

CIML Central Conference Girls JV**Valley Southwoods, West Des Moines, IA****Oct. 13, 2016**

57 degrees, sunny

Results by Michael Franke

[JV Girls](#)[JV Boys](#)[Var Girls](#)[Var Boys](#)

Use the Find option of your Web Browser to find the performance of a specific individual or team.

Last updated Oct. 13, 2016 8:26 PM

PLACE	TEAM	POINTS	PLACES OF FINISHERS							AVG. TIME	SPREAD
1	Waukee	30	2	3	4	8	13	16	18	21:05.1	0:46.9
2	Ankeny Centennial	33	1	5	6	10	11	12	14	21:03.5	0:58.8
3	Valley	88	7	17	20	21	23	28	31	21:58.1	1:13.2
4	Southeast Polk	122	15	19	22	32	34	36	42	22:27.3	0:55.8
5	Ames	129	9	24	29	30	37	40	41	22:26.7	1:46.1
6	Ankeny	146	25	26	27	33	35	38	39	22:38.3	0:36.4

[Individuals](#)

PLACE	FINISHER	TIME
1.	Waukee	
2	Megan Groathouse, So	20:49.3
3	Brooke Trampel, Jr	20:54.6
4	Ally Schafer, Fr	20:59.2
8	Lauren Gosch, So	21:06.3
13	Kayla Van Langen, So	21:36.1
16	Molly Konopik, Sr	22:04.2
18	Paige Christensen, Fr	22:06.2
Total Time = 1:45:25.5		Total Places = 30
2.	Ankeny Centennial	
1	Jaedyn Birchmier, Jr	20:26.9
5	Morgan Gjerde, Sr	21:03.0
6	Claire Wubben, Jr	21:03.1
10	Meredith King, So	21:18.9
11	Kelsey Lyons, Jr	21:25.6
12	Brianna Smith, So	21:31.8
14	Megan Smoldt, So	21:37.8
Total Time = 1:45:17.5		Total Places = 33
3.	Valley	
7	Megan Nelson, So	21:03.4
17	Shifali Malhorta, Sr	22:04.5
20	Emma Degen, Sr	22:12.8
21	AnnaLyn Poulsen, Fr	22:12.8
23	Kate Snodgrass, So	22:16.6
28	Makenzie Campbell, Fr	22:42.1
31	Cassie Larick, So	22:51.0
Total Time = 1:49:50.1		Total Places = 88
4.	Southeast Polk	

15	Gretta Hartz, Fr	21:59.6
19	Jasmin Mendoza, Fr	22:12.3
22	Samantha Milani, Fr	22:15.8
32	Lexy Winecke, Sr	22:53.3
34	Cassidy Dilks, Jr	22:55.3
36	Rachel Larkins, Jr	22:59.7
42	Allison Schafer, Jr	23:24.0
Total Time = 1:52:16.3		Total Places = 122

5. Ames

9	Emma Cardenas, So	21:17.3
24	Chloe Wilson, Fr	22:16.6
29	Lauren Cassaidy, Jr	22:47.3
30	Claire Gilbert, Jr	22:48.6
37	Kaitlyn Goodman, Fr	23:03.3
40	Eily Mickelson, So	23:17.1
41	Jane Joiner, Sr	23:18.0
Total Time = 1:52:13.1		Total Places = 129

6. Ankeny

25	Kayla Pitz, Fr	22:21.1
26	Ellie Land, Fr	22:28.3
27	Livvy Willets, Fr	22:29.3
33	Julah Boggess, Fr	22:55.1
35	Rose Schweitzer, So	22:57.5
38	Lauren Clark, Fr	23:12.9
39	Cierra Fillinger, Fr	23:14.3
Total Time = 1:53:11.3		Total Places = 146

TEAM				
PLACE	SCORE	FINISHER	TIME	TEAM

[Top](#)

1	1	Jaedyn Birchmier, Jr	20:26.9	Ankeny Centennial
2	2	Megan Groathouse, So	20:49.3	Waukee
3	3	Brooke Trampel, Jr	20:54.6	Waukee
4	4	Ally Schafer, Fr	20:59.2	Waukee
5	5	Morgan Gjerde, Sr	21:03.0	Ankeny Centennial
6	6	Claire Wubben, Jr	21:03.1	Ankeny Centennial
7	7	Megan Nelson, So	21:03.4	Valley
8	8	Lauren Gosch, So	21:06.3	Waukee
9	9	Emma Cardenas, So	21:17.3	Ames
10	10	Meredith King, So	21:18.9	Ankeny Centennial
11	11	Kelsey Lyons, Jr	21:25.6	Ankeny Centennial
12	12	Brianna Smith, So	21:31.8	Ankeny Centennial
13	13	Kayla Van Langen, So	21:36.1	Waukee
14	14	Megan Smoldt, So	21:37.8	Ankeny Centennial
15		Caita Pierson, So	21:50.4	Ankeny Centennial
16		Emma Arends, Fr	21:51.1	Ankeny Centennial
17	15	Gretta Hartz, Fr	21:59.6	Southeast Polk
18		Emma Peck, Jr	22:00.7	Ankeny Centennial
19	16	Molly Konopik, Sr	22:04.2	Waukee
20	17	Shifali Malhorta, Sr	22:04.5	Valley
21	18	Paige Christensen, Fr	22:06.2	Waukee
22		Erin Stender, Sr	22:08.2	Waukee
23		Ashley Sjurson, Sr	22:08.6	Waukee
24	19	Jasmin Mendoza, Fr	22:12.3	Southeast Polk
25	20	Emma Degen, Sr	22:12.8	Valley
26	21	AnnaLyn Poulsen, Fr	22:12.8	Valley
27		Ella McLaughlin, Fr	22:15.3	Ankeny Centennial
28	22	Samantha Milani, Fr	22:15.8	Southeast Polk
29	23	Kate Snodgrass, So	22:16.6	Valley

30	24	Chloe Wilson, Fr	22:16.6	Ames
31		Abby Smith, Sr	22:19.7	Ankeny Centennial
32	25	Kayla Pitz, Fr	22:21.1	Ankeny
33		Eliza Frentress, So	22:22.1	Waukee
34		Chloe Frazier, Jr	22:22.7	Ankeny Centennial
35		Frances Loeffelholz, Fr	22:27.8	Waukee
36	26	Ellie Land, Fr	22:28.3	Ankeny
37	27	Livvy Willets, Fr	22:29.3	Ankeny
38	28	Makenzie Campbell, Fr	22:42.1	Valley
39	29	Lauren Cassaidy, Jr	22:47.3	Ames
40	30	Claire Gilbert, Jr	22:48.6	Ames
41	31	Cassie Larick, So	22:51.0	Valley
42		Katie Ingle, Jr	22:51.5	Waukee
43		Kate Hoogensen, Fr	22:53.3	Ankeny Centennial
44	32	Lexy Winecke, Sr	22:53.3	Southeast Polk
45		Faith Skinner, Fr	22:54.4	Valley
46	33	Julah Boggess, Fr	22:55.1	Ankeny
47	34	Cassidy Dilks, Jr	22:55.3	Southeast Polk
48	35	Rose Schweitzer, So	22:57.5	Ankeny
49		Lauren McTernan, So	22:58.5	Ankeny Centennial
50	36	Rachel Larkins, Jr	22:59.7	Southeast Polk
51		Alaina Johannes, So	23:00.4	Waukee
52	37	Kaitlyn Goodman, Fr	23:03.3	Ames
53		Madison Banwart, Jr	23:06.1	Waukee
54		Kalista Socarras, Jr	23:08.4	Valley
55		Calissa Weers, So	23:08.8	Waukee
56		Rylee Johnson, So	23:11.6	Waukee
57	38	Lauren Clark, Fr	23:12.9	Ankeny
58	39	Cierra Fillinger, Fr	23:14.3	Ankeny
59		Claire Sattler, So	23:16.5	Valley
60	40	Eily Mickelson, So	23:17.1	Ames
61		Katelyn Cullins, Jr	23:17.3	Ankeny Centennial
62	41	Jane Joiner, Sr	23:18.0	Ames
63		Emily Caskey, Sr	23:18.1	Valley
64		Kenzie Hunt, So	23:18.7	Waukee
65		Kiki Bennett, Jr	23:18.9	Ankeny Centennial
66		Grace Trane, Sr	23:20.5	Valley
67	42	Allison Schafer, Jr	23:24.0	Southeast Polk
68		Hannah Nelson, Fr	23:26.2	Ankeny Centennial
69		Peyton Arnold, Sr	23:27.6	Ankeny Centennial
70		Taylor Hatch, Jr	23:29.0	Waukee
71		Megan Weis, Fr	23:29.7	Valley
72		Hayley Palensky, Sr	23:31.6	Ames
73		Abby Heston, Sr	23:32.7	Ankeny Centennial
74		Elsa Wright, Sr	23:34.7	Valley
75		Katie Lajoie, Jr	23:35.5	Ankeny Centennial
76		Sonja Barrett, Jr	23:35.5	Waukee
77		Meredith Long, Jr	23:36.7	Ankeny Centennial
78		Bailey Dennis, Fr	23:38.4	Ankeny Centennial
79		Anna Robben, So	23:38.5	Ankeny Centennial
80		Kayla Armantrout, Fr	23:39.5	Southeast Polk
81		Natalie Henriksen, Sr	23:42.1	Southeast Polk
82		Annie McClure, Jr	23:47.5	Ankeny
83		Lizbeth Clark, Fr	23:48.6	Waukee
84		Eva Long, Jr	23:48.9	Ankeny Centennial
85		Maya Olson, Sr	23:49.5	Waukee
86		Jocelyn Coady, Jr	23:49.7	Waukee
87		Sidney Epp, Sr	23:54.4	Ankeny Centennial
88		Jadon Haynes, Sr	23:54.8	Waukee
89		Ellie Wilson, Fr	23:55.1	Ankeny Centennial
90		Anna Brooks, Fr	23:57.3	Waukee
91		Ellissa Peterson, Jr	23:57.7	Ankeny

92	Celesta Cox, Fr	23:58.2	Ankeny Centennial
93	Rachel Gross, So	23:59.2	Ankeny
94	Kelsey Fischer, Sr	23:59.2	Ankeny
95	Sophie Finken, Fr	24:03.4	Waukee
96	Danielle Nichols, Jr	24:03.8	Valley
97	Allyson Goodman, Sr	24:05.5	Ames
98	Riley Beyer, Sr	24:05.7	Southeast Polk
99	Shaye Coughlin, Jr	24:08.2	Waukee
100	Elizabeth Ash, Sr	24:09.5	Valley
101	Savannah Tiffany, Fr	24:11.1	Waukee
102	Katie Simon, Fr	24:11.5	Waukee
103	Emma Huisman, So	24:11.8	Waukee
104	Sophia Kuhlmann, Jr	24:13.0	Ames
105	Hannah Walker, Fr	24:13.8	Valley
106	Sasha Hentzen, So	24:15.8	Valley
107	Kira Wilson, So	24:16.5	Ankeny Centennial
108	Libby Storts, Jr	24:17.3	Waukee
109	Madeline McGarry, Sr	24:19.8	Ames
110	Carly Boss, So	24:27.8	Waukee
111	Judith Franke, Jr	24:29.0	Ames
112	Emma Moomey, So	24:30.4	Ankeny
113	Samantha Kline, So	24:34.3	Southeast Polk
114	Haven Lackey, So	24:37.0	Waukee
115	Hanna Burmeister, Sr	24:38.4	Waukee
116	Grace Worlie, Sr	24:40.2	Valley
117	Bella Anania, So	24:41.6	Waukee
118	Kylie Eischen, Fr	24:47.8	Waukee
119	Neta Friedberg, Sr	24:49.1	Ames
120	Jerzi Clark, So	24:49.8	Southeast Polk
121	Victoria Kyveryga, Fr	24:50.1	Ames
122	Jacy Lehman, So	24:50.1	Ames
123	Toni Veldhuizen, Jr	24:50.3	Southeast Polk
124	Elizabeth Andrews, Fr	24:50.9	Ames
125	Libby Blosser, Fr	24:51.1	Valley
126	Ida Sandholdt, Sr	24:52.2	Ames
127	Ella Slade, So	24:52.8	Ames
128	Audrey Adamson, So	24:52.9	Waukee
129	Michelle Baldrige, Sr	24:54.4	Ames
130	Emily Melvin, So	24:55.1	Ankeny Centennial
131	Nicole Marlett, Sr	24:56.2	Valley
132	Rose Hyunh, Jr	24:56.7	Ankeny
133	Karissa Smedley, Fr	24:57.1	Ankeny
134	Siulley Vuong, Sr	24:58.9	Valley
135	Naomi Bratsch-Prince, Sr	25:05.7	Ames
136	Chloe Spring, So	25:13.6	Southeast Polk
137	Jordan Welp, Sr	25:14.0	Ames
138	Allison Ohringer, So	25:16.0	Valley
139	Mollie Cox, Fr	25:16.2	Ankeny
140	Taylor Jones, Sr	25:18.6	Valley
141	Olivia Decker, Fr	25:18.8	Waukee
142	Fiona Riordan, Fr	25:21.2	Ankeny
143	Grace Meter, Fr	25:21.8	Ankeny Centennial
144	Cabria Olsen, Fr	25:21.9	Southeast Polk
145	Grace Blazeovich, Sr	25:23.2	Valley
146	Emma Bolles, Jr	25:24.1	Waukee
147	Grace Running-Hey, Fr	25:25.2	Ankeny Centennial
148	Rachel Aksamit, Jr	25:25.6	Valley
149	Maddie Gibson, Jr	25:27.0	Waukee
150	Amanda Gantt, So	25:27.4	Waukee
151	Chloe Thoetenson, So	25:28.0	Southeast Polk
152	Wenjing Jiang, Fr	25:28.3	Valley
153	Salena Bantz, Sr	25:30.4	Valley

154	Grace Lee, Jr	25:31.1	Ames
155	Amy Wu, Sr	25:32.7	Ankeny
156	Morgan Mitchell, Sr	25:34.9	Waukee
157	Lourdes Kouba, Fr	25:36.7	Ames
158	Mariah Smith, Jr	25:37.3	Ankeny Centennial
159	Lexi Montgomery, Sr	25:37.4	Ankeny Centennial
160	Hannah Goode, So	25:37.9	Ankeny Centennial
161	Emma Frazier, Jr	25:38.3	Ankeny Centennial
162	Sarah Amro, Fr	25:38.7	Valley
163	Laurnyn Woerdeman, Fr	25:42.5	Ankeny Centennial
164	Riley Kuennen, So	25:42.8	Valley
165	Harkiran Ballagan, Fr	25:43.2	Waukee
166	Christine Emerald, So	25:43.6	Waukee
167	Gabrielle Lorenz, So	25:44.4	Ames
168	Adelade Nason, Fr	25:45.3	Ames
169	Katherine Van Arnum, So	25:46.3	Valley
170	Rita Nisius, Jr	25:47.1	Ankeny Centennial
171	MacKenzie Kort, So	25:50.7	Valley
172	Charisma Mendez, Jr	25:51.2	Valley
173	Mekhia Hillgren, So	25:51.7	Valley
174	Kailee Allen, Jr	25:53.2	Waukee
175	Payton Caldbeck, So	25:53.8	Valley
176	Katelin Edwardson, So	25:55.0	Ames
177	Tavia Dreismeier, Jr	25:56.3	Ankeny Centennial
178	Caroline Ash, Fr	25:59.7	Valley
179	Laura Mckenzie, Jr	26:01.9	Ankeny
180	Haley Yoder, Fr	26:02.2	Ames
181	Lauren Niehm, Sr	26:05.1	Ames
182	Gabrielle Segar, So	26:05.7	Ankeny Centennial
183	Allison Varineau, Jr	26:06.5	Ankeny
184	Kyliegh Cowles, Sr	26:07.3	Ames
185	Amy Canon, Sr	26:08.0	Ames
186	Ellie Mesman, Sr	26:08.2	Waukee
187	Alyssa Carter, Jr	26:08.4	Waukee
188	Ingrid Martinez, Fr	26:11.0	Waukee
189	Macy DenBeste, Fr	26:11.7	Ankeny Centennial
190	Ana Johnson, So	26:18.3	Valley
191	Kaitlyn Heims, Sr	26:19.0	Waukee
192	Maggie Fuhrman, Jr	26:21.7	Waukee
193	Kara Dieke, So	26:24.9	Waukee
194	Lydia Linch, So	26:30.0	Ames
195	Sloan Speten, Jr	26:38.4	Waukee
196	Fiorella Meyer, So	26:45.1	Ames
197	Kathryn Rozanek, Jr	26:54.1	Valley
198	Kaitlyn Akers, Fr	26:55.0	Ames
199	Arin Johnson, Jr	26:59.0	Valley
200	Marissa Fouraker, Jr	27:07.4	Ankeny Centennial
201	Anna Finch, So	27:08.0	Waukee
202	Ashley White, Sr	27:09.5	Waukee
203	Alli Jacobsen, Jr	27:16.9	Ankeny
204	Anna Zelenovich, Sr	27:17.1	Southeast Polk
205	Megan Utterback, Fr	27:25.0	Ankeny
206	Kaitlyn Mohrfeld, Sr	27:28.2	Ankeny
207	Britney Nguyen, Jr	27:28.4	Valley
208	Emily Ellinger, So	27:31.9	Valley
209	Jordyn Anglea, Jr	27:32.3	Valley
210	Tatum Jones, Sr	27:34.0	Valley
211	Madeline Cox, Fr	27:38.4	Ankeny
212	Wendy Jiang, So	27:39.0	Ames
213	Olivia Oppedal, Jr	27:42.6	Ames
214	Lauren Weisshaar, Sr	27:50.2	Valley
215	Riley Bartlett, So	27:55.9	Valley

216	Paige Jacobsen, So	28:00.1	Ankeny
217	Hattie Stenberg, Jr	28:01.5	Ames
218	Laura Kerton, So	28:01.7	Ames
219	Saige Adamson, So	28:02.2	Ankeny
220	Kathryn Cairney, Fr	28:10.8	Valley
221	AnneMarie Derouin, Sr	28:15.1	Valley
222	Sarah Evans, Jr	28:18.5	Ames
223	Tala Salti, Sr	28:21.9	Ames
224	Taylor Junck, Sr	28:22.9	Ames
225	Rachel Chun, Sr	28:27.5	Ames
226	Teresa Pelzer, Jr	28:28.2	Ames
227	Kira Simmons, So	28:28.4	Ames
228	Grace Koehler, Sr	28:30.0	Ames
229	Anna Johnston, Fr	28:37.3	Waukee
230	Charlotte Lenkaitis, Sr	28:37.4	Ames
231	Sarah Perry, Jr	28:46.0	Valley
232	Mariah Johannsen, Sr	28:47.6	Southeast Polk
233	Ava McDonald, So	28:49.3	Southeast Polk
234	Ana Hernandez, Sr	28:54.5	Waukee
235	Greta Krohn, Jr	28:56.6	Ankeny
236	Nicole Cho, Jr	29:06.6	Ames
237	Lillian Montabon, So	29:09.7	Ames
238	Casey Carr, Sr	29:15.1	Valley
239	Samantha Whitcomb, Sr	29:15.4	Valley
240	Lauren Jahn, So	29:22.7	Valley
241	Madison Todd, Sr	29:28.3	Southeast Polk
242	Achala Thippeswam, Sr	29:36.9	Ames
243	Mady Cisneros, Fr	29:56.0	Ankeny
244	D'Nel Vandenberg, Jr	29:57.5	Ames
245	Kali Daniels, Fr	29:58.8	Ankeny
246	Brooke Stiles, Sr	29:59.6	Ankeny
247	Aspen Holm, So	30:07.5	Ames
248	Marin Ellis, Jr	30:10.2	Ames
249	Jubilee Horton, So	30:12.9	Ames
250	Josie Taylor, So	30:18.1	Ames
251	Elizabeth Jackson, Sr	30:20.9	Ames
252	Madeline Cook, Sr	30:22.9	Waukee
253	Haley Brouillet, Fr	30:28.8	Ankeny Centennial
254	Madi Peterson, So	30:43.7	Ankeny
255	Suchaeta Hegde, Sr	31:05.7	Waukee
256	Mary Horton, Fr	31:13.0	Ames
257	Jayda Allen, Fr	31:19.8	Valley
258	Tara Huberty, Sr	31:21.4	Southeast Polk
259	Kristina Issak, Sr	31:59.5	Waukee
260	Adrianna Reed, Jr	32:03.7	Southeast Polk
261	Ryann Rose, So	32:13.9	Southeast Polk
262	Jane Bettis, So	32:15.8	Ames
263	Brooke Hoover, Sr	32:32.4	Southeast Polk
264	Kathleen Pelzer, Fr	32:33.9	Ames
265	Rebecca Cohen, Fr	32:45.7	Ames
266	Vlada Krasnnyuk, Sr	33:19.7	Southeast Polk
267	Arie Sirotiak, Jr	33:56.4	Ames
268	Emily Helmer, Jr	33:59.3	Ames
269	Paris Madden, Jr	34:04.4	Ankeny
270	Sophia Wignall, Jr	34:24.9	Ankeny
271	Samantha Pareti, Jr	34:25.4	Ankeny
272	Maddie Brown, So	34:27.9	Southeast Polk
273	Kira Davis, So	37:25.0	Ames
274	Amber Mohmand, Jr	38:52.0	Ames

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