

Lake Red Rock 40th Anniversary Celebration

Tower Race

Individual Race

June 13, 2009

Time: Noon-1 p.m.

Participants should arrive 60 minutes prior to the event.

Pre-register by: 06/05/2009

Entry fees:

- \$15 per person for pre-registered participants

T-shirts guaranteed for those registered by June 5.

- \$20 per person for race-day participants

Race-day registering participants will receive a t-shirt while quantities last.

Whether you are a first time climber or looking for the Red Rock Area's greatest stair climb challenge, this is the event for you. Race up the 170 steps to the top of the Cordova Observation Tower. *Participants will start at 30 second intervals.*

Awards: Overall Champions for male and female will receive \$50 cash. First, second and third place medals will be awarded in each of the following age groups for both male and female participants.

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|-------|-------|-------|-----|
| 10-19 | 30-39 | 50-59 | 70+ |
| 20-29 | 40-49 | 60-69 | |



Entry Form:

Name (First/Last)

Address

Phone

Age on race day

Email

Sex (Circle one) M F

T-shirt Size: S M L XL 2XL 3XL

*Please add \$2 to registration for 2XL and 3XL sized shirt.

**All shirts are adult sized.

Release: I am entering the Lake Red Rock Tower Race and I consider myself physically fit and adequately trained for the event. I understand the risks involved in this type of event climbing steps, and I agree that I am taking part in this event at my own risk. By signing this application, I release event coordinators/sponsors, volunteers, Marion County Conservation Board and US Army Corps of Engineers from any liability including claims for personal injury, death, and other damages that occur during the event. I give my permission for the free use of my name and picture in any promotion, broadcast, web or print media account of this event.

Signature

Date

Signature of parent or guardian if under 18 years of age.

Date

Make Checks Payable to: Red Rock Lake Association
Mail Entry To: US Army Corps of Engineers, ATTN: Jamie, 1105
HWY T-15, Knoxville, IA 50138