

Extreme Quarry Run *** 6K *** Overall & Divisions

Event: 6K

Date: Friday, August 08, 2014

Location: Springville

Weather: Warm 60°

Overall and Age Divisions

Results By: On The Race Timing

<u>Place</u>	<u>Gender</u>	<u>Division</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	1	1 OVM	Nick Meyers, M18	Monticello, IA	21:13	5:41/M	21:13	5:41/M
2	2	2 OVM	Bryan Fogerty, M17	Marion, IA	21:16	5:42/M	21:15	5:42/M
3	3	3 OVM	Jeremy Fopma, M14	Marion, IA	22:35	6:04/M	22:34	6:03/M
4	4	1 M15	Sam Lorimer, M15	Springville, IA	23:20	6:15/M	23:18	6:15/M
5	5	1 M30	Mike Newman, M36	Cedar Rapids, IA	23:40	6:21/M	23:39	6:21/M
6	6	2 M15	Greyson Dolezal, M17	Marion, IA	24:47	6:39/M	24:46	6:39/M
7	7	1 M40	Chris Engen, M42	Central City, IA	24:59	6:42/M	24:57	6:42/M
8	8	2 M30	Richard Drake, M38	Springville, IA	25:09	6:45/M	25:09	6:45/M
9	9	1 M20	Matt Moyer, M29	Cedar Rapids, IA	25:09	6:45/M	25:08	6:45/M
10	1	1 OVF	Brianne Cook, F20	Monticello, IA	25:20	6:48/M	25:17	6:47/M
11	10	1 JRM	Conrad Braswell, M13	Springville, IA	25:20	6:48/M	25:20	6:48/M
12	11	3 M30	Adam Weller, M35	Waterloo, IA	26:05	7:00/M	26:03	6:59/M
13	12	4 M30	Kyle Hoffman, M34	Marion, IA	26:05	7:00/M	26:03	6:59/M
14	13	5 M30	Rob Opfer, M37	Central City, IA	26:30	7:06/M	26:27	7:06/M
15	14	2 M40	Kyle Trampe, M43	Marion, IA	27:04	7:16/M	27:01	7:15/M

16	15	1 M50	Dave Martin, M59	Cedar Rapids, IA	27:14	7:18/M	27:13	7:18/M
17	16	3 M40	Joel Fopma, M48	Marion, IA	27:35	7:24/M	27:34	7:24/M
18	17	6 M30	Spencer Williams, M37	Central City, IA	27:59	7:30/M	27:55	7:29/M
19	18	2 M20	Kolin Schmidt, M21	Springville, IA	28:07	7:33/M	28:06	7:32/M
20	2	2 OVF	Kathy Ladue, F40	Anamosa, IA	28:15	7:35/M	28:13	7:34/M
21	3	3 OVF	Katelyn Gloeckner, F15	Springville, IA	28:32	7:39/M	28:30	7:39/M
22	19	7 M30	Luke Webinger, M38	Lost Nation, IA	28:34	7:40/M	28:29	7:38/M
23	20	3 M20	Donovan Eastburn, M24	Springville, IA	28:37	7:40/M	28:26	7:38/M
24	21	4 M20	John Christopherson, M28	Cedar Rapids, IA	28:37	7:41/M	28:27	7:38/M
25	22	8 M30	John Harding, M39	North Liberty, IA	28:54	7:45/M	28:51	7:44/M
26	4	1 F30	Lisa Lansing, F35	Springville, IA	29:16	7:51/M	29:13	7:50/M
27	23	3 M15	Andrew Lorimer, M18	Springville, IA	29:26	7:54/M	29:24	7:53/M
28	24	4 M15	Andrew Blakely, M15	Springville, IA	29:34	7:56/M	29:28	7:54/M
29	5	1 JRF	Olivia Hamblin, F12	Cedar Rapids, IA	29:34	7:56/M	29:33	7:56/M
30	25	2 M50	Dennis Mayfield, M52	Goodfield, IL	30:01	8:03/M	29:47	7:59/M
31	26	5 M15	Tucker Nelson, M15	Springville, IA	30:05	8:04/M	29:59	8:03/M
32	27	2 JRM	Jace Fopma, M9	Marion, IA	30:10	8:05/M	30:09	8:05/M
33	28	9 M30	Adam Feldman, M30	Eldridge, IA	30:13	8:06/M	30:08	8:05/M
34	6	1 F40	Sarah Williams, F47	Marion, IA	30:17	8:07/M	30:13	8:06/M
35	29	10 M30	Jeff Hempstead, M35	Central City, IA	30:23	8:09/M	30:15	8:07/M
36	30	6 M15	Derek Hanshaw, M18	Springville, IA	30:23	8:09/M	30:19	8:08/M
37	31	11 M30	Nate Sanderson, M36	Springville, IA	30:32	8:11/M	30:20	8:08/M
38	32	1 M60	Warren Feerer, M64	Cedar Rapids, IA	30:32	8:12/M	30:30	8:11/M
39	33	5 M20	Tyler Richardson, M28	Cedar Rapids, IA	30:33	8:12/M	30:27	8:10/M
40	34	3 JRM	Ethan Welch, M14	Cedar Rapids, IA	30:36	8:12/M	30:32	8:11/M

41	35	12 M30	Robert Collins, M39	Springville, IA	30:37	8:13/M	30:31	8:11/M
42	36	13 M30	Morgan Schuler, M30	Dewitt, IA	30:46	8:15/M	30:36	8:13/M
43	7	1 F15	Samantha Fitzgerald, F18	Springville, IA	30:59	8:19/M	30:54	8:17/M
44	37	14 M30	Michael Armstrong, M35	Central City, IA	31:02	8:19/M	30:58	8:18/M
45	38	15 M30	Shane Lienau, M33	Cedar Rapids, IA	31:04	8:20/M	30:59	8:19/M
46	39	16 M30	Joe Whitman, M30	Kirksville, MO	31:05	8:20/M	31:00	8:19/M
47	40	4 M40	Bryan Schroeder, M45	Lowden, IA	31:06	8:20/M	31:03	8:20/M
48	8	1 F50	Peggy Bailey, F55	Muscatine, IA	31:11	8:22/M	31:09	8:21/M
49	9	2 F40	Molly Luense, F40	Marion, IA	31:32	8:27/M	31:25	8:26/M
50	41	5 M40	Bret Luense, M42	Marion, IA	31:37	8:29/M	31:30	8:27/M
51	42	7 M15	Seth Blake, M15	Springville, IA	31:40	8:30/M	31:38	8:29/M
52	10	2 JRF	Alyssa Barnhart, F13	Lisbon, IA	31:42	8:30/M	31:39	8:29/M
53	43	17 M30	Jayne Barnhart, M38	Lisbon, IA	31:48	8:32/M	31:45	8:31/M
54	11	2 F50	Nancy Nelson, F52	Kingsland, TX	32:01	8:35/M	31:50	8:32/M
55	44	6 M40	Mark Akers, M44	North Liberty, IA	32:08	8:37/M	32:05	8:36/M
56	45	6 M20	Nick Yerington, M27	Tipton, IA	32:09	8:37/M	31:58	8:34/M
57	12	3 F40	Jody Rausch, F45	Robins, IA	32:15	8:39/M	32:11	8:38/M
58	46	18 M30	Ben Jensen, M35	Cedar Rapids, IA	32:34	8:44/M	32:19	8:40/M
59	47	4 JRM	Alex Koppes, M11	Springville, IA	32:37	8:45/M	32:20	8:40/M
60	48	7 M20	Justin Cook, M25	Cedar Rapids, IA	32:55	8:50/M	32:50	8:49/M
61	13	4 F40	Traci Hampton, F42	Independence, IA	33:01	8:51/M	32:57	8:50/M
62	49	7 M40	Michael McGuire, M41	Marion, IA	33:12	8:54/M	33:02	8:52/M
63	50	8 M40	Kevin Welch, M45	Cedar Rapids, IA	33:14	8:55/M	33:11	8:54/M
64	51	8 M20	Michael Mehrer, M25	Springville, IA	33:19	8:56/M	33:06	8:53/M
65	52	9 M40	Pat Vargason, M43	Coggon, IA	33:21	8:57/M	33:16	8:55/M
66	14	3 F50	Martha Gearhart, F54	Hopkinton, IA	33:34	9:00/M	33:29	8:59/M
67	53	19 M30	Jason Schamberger, M39	Marion, IA	33:48	9:04/M	33:42	9:02/M
68	54	10 M40	Kyle Blake, M47	Springville, IA	33:57	9:06/M	33:48	9:04/M
69	15	1 F20	Katie Wyman, F21	Marion, IA	33:57	9:06/M	33:51	9:05/M
70	55	11 M40	Terry Kearney, M43	Springville, IA	34:01	9:07/M	33:55	9:06/M

71	16	2 F20	Katie Ricklefs, F25	Monticello, IA	34:03	9:08/M	33:56	9:06/M
72	17	3 F20	Kayla Kremer, F25	Cedar Rapids, IA	34:04	9:08/M	33:56	9:06/M
73	56	12 M40	James Pardo, M48	Cedar Rapids, IA	34:29	9:15/M	34:18	9:12/M
74	57	9 M20	Travis Nietert, M21	Springville, IA	34:32	9:16/M	34:14	9:11/M
75	18	2 F30	Roberta Fuchs, F37	Cedar Rapids, IA	34:45	9:19/M	34:42	9:19/M
76	19	4 F20	Melissa Janssen, F29	Springville, IA	34:50	9:21/M	34:48	9:20/M
77	58	20 M30	Andrew Cahalan, M31	Marion, IA	34:59	9:23/M	34:39	9:18/M
78	20	5 F40	Cathy Sondag, F49	Blainstown, IA	35:15	9:27/M	35:06	9:25/M
79	59	2 M60	Dell Wagner, M65	Muscatine, IA	35:25	9:30/M	35:21	9:29/M
80	21	6 F40	Kris Tharp, F48	North Liberty, IA	35:28	9:31/M	35:17	9:28/M
81	60	8 M15	Austin Gleason, M15	Cedar Rapids, IA	35:29	9:31/M	35:20	9:29/M
82	22	7 F40	Cathy May, F43	Cedar Rapids, IA	35:38	9:34/M	35:25	9:30/M
83	61	9 M15	Maleik Jackson, M15	Cedar Rapids, IA	35:39	9:34/M	35:33	9:32/M
84	23	3 F30	Kim Blankenship, F38	Cedar Rapids, IA	35:41	9:34/M	35:35	9:33/M
85	62	5 JRM	Aiden Dunne, M11	Marion, IA	35:43	9:35/M	35:37	9:33/M
86	24	4 F30	Suzi Risk, F38	Cedar Rapids, IA	35:47	9:36/M	35:34	9:32/M
87	63	3 M50	Brian Fruendt, M54	Cedar Rapids, IA	35:54	9:38/M	35:41	9:34/M
88	64	21 M30	Robert Kurseth, M35	Cedar Rapids, IA	36:10	9:42/M	36:02	9:40/M
89	25	5 F30	Jeanna Collins, F36	Springville, IA	36:12	9:43/M	36:05	9:41/M
90	65	10 M20	James Mercil, M28	Cedar Rapids, IA	36:14	9:43/M	36:03	9:40/M
91	66	3 M60	Donald Schuller, M62	Cedar Rapids, IA	36:19	9:45/M	36:15	9:43/M
92	67	13 M40	Ben Holub, M47	Central City, IA	36:23	9:45/M	36:13	9:43/M
93	26	5 F20	Hilary Holub, F20	Central City, IA	36:24	9:46/M	36:14	9:43/M
94	68	10 M15	James Kane, M15	Fort Dodge, IA	36:27	9:47/M	36:19	9:45/M
95	27	4 F50	Monica Ryan-Rausch, F50	Fairfax, IA	36:32	9:48/M	36:25	9:46/M
96	28	8 F40	Wendy Novak, F42	Fairfax, IA	36:32	9:48/M	36:26	9:46/M
97	69	6 JRM	Bryce Wilson, M11	Springville, IA	36:34	9:48/M	36:33	9:48/M
98	70	14 M40	Jason Tapken, M40	Cedar Rapids, IA	36:40	9:50/M	36:19	9:44/M

99	29	9 F40	Susan Brooks, F48	Cedar Rapids, IA	36:49	9:53/M	36:37	9:49/M
100	71	15 M40	Brian Gleason, M40	Cedar Rapids, IA	36:50	9:53/M	36:40	9:50/M
101	72	16 M40	Eric Starry, M48	Springville, IA	37:06	9:57/M	36:57	9:55/M
102	30	5 F50	Amy Keating, F55	Marion, IA	37:09	9:58/M	36:57	9:55/M
103	31	10 F40	Kimberly					