

22nd Fifth Season 5 Kilometer (3.107 miles)

Cedar Rapids, Iowa

July 4, 2007

70s, Sunny & Humid

Results by Cal Murdock

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[1 Mile](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS	FINISHER	TIME	PACE
PLACE	PLACE			
1	1	M25 Tom Viner, 27, Cedar Rapids, IA	19:33	6:17
2	1	M16 Steven Woods, 16, Cedar Rapids, IA	20:24	6:34
3	2	M16 Dan Oglesby, 17, Cedar Rapids, IA	20:58	6:45
4	1	M45 Tom Redmond, 45, Mount Vernon, IA	21:06	6:47
5	1	M40 Franco Scirpo, 41, North Liberty, IA	21:19	6:52
6	1	M30 Timothy Kruckman, 34, Spillville, IA	21:27	6:54
7	3	M16 Zach Brecht, 16, Cedar Rapids, IA	21:43	6:59
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				
8	2	M25 Josh Boots, 25, Cedar Rapids, IA	21:44	7:00
9	3	M25 Dillon Kuda, 28, Cedar Rapids, IA	21:59	7:05
10	1	M50 Michael Nurre, 53, Cedar Rapids, IA	22:05	7:06
11	4	M16 Justin Heitz, 16, Walford, IA	22:08	7:07
12	1	JrM Chase Fergus, 14, Cedar Rapids, IA	22:22	7:12
13	2	M40 Tom Clasen, 43, Cedar Rapids, IA	22:25	7:13
14	2	JrM Jordan Baskerville, 14, Cedar Rapids, IA	22:30	7:14
1	1	JrW Astrid Hueglin, 13*, Cedar Rapids, IA	22:32	7:15
15	2	M50 John Hines, 52, Cedar Falls, IA	22:41	7:18
16	5	M16 Matt Dunkin, 19, Harvey, IA	22:53	7:22
2	1	W30 Kim Blankenship, 31*, Cedar Rapids, IA	23:00	7:24
17	6	M16 Tim Budde, 19, Waterloo, IA	23:07	7:26
18	3	M40 C Dunkin, 43, Harvey, IA	23:11	7:28
19	3	JrM Mitch Martin, 13, Cedar Rapids, IA	23:27	7:33
20	4	JrM Jacob Schoneman, 14, Cedar Rapids, IA	23:35	7:35
21	1	M35 Charles Meyer, 37, Grand Junction, CO	23:39	7:37
22	2	M45 Kim Brant, 48, Newhall, IA	23:39	7:37
3	2	JrW Mikayla Muller, 15*, Atkins, IA	23:41	7:37
23	2	M35 Ken Wright, 38, Cedar Rapids, IA	23:43	7:38
4	3	JrW Hallie Martin, 14*, Cedar Rapids, IA	23:50	7:40
24	5	JrM Ben Hagarty, 15, Cedar Rapids, IA	23:57	7:42
25	6	JrM Nolan Hellickson, 10, Cedar Rapids, IA	23:59	7:43
26	3	M35 William Iverson, 39, Iowa City, IA	24:08	7:46
27	7	JrM Dane Mehring, 14, Cedar Rapids, IA	24:10	7:46
5	1	W25 Anna Behning, 27*, Cedar Rapids, IA	24:18	7:49
28	8	JrM Christopher Petersen, 14, Cedar Rapids, IA	24:20	7:50
29	3	M45 Kurt Langel, 49, Cedar Rapids, IA	24:21	7:50
30	4	M40 Greg Brecht, 40, Cedar Rapids, IA	24:24	7:51
31	7	M16 Andrew Olney, 19, Clinton, IA	24:27	7:52
6	1	W16 Katie Ricklefs, 18*, Monticello, IA	24:29	7:52
32	4	M25 Ryan Wieseler, 29, Marion, IA	24:29	7:53
33	5	M40 Scott Millikin, 44, Center Point, IA	24:30	7:53
34	9	JrM Thomas Petersen, 15, Cedar Rapids, IA	24:32	7:54
35	4	M35 Lloyd Aquino, 38, Marion, IA	24:45	7:58

7	1	W35 Ann Robinson, 39*, Cedar Rapids, IA	24:50	7:59
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				
36	10	JrM Matt Macdougall, 13, Swisher, IA	24:52	8:00
37	6	M40 Joel Fopma, 41, Marion, IA	24:55	8:01
8	1	W20 Marisol Campos, 20*, Dewitt, IA	24:56	8:01
9	2	W25 Amanda Pins, 28*, Hiawath, IA	24:57	8:02
10	4	JrW Carrie Lapsey, 14*, Cedar Rapids, IA	24:58	8:02
38	1	M20 Alex Strait, 23, Iowa City, IA	24:59	8:02
39	5	M25 James Thomas, 27, Marion, IA	25:04	8:04
11	3	W25 Andrea Thomson, 26*, Cedar Rapids, IA	25:07	8:05
40	5	M35 Scott Weiss, 35, Marion, IA	25:09	8:06
41	3	M50 Daniel Porter, 54, Monticello, IA	25:12	8:07
42	11	JrM Bryce Prokop, 9, Ely, IA	25:14	8:07
43	12	JrM Riley Fergus, 12, Cedar Rapids, IA	25:15	8:07
12	5	JrW Lindsay Mueller, 12*, Cedar Rapids, IA	25:24	8:10
44	4	M50 Dean Mallie, 50, Lisbon, IA	25:29	8:12
13	2	W16 Kimberly Kuda, 19*, Cedar Rapids, IA	25:31	8:13
14	2	W20 Brittany Larson, 20*, Chapel Hill, NC	25:33	8:13
45	13	JrM Justin Macdonald, 12, Anamosa, IA	25:34	8:14
15	6	JrW Anne Brenneman, 15*, Cedar Rapids, IA	25:34	8:14
46	14	JrM Jake Robinson, 12, Cedar Rapids, IA	25:48	8:18
47	2	M30 Richard Akers, 30, Cedar Rapids, IA	25:52	8:19
48	4	M45 Lenny Mais, 48, Coggon, IA	25:54	8:20
16	7	JrW Breanna Gaster, 13*, Walford, IA	25:55	8:20
49	3	M30 Brad Runyon, 30, Cedar Rapids, IA	25:56	8:21
50	6	M25 Dan Wolfe, 29, Cedar Rapids, IA	25:57	8:21
51	15	JrM Colin Brown, 14, Cedar Rapids, IA	25:57	8:21
17	1	W45 Belinda Gee, 49*, Cedar Rapids, IA	25:59	8:22
52	5	M50 Randy Scholer, 50, Cedar Rapids, IA	26:00	8:22
53	16	JrM Jabe Gonder, 9, Cedar Rapids, IA	26:02	8:23
54	4	M30 Eric Long, 30, Oakland, CA	26:05	8:23
55	17	JrM Alex Jasper, 14, Cedar Rapids, IA	26:07	8:24
18	4	W25 Katy Borders, 26*, Coralville, IA	26:08	8:25
19	3	W20 Kiley Ingerstev, 24*, Cedar Rapids, IA	26:09	8:25
56	7	M40 Ted Smith, 40, Cedar Rapids, IA	26:10	8:25
20	3	W16 Laura Porter, 18*, Monticello, IA	26:11	8:26
57	6	M35 Jon Pals, 39, North Liberty, IA	26:16	8:27
58	8	M16 Stephen Brandt, 19, Cedar Rapids, IA	26:18	8:28
59	1	M55 David Gurwell, 55, Iowa City, IA	26:22	8:29
60	7	M25 John Wennekamp, 28, Marion, IA	26:29	8:31
61	7	M35 Tony Harrington, 38, Cedar Rapids, IA	26:31	8:32
21	1	W40 Lisa Jacobs, 41*, Cedar Rapids, IA	26:32	8:32
62	18	JrM Daniel Wasta, 14, Cedar Rapids, IA	26:33	8:33
22	8	JrW Alexandria Saxen, 14*, Cedar Rapids, IA	26:34	8:33
63	19	JrM Gene Iii Nassif, 13, Cedar Rapids, IA	26:34	8:33
64	6	M50 Alan Whitters, 51, Cedar Rapids, IA	26:38	8:34
23	4	W16 Emily Whitters, 16*, Cedar Rapids, !	26:40	8:35
24	9	JrW Katilyn Yaneczek, 13*, Cedar Rapids, IA	26:40	8:35
65	8	M25 Zachary Johnson, 28, Cedar Rapids, IA	26:41	8:35
66	8	M40 Aaron Miller, 44, Cedar Rapids, IA	26:42	8:35
67	9	M25 Luke Bishop, 27, Marion, IA	26:44	8:36
68	7	M50 Randall Bishop, 51, Marshalltown, IA	26:44	8:36
69	20	JrM Sean Fagan, 15, Glen Ellyn, IL	26:46	8:37
70	9	M40 Steven Ungs, 44, Cedar Rapids, IA	26:49	8:38
25	2	W30 Lisa Vanderlind, 34*, Marion, IA	26:50	8:38
71	5	M45 Bill Heitz, 46, Walford, IA	26:51	8:38
72	21	JrM Jordan Weber, 13, Robins, IA	26:52	8:39
26	2	W35 Dana Pinter Karasek, 36*, Cedar Rapids, IA	26:52	8:39
73	22	JrM Alex Pick, 14, Cedar Rapids, IA	26:52	8:39
74	23	JrM Joe Costigan, 14, Cedar Rapids, IA	26:53	8:39
75	24	JrM Colin O'Connell, 12, Cedar Rapids, IA	26:53	8:39
76	25	JrM Logan Clarahan, 11, Cedar Rapids, IA	26:54	8:39
77	6	M45 John Clarahan, 45, Cedar Rapids, IA	26:55	8:39
78	26	JrM Jordan Bahl, 13, Lisbon, IA	26:55	8:40

79	27	JrM Carter Berger, 9, Cedar Rapids, IA	26:56	8:40
27	5	W25 Sara Prokop, 29*, Ely, IA	26:59	8:41
80	10	M25 Todd Prokop, 28, Ely, IA	26:59	8:41
81	28	JrM Dominic Rodriguez, 11, Cedar Rapids, IA	26:59	8:41
28	6	W25 Lisa Lambi, 29*, North Liberty, IA	27:00	8:41
82	29	JrM Jacob King, 14, Carl Junction, MO	27:00	8:41
83	30	JrM Ryan Andersen, 13, Marion, IA	27:01	8:41
29	5	W16 Jodi Denk, 16*, Marion, IA	27:01	8:42
84	31	JrM Andrew Rizer, 15, Cedar Rapids, IA	27:04	8:43
85	2	M20 Cameron Thomas, 21, Iowa City, IA	27:05	8:43
86	32	JrM Tyler Hubler, 15, Cedar Rapids, IA	27:10	8:45
30	6	W16 Morgan Washburn, 16*, Cedar Rapids, IA	27:11	8:45
87	7	M45 Brett Bednar, 45, Hiawatha, IA	27:11	8:45
88	1	M70 John Leland, 71, Marion, IA	27:12	8:45
89	2	M55 Duane Usher, 56, Cedar Rapids, IA	27:15	8:46
31	4	W20 Calla Frett, 21*, Cedar Rapids, IA	27:17	8:47
32	2	W40 Joke Primrose, 41*, Clive, IA	27:22	8:48
90	33	JrM Brian Ropp, 13, Cedar Rapids, IA	27:22	8:48
91	3	M20 Jim Parr, 21, Cedar Rapids, IA	27:23	8:49
92	34	JrM Colby Brecht, 14, Cedar Rapids, IA	27:23	8:49
33	7	W16 Becca Karas, 17*, Cedar Rapids, IA	27:24	8:49
93	35	JrM Toby Northrup, 10, Marion, IA	27:25	8:49
34	10	JrW Maggie Schatzle, 15*, Cedar Rapids, IA	27:25	8:49
94	5	M30 Jason Kautz, 30, Marion, IA	27:30	8:51
35	3	W35 Jennifer Duerksen, 36*, Cedar Rapids, IA	27:31	8:51
36	2	W45 Mary Schneekloth, 45*, Cedar Rapids, IA	27:31	8:51
37	3	W40 Pam Larson, 43*, Swisher, IA	27:31	8:51
38	3	W45 Rhonda Towrley, 47*, Marion, IA	27:32	8:51
95	6	M30 Joshua Bakk, 32, Marion, IA	27:32	8:52
96	10	M40 Mike Bouchard, 42, Cedar Rapids, IA	27:32	8:52
97	36	JrM Bryan Castek, 10, Hiawatha, IA	27:33	8:52
39	7	W25 Amy Sams, 29*, Cedar Rapids, IA	27:34	8:52
40	4	W40 Stephanie Frazee, 41*, Fairfax, IA	27:43	8:55
41	3	W30 Jennifer Buresh, 34*, Ely, IA	27:43	8:55
42	4	W35 Lisa Hawkins, 38*, Swisher, IA	27:44	8:55
98	7	M30 Patrick St John, 32, Cedar Rapids, IA	27:45	8:56
43	8	W16 Ashley Atkinson, 18*, Cedar Rapids, IA	27:46	8:56
44	4	W30 Krist Emick, 30*, Ankeny, IA	27:47	8:56
45	11	JrW Kenzy Lewis, 15*, Cedar Rapids, IA	27:47	8:56
99	37	JrM Josh Casey, 10, Cedar Rapids, IA	27:48	8:57
100	38	JrM Paul Budde, 14, Waterloo, IA	27:48	8:57
101	4	M20 Jared Novack, 21, Cedar Rapids, IA	27:49	8:57
46	8	W25 YiFer Wang, 26*, Cedar Rapids, IA	27:51	8:58
47	5	W35 Diane Berns, 36*, North Liberty, IA	27:52	8:58
48	6	W35 Darci John, 36*, Cedar Rapids, IA	27:53	8:58
49	7	W35 Kelly Jensen, 37*, Toddville, IA	27:54	8:59
50	12	JrW Shanay Gonder, 12*, Cedar Rapids, IA	27:54	8:59
51	5	W30 Jennifer Joyce, 33*, Hiawatha, IA	27:55	8:59
102	11	M25 Nik Sternowski, 28, Marion, IA	27:56	8:59
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				
52	9	W16 Katie Schreck, 18*, Cedar Rapids, IA	27:57	9:00
53	10	W16 Bridget Menge, 18*, Cedar Rapids, IA	27:58	9:00
103	39	JrM Brady Bednar, 15, Hiawatha, IA	27:58	9:00
104	8	M30 Mike Davies, 30, Cedar Rapids, IA	27:59	9:00
105	40	JrM Jason Smith, 14, Cedar Rapids, IA	28:05	9:02
106	12	M25 Jovan Hernandez, 29, Coralville, IA	28:07	9:03
107	5	M20 Nick Young, 24, Chicago, IL	28:08	9:03
108	11	M40 Roger Primrose, 40, Clive, IA	28:09	9:03
109	8	M35 Matthew Russell, 35, Cedar Rapids, IA	28:09	9:04
110	41	JrM Christian Nassif, 10, Cedar Rapids, IA	28:11	9:04
111	9	M35 Brian Rood, 38, Marion, IA	28:12	9:04
54	11	W16 Abbey L Kleiman, 16*, Cedar Rapids, IA	28:13	9:05
55	9	W25 Josie Smock, 28*, Center Point, IA	28:13	9:05
112	42	JrM Bryce Buresh, 9, Ely, IA	28:13	9:05

56	10	W25 Robin Budde, 28*, Cedar Rapids, IA	28:14	9:05
113	12	M40 Ben Ellis, 41, Cedar Rapids, IA	28:14	9:05
57	5	W20 Megan Strickler, 21*, Marion, IA	28:15	9:05
114	43	JrM Josh Chiavetta, 12, Marion, IA	28:15	9:05
115	8	M50 Rick Blackwell, 52, Cedar Rapids, IA	28:15	9:06
116	13	M40 Todd Hovey, 41, Cedar Rapids, IA	28:16	9:06
117	9	M30 Chris Weiland, 32, Cedar Rapids, IA	28:16	9:06
58	6	W20 Liz Langer, 21*, Monticello, IA	28:16	9:06
118	14	M40 Jim Brinkema, 43, Cedar Rapids, IA	28:16	9:06
59	6	W30 Deanna Fellmer, 33*, Cedar Rapids, IA	28:17	9:06
60	5	W40 Judy Robertson, 43*, Shellsburg, IA	28:17	9:06
61	1	W55 Anita K English, 56*, Marion, IA	28:17	9:06
62	6	W40 Ellen Bouchard, 42*, Cedar Rapids, IA	28:18	9:06
119	9	M50 Jerry Owens, 54, Des Moines, IA	28:18	9:06
63	7	W30 Carmen Weiland, 32*, Cedar Rapids, IA	28:20	9:07
120	1	M60 Tom Matthes, 60, Marion, IA	28:23	9:08
121	10	M50 Dennis Brant, 53, Mt. Vernon, IA	28:27	9:09
122	3	M55 Stephen Hauskins, 55, Cedar Rapids, IA	28:29	9:10
123	11	M50 Alan Marshall, 53, Center Point, IA	28:30	9:10
64	11	W25 Katie Luehrsmann, 28*, Hiawatha, IA	28:30	9:10
124	13	M25 Nic McMillin, 28, Marion, IA	28:32	9:11
125	12	M50 Scott Solyntves, 50, Center Point, IA	28:33	9:11
65	12	W25 Krystal Prideaux, 29*, Marion, IA	28:35	9:12
66	13	JrW Shelby Kindl, 12*, Iowa City, IA	28:35	9:12
126	13	M50 Scott Thompson, 50, Iowa City, IA	28:36	9:12
67	7	W40 Hunter J. Baldus, 44*, Cedar Rapids, IA	28:37	9:12
127	15	M40 Dan Sonnen, 41, Marion, IA	28:38	9:13
68	4	W45 Cathy Taylor, 45*, Cedar Rapids, IA	28:38	9:13
69	5	W45 Cindy Penney, 47*, Iowa City, IA	28:39	9:13
70	8	W40 Joy Long, 44*, Robins, IA	28:40	9:14
71	9	W40 Kristi Bahl, 42*, Lisbon, IA	28:41	9:14
72	6	W45 Barb Weber, 48*, Robins, IA	28:43	9:14
73	8	W30 Suzanne Ramsey Carter, 33*, Cedar Rapids, IA	28:43	9:14
74	10	W40 Paige Butterfield, 41*, Cedar Rapids, IA	28:43	9:14
128	10	M35 Noel Licht, 35, Cedar Rapids, IA	28:44	9:15
129	10	M30 Noland Gurwell, 32, Cedar Rapids, IA	28:45	9:15
75	12	W16 Kelly Thompson, 19*, Iowa City, IA	28:45	9:15
130	9	M16 Andrew Petersen, 18, Cedar Rapids, IA	28:46	9:15
131	6	M20 Chris Felder, 23, Cedar Rapids, IA	28:51	9:17
76	7	W45 Tracy Petersen, 47*, Cedar Rapids, IA	28:51	9:17
77	9	W30 Ruthie Donels, 33*, Cedar Rapids, IA	28:54	9:18
132	44	JrM Matt Goldsmith, 14, Hiawatha, IA	28:55	9:18
133	11	M30 Daniel Julicher, 30, Cedar Rapids, IA	28:57	9:19
134	12	M30 Greg Kindl, 32, Iowa City, IA	28:58	9:19
78	11	W40 Janan Brown, 43*, Cedar Rapids, IA	28:58	9:19
79	7	W20 Joanna Raab, 21*, Cedar Rapids, IA	28:59	9:19
135	4	M55 Michael Andersen, 57, Marion, IA	28:59	9:20
136	8	M45 Val Penney, 47, Iowa City, IA	29:02	9:21
80	10	W30 Susan Rollinger, 31*, Shellsburg, IA	29:03	9:21
81	8	W35 Kim Gordon, 36*, Marion, IA	29:04	9:21
82	13	W25 Angelique Eslami, 29*, Coralville, IA	29:04	9:21
83	8	W20 Megan Elias, 20*, Cedar Rapids, IA	29:05	9:22
84	13	W16 Caitie Kuempel, 18*, Cedar Rapids, IA	29:07	9:22
85	2	W55 Rhonda Stallman, 56*, Cedar Rapids, IA	29:08	9:22
137	45	JrM Austin Gould, 12, Swisher, IA	29:09	9:23
138	2	M60 Joe Gevock, 60, Swisher, IA	29:10	9:23
86	11	W30 Denise Schremper, 34*, Des Moines, IA	29:11	9:23
139	14	M50 Gary Smith, 54, Cedar Rapids, IA	29:12	9:24
87	9	W35 Jennifer Moore, 39*, Cedar Rapids, IA	29:15	9:25
88	10	W35 Tina Schoner, 39*, Cedar Rapids, IA	29:15	9:25
89	11	W35 Jan Syata, 35*, Coralville, IA	29:16	9:25
140	14	M25 Derek Nohr, 29, Marion, IA	29:17	9:25
141	46	JrM Jacob Meyer, 14, Cedar Rapids, IA	29:17	9:25
142	13	M30 Jeremy Wieland, 32, Center Point, IA	29:18	9:26

143	47	JrM Caleb Mere, 14, Hiawatha, IA	29:19	9:26
144	7	M20 Ryne Nielsen, 21, Kailua, HI	29:19	9:26
90	12	W40 Deborah Neyens, 42*, Swisher, IA	29:20	9:26
145	16	M40 Doug Smith, 42, Cedar Rapids, IA	29:20	9:26
91	12	W35 Lynn Ties, 37*, Cedar Rapids, IA	29:21	9:27
92	12	W30 Amands Kramer, 30*, Cedar Rapids, IA	29:22	9:27
146	48	JrM Jimmy Cunningham, 13, Cedar Rapids, IA	29:22	9:27
147	9	M45 Joe Cunningham, 49, Cedar Rapids, IA	29:23	9:27
148	11	M35 Brett Rayer, 35, Cedar Rapids, IA	29:23	9:27
93	14	W25 Tera Sheetz, 29*, Hiawatha, IA	29:24	9:27
94	14	JrW Hannah Plagman, 15*, Cedar Rapids, IA	29:24	9:28
95	15	JrW McKenna Feltes, 15*, Cedar Rapids, IA	29:25	9:28
149	49	JrM Diego Gallardo, 10, Cedar Rapids, IA	29:26	9:28
150	12	M35 Bob Erger, 37, Swisher, IA	29:27	9:29
151	15	M25 Lane McMullen, 29, North Liberty, IA	29:27	9:29
152	14	M30 Brahn Timmons, 31, Norway, IA	29:28	9:29
153	50	JrM Ben Streit, 15, Macomb, IL	29:29	9:29
154	51	JrM Bryce Cardis, 10, Cedar Rapids, IA	29:32	9:30
155	52	JrM Nick Dunne, 12, Cedar Rapids, IA	29:32	9:30
96	15	W25 Rachel Fitzpatrick, 27*, Dubuque, IA	29:33	9:30
156	15	M30 Tom Harrington, 34, Cedar Rapids, IA	29:35	9:31
97	8	W45 Lanette Faaborg, 45*, Cedar Rapids, IA	29:35	9:31
157	10	M45 Ron Ricklefs, 47, Cedar Rapids, IA	29:37	9:32
98	16	W25 Margaret Waskul, 29*, Vinton, IA	29:37	9:32
99	17	W25 Sandra Shover, 28*, Cedar Rapids, IA	29:38	9:32
158	53	JrM Skeeter Jasper, 10, Cedar Rapids, IA	29:38	9:32
159	54	JrM Jaycie Kortemeyer, 11, Cedar Rapids, IA	29:39	9:32
100	13	W30 Robin Miell, 32*, Cedar Rapids, IA	29:39	9:32
160	15	M50 Timothy P. Boyle, 52, Cedar Rapids, IA	29:39	9:33
161	16	M30 Shane Rhoads, 34, Cedar Rapids, IA	29:40	9:33
101	13	W40 Leslie French, 41*, Cedar Rapids, IA	29:41	9:33
102	18	W25 Jessica Parker, 25*, Marion, IA	29:41	9:33
103	9	W20 Jenny Weber, 24*, Cedar Rapids, IA	29:42	9:33
162	17	M30 Brian Stapley, 33, Marion, IA	29:44	9:34
163	55	JrM Nate Jasper, 11, Cedar Rapids, IA	29:44	9:34
164	17	M40 Duane Jasper, 41, Cedar Rapids, IA	29:45	9:34
104	16	JrW McKenna Hogan, 15*, Coggon, IA	29:45	9:34
105	10	W20 Laura Leah White, 24*, Central City, IA	29:46	9:35
106	17	JrW Lydia Martin, 11*, Cedar Rapids, IA	29:46	9:35
107	18	JrW Colleen Bouchard, 15*, Cedar Rapids, IA	29:50	9:36
108	19	JrW Hannah Vanourney, 13*, Cedar Rapids, IA	29:52	9:37
109	20	JrW Anna Frerichs, 9*, Cedar Rapids, IA	29:53	9:37
165	10	M16 Joe Frerichs, 16, Cedar Rapids, IA	29:55	9:38
166	16	M25 Tony Nurre, 29, Marion, IA	29:57	9:38
110	13	W35 Tracy Simmons, 37*, Cedar Rapids, IA	29:58	9:38
111	14	W30 Laura Gangestad, 33*, Marion, IA	29:59	9:39
167	17	M25 Chad Winterhof, 29, Cedar Rapids, IA	30:01	9:39
112	15	W30 Alisha Yi, 30*, Marion, IA	30:01	9:40
113	1	W50 Diane Marshall, 51*, Center Point, IA	30:02	9:40
114	14	W35 Liz Efting, 39*, Cedar Rapids, IA	30:02	9:40
115	19	W25 Kyanna Wieselers, 29*, Marion, IA	30:03	9:40
168	13	M35 Darrell Chiavetta, 36, Marion, IA	30:03	9:40
116	21	JrW Stephanie Wheeler, 15*, Cedar Rapids, IA	30:05	9:41
117	14	W40 Lois Byers, 43*, Marion, IA	30:05	9:41
118	11	W20 Kristy Larsen, 24*, Ames, IA	30:06	9:41
169	14	M35 Rob Justis, 37, Cedar Rapids, IA	30:10	9:43
119	9	W45 Karee Dietrich, 45*, Newhall, IA	30:13	9:43
170	18	M40 Michael McElmeel, 43, Cedar Rapids, IA	30:17	9:45
120	14	W16 Andria Pooley, 19*, Solon, IA	30:18	9:45
171	11	M45 Randy Atkinson, 46, Cedar Rapids, IA	30:18	9:45
121	15	W16 Kirsten Jacobsen, 18*, Cedar Rapids, IA	30:19	9:45
122	16	W16 Sam Hartkemeyer, 18*, Hiawatha, IA	30:19	9:45
123	22	JrW Gail Barnum, 14*, Cedar Rapids, IA	30:21	9:46
124	12	W20 Stephanie Davis, 24*, Cedar Rapids, IA	30:22	9:46
125	2	W50 Sue Martin, 52*, Chelsea, IA	30:23	9:46

126	3	W50 Jean Sippy, 53*, Swisher, IA	30:24	9:47
127	15	W35 Michelle Cue, 35*, Cedar Rapids, IA	30:27	9:48
128	15	W40 Mary Jones, 42*, Robins, IA	30:28	9:48
129	16	W35 Elizabeth Shandefor, 35*, Cedar Rapids, IA	30:31	9:49
172	56	JrM Michael Jacobsen, 15, Cedar Rapids, IA	30:32	9:49
130	17	W35 Melissa Macdonald, 39*, Anamosa, IA	30:36	9:51
131	18	W35 Tawnie Kerska, 35*, Cedar Rapids, IA	30:37	9:51
132	19	W35 Kathy Moser, 36*, Hiawatha, IA	30:38	9:51
133	16	W30 Angie Smith, 34*, Cedar Rapids, IA	30:38	9:52
134	10	W45 Tracy Jandik, 46*, Cedar Rapids, IA	30:39	9:52
135	3	W55 Alice Gansen, 55*, Toddville, IA	30:40	9:52
173	18	M30 Shane Remington, 32, Marion, IA	30:40	9:52
136	17	W30 Joan Kimm, 33*, Hiawatha, IA	30:41	9:52
174	18	M25 Michael Chang, 28, Iowa City, IA	30:43	9:53
137	20	W25 Heidi Hehnly, 25*, Iowa City, IA	30:43	9:53
175	19	M30 Andrew Elwood, 32, Cedar Rapids, IA	30:47	9:54
138	21	W25 Sarah Schulz, 26*, Hiawatha, IA	30:47	9:54
139	22	W25 Rebecca Winters, 28*, Cedar Rapids, IA	30:48	9:55
176	19	M40 Randy Harris, 40, Cedar Rapids, IA	30:48	9:55
140	16	W40 Christine Vorhies, 40*, Cedar Rapids, IA	30:50	9:55
177	57	JrM Nathan Castek, 14, Hiawatha, IA	30:51	9:55
178	58	JrM Ty Ovel, 10, Cedar Rapids, IA	30:54	9:57
179	12	M45 Jon Jacobsen, 47, Cedar Rapids, IA	30:54	9:57
141	13	W20 Laura Traynelis, 21*, Iowa City, IA	30:56	9:57
142	23	JrW Alexis Henderson, 13*, Robins, IA	30:58	9:58
143	20	W35 Tricia Henderson, 37*, Robins, IA	30:59	9:58
144	17	W16 Kristine Gift, 16*, Cedar Rapids, IA	30:59	9:58
180	59	JrM Sam Priske, 13, Eldora, IA	31:01	9:59
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				
145	18	W16 Olivia Mehring, 16*, Cedar Rapids, IA	31:03	10:00
146	14	W20 Amanda Roling, 21*, Cedar Rapids, IA	31:04	10:00
147	19	W16 Mara Jones, 17*, Robins, IA	31:05	10:00
181	16	M50 Dean Jandik, 53, Cedar Rapids, IA	31:06	10:00
148	18	W30 Shelly Johannes, 30*, Cedar Rapids, IA	31:09	10:01
149	24	JrW Rachel Schueller, 13*, Cedar Rapids, IA	31:12	10:02
150	11	W45 Jean Bednar, 45*, Hiawatha, IA	31:14	10:03
151	25	JrW Melissa Phillips, 15*, Marion, IA	31:14	10:03
152	4	W50 Marlene Golinvaux, 52*, Cedar Rapids, IA	31:15	10:03
153	12	W45 Ann Oglesby, 49*, Cedar Rapids, IA	31:18	10:04
154	19	W30 Jenny Owens, 33*, Cedar Rapids, IA	31:19	10:04
155	17	W40 Elgean Brandenburg, 40*, Hiawatha, IA	31:19	10:05
156	21	W35 Christy Rafson, 38*, Cedar Rapids, IA	31:22	10:06
157	23	W25 Amber Cook, 29*, Marion, IA	31:23	10:06
158	26	JrW Jade Becker, 15*	31:23	10:06
159	27	JrW Carolyn Newhouse, 13*, Cedar Rapids, IA	31:24	10:06
160	28	JrW Lexi Bernstein, 13*, Cedar Rapids, IA	31:24	10:06
161	24	W25 Sarah St John, 28*, Cedar Rapids, IA	31:25	10:06
162	20	W30 Jessica Timmons, 30*, Norway, IA	31:25	10:07
163	21	W30 Megan Schiebel, 30*, Washington, IA	31:26	10:07
182	20	M30 Brian Jacobowitz, 30, Cedar Rapids, IA	31:26	10:07
183	20	M40 David Jontz, 42, Cedar Rapids, IA	31:26	10:07
164	18	W40 Cheryl Jontz, 43*, Cedar Rapids, IA	31:27	10:07
165	29	JrW Kourtney Rush, 10*, Cedar Rapids, IA	31:27	10:07
166	22	W35 Kari Brych, 36*, Cedar Rapids, IA	31:28	10:08
167	13	W45 Caren Wasta, 45*, Cedar Rapids, IA	31:29	10:08
184		Tanner Hllickson	31:30	10:08
168	19	W40 Jill Weigel, 41*, Cedar Rapids, IA	31:34	10:09
169	30	JrW Ashley Hawkins, 12*, Swisher, IA	31:37	10:10
185	60	JrM Nicholas Gray, 11, Marion, IA	31:38	10:11
170	25	W25 Chantelle Dietrich, 28*, Marion, IA	31:38	10:11
171	23	W35 Bambi Slagle, 38*, Marion, IA	31:41	10:12
186	15	M35 Jeff Johnson, 38, Robins, IA	31:44	10:13
172	20	W40 Beth Geiger, 43*, Cedar Rapids, IA	31:45	10:13
187	21	M30 Lukas Anderson, 31, Cedar Rapids, IA	31:46	10:13

188	22	M30 Jeff Rollinger, 31, Shellsburg, IA	31:48	10:14
173	22	W30 Tiffany Miller, 30*, Cedar Rapids, IA	31:50	10:14
174	23	W30 Jennifer Pettyjohn, 33*, Cedar Rapids, IA	31:50	10:15
189	16	M35 Troy Montgomery, 37, Cedar Rapids, IA	31:51	10:15
190	13	M45 Mike Zlatohlavek, 49, Cedar Rapids, IA	31:52	10:15
191	61	JrM Daxton Berger, 12, Cedar Rapids, IA	31:53	10:15
175	15	W20 Mary Welper, 22*, Lansing, IA	31:54	10:16
176	16	W20 Sarah Dawson, 21*, Cedar Rapids, IA	31:55	10:16
177	26	W25 Janet Jorgensen, 28*, Marion, IA	31:55	10:16
178	17	W20 Kristen Cunningham, 21*, Cedar Rapids, IA	31:56	10:16
192	14	M45 Michael Heater, 45, Marion, IA	31:56	10:17
193	21	M40 Darren Heater, 40, Marion, IA	31:57	10:17
179	24	W30 Megan Heater, 31*, Marion, IA	32:00	10:18
180	20	W16 Katy Heater, 18*, Marion, IA	32:01	10:18
194	23	M30 Chad Rainwater, 33, Urbandale, IA	32:02	10:18
195	24	M30 Dan Fitzgerald, 33, Cedar Rapids, IA	32:02	10:18
181	31	JrW Abbey Wharton, 15*, Cedar Rapids, IA	32:03	10:19
182	32	JrW Noel Dirks, 15*, Cedar Rapids, IA	32:07	10:20
183	18	W20 Melea White, 23*, Cedar Rapids, IA	32:08	10:20
184	27	W25 Katie O'Dwyer, 28*, Cedar Rapids, IA	32:08	10:20
196	5	M55 Bill Robinson, 55, Cedar Rapids, IA	32:08	10:20
185	21	W40 Angela Montelius, 41*, Cedar Rapids, IA	32:09	10:21
186	24	W35 Sara Eisenberg, 36*, Iowa City, IA	32:09	10:21
187	22	W40 Tina Mueller, 42*, Cedar Rapids, IA	32:10	10:21
188	25	W35 Sally Hlubek, 37*, Cedar Rapids, IA	32:10	10:21
189	25	W30 Kelly Schirm, 34*, Cedar Rapids, IA	32:10	10:21
190	21	W16 Nicole Golinvaux, 19*, Cedar Rapids, IA	32:11	10:21
191	19	W20 Allison Parr, 24*, Cedar Rapids, IA	32:12	10:22
192	23	W40 Micki Crispin, 41*, Walford, IA	32:13	10:22
197	25	M30 Rahul Shinde, 30, Cedar Rapids, IA	32:13	10:22
193	20	W20 Shirley Watson, 22*, Robins, IA	32:16	10:23
194	14	W45 Colleen Scholer, 46*, Cedar Rapids, IA	32:17	10:23
195	26	W35 Susan Harrington, 37*, Cedar Rapids, IA	32:19	10:24
196	26	W30 Jodie Stoessel, 33*, Cedar Rapids, IA	32:19	10:24
197	15	W45 Annette Martin, 45*, Cedar Rapids, IA	32:21	10:24
198	62	JrM Jared Smith, 13, Cedar Rapids, IA	32:23	10:25
198	27	W35 Kathy Walvoord, 39*, Cedar Rapids, IA	32:24	10:26
199	19	M25 Chris Banse, 28, Cedar Rapids, IA	32:25	10:26
200	11	M16 Michah Huish, 17, Center Point, IA	32:25	10:26
199	33	JrW Lauren Kirby, 15*, Cedar Rapids, IA	32:26	10:26
201	17	M35 Craig Kulish, 39, Center Point, IA	32:26	10:26
200	24	W40 Carolyn Kirby, 41*, Cedar Rapids, IA	32:28	10:27
202	63	JrM Zach Kulish, 15, Center Point, IA	32:32	10:28
201	27	W30 Maria Freerksen, 33*, Cedar Rapids, IA	32:33	10:28
202	28	W25 Rachel Prochaska, 25*, Cedar Rapids, IA	32:34	10:29
203	28	W30 Jennifer Biscard, 30*, North Liberty, IA	32:35	10:29
204	29	W25 Kimberly Throop, 25*, Altoona, IA	32:36	10:29
205	25	W40 Kathlee Frerichs, 44*, Cedar Rapids, IA	32:36	10:29
203	6	M55 Andrew Meyer, 55, Cedar Rapids, IA	32:36	10:30
204	3	M60 Bob Bauman, 62, Hiawatha, IA	32:37	10:30
206	29	W30 Jennifer Steffen, 34*, Cedar Rapids, IA	32:37	10:30
205	7	M55 Chuck Lemme, 55, Cedar Rapids, IA	32:40	10:31
207	30	W25 Kari Subbert, 28*, Cedar Rapids, IA	32:47	10:33
208	31	W25 Tiffany O'Brien, 26*, Marion, IA	32:47	10:33
209	26	W40 Kelly Simons, 43*, Cedar Rapids, IA	32:49	10:34
210	34	JrW Jaclyn Simons, 8*, Cedar Rapids, IA	32:49	10:34
206	64	JrM Christopher Streit, 12, Macomb, IL	32:49	10:34
211	27	W40 Ronda Streit, 40*, Macomb, IL	32:50	10:34
212	35	JrW Ashley Heffernan, 14*, Cedar Rapids, IA	32:50	10:34
213	30	W30 Julianna Kennedy, 34*, Coralville, IA	32:50	10:34
214	36	JrW Courtney Bark, 14*, Marion, IA	32:51	10:34
215	37	JrW Kim Feldman, 15*, Cedar Rapids, IA	32:51	10:34
216	5	W50 Debra Robin, 53*, Coralville, IA	32:53	10:35
217	28	W40 Stephanie Burns, 44*, Ely, IA	32:53	10:35
218	38	JrW Kylie Coutentos, 12*, Cedar Rapids, IA	32:54	10:35

219	31	W30 Sarah Meyer, 34*, Cedar Rapids, IA	32:54	10:35
207	65	JrM Austin Smith, 15, Cedar Rapids, IA	32:56	10:36
220	28	W35 Lisa Stroschine, 36*, Cedar Rapids, IA	32:56	10:36
221	21	W20 Ashley Meskimen, 24*, Cedar Rapids, IA	32:57	10:36
222	29	W35 Cindy Sulwer, 37*, North Liberty, IA	32:57	10:36
208	18	M35 John Buresh, 36, Ely, IA	32:59	10:37
223	22	W20 Rachel Devries, 23*, Cedar Rapids, IA	33:00	10:37
209	8	M20 Bradley Lown, 20, Walford, IA	33:01	10:38
224	30	W35 Laurie Davis, 35*, Cedar Rapids, IA	33:02	10:38
210	20	M25 Essam El Nardiry, 27, Cedar Rapids, IA	33:04	10:38
225	39	JrW Anna Petersen, 9*, Cedar Rapids, IA	33:05	10:39
211	21	M25 Roger Davis, 27, Iowa City, IA	33:05	10:39
226	29	W40 Cheryl Frazier, 43*, Marion, IA	33:06	10:39
227	32	W25 Stephanie Pierce, 25*, Iowa City, IA	33:08	10:40
228	33	W25 Sondra Cue, 26*, Walker, IA	33:08	10:40
212	17	M50 Peter Watson, 51, Cedar Rapids, IA	33:09	10:40
229	30	W40 Chris Strand, 44*, Cedar Rapids, IA	33:09	10:40
230	22	W16 Elizabeth Watson, 19*, Cedar Rapids, IA	33:11	10:41
231	23	W16 Alison Charipar, 18*, Cedar Rapids, IA	33:12	10:41
213	15	M45 Paul Charipar, 45, Cedar Rapids, IA	33:12	10:41
214	22	M40 Devin Emrich, 43, Cedar Rapids, IA	33:12	10:41
232	32	W30 Nicky Stansell, 33*, Hiawatha, IA	33:14	10:42
215	22	M25 Phil Hartgrave, 27, Cedar Rapids, IA	33:18	10:43
216	66	JrM Evan Bednar, 10, Hiawatha, IA	33:18	10:43
217	16	M45 Jeff Ernst, 46, Marion, IA	33:19	10:43
233	40	JrW Carly Beastrom, 12*, Cedar Rapids, IA	33:20	10:44
234	41	JrW Tarah Daleness, 15*, Cedar Rapids, IA	33:20	10:44
218	17	M45 Chris Shilhanek, 45, Carl Junction, MO	33:22	10:44
235	23	W20 Katie Clime, 24*, Iowa, IA	33:22	10:44
236	31	W35 Athena Lance, 38*, Solon, IA	33:22	10:44
237	34	W25 Erin Burnight, 27*, Coralville, IA	33:23	10:44
219	19	M35 Jim Lance, 38, Solon, IA	33:24	10:45
220	9	M20 Lance Allison, 20, Cedar Rapids, IA	33:24	10:45
221	67	JrM Kevin Fagan, 12, Glen Ellyn, IL	33:25	10:45
238	24	W16 Sasha Barnum, 18*, Cedar Rapids, IA	33:27	10:46
222	26	M30 Neil Murrin, 32, Cedar Rapids, IA	33:27	10:46
223	27	M30 K J Pilcher, 32, Cedar Rapids, IA	33:30	10:47
224	20	M35 Dave Rose, 39, Cedar Rapids, IA	33:37	10:49
239	33	W30 Molly Berndt, 33*, Marion, IA	33:40	10:50
240	24	W20 Andrea Skopec, 21*, Cedar Falls, IA	33:42	10:51
241	34	W30 Rachael Barrow, 33*, Cedar Rapids, IA	33:43	10:51
242	35	W30 Rosa Paget, 32*, Cedar Rapids, IA	33:43	10:51
225	21	M35 Mark Macdonald, 38, Anamosa, IA	33:47	10:52
226	8	M55 Thomas Yops, 55, Marion, IA	33:47	10:52
227	28	M30 Keith Steurer, 32, North Liberty, IA	33:48	10:53
243	35	W25 Kelly Barry, 28*, Marion, IA	33:51	10:53
228	68	JrM James Macdougall, 10, Swisher, IA	33:51	10:54
229	18	M45 Doug Macdougall, 45, Swisher, IA	33:53	10:54
244	25	W20 Chelsea Meyer, 21*, Cedar Rapids, IA	33:53	10:54
245	32	W35 Angela Wiegand, 35*, Cedar Rapids, IA	33:54	10:55
246	6	W50 Sandra Raab, 54*, Cedar Rapids, IA	33:54	10:55
230	23	M25 Daniel Stringer, 27, Iowa City, IA	33:57	10:56
247	16	W45 Teresa Warbasse, 45*, Cedar Rapids, IA	33:59	10:56
248	42	JrW Haley Vanourney, 10*, Cedar Rapids, IA	33:59	10:56
231	23	M40 Don Vanourney, 40, Cedar Rapids, IA	34:00	10:56
249	36	W30 Sara Shewry, 30*, Cedar Rapids, IA	34:00	10:56
250	36	W25 Lindsey Hartgrave, 26*, Cedar Rapids, IA	34:00	10:57
251	37	W25 Abby Regennitter, 27*, Marion, IA	34:04	10:58
252	38	W25 Jennifer Tyler, 27*, Moscow, IA	34:04	10:58
232	19	M45 Wayne Cook, 45, Cedar Rapids, IA	34:04	10:58
253	39	W25 Dulcie Zirnheld, 27*, West Des Moines, IA	34:05	10:58
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				
254	40	W25 Christina Littler, 29*, Cedar Rapids, IA	34:12	11:00
233	24	M25 Koo Anil Kumar, 28, Cedar Rapids, IA	34:13	11:01

255	26	W20 Megan Twachtmann, 20*, Marion, IA	34:14	11:01
256	25	W16 Alex Ward, 19*, Marion, IA	34:15	11:01
234	12	M16 Nick Costigan, 16, Center Point, IA	34:18	11:02
235	29	M30 Chad Pettyjohn, 34, Cedar Rapids, IA	34:19	11:02
257	41	W25 Nichole Sellner, 29*, Cedar Rapids, IA	34:20	11:03
258	33	W35 Mandy Chase, 36*, Danville, IA	34:22	11:03
259	31	W40 Julie Coppock, 44*, Marion, IA	34:23	11:04
260	26	W16 Nicole Tiedt, 18*, Cedar Rapids, IA	34:30	11:06
236	13	M16 Matthew Giersberg, 19, Cedar Rapids, IA	34:32	11:07
237	22	M35 Todd Montgomery, 38, Cedar Rapids, IA	34:33	11:07
261	27	W20 Sarah Dekarske, 23*, Cedar Rapids, IA	34:36	11:08
262	32	W40 Khanh Phan, 41*, Cedar Rapids, IA	34:37	11:08
263	42	W25 Hawley Landenberger, 28*, Cedar Rapids, IA	34:38	11:09
264	34	W35 Melinda McClintock, 39*, Vinton, IA	34:38	11:09
238	23	M35 Todd Bergman, 37, Ft. Lauderdale, FL	34:40	11:09
265	37	W30 Joi Bergman, 33*, Hiawatha, IA	34:40	11:09
239	24	M35 Ed Leeson, 36, Cedar Rapids, IA	34:42	11:10
266	17	W45 Maryann Baldwin, 47*, Marion, IA	34:42	11:10
267	18	W45 Deb Cardis, 47*, Cedar Rapids, IA	34:43	11:10
268	38	W30 Bretta Miller, 33*, Cedar Rapids, IA	34:43	11:10
269	33	W40 Laura Dawson, 42*, Cedar Rapids, IA	34:44	11:11
240	9	M55 Chuck Hauck, 56, Coralville, IA	34:44	11:11
270	43	JrW Lauren Sines, 14*, Cedar Rapids, IA	34:45	11:11
241	25	M25 Sri G Santhiveeran, 26, Cedar Rapids, IA	34:46	11:11
271	43	W25 Andi Fuemmeler, 27*, Cedar Rapids, IA	34:48	11:12
242	18	M50 Steve Kerska, 53, Cedar Rapids, IA	34:48	11:12
272	35	W35 Sara Baldus, 38*, Cedar Rapids, IA	34:50	11:13
273	39	W30 Audrey Baker, 30*, Cedar Rapids, IA	34:51	11:13
274	40	W30 Shawn Irons, 34*, Cedar Rapids, IA	34:52	11:13
275	34	W40 Julie Kraft, 42*, Robins, IA	34:56	11:14
276	28	W20 Janelle Stookesberry, 23*, Cedar Rapids, IA	34:56	11:15
277	35	W40 Becky Schulte, 41*, Cedar Rapids, IA	34:58	11:15
278	36	W35 Tina Schoenfelder, 36*, Robins, IA	34:59	11:15
279	27	W16 Alicia Strank, 18*, Solon, IA	35:01	11:16
280	36	W40 Mary Priske, 43*, Eldora, IA	35:01	11:16
281	37	W35 Karen Donahue, 39*, Cedar Rapids, IA	35:02	11:16
282	44	W25 Nicole Stepanek, 25*, Cedar Rapids, IA	35:03	11:17
283	7	W50 Janett Scott, 52*, Cedar Rapids, IA	35:03	11:17
284	28	W16 Lizzie Glantz, 18*, Cedar Rapids, IA	35:03	11:17
243	26	M25 Scott Kohnert, 25, Cedar Rapids, IA	35:08	11:18
244	30	M30 Eric T Johnson, 33, North Liberty, IA	35:09	11:19
245	25	M35 Marc Barrow, 35, Cedar Rapids, IA	35:18	11:22
285	44	JrW Rylie Frese, 10*, Cedar Rapids, IA	35:21	11:22
286	37	W40 Wendy Frese, 40*, Cedar Rapids, IA	35:34	11:27
287	8	W50 Nanette Waddilove, 50*, Cedar Rapids, IA	35:35	11:27
246	19	M50 Tim Waddilove, 50, Cedar Rapids, IA	35:36	11:27
247	31	M30 Brian Ford, 31, Cedar Rapids, IA	35:36	11:27
288	41	W30 Stacy Fish, 32*, Marion, IA	35:37	11:28
289	29	W20 Tami Schulte, 24*, Norway, IA	35:38	11:28
290	38	W35 Susan Christensen, 39*, Cedar Rapids, IA	35:41	11:29
291	30	W20 Allison Davenport, 24*, Cedar Rapids, IA	35:46	11:31
292	29	W16 Courtney Gehl, 18*, Cedar Rapids, IA	35:52	11:32
293	30	W16 Jenna Wilkin, 18*, Cedar Rapids, IA	35:52	11:33
248	69	JrM Andres Gallardo, 8, Cedar Rapids, IA	35:57	11:34
294	39	W35 Tara Russell, 38*, Cedar Rapids, IA	35:58	11:34
295	9	W50 Claudia Thomas, 52*, Cedar Rapids, IA	36:02	11:36
296	45	W25 Natalie Heineman, 26*, Marion, IA	36:03	11:36
297	38	W40 Amy Boyle, 44*, Cedar Rapids, IA	36:03	11:36
298	10	W50 Nancy Harris, 54*, Marion, IA	36:04	11:36
299	31	W20 Katie Engle, 21*, Cedar Rapids, IA	36:05	11:37
300	39	W40 Mary Chizek, 44*, Cedar Rapids, IA	36:06	11:37
301	42	W30 Karen Daubs, 32*	36:10	11:38
249	10	M20 Bob Gaffney, 21, Manchester, IA	36:11	11:38
302	46	W25 Joanna Nohr, 29*, Marion, IA	36:12	11:39
250	70	JrM Jordan Muller, 13, Atkins, IA	36:12	11:39

251	11	M20 Joshua Solyntves, 23, Cedar Rapids, IA	36:13	11:39
303	40	W40 Kristin Lee, 42*, Walford, IA	36:15	11:40
304	41	W40 Lori Miene, 41*, Cedar Rapids, IA	36:16	11:40
252	24	M40 Joe Freeland, 42, Central City, IA	36:21	11:42
305	47	W25 Kelly Kindl, 28*, Cedar Rapids, IA	36:26	11:43
253	1	M65 Terry Rawson, 65, Palo, IA	36:27	11:44
306	48	W25 Amy Clark, 28*, North Liberty, IA	36:29	11:44
307	32	W20 Katie Gano, 22*, Cedar Rapids, IA	36:29	11:44
308	49	W25 Alicia Hayes, 29*, Fairfax, IA	36:31	11:45
254	32	M30 Rob Sternowski, 34, Cedar Rapids, IA	36:31	11:45
309	40	W35 Cheryl Kamman, 37*, Cedar Rapids, IA	36:32	11:45
310	43	W30 Stephanie Fangmann, 33*, Ely, IA	36:33	11:46
311	45	JrW Holly Stepanek, 15*, Cedar Rapids, IA	36:34	11:46
312	46	JrW Emily Huber, 14*, Cedar Rapids, IA	36:35	11:46
313	47	JrW Madison Wolter, 13*, Palo, IA	36:37	11:47
314	41	W35 Kristin Wolter, 37*, Palo, IA	36:40	11:48
315	42	W40 Nancy Zlatohlavek, 41*, Cedar Rapids, IA	36:41	11:48
255	10	M55 Michael Beccario, 59, Cedar Rapids, IA	36:43	11:49
316	44	W30 Billie Platner, 32*, Marion, IA	36:45	11:50
317	33	W20 Sarah Daley, 23*, Cedar Rapids, IA	36:46	11:50
318	4	W55 Sharon Burns-Knutson, 59*, Cedar Rapids, IA	36:46	11:50
319	19	W45 Deena Kuempel, 48*, Cedar Rapids, IA	36:47	11:50
320	42	W35 Sandi Daubs, 38*, Marion, IA	36:48	11:50
321	45	W30 Ann Roushar, 34*, Cedar Rapids, IA	36:48	11:51
256	71	JrM Seth Dunne, 12, Cedar Rapids, IA	36:49	11:51
257	33	M30 Rob Markut, 33, Cedar Rapids, IA	36:51	11:52
322	43	W35 Rhonda Ash, 39*, Cedar Rapids, IA	36:54	11:52
323	5	W55 Mary Wilcynski, 56*, Cedar Rapids, IA	36:55	11:53
324	20	W45 Debra Thompson, 48*, Iowa City, IA	36:57	11:53
325	31	W16 Elizabeth Morgan, 18*, Toddville, IA	36:59	11:54
326	50	W25 Marsha Johnson, 25*, Cedar Rapids, IA	37:07	11:57
258	25	M40 Tim Kroeze, 42, Cedar Rapids, IA	37:08	11:57
259	72	JrM Kevin Simons, 11, Cedar Rapids, IA	37:09	11:57
260	20	M45 Chris Simons, 46, Cedar Rapids, IA	37:11	11:58
327	48	JrW Eileen Fagen, 11*, Cedar Rapids, IA	37:12	11:58
261	73	JrM Jake Dunne, 14, Cedar Rapids, IA	37:12	11:58
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				
262	26	M40 David Dunne, 44, Cedar Rapids, IA	37:16	12:00
328	49	JrW Kaitlyn Rush, 12*, Cedar Rapids, IA	37:19	12:00
329	44	W35 Kim Schrock, 38*, Cedar Rapids, IA	37:21	12:01
330	46	W30 Robyn Emrich, 32*, Marion, IA	37:22	12:01
263	11	M55 Bradley Ross, 56, Vinton, IA	37:27	12:03
264	27	M40 Joe Mlodzik, 41, Cedar Rapids, IA	37:27	12:03
265	12	M20 Andrew Nelson, 22, Cedar Falls, IA	37:30	12:04
331	34	W20 Ashley Zappa, 21*, Cedar Rapids, IA	37:30	12:04
332	11	W50 Carol Montag, 53*, Cedar Rapids, IA	37:32	12:05
333	45	W35 Wahneta Dimmer, 38*, Cedar Rapids, IA	37:35	12:06
266	12	M55 Garry Payne, 56, Cedar Rapids, IA	37:36	12:06
267	74	JrM Bentley Birchansky, 9, Cedar Rapids, IA	37:37	12:06
268	75	JrM Samuel Miller, 14, Cedar Rapids, IA	37:39	12:07
334	32	W16 Megan O'Keefe, 17*, Cedar Rapids, IA	37:54	12:12
335	43	W40 Cyndie Birchansky, 44*, Cedar Rapids, IA	37:54	12:12
336	47	W30 Wendi Olney, 33*, Liberty Township, OH	37:56	12:12
337	6	W55 Marie Lanphere, 55*, Swisher, IA	37:57	12:13
338	46	W35 Molly Murphy, 35*, Cedar Rapids, IA	37:57	12:13
339	48	W30 Ami Wagner, 32*, West Des Moines, IA	38:02	12:14
269	28	M40 Daniel Huber, 44, Coggon, IA	38:04	12:15
340	33	W16 Jade McElmeel, 16*, Cedar Rapids, IA	38:05	12:15
341	49	W30 Heather Akers, 31*, Cedar Rapids, IA	38:05	12:15
342	34	W16 Kelsey Ransom, 18*, Marion, IA	38:06	12:16
343	35	W16 Meghan Schneekloth, 18*, Marion, IA	38:06	12:16
344	44	W40 Carol Dunne, 42*, Cedar Rapids, IA	38:08	12:16
345	47	W35 Ann Smith, 35*, Cedar Rapids, IA	38:08	12:16
346	36	W16 Ashley Haight, 16*, Cedar Rapids, IA	38:11	12:17

347	37	W16 Jessica Henderson, 16*, Cedar Rapids, IA	38:16	12:19
348	48	W35 Sue Olney, 39*, Solon, IA	38:21	12:20
349	12	W50 Eileen Akers, 51*, Cedar Rapids, IA	38:22	12:21
350	45	W40 Sarah Cotty, 43*, Cedar Rapids, IA	38:23	12:21
351	21	W45 Kathleen Donnelly, 48*, Cedar Rapids, IA	38:23	12:21
270	4	M60 Steve Abell, 61, Cedar Rapids, IA	38:24	12:21
352	49	W35 Kendra Hanzlik, 37*, Cedar Rapids, IA	38:25	12:22
353	22	W45 Mary Silver, 47*, Toddville, IA	38:26	12:22
354	35	W20 Jill Dobler, 24*, Cedar Rapids, IA	38:29	12:23
355	36	W20 Amanda McWherter, 20*, Cedar Rapids, IA	38:30	12:23
271	76	JrM Ian Long, 13, Robins, IA	38:30	12:23
272	26	M35 Roderick Hullaby, 39, Cedar Rapids, IA	38:31	12:24
356	50	W35 Gina Holmstedt, 35*, Cedar Rpd, IA	38:42	12:27
357	50	W30 Jennifer Jauron, 31*, Anamosa, IA	38:54	12:31
358	37	W20 Ashley Niffenegger, 22*, Marion, IA	39:05	12:35
273	34	M30 Ian Harrold, 30, West Des Moines, IA	39:06	12:35
359	38	W20 Amber Sattler, 22*, Iowa City, IA	39:06	12:35
360	39	W20 Stephanie Holub, 24*, Cedar Rapids, IA	39:08	12:36
361	50	JrW Kate Costigan, 13*, Center Point, IA	39:22	12:40
362	51	W30 Mickie Weber, 30*, Manchester, IA	39:24	12:41
363	1	W60 Chin Stone, 62*, Manchester, IA	39:25	12:41
274	27	M25 Greg Johnson, 25, Cedar Rapids, IA	39:26	12:41
364	2	W60 Alice Wasson, 62*, Cedar Rapids, IA	39:26	12:41
275	77	JrM Zach Schnoebelen, 11, Cedar Rapids, IA	39:27	12:42
365	51	JrW Sydney Knox, 12*, Cedar Rapids, IA	39:30	12:43
366	13	W50 Maureen Engle, 50*, Cedar Rapids, IA	39:31	12:43
276	13	M55 Lee Kirsch, 55, Iowa City, IA	39:40	12:46
367	52	W30 Kim Carney, 34*, Cedar Rapids, IA	39:47	12:48
368	51	W35 Rachel Ipsan, 39*, Cedar Rapids, IA	39:55	12:51
369	53	W30 Jennifer Goedken, 33*, Hiawatha, IA	39:57	12:51
370	46	W40 Johnna Neary, 43*, Iowa City, IA	39:58	12:52
371	54	W30 Tammy Potter, 31*, Marion, IA	39:58	12:52
277	29	M40 Matt Butler, 41, Cedar Rapids, IA	40:14	12:57
372	40	W20 Maria Bock, 20*, Cedar Rapids, IA	40:19	12:58
373	23	W45 Cheryl Bock, 48*, Cedar Rapids, IA	40:20	12:59
374	55	W30 Shaye Shilhanek, 34*, Carl Junction, MO	40:21	12:59
375	24	W45 Lori Montgomery, 45*, Cedar Rapids, IA	40:22	12:59
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				
376	38	W16 Shannon Schreur, 17*, Cedar Rapids, IA	40:24	13:00
377	52	W35 Shelley Payne, 37*, Cedar Rapids, IA	40:27	13:01
378	56	W30 Laurie Mead, 34*, Toddville, IA	40:28	13:01
278	14	M55 Charles Raab, 58, Cedar Rapids, IA	40:29	13:02
379	52	JrW Laura Payne, 12*, Cedar Rapids, IA	40:30	13:02
380	51	W25 Staci Hilsabeck, 25*, Cedar Rapids, IA	40:34	13:03
381	47	W40 Tamara Rawson, 40*, Cedar Rapids, IA	40:35	13:04
382	14	W50 Chris Davis, 50*, Lakeville, IA	40:35	13:04
279	27	M35 Troy Thompson, 39, Cedar Rapids, IA	40:36	13:04
383	52	W25 Traci Vanquakebeke, 27*, Cedar Rapids, IA	40:38	13:05
384	57	W30 Bridget Heimer, 33*, Marion, IA	40:40	13:05
385	53	JrW Bailey Strausser, 15*, Cedar Rapids, IA	40:52	13:09
280	21	M45 Erica Petersen, 45, Cedar Rapids, IA	40:52	13:09
386	39	W16 Sally Ward, 17*, Marion, IA	40:57	13:11
281	5	M60 Dave Good, 60, Cedar Rapids, IA	41:00	13:12
387	3	W60 Kathy Good, 60*, Cedar Rapids, IA	41:27	13:20
282	20	M50 Timothy Cunningham, 50, Cedar Rapids, IA	41:28	13:21
283	78	JrM Jack Barnes, 9, Fairfax, IA	41:35	13:23
388	58	W30 Jolynn Barnes, 34*, Fairfax, IA	41:42	13:25
389	59	W30 Kim Beitz, 32*, Tiffin, IA	41:42	13:25
284	28	M35 Craig Medberry, 37, Marion, IA	41:49	13:27
390	15	W50 Teresa Ludolph, 52*, Marion, IA	41:51	13:28
391	54	JrW Lauren Resewehr, 8*, Cedar Rapids, IA	41:57	13:30
392	48	W40 Karla Resewehr, 41*, Cedar Rapids, IA	41:57	13:30
393	25	W45 Tana Leaverton, 46*, Cedar Rapids, IA	42:11	13:34
394	16	W50 Earlene Erbe, 53*, Cedar Rapids, IA	42:12	13:35

395	49	W40 Lois Vaske, 40*, Marion, IA	42:12	13:35
285	22	M45 Scott Vaske, 47, Marion, IA	42:12	13:35
396	53	W35 Julie Morningstar, 38*, Cedar Rapids, IA	42:13	13:35
397	54	W35 Allison Wilhelm, 36*, Cedar Rapids, IA	42:13	13:35
398	60	W30 Lori Vandeventer, 33*, Cedar Rapids, IA	42:14	13:35
399	55	JrW Ashley Resewehr, 11*, Cedar Rapids, IA	42:17	13:37
286	30	M40 John Resewehr, 40, Cedar Rapids, IA	42:18	13:37
287	79	JrM Spencer Hunt, 11, Cedar Rapids, IA	42:18	13:37
400	26	W45 Tina Freese, 45*, Cedar Rapids, IA	42:19	13:37
401	56	JrW Ashley Freese, 14*, Cedar Rapids, IA	42:19	13:37
288	6	M60 Richard Gab, 60, Cedar Rapids, IA	42:19	13:37
402	7	W55 Lynn Gab, 59*, Cedar Rapids, IA	42:23	13:38
403	53	W25 Melanie Jacobowitz, 26*, Cedar Rapids, IA	42:26	13:39
404	61	W30 Melissa Stanford, 30*, Marion, IA	42:29	13:40
405	4	W60 Nancy Bormann, 60*, Cedar Rapids, IA	42:32	13:41
406	8	W55 Valerie Bauer, 56*, Cedar Rapids, IA	42:32	13:41
407	9	W55 Doris Russell, 57*, Cedar Rapids, IA	42:38	13:43
289	28	M25 Jean-Pierre Doan, 25, North Liberty, IA	42:40	13:44
408	40	W16 Jacqui Merrifield, 18*, Cedar Rapids, IA	42:49	13:47
409	10	W55 Sara Fischer, 55*, Cedar Rapids, IA	42:50	13:47
410	54	W25 Linda Hunt, 29*, Cedar Rapids, IA	42:56	13:49
411	55	W35 Lori Gift, 36*, Cedar Rapids, IA	43:22	13:57
412	62	W30 Robin Bucheit, 31*, Palo, IA	43:28	13:59
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				

413	55	W25 Brooke McGuire, 25*, Cedar Rapids, IA	43:29	14:00
414	63	W30 Helena Mills, 33*, Cedar Rapids, IA	43:29	14:00
415	50	W40 Renee Hoffman, 40*, Cedar Rapids, IA	43:30	14:00
416	1	W65 Karen Vandeventer, 65*, Cedar Rapids, IA	43:30	14:00
290	2	M65 Larry E Engen, 69, Cedar Rapids, IA	43:31	14:00
417	51	W40 Gail Danninger, 40*, Marion, IA	43:31	14:00
418	27	W45 Colleen Renner, 47*, Cedar Rapids, IA	43:32	14:00
419	11	W55 Gloria Daywitt, 55*, Cedar Rapids, IA	43:37	14:02
420	5	W60 Pat Matthes, 60*, Marion, IA	43:47	14:05
421	64	W30 Teri Wenger, 32*, Walker, IA	44:21	14:16
422	1	W70 Helen Becker, 74*, Cedar Rapids, IA	44:48	14:25
291	29	M25 Jonathan Melchor, 25, North Liberty, IA	44:49	14:25
423	65	W30 Tiffany Elwood, 32*, Cedar Rapids, IA	44:57	14:28
424	57	JrW Emma Moss, 10*, Cedar Rapids, IA	45:02	14:29
425	56	W25 Stacy Wedemeier, 28*, Cedar Rapids, IA	45:03	14:30
426	28	W45 Judy Zeigler, 48*, Robins, IA	45:04	14:30
427	41	W20 Nicky Jacobs, 20*, Robins, IA	45:09	14:32
428	42	W20 Dani Kremer, 23*, Muscatine, IA	45:30	14:39
429	58	JrW Kaela Halvorson, 9*, Marion, IA	45:31	14:39
292	15	M55 Dick Arnspiger, 56, Cedar Rapids, IA	45:32	14:39
293	80	JrM Alex Barry, 15, Marion, IA	45:33	14:39
430	57	W25 Terri Milne, 27*, Cedar Rapids, IA	45:33	14:40
431	43	W20 Amy Scoles, 23*, Elk Run Heights, IA	45:34	14:40
432	6	W60 Vicki Finkstein, 61*, Marion, IA	45:37	14:41
433	17	W50 Terri Wendler, 53*, Cedar Rapids, IA	45:37	14:41
434	2	W65 Mary Hughes, 66*, Cedar Rapids, IA	45:43	14:43
294	31	M40 Alan Montelius, 44, Cedar Rapids, IA	45:43	14:43
435	59	JrW Meghan Halvorson, 12*, Marion, IA	45:50	14:45
436	56	W35 Pam Halvorson, 39*, Marion, IA	45:50	14:45
437	66	W30 Sara Pata, 33*, Marion, IA	45:51	14:45
438	29	W45 Debbis Hansen, 45*, Marion, IA	45:51	14:45
439	30	W45 Wendy VanFossen, 45*, Marion, IA	45:55	14:47
440	31	W45 Susan Hahn, 49*, Norway, IA	46:07	14:50
441	67	W30 Shannon Svoboda, 32*, Marion, IA	46:12	14:52
442	58	W25 Amy Atwood, 28*, Scottsdale, AZ	46:16	14:53
443	32	W45 Anita Shelton, 49*, W. Melbourne, FL	46:17	14:53
444	52	W40 Lisa Roberts, 41*, Coralville, IA	46:31	14:58
445	33	W45 Sara Wickenkamp, 46*, Cedar Rapids, IA	46:34	14:59
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				

446	57	W35 Heidi Smith, 35*, Cedar Rapids, IA	46:36	15:00
447	58	W35 Pam Lagrange, 38*, Cedar Rapids, IA	46:44	15:02
295	81	JrM Jake Bardell, 15, Cedar Rapids, IA	46:48	15:04
448	7	W60 Cheryl Stramel, 60*, Cedar Rapids, IA	46:49	15:04
449	12	W55 Jacquelyn Harrington, 56*, Cedar Rapids, IA	46:49	15:04
296	35	M30 Andrew Albinger, 34, Marion, IA	46:50	15:04
450	68	W30 Shannon Moss, 32*, Cedar Rapids, IA	46:50	15:04
451	44	W20 Joalene Grissel, 23*, Cedar Rapids, IA	46:50	15:04
452	45	W20 Nicole Schumacher, 23*, Cedar Rapids, IA	47:02	15:08
453	53	W40 Deborah Tuerler, 43*, Mount Vernon, IA	47:03	15:08
454	59	W35 Janssens-Rud, 39*, Mount Vernon, IA	47:07	15:10
455	8	W60 Cheryl Wright, 63*, West Liberty, IA	47:11	15:11
297	23	M45 Mike Cellman, 49, Tiffin, IA	47:12	15:11
456	54	W40 Lisa O'Donnell, 43*, Cedar Rapids, IA	47:13	15:12
457	9	W60 Carol Erickson, 63*, Cedar Rapids, IA	47:18	15:13
458	10	W60 Ellen Cloyed, 60*, Riverside, IA	47:19	15:13
459	55	W40 Lisa Strausser, 42*, Cedar Rapids, IA	47:21	15:14
460	13	W55 Cindy Dawson, 55*, Muscatine, IA	47:26	15:16
461	11	W60 Barb Maring, 60*, Cedar Rapids, IA	47:30	15:17
462	12	W60 Julie A. Nelson, 63*, Cedar Rapids, IA	47:35	15:19
463	59	W25 Katie Giorgio, 26*, Cedar Rapids, IA	47:37	15:19
464	60	W35 Karen Graber, 35*, Cedar Rapids, IA	47:38	15:20
465	61	W35 Leigh Hartman, 37*, Cedar Rapids, IA	47:39	15:20
466	18	W50 Bobbi Smiley, 50*, Cedar Rapids, IA	47:44	15:22
467	34	W45 Judy Schreur, 47*, Cedar Rapids, IA	47:44	15:22
298	82	JrM Griffin Uthe, 12, Cedar Rapids, IA	47:47	15:23
468	19	W50 Sharon Judge, 53*, Cedar Rapids, IA	47:48	15:23
469	60	W25 Tara Kalis, 29*, Liberty, MO	47:51	15:24
299	30	M25 Tim Kalis, 28, Liberty, MO	47:53	15:25
470	14	W55 Judy Flack, 57*, Toddville, IA	47:54	15:25
471	56	W40 Karen Ward, 42*, Marion, IA	47:57	15:26
472	62	W35 Stephanie Grant, 37*, Marion, IA	47:57	15:26
473	35	W45 Julie Copping, 47*, Cedar Rapids, IA	47:58	15:26
300	24	M45 Paul Copping, 47, Cedar Rapids, IA	47:58	15:26
474	20	W50 Patricia Freeman, 54*, Cedar Rapids, IA	48:09	15:30
475	41	W16 Stephanie Westrom, 19*, Cedar Rapids, IA	48:11	15:30
476	60	JrW Rachel Brandt, 12*, Cedar Rapids, IA	48:38	15:39
477	61	W25 Bonnie Benesh, 26*, Toddville, IA	48:39	15:39
301	31	M25 Charlie Vogl, 27, Cedar Rapids, IA	48:39	15:39
478	69	W30 Andrea Long, 33*, Oakland, CA	48:40	15:40
302	16	M55 Jim Young, 56, Cedar Rapids, IA	48:40	15:40
479	63	W35 Becky Keiper, 35*, Walford, IA	48:42	15:40
480	64	W35 Suzanne Hilleman, 37*, Ely, IA	48:42	15:40
481	36	W45 Nancy Fox, 49*, Cedar Rapids, IA	48:43	15:41
482	46	W20 Jill Goerdt, 21*, Cedar Rapids, IA	48:44	15:41
483	42	W16 Kelly Goerdt, 18*, Cedar Rapids, IA	48:46	15:41
303	21	M50 Mike Goerdt, 50, Cedar Rapids, IA	48:46	15:42
484	62	W25 Melanie Hundertmark, 29*, Cedar Rapids, IA	48:51	15:43
485	70	W30 Mandy Couture, 31*, Cedar Rapids, IA	48:54	15:44
486	47	W20 Lindsay Fox, 23*, Cedar Rapids, IA	48:58	15:45
487	21	W50 Terri Archibald, 50*, Cedar Rapids, IA	49:01	15:46
304	22	M50 Jim Archibald, 54, Cedar Rapids, IA	49:04	15:47
488	71	W30 Erin Krone, 30*, Winthrop, IA	49:05	15:48
489	72	W30 Emily Sacora, 30*, Cedar Rapids, IA	49:11	15:50
490	61	JrW Ashley Seaton, 13*, Robins, IA	49:11	15:50
491	22	W50 Laurene Lanich, 52*, Marion, IA	49:17	15:51
492	23	W50 Leigh White, 52*, Central City, IA	49:17	15:51
493	24	W50 Sheri Rylaarsdam, 54*, Mt. Vernon, WA	49:19	15:52
494	15	W55 Cathy Gray, 58*, Vinton, IA	49:19	15:52
495	73	W30 Sarah Markut, 30*, Cedar Rapids, IA	49:21	15:53
496	48	W20 Ashley Ernst, 22*, Cedar Rapids, IA	49:23	15:54
497	74	W30 Jen Neumann, 34*, Cedar Rapids, IA	49:29	15:55
498	65	W35 Jen Visser, 36*, Cedar Rapids, IA	49:32	15:56
499	25	W50 Debra Gillespie, 53*, Cedar Rapids, IA	49:32	15:56

500	13	W60 Jan Russell, 60*, Cedar Rapids, IA	49:38	15:58
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				
501	26	W50 Susan Liddell, 53*, Cedar Rapids, IA	49:43	16:00
305	7	M60 John Cloyed, 63, Riverside, IA	49:43	16:00
502	14	W60 Carolyn Voshell, 61*, Cedar Rapids, IA	49:55	16:04
503	57	W40 Jana Nassif, 44*, Cedar Rapids, IA	49:55	16:04
504	66	W35 Lisa Casey, 36*, Cedar Rapids, IA	49:57	16:04
505	75	W30 Carynn Smith, 32*, Robins, IA	49:59	16:05
306	17	M55 Steve Armstrong, 58, Cedar Rapids, IA	50:00	16:05
506	27	W50 Penny Bruner, 50*, Oelwein, IA	50:00	16:05
507	63	W25 Jennifer Bruner, 26*, Cedar Rapids, IA	50:07	16:08
508	28	W50 Terry Arons, 52*, Cedar Rapids, IA	50:08	16:08
509	29	W50 Barbara Zahradnik, 53*, Swisher, IA	50:09	16:08
510	15	W60 Anita Render, 61*, Alburnett, IA	50:17	16:11
511	67	W35 Lisa Smith, 36*, Cedar Rapids, IA	50:18	16:11
512	64	W25 Sandra Moore, 29*, Cedar Rapids, IA	50:20	16:12
513	68	W35 Wendy Dickens, 36*, Cedar Rapids, IA	50:21	16:12
514	30	W50 Jeanne Bornemann, 52*, Cedar Rapids, IA	50:21	16:12
515	3	W65 Karen Pfeiler, 65*, Cedar Rapids, IA	50:24	16:13
516	4	W65 Mary Jo Rater, 68*, Cedar Rapids, IA	50:25	16:13
517	31	W50 Adelaide Gurwell, 51*, Iowa City, IA	50:25	16:13
518	65	W25 Jessica Karpenske, 28*, Cedar Rapids, IA	50:30	16:15
519	16	W55 Ann Winter, 59*, Cedar Rapids, IA	50:31	16:15
520	5	W65 Ramona Meher, 68*, Hinton, IA	50:34	16:16
521		Linda Gregory*	50:49	16:21
522	37	W45 Peggy Hill, 48*, Cedar Rapids, IA	50:49	16:21
523	58	W40 Shelley Cahalan, 44*, Cedar Rapids, IA	50:56	16:23
524	38	W45 Tammy McSweeney, 45*, Cedar Rapids, IA	50:57	16:24
525	32	W50 Vickie Bone, 52*, Monticello, IA	51:03	16:26
526	76	W30 Danni Dyer, 34*, Coggon, IA	51:12	16:29
527	33	W50 Mimi Arnsperger, 54*, Cedar Rapids, IA	51:12	16:29
528	39	W45 Sandra Cummings, 47*, Cedar Rapids, IA	51:13	16:29
529	40	W45 Rosanne Matuszek, 49*, Cedar Rapids, IA	51:17	16:30
307	23	M50 Steve Cummings, 50, Cedar Rapids, IA	51:17	16:30
530	66	W25 Amy Schaul, 27*, Marion, IA	51:17	16:30
531	67	W25 Emily Cooper, 25*, Cedar Rapids, IA	51:18	16:30
532	68	W25 Tracey Bahl, 28*, Cedar Rapids, IA	51:18	16:31
533	62	JrW Michelle Wharton, 13*, Cedar Rapids, IA	51:19	16:31
534	59	W40 Carmen Wharton, 42*, Cedar Rapids, IA	51:19	16:31
535	63	JrW Brittany Murray, 15*, Cedar Rapids, IA	51:20	16:31
536	77	W30 Kelly Thole, 33*, Hiawatha, IA	51:24	16:32
308	83	JrM Lane Thole, 7, Hiawatha, IA	51:24	16:32
309	3	M65 Donna Pfeiler, 66, Cedar Rapids, IA	51:25	16:33
537	78	W30 Gina Merrill, 34*, Cedar Rapids, IA	51:25	16:33
310	36	M30 Doug Merrill, 31, Cedar Rapids, IA	51:32	16:35
538	79	W30 Pam Stavlund, 32*, Cedar Rapids, IA	51:32	16:35
539	60	W40 Patrice Murray, 41*, Cedar Rapids, IA	51:32	16:35
311	2	M70 Robert Carroll, 71, Dubuque, IA	51:32	16:35
540	80	W30 Christy Frese, 32*, Cedar Rapids, IA	51:46	16:40
312	37	M30 Matt Gray, 34, Cedar Rapids, IA	51:57	16:43
541	81	W30 Carrie Gray, 33*, Cedar Rapids, IA	51:57	16:43
542	17	W55 Jamella Moyer, 58*, Cedar Rapids, IA	51:58	16:43
543	82	W30 Carly Remington, 33*, Marion, IA	51:58	16:43
544	69	W25 Piper McFadden, 28*, Cedar Rapids, IA	51:58	16:43
545	83	W30 Tammy Buseman, 32*, Marion, IA	52:06	16:46
546	69	W35 Amy Cameron, 35*, Marion, IA	52:07	16:46
547	34	W50 Kathy Smith, 52*, Cedar Rapids, IA	52:09	16:47
548	70	W25 Sarah Cratt, 29*, La Porte City, IA	52:10	16:47
549	16	W60 Susan Berger, 61*, Cedar Rapids, IA	52:10	16:47
550	70	W35 Cheryl Berger, 36*, Cedar Rapids, IA	52:26	16:53
313	18	M55 Larry Hanson, 58, Marion, IA	52:27	16:53
551	18	W55 Nancy Hanson, 59*, Marion, IA	52:28	16:53
552	35	W50 Mary Jo Swanson, 50*, Palo, IA	52:29	16:53
553	84	W30 Jessica Burgin, 30*, Mount Vernon, IA	52:38	16:56

554	41	W45 Shirley Andersen, 49*, Cedar Rapids, IA	52:45	16:59
555	64	JrW Christina Meissner, 13*, Cedar Rapids, IA	52:45	16:59
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				
556	42	W45 Sue Felder, 46*, Oewlein, IA	52:58	17:03
557	19	W55 Rita Knutsen, 58*, Cedar Rapids, IA	52:58	17:03
558	36	W50 Debbie Kimm, 52*, Norway, IA	53:11	17:07
559	71	W35 Tammy Carlson, 38*, Cedar Rapids, IA	53:17	17:09
560	61	W40 Connie Thompson, 44*, Cedar Rapids, IA	53:17	17:09
561	65	JrW Autumn Philp, 12*, Cedar Rapids, IA	53:25	17:11
562	17	W60 Linda Sundermeyer, 61*, Marion, IA	53:36	17:15
314	4	M65 Richard Sundermeyer, 65, Marion, IA	53:36	17:15
563	18	W60 Sharon Murphy, 63*, Robins, IA	53:37	17:15
564	72	W35 Montyne Kasper, 39*, Cedar Rapids, IA	53:40	17:16
565	71	W25 Tara Tudeen, 28*, Cedar Rapids, IA	53:41	17:16
566	72	W25 Sarah Suhr, 29*, Olathe, KS	53:43	17:17
567	73	W35 Tammy Syverson, 35*, Olathe, KS	53:43	17:17
568	19	W60 Kay Russell, 61*, Cedar Rapids, IA	53:44	17:17
569	43	W45 Lisa Paulos, 47*, Cedar Rapids, IA	53:52	17:20
570	37	W50 Diane Godfrey, 51*, Cedar Rapids, IA	53:52	17:20
571	44	W45 Valerie McCoy, 48*, Cedar Rapids, IA	53:57	17:22
572	43	W16 Ronni McCoy, 18*, Cedar Rapids, IA	53:58	17:22
573	38	W50 Julie Schulte, 52*, Elberon, IA	53:59	17:22
574	74	W35 Jessica Gray, 36*, Marion, IA	54:22	17:30
575	66	JrW Olivia Gray, 9*, Marion, IA	54:22	17:30
576	85	W30 Sherrie Mauren, 31*, Marion, IA	54:24	17:30
315	38	M30 Max Mauren, 34, Marion, IA	54:25	17:31
577	75	W35 Chris Lumm, 36*, Robins, IA	54:25	17:31
578	49	W20 Katherine Julicher, 24*, Cedar Rapids, IA	54:46	17:37
579	73	W25 Emily Sternowski, 27*, Marion, IA	54:50	17:39
580	86	W30 Katherine Nurre, 31*, Marion, IA	54:51	17:39
581	39	W50 Denise Schick, 52*, Cedar Rapids, IA	55:00	17:42
316	24	M50 Denise Schick, 52, Cedar Rapids, IA	55:01	17:42
317	8	M60 Robert McNiel, 64, Cedar Rapids, IA	55:01	17:42
582	40	W50 Jo Ann McNiel, 54*, Cedar Rapids, IA	55:02	17:43
583	20	W60 Connie Braley, 63*, Cedar Rapids, IA	55:03	17:43
584	6	W65 Susan Dietz, 65*, Cedar Rapids, IA	55:04	17:43
585	76	W35 Kim Fensterman, 38*, Cedar Rapids, IA	55:10	17:45
586	45	W45 Cindy Weigandt, 49*, Cedar Rapids, IA	55:26	17:50
587	77	W35 Debra Barry, 35*, Marion, IA	55:35	17:53
588	41	W50 Kimm Harris, 52*, Cedar Rapids, IA	55:54	17:59
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				
318	25	M50 Peter R Teahen, 53, Cedar Rapids, IA	55:55	18:00
589	62	W40 Shari Roe, 40*, Kennesaw, GA	55:55	18:00
590	20	W55 Donna Cunningham, 57*, Cedar Rapids, IA	56:01	18:01
591	46	W45 Sue Cunningham, 48*, Cedar Rapids, IA	56:01	18:02
319	39	M30 Zachary Anderson, 31, Cedar Rapids, IA	56:04	18:03
592	87	W30 Jami Anderson, 34*, Cedar Rapids, IA	56:05	18:03
593	47	W45 Connie Popelar, 48*, Cedar Rapids, IA	56:24	18:09
594	63	W40 Karen Friederich, 44*, Cedar Rapids, IA	56:24	18:09
595	78	W35 Katy Heater, 36*, Marion, IA	56:37	18:13
596	88	W30 Karen Fischer, 32*, Cedar Rapids, IA	56:37	18:13
597	42	W50 Leann Proesch, 51*, Iowa City, IA	56:58	18:20
598	67	JrW Brittany Garcia, 11*, Iowa City, IA	56:58	18:20
599	79	W35 Patricia Kindl, 35*, Iowa City, IA	56:59	18:20
600	89	W30 Teresa Ramsey, 30*, Cedar Rapids, IA	57:47	18:36
601	48	W45 Debbie Duff, 47*, Cedar Rapids, IA	57:48	18:36
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				
602	74	W25 Carrie Karr, 29*, Iowa City, IA	1:07:15	21:39

"*" indicates females

83 finishers among Men 15 & Under

13 finishers among Men 16 - 19

12 finishers among Men 20 - 24

31 finishers among Men 25 - 29
39 finishers among Men 30 - 34
28 finishers among Men 35 - 39
31 finishers among Men 40 - 44
24 finishers among Men 45 - 49
25 finishers among Men 50 - 54
18 finishers among Men 55 - 59
8 finishers among Men 60 - 64
4 finishers among Men 65 - 69
2 finishers among Men 70 & Up
67 finishers among Women 15 & Under
43 finishers among Women 16 - 19
49 finishers among Women 20 - 24
74 finishers among Women 25 - 29
89 finishers among Women 30 - 34
79 finishers among Women 35 - 39
63 finishers among Women 40 - 44
48 finishers among Women 45 - 49
42 finishers among Women 50 - 54
20 finishers among Women 55 - 59
20 finishers among Women 60 - 64
6 finishers among Women 65 - 69
1 finishers among Women 70 & Up
319 male finishers
602 female finishers
921 total finishers

[Top](#)

Return to [home page](#).