

Beef Days *** 5K Run *** Overall & Divisions

1 Mile results [here](#)

Event: 5K Run

Date: Saturday, July 21, 2018

Location: Solon, IA

Weather: Overcast, Wind NNW 10-15mph & 65°

Overall and Age Divisions

Results By: Andrew Kauder, Kauder Racing, LLC

Place	Gender	Division	Name	City	Gun Time	Pace mpm
1	1	1 OVM	Jay Welp, M26	Coralville, IA	15:38	5:02/M
2	2	1 M19	Liam Conroy, M19	Mount Vernon, IA	16:13	5:13/M
3	3	2 M19	Sam Lorimer, M19	Springville, IA	16:46	5:24/M
4	4	1 M40	Dan Schofer, M40	Mount Vernon, IA	17:29	5:38/M
5	5	1 M15	Quenton Max, M18	Iowa City, IA	17:34	5:39/M
6	6	2 M15	Oliver Shabani, M17	Solon, IA	18:00	5:48/M
7	7	3 M15	Lukas Lamparek, M15	Cedar Rapids, IA	18:14	5:52/M
8	8	2 M40	Jeff Kreinbring, M40	Solon, IA	18:21	5:54/M
9	9	1 JRM	Parker Max, M14	Iowa City, IA	18:34	5:58/M
10	10	3 M19	Brian Lumpa, M28	Iowa City, IA	18:45	6:02/M
11	1	1 OVF	Emily Moser, F27	Cedar Rapids, IA	18:49	6:03/M
12	11	4 M19	Chase Moser, M26	Cedar Rapids, IA	18:49	6:03/M
13	2	1 F30	Marie Schofer, F36	Mount Vernon, IA	18:56	6:06/M
14	12	4 M15	Tyler Bilskie, M15	Solon, IA	19:27	6:16/M
15	13	5 M15	Andrew Bransky, M17	Solon, IA	20:12	6:30/M
16	14	6 M15	Edward Richey, M16	Solon, IA	20:29	6:36/M
17	3	1 F19	Ashley Pearson, F29	North Liberty, IA	20:35	6:38/M
18	15	7 M15	Brad Yeomans, M15	Solon, IA	20:45	6:41/M
19	16	1 M50	Noel Garbes, M53	Solon, IA	20:46	6:41/M
20	4	1 F15	Kiersten Conway, F15	Solon, IA	20:50	6:42/M
21	5	2 F30	Kristen Green, F35	Iowa City, IA	20:59	6:45/M
22	17	1 M30	Robert Despain, M36	Iowa City, IA	21:16	6:51/M
23	18	5 M19	Ryan Black, M29	Cedar Rapids, IA	21:27	6:54/M
24	19	3 M40	Pat Dominy, M46	North Liberty, IA	21:35	6:57/M
25	20	2 M30	Eric Munson, M32	Solon, IA	21:39	6:58/M

26	21	2 M50	Tim Vipond, M52	Cedar Rapids, IA	21:45	7:00/M
27	22	4 M40	Tad Benesh, M41	Walker, IA	21:58	7:04/M
28	6	2 F19	Anna Herber, F22	Cedar Rapids, IA	22:01	7:05/M
29	23	8 M15	Drayden Johnson, M15	Solon, IA	22:04	7:06/M
30	24	9 M15	Matt Shafer, M17	Solon, IA	22:20	7:11/M
31	25	10 M15	Jake Roskopf, M17	Solon, IA	22:28	7:14/M
32	26	6 M19	Arsenio Escalona, M29	Solon, IA	22:32	7:15/M
33	7	3 F30	Julie Wigle, F38	Solon, IA	22:35	7:16/M
34	27	7 M19	Doug Rice, M28	Mount Vernon, IA	22:40	7:18/M
35	28	5 M40	Brian Bock, M48	Solon, IA	22:42	7:18/M
36	29	3 M30	Zach Wigle, M37	Solon, IA	22:45	7:19/M
37	30	1 M60	Mark Mueller, M62	Cedar Rapids, IA	22:52	7:22/M
38	8	1 JRF	Emma Bock, F14	Solon, IA	22:59	7:24/M
39	31	11 M15	Ryan Carter, M16	Solon, IA	23:00	7:24/M
40	32	2 JRM	Alex Fencil, M14	Mount Vernon, IA	23:02	7:25/M
41	33	6 M40	Tom Randall, M46	Cedar Rapids, IA	23:09	7:27/M
42	34	7 M40	Jeff Allen, M47	North Liberty, IA	23:11	7:28/M
43	35	8 M40	Josh Lyons, M41	Solon, IA	23:17	7:30/M
44	36	3 JRM	Henry Cooper, M13	Solon, IA	23:22	7:31/M
45	9	3 F19	Makayla Lindemann, F19	Solon, IA	23:27	7:33/M
46	10	2 F15	Ella Duster, F16	Solon, IA	23:34	7:35/M
47	37	4 JRM	Oaken Foster, M14	Solon, IA	23:41	7:38/M
48	38	5 JRM	Nate Shafer, M13	Solon, IA	23:43	7:38/M
49	11	3 F15	Meghan O'Neill, F15	Solon, IA	23:49	7:40/M
50	39	2 M60	Mark Zimmer, M61	Independence, IA	23:51	7:40/M
51	12	4 F30	Stacey Munson, F35	Solon, IA	23:53	7:41/M
52	13	4 F15	Nicole Shafer, F16	Solon, IA	23:54	7:42/M
53	40	3 M60	Tom Wolfe, M69	Cedar Rapids, IA	23:55	7:42/M
54	41	9 M40	Ben Voss, M41	North Liberty, IA	23:56	7:42/M
55	14	5 F30	Kara Gruber, F35	Solon, IA	23:57	7:43/M
56	15	1 F40	Jill Owens, F40	Solon, IA	24:03	7:44/M
57	16	2 JRF	Kaia Holtkamp, F14	Solon, IA	24:13	7:48/M
58	42	12 M15	Noelan Garbes, M15	Solon, IA	24:14	7:48/M
59	43	8 M19	Turner Wentzien, M25	Solon, IA	24:15	7:48/M
60	44	4 M30	Cody Kelley, M36	Solon, IA	24:16	7:49/M
61	45	5 M30	Jacob McCandless, M36	Solon, IA	24:25	7:52/M
62	46	3 M50	Dennis Cooling, M56	Kellogg, IA	24:31	7:53/M
63	17	4 F19	Nicole Poirier, F23	Edgerton, IA	24:32	7:54/M
64	18	1 F50	Deb Gaddis, F52	Solon, IA	24:41	7:57/M
65	19	3 JRF	Becca Gaddis, F13	Solon, IA	24:41	7:57/M
66	20	4 JRF	Annika Kruse, F14	Solon, IA	24:42	7:57/M
67	21	6 F30	Casey Fasselius, F30	Marion, IA	24:42	7:57/M
68	22	7 F30	Jessica Kelley, F36	Solon, IA	24:58	8:02/M
69	47	6 M30	Trent Sassman, M32	Springfield, IL	25:11	8:06/M
70	48	6 JRM	Camden Kasperek, M11	Fpo, IA	25:14	8:07/M
71	23	8 F30	Christina Hlavacek, F35	Solon, IA	25:17	8:08/M
72	24	2 F40	Erica Lewis, F40	Cedar Rapids, IA	25:17	8:08/M
73	25	3 F40	Megan Foley-Nicpon, F45	Iowa City, IA	25:17	8:08/M
74	49	7 M30	Zach Less, M30	Solon, IA	25:19	8:09/M

75	50	13 M15	Sam Melloy, M15	Solon, IA	25:21	8:10/M
76	51	8 M30	Joshua Patten, M33	Cedar Rapids, IA	25:21	8:10/M
77	52	4 M50	Richard Lewis, M51	Mount Vernon, IA	25:22	8:10/M
78	53	9 M30	Ryan Murken, M38	Solon, IA	25:22	8:10/M
79	54	7 JRM	Collin Bumsted, M12	Solon, IA	25:25	8:11/M
80	55	5 M50	Michael Riddle, M52	Kalona, IA	25:28	8:12/M
81	56	10 M30	Chris Carney, M34	Solon, IA	25:32	8:13/M
82	26	9 F30	Nikki Carney, F33	Solon, IA	25:32	8:13/M
83	27	2 F50	Gwen Prentice, F55	Solon, IA	25:39	8:15/M
84	28	5 F15	Ashley Stinocher, F15	Solon, IA	25:40	8:16/M
85	29	6 F15	Aira Foster, F16	Solon, IA	25:40	8:16/M
86	57	6 M50	Gary Stinocher, M54	Solon, IA	25:45	8:17/M
87	58	7 M50	Chuck Hardin, M51	Cedar Rapids, IA	25:45	8:17/M
88	30	4 F40	Malinda Lamb, F42	North Liberty, IA	25:48	8:18/M
89	59	10 M40	Steve Foster, M43	Iowa City, IA	25:53	8:20/M
90	60	4 M60	Warren Feerer, M68	Cedar Rapids, IA	26:00	8:22/M
91	61	9 M19	Cory Brannaman, M22	Mount Vernon, IA	26:08	8:25/M
92	62	11 M40	Jay Johnson, M48	Solon, IA	26:08	8:25/M
93	31	10 F30	Stephanie Coffey, F30	North Liberty, IA	26:19	8:28/M
94	63	10 M19	Matthew Coffey, M29	North Liberty, IA	26:20	8:29/M
95	32	5 F40	Julie Siepker, F49	Manson, IA	26:20	8:29/M
96	64	5 M60	Brad Scott, M65	Marion, IA	26:24	8:30/M
97	65	8 JRM	Grant Bumsted, M12	Solon, IA	26:28	8:31/M
98	66	8 M50	Joe Breza, M54	Solon, IA	26:29	8:31/M
99	33	5 F19	Steffi Cunard, F21	Solon, IA	26:36	8:34/M
100	34	6 F40	Nikki Langrehr, F40	North Liberty, IA	26:45	8:37/M
101	35	11 F30	Heather Kirchner, F35	Cedar Rapids, IA	26:49	8:38/M
102	67	11 M30	John Mineck, M30	Cedar Rapids, IA	26:51	8:39/M
103	68	6 M60	Don Lyle, M70	Vinton, IA	27:15	8:46/M
104	36	7 F15	Selma Kleinsmith, F15	Solon, IA	27:19	8:48/M
105	69	14 M15	Philipp Presley, M17	Solon, IA	27:32	8:52/M
106	37	12 F30	Katherine White, F38	Iowa City, IA	27:32	8:52/M
107	38	13 F30	Jessica Wade, F39	Iowa City, IA	27:32	8:52/M
108	39	7 F40	Robin Bucheit, F42	Solon, IA	27:33	8:52/M
109	40	6 F19	Nicole Kuennen, F28	Solon, IA	27:36	8:53/M
110	70	12 M30	Matt Boerjan, M31	Iowa City, IA	27:46	8:56/M
111	41	8 F40	Stacy Waddell, F42	Solon, IA	27:51	8:58/M
112	42	14 F30	Sandra Pauley, F36	Solon, IA	27:51	8:58/M
113	71	9 JRM	Brody Cash, M13	Solon, IA	27:53	8:58/M
114	43	15 F30	Shannon Hahn, F39	Solon, IA	27:56	9:00/M
115	72	15 M15	Tyler Kohl, M17	Solon, IA	27:57	9:00/M
116	73	10 JRM	Logan Johnson, M13	Solon, IA	27:58	9:00/M
117	74	7 M60	David Duer, M63	Iowa City, IA	28:06	9:03/M
118	44	16 F30	Alycia Karsjens, F33	Solon, IA	28:10	9:04/M
119	75	8 M60	Doug Lord, M63	Lisbon, IA	28:13	9:05/M
120	76	11 JRM	Jaxon Rudish, M14	Solon, IA	28:14	9:05/M
121	77	16 M15	Mitchell Reicks, M17	Solon, IA	28:16	9:06/M
122	45	9 F40	Katrina Rudish, F42	Solon, IA	28:18	9:06/M
123	78	17 M15	Jacob Siepker, M18	Manson, IA	28:18	9:06/M

124	46	17 F30	Angie Maske-Berka, F38	Iowa City, IA	28:21	9:08/M
125	79	18 M15	Navarrete Ignacio, M17	Manson, IA	28:28	9:10/M
126	80	11 M19	Rob Jedlicka, M24	Solon, IA	28:29	9:10/M
127	47	7 F19	Kaitlyn Brimeyer, F27	Muscatine, IA	28:37	9:13/M
128	48	18 F30	Bridget Anderson, F37	Coralville, IA	28:47	9:16/M
129	49	3 F50	Becky Krob, F58	Solon, IA	28:51	9:17/M
130	81	12 M40	Marc Foster, M45	Solon, IA	28:57	9:19/M
131	50	8 F19	Ratasha Garbes, F23	Normal, IL	29:05	9:22/M
132	51	5 JRF	Tatum Holtkamp, F12	Solon, IA	29:11	9:24/M
133	82	9 M60	Gary Determan, M64	Clinton, IA	29:12	9:24/M
134	83	13 M40	Kevin McCreedy, M43	North Liberty, IA	29:14	9:25/M
135	84	12 JRM	Zeb Kleinsmith, M13	Solon, IA	29:17	9:26/M
136	52	8 F15	Jeannie Jedlicka, F17	Solon, IA	29:21	9:27/M
137	53	1 F60	Claudia Scott, F67	Marion, IA	29:25	9:28/M
138	54	10 F40	Anne Johnson, F43	Solon, IA	29:43	9:34/M
139	55	9 F19	Amanda Breen, F28	Solon, IA	30:05	9:41/M
140	56	10 F19	Fionna Surette, F26	Boston, MA	30:09	9:42/M
141	57	19 F30	Jess Krob, F38	North Liberty, IA	30:32	9:50/M
142	58	20 F30	Kelly Foster, F39	Iowa City, IA	30:38	9:52/M
143	85	9 M50	Shawn Plank, M53	Urbandale, IA	30:56	9:57/M
144	86	10 M60	Ron Foster, M70	Solon, IA	31:03	10:00/M
145	87	13 M30	Kevin Petersen, M31	Cedar Rapids, IA	31:04	10:00/M
146	88	14 M40	Rob Cash, M42	Solon, IA	31:13	10:03/M
147	59	9 F15	Piper Radcliffe, F16	Solon, IA	31:32	10:09/M
148	60	10 F15	Olivia Heesch, F15	Solon, IA	31:33	10:09/M
149	61	11 F15	Kellie Feldkamp, F16	Solon, IA	31:33	10:09/M
150	62	12 F15	Gracie Chapman, F15	Solon, IA	31:33	10:09/M
151	63	21 F30	Katie Voss, F38	North Liberty, IA	32:04	10:19/M
152	89	11 M60	Mike Simpson, M65	Iowa City, IA	32:11	10:21/M
153	90	19 M15	Bransky Landen, M16	Colleyville, TX	32:12	10:22/M
154	91	14 M30	Brandon Clemens, M31	Minneapolis, MN	32:13	10:22/M
155	64	22 F30	Tiffany Clemens, F31	Minneapolis, MN	32:13	10:22/M
156	92	12 M19	Charlie Jedlicka, M22	Solon, IA	32:15	10:23/M
157	65	6 JRF	Bailey Madura, F10	Solon, IA	32:18	10:24/M
158	93	10 M50	Casey Griffin, M57	Coralville, IA	32:18	10:24/M
159	66	7 JRF	Marissa Gaddis, F10	Solon, IA	32:35	10:29/M
160	67	13 F15	Amanda Gaddis, F16	Solon, IA	32:35	10:29/M
161	68	8 JRF	Katelyn Gaddis, F13	Solon, IA	32:36	10:29/M
162	94	15 M40	Steve Krob, M41	North Liberty, IA	32:40	10:31/M
163	69	4 F50	Karen Tucker, F54	Solon, IA	32:41	10:31/M
164	70	2 F60	Susan Miller, F61	Solon, IA	32:42	10:31/M
165	71	5 F50	Christine Davis, F57	Mount Vernon, IA	32:42	10:32/M
166	72	23 F30	Jessie Frerich, F32	Solon, IA	32:42	10:32/M
167	95	11 M50	John Tucker, M50	Solon, IA	33:20	10:44/M
168	73	11 F19	Nikki Orban, F22	Redlands, CA	33:25	10:45/M
169	74	11 F40	Liz Hernandez, F44	West Branch, IA	33:36	10:49/M
170	75	12 F40	Jodi Yeggy, F40	West Branch, IA	33:37	10:49/M
171	76	12 F19	Kayla Gaddis, F25	Solon, IA	34:00	10:57/M
172	77	9 JRF	Emma Kasperek, F13	Fpo, AR	34:03	10:58/M

173	96	16 M40	Chris Kasparek, M43	Fpo, AR	34:06	10:59/M
174	78	10 JRF	Reilly Johnson, F14	Solon, IA	34:14	11:01/M
175	79	11 JRF	Abygail Bucheit, F12	Solon, IA	34:17	11:02/M
176	97	12 M50	Joseph Levy, M50	Littleton, IA	34:20	11:03/M
177	80	24 F30	Jenny Sassman, F32	Galesburg, IA	34:39	11:09/M
178	81	13 F19	Rebecca Boltz, F27	Cedar Rapids, IA	34:44	11:11/M
179	82	12 JRF	Lauren Roskopf, F14	Solon, IA	34:49	11:13/M
180	83	25 F30	Katherine Mineck, F33	Cedar Rapids, IA	35:15	11:21/M
181	98	13 JRM	Colin Ferenzi, M9	Cedar Rapids, IA	35:16	11:21/M
182	84	26 F30	Abbey Ferenzi, F39	Cedar Rapids, IA	35:16	11:21/M
183	85	27 F30	Courtney Kremer, F31	Solon, IA	35:20	11:22/M
184	99	13 M50	Judd Malcolm, M55	Cedar Rapids, IA	35:52	11:33/M
185	86	13 F40	Sonia Carver, F45	Iowa City, IA	36:25	11:43/M
186	87	6 F50	Karen Rietz, F53	Iowa City, IA	36:25	11:43/M
187	100	12 M60	Gregory Miller, M60	Solon, IA	36:50	11:51/M
188	101	14 JRM	Nathan Parizek, M8	Iowa City, IA	37:04	11:56/M
189	102	14 M50	Steve Parizek, M51	Iowa City, IA	37:05	11:56/M
190	88	28 F30	Allison Fuhrmeister, F31	Burlington, IA	37:14	11:59/M
191	89	14 F19	Tessa Lukavsky, F24	Tipton, IA	37:15	11:59/M
192	90	3 F60	Nancy Hale, F68	North Liberty, IA	37:17	12:00/M
193	91	7 F50	Lori Trottier, F55	Cedar Rapids, IA	38:31	12:24/M
194	92	29 F30	Jeanette Stransky, F34	Riverside, IA	38:32	12:24/M
195	103	13 M19	Ben Elliott, M25	Solon, IA	38:38	12:26/M
196	93	14 F40	Monica Williams, F42	Tiffin, IA	38:42	12:27/M
197	104	13 M60	Jim Tiedeman, M67	Iowa City, IA	39:40	12:46/M
198	94	15 F40	Dena Bailey, F47	Solon, IA	40:49	13:08/M
199	105	15 M50	Tom Lloyd, M55	West Des Moines, IA	41:51	13:28/M
200	95	8 F50	Janet Lloyd, F57	West Des Moines, IA	41:51	13:28/M
201	96	15 F19	Kristyn Gerst, F28	North Liberty, IA	42:21	13:38/M
202	97	13 JRF	Ella Niewoehner, F11	Manson, IA	42:48	13:46/M
203	98	16 F40	Lisa Niewoehner, F47	Manson, IA	42:48	13:47/M
204	99	30 F30	Marcia Knepp, F34	Coralville, IA	43:51	14:07/M
205	100	16 F19	Molly Skripsky, F29	Solon, IA	43:51	14:07/M
206	101	4 F60	Muriel Naumann, F62	Iowa City, IA	44:44	14:24/M
207	102	9 F50	Janice Piersel, F50	Braselton, GA	45:01	14:29/M
208	103	17 F19	Taylor Elliott, F25	Solon, IA	45:29	14:38/M
209	104	18 F19	Cassie Doolady, F27	Mount Vernon, IA	46:18	14:54/M
210	105	10 F50	Patty Johanningmeier, F51	Columbia, IA	46:20	14:55/M
211	106	15 JRM	Jack Piersel, M11	Braselton, GA	46:44	15:02/M
212	106	17 F40	Melissa Tiedemann, F40	Solon, IA	46:56	15:06/M
213	107	31 F30	Sandi Sullivan, F38	Solon, IA	46:56	15:07/M

Overall and Age Divisions

Overall Male

Place	Name	City	Gun Time	Pace mpm
1	Jay Welp, M26	Coralville, IA	15:38	5:02/M

Overall Female

Place	Name	City	Gun Time	Pace mpm
1	Emily Moser, F27	Cedar Rapids, IA	18:49	6:03/M

M[14 & Under]

Place	Name	City	Gun Time	Pace mpm
1	Parker Max, M14	Iowa City, IA	18:34	5:58/M
2	Alex FencI, M14	Mount Vernon, IA	23:02	7:25/M
3	Henry Cooper, M13	Solon, IA	23:22	7:31/M
4	Oaken Foster, M14	Solon, IA	23:41	7:38/M
5	Nate Shafer, M13	Solon, IA	23:43	7:38/M
6	Camden Kasparek, M11	Fpo, IA	25:14	8:07/M
7	Collin Bumsted, M12	Solon, IA	25:25	8:11/M
8	Grant Bumsted, M12	Solon, IA	26:28	8:31/M
9	Brody Cash, M13	Solon, IA	27:53	8:58/M
10	Logan Johnson, M13	Solon, IA	27:58	9:00/M
11	Jaxon Rudish, M14	Solon, IA	28:14	9:05/M
12	Zeb Kleinsmith, M13	Solon, IA	29:17	9:26/M
13	Colin Ferenzi, M9	Cedar Rapids, IA	35:16	11:21/M
14	Nathan Parizek, M8	Iowa City, IA	37:04	11:56/M
15	Jack Piersel, M11	Braselton, GA	46:44	15:02/M

F[14 & Under]

Place	Name	City	Gun Time	Pace mpm
1	Emma Bock, F14	Solon, IA	22:59	7:24/M
2	Kaia Holtkamp, F14	Solon, IA	24:13	7:48/M
3	Becca Gaddis, F13	Solon, IA	24:41	7:57/M
4	Annika Kruse, F14	Solon, IA	24:42	7:57/M
5	Tatum Holtkamp, F12	Solon, IA	29:11	9:24/M
6	Bailey Madura, F10	Solon, IA	32:18	10:24/M
7	Marissa Gaddis, F10	Solon, IA	32:35	10:29/M
8	Katelyn Gaddis, F13	Solon, IA	32:36	10:29/M
9	Emma Kasparek, F13	Fpo, AR	34:03	10:58/M
10	Reilly Johnson, F14	Solon, IA	34:14	11:01/M
11	Abygail Bucheit, F12	Solon, IA	34:17	11:02/M
12	Lauren Roskopf, F14	Solon, IA	34:49	11:13/M
13	Ella Niewoehner, F11	Manson, IA	42:48	13:46/M

M[15-18]

Place	Name	City	Gun Time	Pace mpm
1	Quenton Max, M18	Iowa City, IA	17:34	5:39/M

2	Oliver Shabani, M17	Solon, IA	18:00	5:48/M
3	Lukas Lamparek, M15	Cedar Rapids, IA	18:14	5:52/M
4	Tyler Bilskie, M15	Solon, IA	19:27	6:16/M
5	Andrew Bransky, M17	Solon, IA	20:12	6:30/M
6	Edward Richey, M16	Solon, IA	20:29	6:36/M
7	Brad Yeomans, M15	Solon, IA	20:45	6:41/M
8	Drayden Johnson, M15	Solon, IA	22:04	7:06/M
9	Matt Shafer, M17	Solon, IA	22:20	7:11/M
10	Jake Roskopf, M17	Solon, IA	22:28	7:14/M
11	Ryan Carter, M16	Solon, IA	23:00	7:24/M
12	Noelan Garbes, M15	Solon, IA	24:14	7:48/M
13	Sam Melloy, M15	Solon, IA	25:21	8:10/M
14	Philipp Presley, M17	Solon, IA	27:32	8:52/M
15	Tyler Kohl, M17	Solon, IA	27:57	9:00/M
16	Mitchell Reicks, M17	Solon, IA	28:16	9:06/M
17	Jacob Siepker, M18	Manson, IA	28:18	9:06/M
18	Navarrete Ignacio, M17	Manson, IA	28:28	9:10/M
19	Bransky Landen, M16	Colleyville, TX	32:12	10:22/M

F[15-18]

Place	Name	City	Gun Time	Pace mpm
1	Kiersten Conway, F15	Solon, IA	20:50	6:42/M
2	Ella Duster, F16	Solon, IA	23:34	7:35/M
3	Meghan O'Neill, F15	Solon, IA	23:49	7:40/M
4	Nicole Shafer, F16	Solon, IA	23:54	7:42/M
5	Ashley Stinocher, F15	Solon, IA	25:40	8:16/M
6	Aira Foster, F16	Solon, IA	25:40	8:16/M
7	Selma Kleinsmith, F15	Solon, IA	27:19	8:48/M
8	Jeannie Jedlicka, F17	Solon, IA	29:21	9:27/M
9	Piper Radcliffe, F16	Solon, IA	31:32	10:09/M
10	Olivia Heesch, F15	Solon, IA	31:33	10:09/M
11	Kellie Feldkamp, F16	Solon, IA	31:33	10:09/M
12	Gracie Chapman, F15	Solon, IA	31:33	10:09/M
13	Amanda Gaddis, F16	Solon, IA	32:35	10:29/M

M[19-29]

Place	Name	City	Gun Time	Pace mpm
1	Liam Conroy, M19	Mount Vernon, IA	16:13	5:13/M
2	Sam Lorimer, M19	Springville, IA	16:46	5:24/M
3	Brian Lumpa, M28	Iowa City, IA	18:45	6:02/M
4	Chase Moser, M26	Cedar Rapids, IA	18:49	6:03/M
5	Ryan Black, M29	Cedar Rapids, IA	21:27	6:54/M
6	Arsenio Escalona, M29	Solon, IA	22:32	7:15/M
7	Doug Rice, M28	Mount Vernon, IA	22:40	7:18/M
8	Turner Wentzien, M25	Solon, IA	24:15	7:48/M
9	Cory Brannaman, M22	Mount Vernon, IA	26:08	8:25/M
10	Matthew Coffey, M29	North Liberty, IA	26:20	8:29/M

11	Rob Jedlicka, M24	Solon, IA	28:29	9:10/M
12	Charlie Jedlicka, M22	Solon, IA	32:15	10:23/M
13	Ben Elliott, M25	Solon, IA	38:38	12:26/M

F[19-29]

Place	Name	City	Gun Time	Pace mpm
1	Ashley Pearson, F29	North Liberty, IA	20:35	6:38/M
2	Anna Herber, F22	Cedar Rapids, IA	22:01	7:05/M
3	Makayla Lindemann, F19	Solon, IA	23:27	7:33/M
4	Nicole Poirier, F23	Edgerton, IA	24:32	7:54/M
5	Steffi Cunard, F21	Solon, IA	26:36	8:34/M
6	Nicole Kuennen, F28	Solon, IA	27:36	8:53/M
7	Kaitlyn Brimeyer, F27	Muscatine, IA	28:37	9:13/M
8	Ratasha Garbes, F23	Normal, IL	29:05	9:22/M
9	Amanda Breen, F28	Solon, IA	30:05	9:41/M
10	Fionna Surette, F26	Boston, MA	30:09	9:42/M
11	Nikki Orban, F22	Redlands, CA	33:25	10:45/M
12	Kayla Gaddis, F25	Solon, IA	34:00	10:57/M
13	Rebecca Boltz, F27	Cedar Rapids, IA	34:44	11:11/M
14	Tessa Lukavsky, F24	Tipton, IA	37:15	11:59/M
15	Kristyn Gerst, F28	North Liberty, IA	42:21	13:38/M
16	Molly Skripsky, F29	Solon, IA	43:51	14:07/M
17	Taylor Elliott, F25	Solon, IA	45:29	14:38/M
18	Cassie Doolady, F27	Mount Vernon, IA	46:18	14:54/M

M[30-39]

Place	Name	City	Gun Time	Pace mpm
1	Robert Despain, M36	Iowa City, IA	21:16	6:51/M
2	Eric Munson, M32	Solon, IA	21:39	6:58/M
3	Zach Wigle, M37	Solon, IA	22:45	7:19/M
4	Cody Kelley, M36	Solon, IA	24:16	7:49/M
5	Jacob McCandless, M36	Solon, IA	24:25	7:52/M
6	Trent Sassman, M32	Springfield, IL	25:11	8:06/M
7	Zach Less, M30	Solon, IA	25:19	8:09/M
8	Joshua Patten, M33	Cedar Rapids, IA	25:21	8:10/M
9	Ryan Murken, M38	Solon, IA	25:22	8:10/M
10	Chris Carney, M34	Solon, IA	25:32	8:13/M
11	John Mineck, M30	Cedar Rapids, IA	26:51	8:39/M
12	Matt Boerjan, M31	Iowa City, IA	27:46	8:56/M
13	Kevin Petersen, M31	Cedar Rapids, IA	31:04	10:00/M
14	Brandon Clemens, M31	Minneapolis, MN	32:13	10:22/M

F[30-39]

Place	Name	City	Gun Time	Pace mpm
1	Marie Schofer, F36	Mount Vernon, IA	18:56	6:06/M
2	Kristen Green, F35	Iowa City, IA	20:59	6:45/M

3	Julie Wigle, F38	Solon, IA	22:35	7:16/M
4	Stacey Munson, F35	Solon, IA	23:53	7:41/M
5	Kara Gruber, F35	Solon, IA	23:57	7:43/M
6	Casey Fasselius, F30	Marion, IA	24:42	7:57/M
7	Jessica Kelley, F36	Solon, IA	24:58	8:02/M
8	Christina Hlavacek, F35	Solon, IA	25:17	8:08/M
9	Nikki Carney, F33	Solon, IA	25:32	8:13/M
10	Stephanie Coffey, F30	North Liberty, IA	26:19	8:28/M
11	Heather Kirchner, F35	Cedar Rapids, IA	26:49	8:38/M
12	Katherine White, F38	Iowa City, IA	27:32	8:52/M
13	Jessica Wade, F39	Iowa City, IA	27:32	8:52/M
14	Sandra Pauley, F36	Solon, IA	27:51	8:58/M
15	Shannon Hahn, F39	Solon, IA	27:56	9:00/M
16	Alycia Karsjens, F33	Solon, IA	28:10	9:04/M
17	Angie Maske-Berka, F38	Iowa City, IA	28:21	9:08/M
18	Bridget Anderson, F37	Coralville, IA	28:47	9:16/M
19	Jess Krob, F38	North Liberty, IA	30:32	9:50/M
20	Kelly Foster, F39	Iowa City, IA	30:38	9:52/M
21	Katie Voss, F38	North Liberty, IA	32:04	10:19/M
22	Tiffany Clemens, F31	Minneapolis, MN	32:13	10:22/M
23	Jessie Frerich, F32	Solon, IA	32:42	10:32/M
24	Jenny Sassman, F32	Galesburg, IA	34:39	11:09/M
25	Katherine Mineck, F33	Cedar Rapids, IA	35:15	11:21/M
26	Abbey Ferenzi, F39	Cedar Rapids, IA	35:16	11:21/M
27	Courtney Kremer, F31	Solon, IA	35:20	11:22/M
28	Allison Fuhrmeister, F31	Burlington, IA	37:14	11:59/M
29	Jeanette Stransky, F34	Riverside, IA	38:32	12:24/M
30	Marcia Knepp, F34	Coralville, IA	43:51	14:07/M
31	Sandi Sullivan, F38	Solon, IA	46:56	15:07/M

M[40-49]

Place	Name	City	Gun Time	Pace mpm
1	Dan Schofer, M40	Mount Vernon, IA	17:29	5:38/M
2	Jeff Kreinbring, M40	Solon, IA	18:21	5:54/M
3	Pat Dominy, M46	North Liberty, IA	21:35	6:57/M
4	Tad Benesh, M41	Walker, IA	21:58	7:04/M
5	Brian Bock, M48	Solon, IA	22:42	7:18/M
6	Tom Randall, M46	Cedar Rapids, IA	23:09	7:27/M
7	Jeff Allen, M47	North Liberty, IA	23:11	7:28/M
8	Josh Lyons, M41	Solon, IA	23:17	7:30/M
9	Ben Voss, M41	North Liberty, IA	23:56	7:42/M
10	Steve Foster, M43	Iowa City, IA	25:53	8:20/M
11	Jay Johnson, M48	Solon, IA	26:08	8:25/M
12	Marc Foster, M45	Solon, IA	28:57	9:19/M
13	Kevin McCreedy, M43	North Liberty, IA	29:14	9:25/M
14	Rob Cash, M42	Solon, IA	31:13	10:03/M
15	Steve Krob, M41	North Liberty, IA	32:40	10:31/M
16	Chris Kasparek, M43	Fpo, AR	34:06	10:59/M

F[40-49]

Place	Name	City	Gun Time	Pace mpm
1	Jill Owens, F40	Solon, IA	24:03	7:44/M
2	Erica Lewis, F40	Cedar Rapids, IA	25:17	8:08/M
3	Megan Foley-Nicpon, F45	Iowa City, IA	25:17	8:08/M
4	Malinda Lamb, F42	North Liberty, IA	25:48	8:18/M
5	Julie Siepker, F49	Manson, IA	26:20	8:29/M
6	Nikki Langrehr, F40	North Liberty, IA	26:45	8:37/M
7	Robin Bucheit, F42	Solon, IA	27:33	8:52/M
8	Stacy Waddell, F42	Solon, IA	27:51	8:58/M
9	Katrina Rudish, F42	Solon, IA	28:18	9:06/M
10	Anne Johnson, F43	Solon, IA	29:43	9:34/M
11	Liz Hernandez, F44	West Branch, IA	33:36	10:49/M
12	Jodi Yeggy, F40	West Branch, IA	33:37	10:49/M
13	Sonia Carver, F45	Iowa City, IA	36:25	11:43/M
14	Monica Williams, F42	Tiffin, IA	38:42	12:27/M
15	Dena Bailey, F47	Solon, IA	40:49	13:08/M
16	Lisa Niewoehner, F47	Manson, IA	42:48	13:47/M
17	Melissa Tiedemann, F40	Solon, IA	46:56	15:06/M

M[50-59]

Place	Name	City	Gun Time	Pace mpm
1	Noel Garbes, M53	Solon, IA	20:46	6:41/M
2	Tim Vipond, M52	Cedar Rapids, IA	21:45	7:00/M
3	Dennis Cooling, M56	Kellogg, IA	24:31	7:53/M
4	Richard Lewis, M51	Mount Vernon, IA	25:22	8:10/M
5	Michael Riddle, M52	Kalona, IA	25:28	8:12/M
6	Gary Stinocher, M54	Solon, IA	25:45	8:17/M
7	Chuck Hardin, M51	Cedar Rapids, IA	25:45	8:17/M
8	Joe Breza, M54	Solon, IA	26:29	8:31/M
9	Shawn Plank, M53	Urbandale, IA	30:56	9:57/M
10	Casey Griffin, M57	Coralville, IA	32:18	10:24/M
11	John Tucker, M50	Solon, IA	33:20	10:44/M
12	Joseph Levy, M50	Littleton, IA	34:20	11:03/M
13	Judd Malcolm, M55	Cedar Rapids, IA	35:52	11:33/M
14	Steve Parizek, M51	Iowa City, IA	37:05	11:56/M
15	Tom Lloyd, M55	West Des Moines, IA	41:51	13:28/M

F[50-59]

Place	Name	City	Gun Time	Pace mpm
1	Deb Gaddis, F52	Solon, IA	24:41	7:57/M
2	Gwen Prentice, F55	Solon, IA	25:39	8:15/M
3	Becky Krob, F58	Solon, IA	28:51	9:17/M
4	Karen Tucker, F54	Solon, IA	32:41	10:31/M
5	Christine Davis, F57	Mount Vernon, IA	32:42	10:32/M

6	Karen Rietz, F53	Iowa City, IA	36:25	11:43/M
7	Lori Trottier, F55	Cedar Rapids, IA	38:31	12:24/M
8	Janet Lloyd, F57	West Des Moines, IA	41:51	13:28/M
9	Janice Piersel, F50	Braselton, GA	45:01	14:29/M
10	Patty Johanningmeier, F51	Columbia, IA	46:20	14:55/M

M[60 & Over]

Place	Name	City	Gun Time	Pace mpm
1	Mark Mueller, M62	Cedar Rapids, IA	22:52	7:22/M
2	Mark Zimmer, M61	Independence, IA	23:51	7:40/M
3	Tom Wolfe, M69	Cedar Rapids, IA	23:55	7:42/M
4	Warren Feerer, M68	Cedar Rapids, IA	26:00	8:22/M
5	Brad Scott, M65	Marion, IA	26:24	8:30/M
6	Don Lyle, M70	Vinton, IA	27:15	8:46/M
7	David Duer, M63	Iowa City, IA	28:06	9:03/M
8	Doug Lord, M63	Lisbon, IA	28:13	9:05/M
9	Gary Determan, M64	Clinton, IA	29:12	9:24/M
10	Ron Foster, M70	Solon, IA	31:03	10:00/M
11	Mike Simpson, M65	Iowa City, IA	32:11	10:21/M
12	Gregory Miller, M60	Solon, IA	36:50	11:51/M
13	Jim Tiedeman, M67	Iowa City, IA	39:40	12:46/M

F[60 & Over]

Place	Name	City	Gun Time	Pace mpm
1	Claudia Scott, F67	Marion, IA	29:25	9:28/M
2	Susan Miller, F61	Solon, IA	32:42	10:31/M
3	Nancy Hale, F68	North Liberty, IA	37:17	12:00/M
4	Muriel Naumann, F62	Iowa City, IA	44:44	14:24/M

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