel, IA	45:10	14:32
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top					

153	18	W50	Brenda Hardy, 55*, Des Moines, IA	47:27	15:16
154	19	W50	Linda Mosqueda-Blair, 59*, Pleasant Hill, IA	47:32	15:18
155	20	W50	Marcy Burkhead, 55*, Urbandale, IA	48:00	15:27
156	40	W30	Megan Shady, 30*, Des Moines, IA	48:49	15:43
157	21	W50	Kim Balk, 51*, Norwalk, IA	48:52	15:43
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top					

158	1	W70	Brenda Schumann, 74*, Des Moines, IA	50:07	16:08
159	32	W40	Michelle Walsh, 47*, Johnston, IA	51:36	16:36
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top					

160	41	W30	Christine Hernandez, 37*, West Des Moines, IA	53:01	17:04
161	7	W60	Lucretia O'Donnell, 61*, Des Moines, IA	53:23	17:11
162	33	W40	Amy Fraaken, 42*, Des Moines, IA	53:39	17:16
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top					

163	11	JrW	Kara Duffy, 18*, Ankeny, IA	57:36	18:32
164	12	JrW	Sydney Lafrentz, 18*, Urbandale, IA	57:36	18:32
165	2	W70	Jenny Tull, 78*, Tingley, IA	57:51	18:37
166	34	W40	Lynn Wingert, 49*, West Des Moines, IA	57:51	18:37
167	35	W40	Allyson Needham, 45*, Newton, IA	58:55	18:58
168	25	W20	Ashley Needham, 21*, Colfax, IA	58:57	18:58
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top					

169	36 W40	Laura Larkin, 49*, Adel, IA	1:05:17	21:01
170	37 W40	Robyn Moats, 49*, Grundy Center, IA	1:05:18	21:01
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				
171	38 W40	Amy Hunt, 48*, Johnston, IA	1:08:43	22:07
172	42 W30	Cara Blum, 34*, Waukee, IA	1:08:44	22:07
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				
173	43 W30	Jodie Wadsworth, 32*, Forsyth, IL	1:11:59	23:10
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				
174	22 W50	Deanna Sellner, 52*, Urbandale, IA	1:18:36	25:18
109	11 M50	Arthur Smith, 55, West Des Moines, IA	1:18:37	25:18
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				
175	39 W40	Mary Gillen, 46*, Ames, IA	1:21:59	26:23
176	40 W40	Kristen Leichty, 44*, Ames, IA	1:22:00	26:24
177	23 W50	Cynthia Michelsen, 54*, Indianola, IA	1:22:35	26:35

* indicates females

53 finishers among Males (no age given)

13 finishers among Men Under 20

15 finishers among Men 20 - 29

25 finishers among Men 30 - 39

13 finishers among Men 40 - 49

11 finishers among Men 50 - 59

4 finishers among Men 60 - 69

12 finishers among Women Under 20

25 finishers among Women 20 - 29

43 finishers among Women 30 - 39

40 finishers among Women 40 - 49

23 finishers among Women 50 - 59

7 finishers among Women 60 - 69

2 finishers among Women 70 & Up

134 male finishers

152 female finishers

286 total finishers

[Overall](#)

[Age Groups](#)

[Survivors](#)

Age Groups

PLACE	CLASS	FINISHER	TIME	PACE
Open Men				
1	1 M20	Dan Jensen, 23, Urbandale, IA	19:20	6:13
2	2 M30	Adam Egeland, 37, Nevada, IA	19:39	6:19
3	3 M20	Mark Heman, 28, Altoona, IA	19:58	6:25
4	4 JrM	Juan M. PortalF, 15, Ankeny, IA	19:58	6:26
5	5 JrM	Austin Smith, 17, Alleman, IA	20:05	6:28
6	6 JrM	Joey Reichenbacker, 15, Ankeny, IA	20:07	6:28
7	7 JrM	Drake Strnad, 14, Ankeny, IA	20:08	6:29
8	8 M30	Christopher Harken, 32, Ankeny, IA	20:09	6:29
9	9 JrM	Tayler Ramus, 19, Bondurant, IA	20:31	6:36
10	10 M40	Mike Bronson, 45, West Des Moines, IA	20:35	6:37
11	11 M30	Mark Moore, 30, West Des Moines, IA	20:36	6:38
12	12 M20	Shadoe Rusk, 21, Colfax, IA	20:38	6:38
13	13 M30	Bruce Huckfeldt, 35, Waukee, IA	20:38	6:38
14	14 M20	Kyle Hanson, 25, Des Moines, IA	20:43	6:40
15	15 M30	Dave Hostetter, 38, Colfax, IA	20:48	6:41
16	16 M30	Matt Heath, 31, Clive, IA	21:01	6:46
17	17 JrM	Mitch Pevestorf, 14, Ankeny, IA	21:36	6:57
18	18 JrM	Austin Knoblauch, 15, Urbandale, IA	21:45	7:00

19	19 M30	Adam Lucas, 39	21:47	7:00
20	20 JrM	Colin Martin, 19, Grimes, IA	21:55	7:03
21	21 M20	Nick Grove, 26, Saint Charles, IA	21:56	7:03
22	22 JrM	Evan Reiter, 14, Ankeny, IA	22:12	7:09
23	23 JrM	Caanan Gassmann, 18, Pleasant Hill, IA	22:41	7:18
24	24 M20	Patrick Bauer, 29, Dubuque, IA	22:58	7:23
25	25 JrM	Nathan Williams, 15, Ankeny, IA	23:06	7:26

Open Women

1	1 W30	Kristin Brown, 33, Peoria, IL	21:49	7:01
2	2 JrW	Abbey McConeghey, 13, Colfax, IA	21:57	7:04
3	3 JrW	Dakota Hostetter, 16, Colfax, IA	21:59	7:04
4	4 JrW	Jeanne Peters, 13, Ankeny, IA	22:20	7:11
5	5 W20	Kassidy Chen, 28, West Des Moines, IA	22:32	7:15
6	6 W20	Carli Bunning, 24, Boone, IA	22:36	7:16
7	7 W30	Ashley Charmichael, 30, Urbandale, IA	23:15	7:29
8	8 JrW	Claire Chell, 15, Des Moines, IA	23:52	7:41
9	9 JrW	Olivia Dee, 14, Huxley, IA	24:01	7:44
10	10 JrW	Ashley Meldrum, 18, Cambridge, IA	24:01	7:44
11	11 W20	Katie Sieg, 27, West Des Moines, IA	24:39	7:56
12	12 W20	Ashley Hunt, 28, Cedar Rapids, IA	24:45	7:58
13	13 W20	Meredith Hollman, 20, Des Moines, IA	24:48	7:59
14	14 JrW	Ilia Hostetter, 14, Colfax, IA	24:59	8:02
15	15 W50	Paula Martin, 52, Grimes, IA	25:06	8:05
16	16 JrW	Annie Balk, 14, Norwalk, IA	25:09	8:05
17	17 W30	Tiffany Owenson, 30, Des Moines, IA	25:10	8:06
18	18 W40	Karla Lilly, 44, Des Moines, IA	25:40	8:16
19	19 W30	Chrissy Stringfellow, 38, Albia, IA	26:21	8:29
20	20 W30	Renee McCann, 30, Urbandale, IA	26:42	8:35
21	21 W20	Lauren Caleb, 29, West Des Moines, IA	26:53	8:39
22	22 W20	Michelle Rojas, 29, Palo Alto, CA	26:59	8:41
23	23 W20	Elizabeth Hemsworth, 21, Ankeny, IA	27:04	8:43
24	24 JrW	Taylor Bergan, 13, Norwalk, IA	27:07	8:44
25	25 W40	Richard Schmadeke, 42, Des Moines, IA	27:27	8:50

PLACE	CLASS PLACE	FINISHER	TIME	PACE
Men Under 20				
27	1	Logan McIlrath, 13, Fort Dodge, IA	23:54	7:41
32	2	Trevor James, 11, Urbandale, IA	24:35	7:54
33	3	Doug Jones, 17, Norwalk, IA	24:37	7:55
34	4	Tyler Stringfellow, 15, Albia, IA	24:38	7:55
44	5	Tyler Larsen, 18, Pleasant Hill, IA	25:44	8:17
Men 20 - 29				
26	1	Taylor Burkhead, 21, Urbandale, IA	23:18	7:30
30	2	Andrew Rolands, 25, Urbandale, IA	24:20	7:50
31	3	Nathan Chamberlain, 24, Lawrence, KS	24:32	7:54
37	4	John Small, 26, Urbandale, IA	24:55	8:01
40	5	Steven Reints, 26, West Des Moines, IA	25:12	8:06
Men 30 - 39				
29	1	Nate Geurkink, 37	24:08	7:46
35	2	Trenton Keefer, 30, Grimes, IA	24:41	7:57
36	3	Derick Tallman, 31, Ankeny, IA	24:54	8:01
38	4	Josh Hickie, 38, Corydon, IA	25:00	8:03
42	5	Pat Conway, 30, Granger, IA	25:31	8:13
Men 40 - 49				
39	1	Jeff White, 46, Ankeny, IA	25:01	8:03

47	2	Tom Doruska, 46	26:19	8:28
48	3	Donald Perschall, 41	26:21	8:29
65	4	Eric Courtney, 47, West Des Moines, IA	28:52	9:17
66	5	William Knapp, 41, Linden, IA	29:12	9:24
Men 50 - 59				
41	1	Steven Wandro, 58, Des Moines, IA	25:30	8:12
56	2	Wayne Ostergaard, 52, Des Moines, IA	27:46	8:56
62	3	James Arthur, 51, Pleasant Hill, IA	28:41	9:14
73	4	Eric Johnson, 51, Urbandale, IA	29:56	9:38
74	5	Kevin Heintz, 55, Ankeny, IA	30:07	9:42
Men 60 - 69				
46	1	Simon Casady, 66, Indianola, IA	26:17	8:27
60	2	Thomas Westby, 66, Des Moines, IA	28:31	9:11
84	3	Dave Wolz, 61, Des Moines, IA	31:58	10:17
102	4	Mike Raymond, 64, Des Moines, IA	40:21	12:59
PLACE	CLASS PLACE	FINISHER	TIME	PACE
Women Under 20				
26	1	Faith Hendricks, 12, Sioux City, IA	27:41	8:54
27	2	Natalie Jones, 13, Norwalk, IA	27:41	8:54
58	3	Morgan McKinney, 15, Colfax, IA	30:17	9:45
61	4	Erica Peters, 11, Ankeny, IA	30:33	9:50
67	5	Riley Bell, 13, Weldon, IA	31:15	10:03
Women 20 - 29				
34	1	Colleen Salomon, 29, Woodward, IA	28:42	9:14
35	2	Hannah Stroh, 24, Clive, IA	28:47	9:16
55	3	Elizabeth Opie, 25, Dallas Center, IA	30:16	9:44
65	4	Megan Grove, 23, Grimes, IA	30:54	9:56
69	5	Kelsey Knoblauch, 22, Urbandale, IA	31:26	10:07
Women 30 - 39				
28	1	Anna Humston, 37, West Des Moines, IA	27:59	9:00
29	2	Amanda Courtney, 37, Des Moines, IA	28:02	9:01
31	3	Christine Coughenower, 36, West Des Moines, IA	28:04	9:02
33	4	Tiffany Brotherson, 31, Des Moines, IA	28:22	9:08
37	5	Katie Hermanson, 30, Story City, IA	28:52	9:17
Women 40 - 49				
30	1	Beth Adams, 49, Indianola, IA	28:03	9:01
32	2	Lisa Chiodo, 41, Des Moines, IA	28:16	9:06
39	3	Zsuzsanna Aschoff, 42, Alleman, IA	28:53	9:18
44	4	K Susan Macy, 47, Ankeny, IA	29:18	9:26
47	5	Jennifer McNeeley, 40, Pleasant Hill, IA	29:22	9:27
Women 50 - 59				
36	1	Sherri Bowen, 53, Johnston, IA	28:49	9:16
41	2	Sheri Crabb, 57, West Des Moines, IA	29:07	9:22
45	3	Lisa Grieve, 53, Urbandale, IA	29:20	9:26
48	4	Luann Ostergaard, 56, Des Moines, IA	29:24	9:28
52	5	Mary Jo Gazzo, 51, Altoona, IA	29:42	9:33
Women 60 - 69				
43	1	Ann Rowlands, 60, Huxley, IA	29:15	9:25
99	2	Mary Maxwell, 62, Maxwell, IA	35:10	11:19
130	3	Nancy Dougall, 60, Newton, IA	39:51	12:49
139	4	Rada Dobra, 64, Des Moines, IA	41:15	13:16
144	5	Nancy Schrum, 63, Waukee, IA	42:28	13:40

Women 70 & Up

158	1	Brenda Schumann, 74, Des Moines, IA	50:07	16:08
165	2	Jenny Tull, 78, Tingley, IA	57:51	18:37

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