

**8th Annual Sauerkraut Days 5k**  
**June 4th, 2011**  
**Ackley, IA.**

| Place | Name                | Age | Sex | Town                  | Time     |
|-------|---------------------|-----|-----|-----------------------|----------|
| 1     | Eric Cogdill        | 30  | M   | Ames                  | 16:38    |
| 2     | Isaac Montes        | 16  | M   | Ackley                | 17:04    |
| 3     | Jacob Day           | 15  | M   | Charles City          | 18:37    |
| 4     | Jordan Hochstetler  | 20  | M   | Kalona                | 19:03    |
| 5     | Tyler Kuhnle        | 17  | M   | Alden                 | 19:07    |
| 6     | Patrick Olmstead    | 29  | M   | Webster City          | 19:19    |
| 7     | Jacob Sundholm      | 14  | M   | Iowa Falls            | 19:24    |
| 8     | Tracy Nuss          | 22  | M   | Ackley                | 19:34    |
| 9     | Joe Robinson        | 40  | M   | Alden                 | 21:11    |
| 10    | Owen Abkes          | 15  | M   | Ackley                | 21:15    |
| 1     | Betsy Harms         | 24  | F   | Ackley                | 21:24    |
| 2     | Sarah Dieken        | 20  | F   | Dike                  | 21:48    |
| 3     | Alyssa Arends       | 17  | F   | Ackley                | 22:10    |
| 11    | Jeff Spear          | 48  | M   | Hampton               | 22:26    |
| 4     | Jenna Boyle         | 19  | F   | Ackley                | 22:30    |
| 12    | Kirk Abkes          | 41  | M   | Ackley                | 22:35    |
| 13    | Randy Dieken        | 49  | M   | Dike                  | 22:48    |
| 5     | Chelsea Keninger    | 19  | F   | Ackley                | 22:59    |
| 14    | Joe Sells           | 18  | M   | Ackley                | 22:59    |
| 6     | Laura Mitchell      | 32  | F   | Ackley                | 23:00    |
| 15    | Adam Nederhoff      | 26  | M   | Eldora                | 23:16    |
| 16    | Jerry Risius        | 44  | M   | Ackley                | 23:19    |
| 17    | Kendal Gast         | 16  | M   | Steamboat Rock        | 23:30    |
| 18    | Ryan Porath         | 34  | M   | Iowa Falls            | 23:34    |
| 19    | Christopher Renihan | 48  | M   | New Providence        | 23:39    |
| 7     | Kourtney Krumm      | 16  | F   | Iowa Falls            | 23:45    |
| 20    | Travis Nuss         | 32  | M   | Gowrie                | 23:57    |
| 8     | Bekah Christiansen  | 13  | F   | Hampton               | 24:04:00 |
| 9     | Amy Hickman         | 44  | F   | Hampton               | 24:09:00 |
| 21    | Ryan Allen          | 37  | M   | Iowa Falls            | 24:26:00 |
| 22    | Brandon Krumm       | 15  | M   | Iowa Falls            | 24:33:00 |
| 23    | Rick Miller         | 46  | M   | Aplington             | 24:40:00 |
| 10    | Karina Montes       | 23  | F   | Ackley                | 24:45:00 |
| 11    | Mary Cooper         | 55  | F   | Des Moines            | 24:46:00 |
| 24    | Isaias Narvaez      | 28  | M   | Steamboat Rock        | 24:46:00 |
| 25    | Travis Pfaltzgraff  | 14  | M   | Ackley                | 25:06:00 |
| 12    | Angie Dieken        | 49  | F   | Dike                  | 25:10:00 |
| 26    | Jeremy Brown        | 33  | M   | Iowa Falls            | 25:11:00 |
| 27    | Lionel Johnston     | 34  | M   | Eagle Grove           | 25:13:00 |
| 13    | Katie Priske        | 20  | F   | Eldora                | 25:23:00 |
| 14    | Tracy Spear         | 44  | F   | Hampton               | 25:24:00 |
| 28    | Jared Willms        | 31  | M   | Marion                | 25:25:00 |
| 15    | Jen Merfeld         | 29  | F   | Steamboat Rock        | 25:26:00 |
| 29    | Jason Scroggins     | 36  | M   | Olathe, KS            | 25:39:00 |
| 30    | Bryce Lemke         | 34  | M   | Nevada                | 25:39:00 |
| 16    | Patty Hernandez     | 18  | F   | Iowa Falls            | 26:12:00 |
| 31    | Taylor Smuck        | 18  | M   | Iowa Falls            | 26:12:00 |
| 17    | Taylor Risius       | 15  | F   | Ackley                | 26:22:00 |
| 32    | Nick Lavelle        | 30  | M   | Eldora                | 26:23:00 |
| 18    | Michelle Sundholm   | 45  | F   | Iowa Falls            | 26:34:00 |
| 33    | Dave Heyden         | 54  | M   | Hampton               | 26:36:00 |
| 34    | Ben Arends          | 24  | M   | Ackley                | 26:40:00 |
| 35    | Monte Priske        | 46  | M   | Eldora                | 26:41:00 |
| 36    | Dennis Heetland     | 49  | M   | Ackley                | 26:43:00 |
| 19    | Kim Ellingson       | 15  | F   | Ackley                | 27:02:00 |
| 37    | Alex Hames          | 10  | M   | Ackley                | 27:09:00 |
| 38    | Caleb Bartling      | 12  | M   | Ackley                | 27:10:00 |
| 39    | Liam Stubbe         | 12  | M   | Ackley                | 27:16:00 |
| 40    | Rick Dunn           | 50  | M   | Eldora                | 27:19:00 |
| 20    | Teri Dhein          | 37  | F   | Dolonoires Groves, IL | 27:33:00 |
| 21    | Katy Pralle         | 30  | F   | Hampton               | 27:35:00 |
| 22    | Jan Radnotti        | 58  | F   | Camarillo, CA         | 27:58:00 |
| 41    | Shawn Laughren      | 36  | M   | Geneva                | 27:58:00 |
| 23    | Sandy Sailer        | 54  | F   | Geneva                | 28:35:00 |
| 42    | Scott Balvanz       | 49  | M   | Eldora                | 28:38:00 |
| 24    | Stef Abkes          | 41  | F   | Ackley                | 28:48:00 |
| 25    | Danni Whiley        | 32  | F   | Iowa Falls            | 28:53:00 |
| 26    | Xairia Opperman     | 16  | F   | Wellsburg             | 29:12:00 |
| 27    | Nancy Webb          | 43  | F   | Eldora                | 29:18:00 |
| 28    | Nichole Allen       | 32  | F   | Iowa Falls            | 29:19:00 |
| 43    | Bob Webb            | 45  | M   | Eldora                | 29:19:00 |
| 29    | Jen Walton          | 36  | F   | Hampton               | 29:43:00 |
| 30    | Arizona Heeren      | 33  | F   | Hampton               | 29:44:00 |
| 31    | Elisabeth Minard    | 26  | F   | Waterloo              | 29:59:00 |
| 32    | Heather Harms       | 25  | F   | Ackley                | 30:03:00 |

|    |                     |    |   |                   |          |
|----|---------------------|----|---|-------------------|----------|
| 33 | Mary Priske         | 47 | F | Eldora            | 30:07:00 |
| 34 | Abbey Schumacher    | 16 | F | Ackley            | 30:13:00 |
| 35 | Katie Borcharding   | 29 | F | Maple Grove, MN   | 30:21:00 |
| 36 | Alyssa Hames        | 8  | F | Ackley            | 30:21:00 |
| 37 | Sandy Sessler       | 57 | F | Aplington         | 30:21:00 |
| 38 | Michelle Sackville  | 37 | F | Hampton           | 31:00:00 |
| 44 | Alex Sundholm       | 17 | M | Iowa Falls        | 31:00:00 |
| 45 | Mike England        | 30 | M | Mason City        | 31:46:00 |
| 39 | Kim Whiley          | 48 | F | Iowa Falls        | 31:48:00 |
| 40 | Kaylee Vaness       | 22 | F | Latimer           | 31:49:00 |
| 41 | Jeana Willms        | 21 | F | Ackley            | 32:23:00 |
| 42 | Gabrielle Fistler   | 23 | F | Ackley            | 32:37:00 |
| 43 | Brigit Meyer        | 28 | F | Ackley            | 32:38:00 |
| 44 | Kris Obrien         | 40 | F | Brooklyn Park, MN | 32:39:00 |
| 46 | Dan Scallon         | 39 | M | Ackley            | 33:14:00 |
| 45 | Kathy Barsness      | 56 | F | Iowa Falls        | 33:29:00 |
| 46 | Jane Willms         | 8  | F | Marion            | 33:33:00 |
| 47 | Teresa Rickel       | 52 | F | Iowa Falls        | 33:45:00 |
| 47 | Jon Forgy           | 21 | M | Ackley            | 34:33:00 |
| 48 | Garrett Renaud      | 8  | M | Alden             | 35:15:00 |
| 49 | Landon Lettow       | 8  | M | Alden             | 35:16:00 |
| 48 | Darla Thiessen      | 40 | F | Chelsea           | 35:23:00 |
| 49 | Renee Laughren      | 40 | F | Geneva            | 35:31:00 |
| 50 | Mindy Kreimeyer     | 31 | F | Ackley            | 35:58:00 |
| 51 | Alyssa Cobie        | 21 | F | Ackley            | 36:37:00 |
| 52 | Courtney Vinson     | 33 | F | Hampton           | 37:00:00 |
| 53 | Stacey Moore        | 37 | F | Geneva            | 37:21:00 |
| 54 | Chantal Janssen     | 17 | F | Geneva            | 37:21:00 |
| 55 | Amber Sly           | 33 | F | Holland           | 39:00:00 |
| 56 | Georgia Richtsmeier | 34 | F | Mason City        | 39:00:00 |
| 57 | Grace Willms        | 8  | F | Marion            | 39:30:00 |
| 58 | Jamie Willms        | 30 | F | Hubbard           | 40:34:00 |
| 59 | Lili Alonzo         | 32 | F | Latimer           | 40:35:00 |

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