

# Atkins Watermelon Fun Run

August 7, 2010

1 mile Fun Run & Walk and 5K Run

Start –Finish: The start and finish will be at the City Park Pavilion located on West side of the park. 8:00 am start. The course will be on paved streets and city trails.

Walkers: We encourage walkers in the 1-mile event. No separate awards are planned.

1 Mile Run & Walk: no entry fee & no awards

5K: Award to overall male & female winners. Age group awards to Females & Males: 13 & Under, 14 –19, 20-29, 30-39, 40-49, 50–59, 60–69. Males only: 70 & Over.

Awards: Medals will be given to the top 3 places in each division

Registration:

- \_ \$15 if received by July 23rd. Includes regular Race T-Shirt
- \_ \$20 if mailed after July 23rd or on race day (shirts not guaranteed)

Checks payable to Atkins Community Club Fun Run

**(No guarantee for race color shirt after July 23rd)**

Refreshments: Bottle Water & Watermelon

Mail Registration To: Atkins Fun Run, Shawn Steffen, 506 Pheasant Ave, Atkins, IA 52206

If questions please e-mail to: [Shawn\\_steffen@msn.com](mailto:Shawn_steffen@msn.com)

-----  
Registration form for **Atkins Watermelon Fun Run (one entry per form)**  
Mail Registration To: Atkins Fun Run, Shawn Steffen, 506 Pheasant Ave, Atkins, IA 52206

Name \_\_\_\_\_ Phone \_\_\_\_\_

Street \_\_\_\_\_ City \_\_\_\_\_ ST \_\_\_\_\_ Zip \_\_\_\_\_

E-mail \_\_\_\_\_ Shirt Size: S    M    L    XL

Age on 8/7/10 \_\_\_\_\_ Circle one Sex: M    F    Event: 5K \ 1 M R/W



In consideration of your acceptance of this entry, I hereby for myself, my heirs, executors, administrators, Benton County Conservation, Benton County, and all employees and/or affiliates waive any and all rights and claims for damages I may have against individuals associated with the event, sponsors, and officials, for any and all injuries suffered by me during, because of, or in travel to and from said event, I attest and verify that I have full knowledge of the risk involved in this event and I am physically fit and sufficiently trained to participate in this event.

\_\_\_\_\_  
Signature or Signature of Guardian if under 18

\_\_\_\_\_  
Date