

Iowa Cross Country State Championship 4a Boys**Lakeside Golf Course - Fort Dodge, IA****Oct. 29, 2016**

60s, mostly cloudy, 8-10 mph wind

Results by Cal Murdock

[1A Girls](#)[2A Girls](#)[3A Girls](#)[4A Girls](#)[1A Boys](#)[2A Boys](#)[3A Boys](#)[4A Boys](#)

Use the Find option of your Web Browser to find the performance of a specific individual or team.

[Click here](#) for data on girls

Last updated Oct. 29, 2016 10:37 AM

PLACE	TEAM	POINTS	PLACES OF FINISHERS								AVG. TIME	SPREAD
1	Dowling Catholic, Wdm	100	3	8	13	23	53	67	78	16:17.3	1:12.0	
2	Pleasant Valley	102	9	15	22	26	30	39	59	16:22.9	0:36.9	
3	Prairie, Cedar Rapids	140	18	27	29	32	34	77	82	16:35.2	0:18.0	
4	Valley, West Des Moin	147	5	12	33	45	52	64	96	16:31.1	0:59.8	
5	Iowa City, West	163	6	10	24	55	68	69	89	16:33.7	1:11.9	
6	Johnston	190	1	36	37	54	62	72	76	16:37.5	1:27.6	
7	Cedar Rapids, Washing	192	19	21	31	60	61	92	98	16:43.0	0:40.7	
8	Linn-Mar, Marion	209	4	14	46	57	88	97	99	16:44.2	1:42.2	
9	Iowa City, City	211	20	28	49	56	58	86	94	16:48.4	0:38.4	
10	Dubuque, Hempstead	223	25	35	41	48	74	75	85	16:50.2	0:44.8	
11	Waukee	231	11	38	47	65	70	90	95	16:49.9	1:05.0	
12	Indianola	249	42	43	50	51	63	66	83	16:55.3	0:18.1	
13	Ankeny	259	7	17	71	80	84	87	105	16:56.2	1:33.9	
14	Dubuque, Senior	307	16	40	79	81	91	93	102	17:08.8	1:19.2	
15	Cedar Falls	320	2	44	73	100	101	103	104	17:18.4	2:42.5	

[Individuals](#)

PLACE	FINISHER	TIME
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1. Dowling Catholic, Wdm

3	Matthew Carmody, 11	15:47.8
8	Matt Fraizer, 12	16:01.1
13	Jack Fink, 12	16:10.3
23	Kevin Conner, 10	16:27.3
53	Sam Hall, 9	16:59.8
67	Michael Ode, 12	17:10.0
78	Thomas Bussey, 11	17:26.6

Total Time = 1:21:26.3 Total Places = 100

2. Pleasant Valley

9	Nicholas Yanek, 11	16:01.4
15	Konnor Sommer, 11	16:15.5
22	Parker Huhn, 10	16:25.2
26	Gavin Smith, 10	16:33.8
30	Mark Conway, 12	16:38.3
39	Anthony PeVla, 11	16:45.1
59	Ben Gorman, 12	17:03.3

Total Time = 1:21:54.2 Total Places = 102

3. Prairie, Cedar Rapids

18	Cam Steffens, 12	16:22.0
27	Robert Laue, 11	16:36.0
29	Max Laue, 11	16:38.1
32	Elijah Vlasek, 11	16:39.5
34	Luke Huedepohl, 12	16:40.0
77	Matt Lorenz, 12	17:26.0
82	Colton LaGrange, 10	17:30.8

Total Time = 1:22:55.6 Total Places = 140

4. Valley, West Des Moines

5	Moise Habineza, 11	15:57.7
12	Trevor Kirk, 12	16:09.4
33	Nicholas Johnson, 11	16:39.6
45	Ryan Williams, 12	16:51.2
52	Collin Day, 12	16:57.5
64	Richard Salas, 10	17:05.4
96	Evan Armitage, 10	17:53.3

Total Time = 1:22:35.4 Total Places = 147

5. Iowa City, West

6	Ali Ali, 12	16:00.3
10	Kolby Greiner, 10	16:05.9
24	Andrew Murley, 12	16:29.4
55	Ethan Goers, 11	17:00.5
68	Ethan Trepka, 11	17:12.1
69	Nathan Abramoff, 12	17:12.4
89	Derek Nugent, 12	17:36.5

Total Time = 1:22:48.2 Total Places = 163

6. Johnston

1	Patrick Bose, 12	15:37.2
36	Tom Altier, 11	16:41.5
37	Joe Schaefer, 10	16:43.4
54	Cade Meyer, 10	17:00.4
62	Luke Perman, 10	17:04.8
72	Aidan MacGregor, 10	17:14.9
76	Riley Chartier, 12	17:23.9

Total Time = 1:23:07.3 Total Places = 190

7. Cedar Rapids, Washing

19	Sam McDermott, 12	16:23.4
21	Max Locher, 9	16:24.0
31	Paul Schneidermann, 10	16:39.5
60	Lewis Kleman, 9	17:03.6
61	Patrick Gorman, 12	17:04.1
92	Caleb Kleman, 11	17:41.5
98	Josiah Lydon, 12	18:04.0

Total Time = 1:23:34.6 Total Places = 192

8. Linn-Mar, Marion

4	Ryan Murphy, 12	15:54.2
14	Dalton Gosch, 12	16:15.0
46	Colin Johnston, 11	16:53.5
57	Johnny Seitz, 11	17:01.9
88	Brycen Snell, 11	17:36.4
97	Tye Skilang, 10	18:03.1
99	Sam Vezina, 9	18:06.1

Total Time = 1:23:41.0 Total Places = 209

9. Iowa City, City

20	Matthew Dodge, 12	16:23.9
28	Michael Berg, 12	16:38.0
49	Robbie Strange, 11	16:56.8
56	Quenton Max, 11	17:00.7
58	Lucas Firmstone, 11	17:02.3
86	Michael Taylor, 12	17:35.6
94	Caden Turnbough, 9	17:49.1

Total Time = 1:24:01.7 Total Places = 211

10. Dubuque, Hempstead

25	Addison Kalb, 11	16:31.3
35	Ben Hermiston, 10	16:40.9
41	Adam Mueller, 12	16:46.6
48	David Holesinger, 10	16:56.1
74	Aiden McCombs, 10	17:16.1
75	Josh Zimmerman, 12	17:16.2
85	Joey Schultz, 12	17:34.9
Total Time = 1:24:11.0		Total Places = 223

11. Waukee

11	Jackson Lewis, 12	16:08.4
38	Nathan Sanders, 12	16:44.7
47	Moe Smith, 10	16:55.4
65	Josh Andrews, 12	17:07.5
70	Dakota Fouts, 12	17:13.3
90	Tyler Loecke, 10	17:38.4
95	Travis Loecke, 10	17:50.8
Total Time = 1:24:09.3		Total Places = 231

12. Indianola

42	Dudley Yeoman, 12	16:47.4
43	Quentin Linnan, 11	16:48.9
50	Eric Baldus, 10	16:57.3
51	Nathan Magalhaes, 12	16:57.5
63	Seth Nostrala, 12	17:05.4
66	Gabe Pottebaum, 11	17:08.9
83	Jeb Borgmeyer, 9	17:33.2
Total Time = 1:24:36.5		Total Places = 249

13. Ankeny

7	Tim Sindt, 10	16:00.8
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17	Jay Mixdorf, 12	16:21.0
71	Eli Blay, 12	17:14.3
80	Steven Vlahakis, 11	17:30.0
84	Joey Reichenbacker, 10	17:34.6
87	Cole Jacobsen, 12	17:35.8
105	Daylan Wagener, 11	18:54.9
Total Time = 1:24:40.7		Total Places = 259

14. Dubuque, Senior

16	Jalen Hildebrand, 11	16:20.4
40	Isaiah Schaetzel, 9	16:46.5
79	Will Whalen, 11	17:26.9
81	Nathan Vail, 12	17:30.2
91	Dalton Zenner, 12	17:39.6
93	Wes Brimeyer, 12	17:46.7
102	Jack Fisher, 10	18:25.7
Total Time = 1:25:43.6		Total Places = 307

15. Cedar Falls

2	Sam Schillinger, 12	15:43.0
44	Brandon Conrad, 10	16:50.6
73	Ben Eastman, 12	17:15.1
100	Jens Jorgensen, 10	18:17.7
101	Josh Timm, 12	18:25.5
103	Caleb Burjes, 11	18:38.4
104	Jacob Ostrich, 10	18:43.6
Total Time = 1:26:31.9		Total Places = 320

TEAM

PLACE	SCORE	FINISHER	TIME	TEAM
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[Top](#)

1	1	Patrick Bose, 12	15:37.2	Johnston
2	2	Sam Schillinger, 12	15:43.0	Cedar Falls
3	3	Matthew Carmody, 11	15:47.8	Dowling Catholic, Wdm
4		Camden Cox, 11	15:51.3	Ankeny Centennial
5	4	Ryan Murphy, 12	15:54.2	Linn-Mar, Marion
6	5	Moise Habineza, 11	15:57.7	Valley, West Des Moin
7	6	Ali Ali, 12	16:00.3	Iowa City, West
8	7	Tim Sindt, 10	16:00.8	Ankeny
9	8	Matt Fraizer, 12	16:01.1	Dowling Catholic, Wdm
10	9	Nicholas Yanek, 11	16:01.4	Pleasant Valley
11	10	Kolby Greiner, 10	16:05.9	Iowa City, West
12	11	Jackson Lewis, 12	16:08.4	Waukee
13	12	Trevor Kirk, 12	16:09.4	Valley, West Des Moin
14		Alex Bautista, 12	16:09.7	Muscatine
15	13	Jack Fink, 12	16:10.3	Dowling Catholic, Wdm
16	14	Dalton Gosch, 12	16:15.0	Linn-Mar, Marion
17	15	Konnor Sommer, 11	16:15.5	Pleasant Valley
18		Drake Henrichs, 12	16:20.4	Urbandale
19	16	Jalen Hildebrand, 11	16:20.4	Dubuque, Senior
20	17	Jay Mixdorf, 12	16:21.0	Ankeny
21	18	Cam Steffens, 12	16:22.0	Prairie, Cedar Rapids
22	19	Sam McDermott, 12	16:23.4	Cedar Rapids, Washing
23	20	Matthew Dodge, 12	16:23.9	Iowa City, City
24	21	Max Locher, 9	16:24.0	Cedar Rapids, Washing
25	22	Parker Huhn, 10	16:25.2	Pleasant Valley
26	23	Kevin Conner, 10	16:27.3	Dowling Catholic, Wdm
27		Merga Gameda, 11	16:27.4	Sioux City, North
28	24	Andrew Murley, 12	16:29.4	Iowa City, West
29	25	Addison Kalb, 11	16:31.3	Dubuque, Hempstead
30		Andrew Wright, 11	16:32.4	Davenport, West

31	26	Gavin Smith, 10	16:33.8	Pleasant Valley
32	27	Robert Laue, 11	16:36.0	Prairie, Cedar Rapids
33	28	Michael Berg, 12	16:38.0	Iowa City, City
34	29	Max Laue, 11	16:38.1	Prairie, Cedar Rapids
35	30	Mark Conway, 12	16:38.3	Pleasant Valley
36	31	Paul Schneidermann, 10	16:39.5	Cedar Rapids, Washing
37	32	Elijah Vlasek, 11	16:39.5	Prairie, Cedar Rapids
38	33	Nicholas Johnson, 11	16:39.6	Valley, West Des Moin
39		Brenden O'Brien, 12	16:39.9	Lewis Central
40	34	Luke Huedepohl, 12	16:40.0	Prairie, Cedar Rapids
41		Kyle Hoffman, 12	16:40.0	Muscatine
42	35	Ben Hermiston, 10	16:40.9	Dubuque, Hempstead
43		Thomas Rowe, 12	16:41.0	Mason City
44	36	Tom Altier, 11	16:41.5	Johnston
45		Joe Freiburger, 12	16:42.3	Epworth, Western Dubu
46	37	Joe Schaefer, 10	16:43.4	Johnston
47		Payton Marrs, 9	16:43.5	Urbandale
48	38	Nathan Sanders, 12	16:44.7	Waukee
49	39	Anthony PeVista, 11	16:45.1	Pleasant Valley
50	40	Isaiah Schaetzel, 9	16:46.5	Dubuque, Senior
51	41	Adam Mueller, 12	16:46.6	Dubuque, Hempstead
52		Tyler Olson, 11	16:47.2	Muscatine
53	42	Dudley Yeoman, 12	16:47.4	Indianola
54	43	Quentin Linnan, 11	16:48.9	Indianola
55	44	Brandon Conrad, 10	16:50.6	Cedar Falls
56	45	Ryan Williams, 12	16:51.2	Valley, West Des Moin
57	46	Colin Johnston, 11	16:53.5	Linn-Mar, Marion
58		Cutler Owens, 11	16:55.0	Southeast Polk
59	47	Moe Smith, 10	16:55.4	Waukee
60	48	David Holesinger, 10	16:56.1	Dubuque, Hempstead
61	49	Robbie Strange, 11	16:56.8	Iowa City, City

62	50	Eric Baldus, 10	16:57.3	Indianola
63	51	Nathan Magalhaes, 12	16:57.5	Indianola
64	52	Collin Day, 12	16:57.5	Valley, West Des Moin
65		McGwire Midkiff, 12	16:59.0	Council Bluffs, Thoma
66	53	Sam Hall, 9	16:59.8	Dowling Catholic, Wdm
67	54	Cade Meyer, 10	17:00.4	Johnston
68	55	Ethan Goers, 11	17:00.5	Iowa City, West
69	56	Quenton Max, 11	17:00.7	Iowa City, City
70	57	Johnny Seitz, 11	17:01.9	Linn-Mar, Marion
71	58	Lucas Firmstone, 11	17:02.3	Iowa City, City
72		Ryan Wagner, 12	17:02.7	Fort Dodge
73	59	Ben Gorman, 12	17:03.3	Pleasant Valley
74	60	Lewis Kleman, 9	17:03.6	Cedar Rapids, Washing
75		Nathan Betts, 12	17:04.1	Epworth, Western Dubu
76	61	Patrick Gorman, 12	17:04.1	Cedar Rapids, Washing
77	62	Luke Perman, 10	17:04.8	Johnston
78	63	Seth Nostrala, 12	17:05.4	Indianola
79	64	Richard Salas, 10	17:05.4	Valley, West Des Moin
80	65	Josh Andrews, 12	17:07.5	Waukee
81	66	Gabe Pottebaum, 11	17:08.9	Indianola
82	67	Michael Ode, 12	17:10.0	Dowling Catholic, Wdm
83		Kear Kear, 11	17:11.9	Ames
84	68	Ethan Trepka, 11	17:12.1	Iowa City, West
85	69	Nathan Abramoff, 12	17:12.4	Iowa City, West
86	70	Dakota Fouts, 12	17:13.3	Waukee
87	71	Eli Blay, 12	17:14.3	Ankeny
88	72	Aidan MacGregor, 10	17:14.9	Johnston
89	73	Ben Eastman, 12	17:15.1	Cedar Falls
90	74	Aiden McCombs, 10	17:16.1	Dubuque, Hempstead
91	75	Josh Zimmerman, 12	17:16.2	Dubuque, Hempstead
92		Garang Akok, 10	17:18.5	Ames

93	76	Riley Chartier, 12	17:23.9	Johnston
94	77	Matt Lorenz, 12	17:26.0	Prairie, Cedar Rapids
95	78	Thomas Bussey, 11	17:26.6	Dowling Catholic, Wdm
96	79	Will Whalen, 11	17:26.9	Dubuque, Senior
97	80	Steven Vlahakis, 11	17:30.0	Ankeny
98	81	Nathan Vail, 12	17:30.2	Dubuque, Senior
99	82	Colton LaGrange, 10	17:30.8	Prairie, Cedar Rapids
100	83	Jeb Borgmeyer, 9	17:33.2	Indianola
101	84	Joey Reichenbacker, 10	17:34.6	Ankeny
102	85	Joey Schultz, 12	17:34.9	Dubuque, Hempstead
103	86	Michael Taylor, 12	17:35.6	Iowa City, City
104	87	Cole Jacobsen, 12	17:35.8	Ankeny
105	88	Brycen Snell, 11	17:36.4	Linn-Mar, Marion
106	89	Derek Nugent, 12	17:36.5	Iowa City, West
107	90	Tyler Loecke, 10	17:38.4	Waukee
108	91	Dalton Zenner, 12	17:39.6	Dubuque, Senior
109	92	Caleb Kleman, 11	17:41.5	Cedar Rapids, Washing
110		Clayton Streed, 11	17:43.2	Waterloo, West
111	93	Wes Brimeyer, 12	17:46.7	Dubuque, Senior
112		Tyler Carney, 11	17:49.0	Ames
113	94	Caden Turnbough, 9	17:49.1	Iowa City, City
114	95	Travis Loecke, 10	17:50.8	Waukee
115	96	Evan Armitage, 10	17:53.3	Valley, West Des Moin
116	97	Tye Skilang, 10	18:03.1	Linn-Mar, Marion
117		Harrison Prentice, 10	18:03.9	Des Moines, Roosevelt
118	98	Josiah Lydon, 12	18:04.0	Cedar Rapids, Washing
119	99	Sam Vezina, 9	18:06.1	Linn-Mar, Marion
120	100	Jens Jorgensen, 10	18:17.7	Cedar Falls
121	101	Josh Timm, 12	18:25.5	Cedar Falls
122	102	Jack Fisher, 10	18:25.7	Dubuque, Senior
123	103	Caleb Burjes, 11	18:38.4	Cedar Falls

124	104	Jacob Ostrich, 10	18:43.6	Cedar Falls
125	105	Daylan Wagener, 11	18:54.9	Ankeny

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