

## Jaguar Youth Running Club Open Race All-Ages 1.5 Mile Thursday, August 25, 2016 DMACC Ankeny, 7:00 pm

Race or run a 1.5 mile course at DMACC Ankeny after cheering the varsity races hosted by Ankeny Centennial. The Open Run/Race will follow one lap of the two-lap varsity 5K (3.1mile) course.

Run with Mom and Dad, or challenge big brother and big sis to a race in this old school running throwdown: no entry fee, no awards, no results, no stress, and no hassle! We'll start the race with a bang, and we'll read your time when you cross the finish line. Toe the line with all ages and feel the joy of running and racing on grass.

## Race Schedule August 25, 2016

5:00 9<sup>th</sup>-10<sup>th</sup> grade girls 5K

5:30 9<sup>th</sup>-10<sup>th</sup> grade boys 5K

6:00 11<sup>th</sup>-12<sup>th</sup> grade girls 5K

6:30 11<sup>th</sup>-12<sup>th</sup> grade boys 5K

7:00 Open Run/Race All Ages



Lace up the shoes and get healthy and faster!

Students in Ankeny Schools may enroll in the **Fall Jaguar Running Club** at http://centennial.ankenycamps.com/.

## **Jaguar Fall Running Club Coaches and Race Contact**

Eric Cogdill, Northview 9<sup>th</sup> Math

Centennial Head Girls XC, eric.cogdill@ankenyschools.org (515) 460-0699

Jim Robidoux, Southview 8<sup>th</sup>/9<sup>th</sup> Spanish

Northview 8<sup>th</sup> Boys XC, jim.robidoux@ankenyschools.org (515) 418-1087

NOTE: if the varsity races are cancelled due to heat/weather, there will be no open race.