

CIML Central Iowa XC Championship JV Girls

Marshalltown Community College

Oct. 16, 2014

60s at the start, wind & partly cloudy

Results by Cal Murdock

[F/S Girls](#)   [F/S Boys](#)   [JV Girls](#)   [JV Boys](#)   [Var. Girls](#)   [Var. Boys](#)

Use the Find option of your Web Browser to find the performance of a specific individual or team.

[Click here](#) for data on boys

| PLACE | TEAM              | POINTS | PLACES OF FINISHERS |    |    |    |    |    |    | AVG. TIME | SPREAD |
|-------|-------------------|--------|---------------------|----|----|----|----|----|----|-----------|--------|
| 1     | Johnston          | 16     | 1                   | 2  | 3  | 4  | 6  | 7  | 11 | 16:14     | 0:22   |
| 2     | Urbandale         | 82     | 10                  | 13 | 16 | 18 | 25 | 28 | 47 | 17:03     | 0:1:00 |
| 3     | Dowling Catholic  | 83     | 9                   | 12 | 15 | 21 | 26 | 31 | 33 | 17:02     | 1:03   |
| 4     | Waukee            | 128    | 14                  | 20 | 24 | 34 | 36 | 41 | 44 | 17:33     | 1:08   |
| 5     | Ames              | 131    | 5                   | 8  | 22 | 39 | 57 | 63 | 65 | 17:27     | 2:41   |
| 6     | Ankeny Centennial | 172    | 17                  | 29 | 30 | 38 | 58 | 59 | 60 | 17:56     | 1:53   |
| 7     | Valley            | 179    | 27                  | 32 | 37 | 40 | 43 | 54 | 62 | 18:03     | 0:38   |
| 8     | Ankeny            | 182    | 19                  | 23 | 42 | 46 | 52 | 55 | 67 | 18:03     | 1:29   |
| 9     | Southeast Polk    | 241    | 35                  | 49 | 50 | 51 | 56 | 64 | 66 | 18:34     | 0:56   |
| 10    | Mason City        | 277    | 45                  | 48 | 53 | 61 | 70 |    |    | 19:12     | 2:28   |
| 11    | Marshalltown      | 355    | 68                  | 69 | 71 | 72 | 75 | 79 |    | 21:26     | 2:06   |
| 12    | Fort Dodge        | 378    | 73                  | 74 | 76 | 77 | 78 |    |    | 24:09     | 3:32   |

[Individuals](#)

| PLACE                | FINISHER              | TIME               |
|----------------------|-----------------------|--------------------|
| 1. Johnston          |                       |                    |
| 1                    | Claire Burger, Fr     | 16:06              |
| 2                    | Ellen Bennett, Sr     | 16:09              |
| 3                    | Kristina Rice, Jr     | 16:10              |
| 4                    | Sarah Kromminga, Sr   | 16:13              |
| 6                    | Eileen Moran, So      | 16:28              |
| 7                    | Biz Foutch, So        | 16:30              |
| 11                   | Taryn Swaim, Fr       | 16:38              |
| Total Time = 1:21:06 |                       | Total Places = 16  |
| 2. Urbandale         |                       |                    |
| 10                   | Avery Peterson, Fr    | 16:38              |
| 13                   | Grace Rempe, Fr       | 16:46              |
| 16                   | Skyler Shellmyer, Fr  | 17:00              |
| 18                   | Lizzie Eppink, Jr     | 17:12              |
| 25                   | Katelyn Foster, Jr    | 17:38              |
| 28                   | Savannah Kannapel, Sr | 17:45              |
| 47                   | Sara Wilson, Fr       | 18:33              |
| Total Time = 1:25:14 |                       | Total Places = 82  |
| 3. Dowling Catholic  |                       |                    |
| 9                    | Andrea Goodman, Fr    | 16:35              |
| 12                   | Kirby Power, Fr       | 16:40              |
| 15                   | Harriet Hubbell, So   | 16:59              |
| 21                   | Clare Hartlieb, Sr    | 17:18              |
| 26                   | Maddie McLean, Sr     | 17:38              |
| 31                   | Caroline Warmuth, Jr  | 17:53              |
| 33                   | Emily Erickson, Fr    | 17:57              |
| Total Time = 1:25:10 |                       | Total Places = 83  |
| 4. Waukee            |                       |                    |
| 14                   | Brianna Young, Sr     | 16:53              |
| 20                   | Elli Lenz, Jr         | 17:16              |
| 24                   | Lindey Carlson, Jr    | 17:37              |
| 34                   | Haley Smith, Jr       | 17:58              |
| 36                   | Kaitlyn Cox, Jr       | 18:00              |
| 41                   | Hannah Roethler, Jr   | 18:15              |
| 44                   | Sydney Day, Jr        | 18:25              |
| Total Time = 1:27:44 |                       | Total Places = 128 |
| 5. Ames              |                       |                    |
| 5                    | Emily Rehmann, Jr     | 16:13              |

|                      |                     |                    |
|----------------------|---------------------|--------------------|
| 8                    | Payton Boylston, Sr | 16:33              |
| 22                   | Dagney Paskach, Jr  | 17:23              |
| 39                   | Alyona Pearson, Jr  | 18:11              |
| 57                   | Joanna Held, Jr     | 18:54              |
| 63                   | Amelia Merchant, Sr | 19:18              |
| 65                   | Alyssa Harvey, Jr   | 19:20              |
| Total Time = 1:27:14 |                     | Total Places = 131 |

#### 6. Ankeny Centennial

|                      |                        |                    |
|----------------------|------------------------|--------------------|
| 17                   | Savanna Henning, Jr    | 17:03              |
| 29                   | Caroline Stirling, Sr  | 17:46              |
| 30                   | Alexandra Williams, Jr | 17:51              |
| 38                   | Molly Doruska, Sr      | 18:04              |
| 58                   | Jade Peterson, Sr      | 18:55              |
| 59                   | Maddie Meter, Sr       | 18:55              |
| 60                   | Hannah Draayer, Jr     | 19:02              |
| Total Time = 1:29:39 |                        | Total Places = 172 |

#### 7. Valley

|                      |                     |                    |
|----------------------|---------------------|--------------------|
| 27                   | Mani Manaktala, Sr  | 17:44              |
| 32                   | Jessi Bierbaum, Sr  | 17:54              |
| 37                   | Katelyn Criner, Sr  | 18:02              |
| 40                   | Kallie Baughman, Sr | 18:12              |
| 43                   | Katie Broman, Sr    | 18:22              |
| 54                   | Ann Gould, Jr       | 18:44              |
| 62                   | Jade Davis, Sr      | 19:17              |
| Total Time = 1:30:14 |                     | Total Places = 179 |

#### 8. Ankeny

|                      |                      |                    |
|----------------------|----------------------|--------------------|
| 19                   | Lyndsie Schinkel, Sr | 17:12              |
| 23                   | Ciara Gilliam, Fr    | 17:31              |
| 42                   | Jenna Iversen, Jr    | 18:17              |
| 46                   | Kelsey Fischer, So   | 18:31              |
| 52                   | Anna Patterson, Sr   | 18:41              |
| 55                   | Fjolla Gjonbalaj, Jr | 18:46              |
| 67                   | Olivia Brooks, Jr    | 20:22              |
| Total Time = 1:30:12 |                      | Total Places = 182 |

#### 9. Southeast Polk

|                      |                    |                    |
|----------------------|--------------------|--------------------|
| 35                   | Nicole Martin, Jr  | 17:58              |
| 49                   | Blair Gillotti, Jr | 18:39              |
| 50                   | Kalie Savage, Sr   | 18:39              |
| 51                   | Grace Betz, So     | 18:40              |
| 56                   | Maria Dianas, Jr   | 18:54              |
| 64                   | Kaylie Lyons, Jr   | 19:19              |
| 66                   | Blake Bauer, Sr    | 19:22              |
| Total Time = 1:32:50 |                    | Total Places = 241 |

#### 10. Mason City

|                      |                      |                    |
|----------------------|----------------------|--------------------|
| 45                   | Maddie Kim, Sr       | 18:28              |
| 48                   | Kim Carpenter, Jr    | 18:34              |
| 53                   | Halle Phillips, Jr   | 18:44              |
| 61                   | Karly Krutsinger, Jr | 19:16              |
| 70                   | Kayla Alexander, Jr  | 20:55              |
| Total Time = 1:35:57 |                      | Total Places = 277 |

#### 11. Marshalltown

|                      |                      |                    |
|----------------------|----------------------|--------------------|
| 68                   | Ailane Burgos, Sr    | 20:35              |
| 69                   | Erin Carmichael, Sr  | 20:43              |
| 71                   | Daesha Underhill, Jr | 21:30              |
| 72                   | Kierra Carbajal, Sr  | 21:38              |
| 75                   | Olivia Arneson, Fr   | 22:40              |
| 79                   | Naomi Boland, Fr     | 26:10              |
| Total Time = 1:47:06 |                      | Total Places = 355 |

#### 12. Fort Dodge

|                      |                      |                    |
|----------------------|----------------------|--------------------|
| 73                   | Mara Crimmins, Fr    | 22:20              |
| 74                   | Dakota Ganzeveld, Fr | 22:20              |
| 76                   | Amanda Koger, Sr     | 24:23              |
| 77                   | Alex Hays, Jr        | 25:47              |
| 78                   | Noelle Barber, So    | 25:51              |
| Total Time = 2:00:41 |                      | Total Places = 378 |

| TEAM  |       |          |      |      |
|-------|-------|----------|------|------|
| PLACE | SCORE | FINISHER | TIME | TEAM |

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|   |   |                     |       |          |
|---|---|---------------------|-------|----------|
| 1 | 1 | Claire Burger, Fr   | 16:06 | Johnston |
| 2 | 2 | Ellen Bennett, Sr   | 16:09 | Johnston |
| 3 | 3 | Kristina Rice, Jr   | 16:10 | Johnston |
| 4 | 4 | Sarah Kromminga, Sr | 16:13 | Johnston |

|    |    |                        |       |                   |
|----|----|------------------------|-------|-------------------|
| 5  | 5  | Emily Rehmann, Jr      | 16:13 | Ames              |
| 6  | 6  | Eileen Moran, So       | 16:28 | Johnston          |
| 7  | 7  | Biz Foutch, So         | 16:30 | Johnston          |
| 8  | 8  | Payton Boylston, Sr    | 16:33 | Ames              |
| 9  | 9  | Andrea Goodman, Fr     | 16:35 | Dowling Catholic  |
| 10 | 10 | Avery Peterson, Fr     | 16:38 | Urbandale         |
| 11 | 11 | Taryn Swaim, Fr        | 16:38 | Johnston          |
| 12 | 12 | Kirby Power, Fr        | 16:40 | Dowling Catholic  |
| 13 | 13 | Grace Rempe, Fr        | 16:46 | Urbandale         |
| 14 | 14 | Brianna Young, Sr      | 16:53 | Waukee            |
| 15 | 15 | Harriet Hubbell, So    | 16:59 | Dowling Catholic  |
| 16 | 16 | Skyler Shellmyer, Fr   | 17:00 | Urbandale         |
| 17 | 17 | Savanna Henning, Jr    | 17:03 | Ankeny Centennial |
| 18 |    | Jady Polson, Sr        | 17:09 | Johnston          |
| 19 | 18 | Lizzie Eppink, Jr      | 17:12 | Urbandale         |
| 20 |    | Anne Rogers, Sr        | 17:12 | Johnston          |
| 21 | 19 | Lyndsie Schinkel, Sr   | 17:12 | Ankeny            |
| 22 | 20 | Elli Lenz, Jr          | 17:16 | Waukee            |
| 23 |    | Julia Beswick, Jr      | 17:16 | Johnston          |
| 24 | 21 | Clare Hartlieb, Sr     | 17:18 | Dowling Catholic  |
| 25 | 22 | Dagney Paskach, Jr     | 17:23 | Ames              |
| 26 |    | Abby Puk, Sr           | 17:27 | Johnston          |
| 27 | 23 | Ciara Gilliam, Fr      | 17:31 | Ankeny            |
| 28 | 24 | Lindey Carlson, Jr     | 17:37 | Waukee            |
| 29 | 25 | Katelyn Foster, Jr     | 17:38 | Urbandale         |
| 30 | 26 | Maddie McLean, Sr      | 17:38 | Dowling Catholic  |
| 31 |    | Hannah Short, Fr       | 17:38 | Johnston          |
| 32 |    | Emma Thayer, Sr        | 17:42 | Johnston          |
| 33 | 27 | Mani Manaktala, Sr     | 17:44 | Valley            |
| 34 |    | Natalie Coomes, Sr     | 17:44 | Johnston          |
| 35 | 28 | Savannah Kannapel, Sr  | 17:45 | Urbandale         |
| 36 | 29 | Caroline Stirling, Sr  | 17:46 | Ankeny Centennial |
| 37 |    | Susie Sullivan, Fr     | 17:49 | Johnston          |
| 38 | 30 | Alexandra Williams, Jr | 17:51 | Ankeny Centennial |
| 39 | 31 | Caroline Warmuth, Jr   | 17:53 | Dowling Catholic  |
| 40 |    | Peyton McClure, Fr     | 17:54 | Johnston          |
| 41 | 32 | Jessi Bierbaum, Sr     | 17:54 | Valley            |
| 42 |    | Haley Daughhetee, Sr   | 17:56 | Johnston          |
| 43 | 33 | Emily Erickson, Fr     | 17:57 | Dowling Catholic  |
| 44 | 34 | Haley Smith, Jr        | 17:58 | Waukee            |
| 45 | 35 | Nicole Martin, Jr      | 17:58 | Southeast Polk    |
| 46 | 36 | Kaitlyn Cox, Jr        | 18:00 | Waukee            |
| 47 | 37 | Katelyn Criner, Sr     | 18:02 | Valley            |
| 48 |    | Ally Andreasen, Fr     | 18:03 | Johnston          |
| 49 | 38 | Molly Doruska, Sr      | 18:04 | Ankeny Centennial |
| 50 | 39 | Alyona Pearson, Jr     | 18:11 | Ames              |
| 51 | 40 | Kallie Baughman, Sr    | 18:12 | Valley            |
| 52 | 41 | Hannah Roethler, Jr    | 18:15 | Waukee            |
| 53 | 42 | Jenna Iversen, Jr      | 18:17 | Ankeny            |
| 54 | 43 | Katie Broman, Sr       | 18:22 | Valley            |
| 55 | 44 | Sydney Day, Jr         | 18:25 | Waukee            |
| 56 | 45 | Maddie Kim, Sr         | 18:28 | Mason City        |
| 57 | 46 | Kelsey Fischer, So     | 18:31 | Ankeny            |
| 58 | 47 | Sara Wilson, Fr        | 18:33 | Urbandale         |
| 59 | 48 | Kim Carpenter, Jr      | 18:34 | Mason City        |
| 60 |    | Erica Thacker, Sr      | 18:35 | Johnston          |
| 61 |    | Jessica Mueller, Sr    | 18:36 | Urbandale         |
| 62 |    | Maria Comito, Sr       | 18:38 | Waukee            |
| 63 |    | Hanna Chambers, Jr     | 18:38 | Urbandale         |
| 64 |    | Nastia Lentell, Jr     | 18:39 | Waukee            |
| 65 | 49 | Blair Gillotti, Jr     | 18:39 | Southeast Polk    |
| 66 | 50 | Kalie Savage, Sr       | 18:39 | Southeast Polk    |
| 67 | 51 | Grace Betz, So         | 18:40 | Southeast Polk    |
| 68 | 52 | Anna Patterson, Sr     | 18:41 | Ankeny            |
| 69 |    | Achol Malow, Fr        | 18:41 | Urbandale         |
| 70 | 53 | Halle Phillips, Jr     | 18:44 | Mason City        |
| 71 | 54 | Ann Gould, Jr          | 18:44 | Valley            |
| 72 | 55 | Fjolla Gjonbalaj, Jr   | 18:46 | Ankeny            |
| 73 |    | Emily Breeden, Fr      | 18:52 | Johnston          |
| 74 | 56 | Maria Dianas, Jr       | 18:54 | Southeast Polk    |
| 75 | 57 | Joanna Held, Jr        | 18:54 | Ames              |
| 76 | 58 | Jade Peterson, Sr      | 18:55 | Ankeny Centennial |
| 77 | 59 | Maddie Meter, Sr       | 18:55 | Ankeny Centennial |
| 78 |    | Courtney Mithelman, Sr | 18:59 | Johnston          |
| 79 | 60 | Hannah Draayer, Jr     | 19:02 | Ankeny Centennial |
| 80 |    | Carly Gosch, Jr        | 19:04 | Waukee            |
| 81 |    | Maya Evans, Sr         | 19:11 | Ankeny Centennial |
| 82 |    | Nicole Hobson, So      | 19:15 | Johnston          |
| 83 | 61 | Karly Krutsinger, Jr   | 19:16 | Mason City        |
| 84 | 62 | Jade Davis, Sr         | 19:17 | Valley            |
| 85 | 63 | Amelia Merchant, Sr    | 19:18 | Ames              |

|     |    |                         |       |                   |
|-----|----|-------------------------|-------|-------------------|
| 86  | 64 | Kaylie Lyons, Jr        | 19:19 | Southeast Polk    |
| 87  | 65 | Alyssa Harvey, Jr       | 19:20 | Ames              |
| 88  |    | Alyssa Lehman, Jr       | 19:21 | Ames              |
| 89  | 66 | Blake Bauer, Sr         | 19:22 | Southeast Polk    |
| 90  |    | Brittany Martin, Jr     | 19:23 | Johnston          |
| 91  |    | Hannah Brown, Sr        | 19:24 | Dowling Catholic  |
| 92  |    | Hailey Tiefenthaler, Jr | 19:24 | Waukee            |
| 93  |    | Margit Herrmann, Jr     | 19:27 | Ames              |
| 94  |    | Kaitlyn Barr, Sr        | 19:29 | Ames              |
| 95  |    | Kiersten Cartwright, Jr | 19:31 | Johnston          |
| 96  |    | Madison Owens, Sr       | 19:32 | Ankeny Centennial |
| 97  |    | Madalynn Kouba, Jr      | 19:34 | Ames              |
| 98  |    | Taylor Knight, Sr       | 19:36 | Ankeny Centennial |
| 99  |    | Allison Kacer, Sr       | 19:36 | Valley            |
| 100 |    | Anna Larson, Jr         | 19:42 | Johnston          |
| 101 |    | Jordan Leo, Jr          | 19:43 | Southeast Polk    |
| 102 |    | Cassidy Cannon, Sr      | 19:44 | Valley            |
| 103 |    | Uma Patel, So           | 19:46 | Johnston          |
| 104 |    | Haley Anglea, Jr        | 19:47 | Valley            |
| 105 |    | Ellie Drees, Jr         | 19:47 | Waukee            |
| 106 |    | Audrey Carew, Sr        | 19:54 | Ankeny Centennial |
| 107 |    | Ashlie Clinger, Jr      | 19:58 | Dowling Catholic  |
| 108 |    | Jeanne Gookin, Jr       | 19:58 | Dowling Catholic  |
| 109 |    | Carissa Roberts, Sr     | 19:59 | Ames              |
| 110 |    | Ally Goldsmith, Sr      | 20:00 | Dowling Catholic  |
| 111 |    | Kelsi Gajewsky, Jr      | 20:04 | Urbandale         |
| 112 |    | Madison Johannsen, Sr   | 20:06 | Southeast Polk    |
| 113 |    | Anna Zinselmeier, Fr    | 20:09 | Johnston          |
| 114 |    | Rebecca O'Brien, Sr     | 20:09 | Waukee            |
| 115 |    | Elizabeth Reed, Sr      | 20:12 | Valley            |
| 116 |    | Elizabeth Mauritz, Jr   | 20:15 | Southeast Polk    |
| 117 |    | Jessica Bigelow, So     | 20:15 | Johnston          |
| 118 |    | Kelsey Caffrey, Sr      | 20:16 | Johnston          |
| 119 |    | Macy Scully, Sr         | 20:17 | Southeast Polk    |
| 120 |    | Josephine Dubiel, Jr    | 20:18 | Ames              |
| 121 |    | Caroline Baum, Sr       | 20:20 | Ames              |
| 122 |    | Lauren Veigulis, Sr     | 20:21 | Southeast Polk    |
| 123 | 67 | Olivia Brooks, Jr       | 20:22 | Ankeny            |
| 124 |    | Shannon Beh, Sr         | 20:24 | Dowling Catholic  |
| 125 |    | Julia Tagye, Sr         | 20:24 | Ankeny            |
| 126 |    | Annie Schacht, Jr       | 20:26 | Valley            |
| 127 |    | Emily Kacer, Sr         | 20:26 | Valley            |
| 128 |    | Brooke Chesmore, Jr     | 20:27 | Southeast Polk    |
| 129 |    | Hannah Manfull, Jr      | 20:29 | Ankeny Centennial |
| 130 |    | Mary Boksa, Jr          | 20:32 | Johnston          |
| 131 |    | Sidney Presnell, Sr     | 20:33 | Southeast Polk    |
| 132 |    | Odette Muziranenge, Sr  | 20:34 | Johnston          |
| 133 | 68 | Ailane Burgos, Sr       | 20:35 | Marshalltown      |
| 134 |    | Georgia Carroll, Sr     | 20:35 | Johnston          |
| 135 |    | Danae Dabney, Sr        | 20:40 | Urbandale         |
| 136 |    | Rachel Svendsen, Jr     | 20:41 | Dowling Catholic  |
| 137 |    | Ali Baumann, Sr         | 20:42 | Valley            |
| 138 | 69 | Erin Carmichael, Sr     | 20:43 | Marshalltown      |
| 139 |    | Amy Keech, Sr           | 20:48 | Johnston          |
| 140 |    | Jessica Behrens, Sr     | 20:48 | Southeast Polk    |
| 141 |    | Megan Halliwell, Jr     | 20:49 | Dowling Catholic  |
| 142 |    | Kate Derrick, Jr        | 20:49 | Waukee            |
| 143 |    | Alexis Thomas, Sr       | 20:51 | Valley            |
| 144 |    | Savannah Oswald, Sr     | 20:55 | Waukee            |
| 145 | 70 | Kayla Alexander, Jr     | 20:55 | Mason City        |
| 146 |    | Lauren Bockhaus, Sr     | 20:58 | Dowling Catholic  |
| 147 |    | Taylor Johnson, Sr      | 20:59 | Urbandale         |
| 148 |    | Savannah Havran, Sr     | 21:00 | Urbandale         |
| 149 |    | Brooke Thompson, Sr     | 21:02 | Ankeny Centennial |
| 150 |    | Paige Roszhart, Sr      | 21:04 | Waukee            |
| 151 |    | Madison Fisher, Sr      | 21:05 | Southeast Polk    |
| 152 |    | Courtney DuBois, Jr     | 21:06 | Southeast Polk    |
| 153 |    | Samantha Benson, Sr     | 21:12 | Valley            |
| 154 |    | Megan Watson, Sr        | 21:18 | Urbandale         |
| 155 |    | Kerry Strum, Jr         | 21:21 | Ames              |
| 156 |    | Melanie Long, Sr        | 21:21 | Ames              |
| 157 |    | Lizzie Orr, Jr          | 21:22 | Johnston          |
| 158 |    | Phoebe Graving, So      | 21:24 | Johnston          |
| 159 |    | Molly Sanders, Sr       | 21:24 | Ames              |
| 160 | 71 | Daesha Underhill, Jr    | 21:30 | Marshalltown      |
| 161 |    | Lila Rice, Jr           | 21:33 | Ames              |
| 162 |    | Abby Johnson, Jr        | 21:35 | Ankeny Centennial |
| 163 | 72 | Kierra Carbajal, Sr     | 21:38 | Marshalltown      |
| 164 |    | Tereza Smutna, Jr       | 21:39 | Ames              |
| 165 |    | Megan Kress, Jr         | 21:40 | Johnston          |
| 166 |    | Natalie Tesdall, Jr     | 21:42 | Ames              |

|     |    |                        |       |                   |
|-----|----|------------------------|-------|-------------------|
| 167 |    | Olivia Sauer, Sr       | 21:45 | Ames              |
| 168 |    | Ruchi Shekar, Sr       | 21:48 | Johnston          |
| 169 |    | Isabelle Cochran, Jr   | 21:49 | Valley            |
| 170 |    | Kei Demand, Jr         | 21:50 | Dowling Catholic  |
| 171 |    | Lilli Lopez, Sr        | 21:51 | Dowling Catholic  |
| 172 |    | Olivia Goodale, Jr     | 22:01 | Johnston          |
| 173 |    | Sarah Broderick, Sr    | 22:01 | Dowling Catholic  |
| 174 |    | Allison Martz, Jr      | 22:07 | Ankeny            |
| 175 |    | Ekta Patel, Jr         | 22:08 | Ankeny            |
| 176 |    | Amanda Goldsmith, Sr   | 22:11 | Dowling Catholic  |
| 177 |    | Liiy Keitges, Sr       | 22:11 | Ames              |
| 178 |    | Makenzie Putz, Sr      | 22:11 | Ames              |
| 179 |    | Anika Schmitt, Fr      | 22:17 | Johnston          |
| 180 |    | Megan Buckallew, Sr    | 22:17 | Johnston          |
| 181 |    | Shelbie Brotherson, So | 22:19 | Johnston          |
| 182 | 73 | Mara Crimmins, Fr      | 22:20 | Fort Dodge        |
| 183 | 74 | Dakota Ganzeveld, Fr   | 22:20 | Fort Dodge        |
| 184 |    | Kelsey Anliker, Sr     | 22:26 | Ankeny Centennial |
| 185 |    | Taylor Covey, Sr       | 22:26 | Ankeny Centennial |
| 186 |    | Mema Keco, Jr          | 22:27 | Johnston          |
| 187 |    | Zyanya Hernandez, Jr   | 22:30 | Ankeny Centennial |
| 188 |    | Enghild Steinkjer, Sr  | 22:31 | Ankeny Centennial |
| 189 |    | Ally Jacobi, Sr        | 22:32 | Waukee            |
| 190 | 75 | Olivia Arneson, Fr     | 22:40 | Marshalltown      |
| 191 |    | Stephanie Cho, Sr      | 22:40 | Ames              |
| 192 |    | Serena Qamhie, Jr      | 22:41 | Ames              |
| 193 |    | Anna Bourke, Sr        | 22:42 | Ames              |
| 194 |    | Anna Ogilvie, Sr       | 22:46 | Ames              |
| 195 |    | Elyse Warrick, Sr      | 22:49 | Ames              |
| 196 |    | Karin Halverson, Jr    | 22:55 | Ames              |
| 197 |    | Lauren Blosser, Jr     | 23:01 | Valley            |
| 198 |    | Alli Zieser, Sr        | 23:02 | Valley            |
| 199 |    | Jady Wesson, So        | 23:11 | Johnston          |
| 200 |    | Bailey Pohlman, Sr     | 23:27 | Johnston          |
| 201 |    | Summer Fechner, Jr     | 23:27 | Johnston          |
| 202 |    | Lexi Buren, Sr         | 23:29 | Ankeny Centennial |
| 203 |    | Bailey Brennecke, Sr   | 23:59 | Ankeny Centennial |
| 204 |    | Rachael Krysa, Sr      | 24:07 | Valley            |
| 205 |    | Ally Lorber, Jr        | 24:08 | Johnston          |
| 206 |    | Emily Merkle, Sr       | 24:09 | Southeast Polk    |
| 207 |    | Katie Dombrosky, Sr    | 24:13 | Waukee            |
| 208 |    | Kelli Gustafson, Jr    | 24:16 | Valley            |
| 209 | 76 | Amanda Koger, Sr       | 24:23 | Fort Dodge        |
| 210 |    | Alexis Frisby, Sr      | 24:24 | Southeast Polk    |
| 211 |    | Gloria Lau, Jr         | 24:29 | Southeast Polk    |
| 212 |    | Katie Cloud, Sr        | 24:35 | Ames              |
| 213 |    | Sydney Ginkens, Sr     | 24:36 | Johnston          |
| 214 |    | Cheyenne Dilks, Sr     | 24:36 | Southeast Polk    |
| 215 |    | Samantha Savala, Jr    | 24:40 | Dowling Catholic  |
| 216 |    | Ellie Girkin, Sr       | 24:43 | Waukee            |
| 217 |    | Elise Hill, Sr         | 25:16 | Ames              |
| 218 |    | Katie Coleman, Jr      | 25:17 | Dowling Catholic  |
| 219 |    | Kamryn Carmichael, So  | 25:21 | Johnston          |
| 220 | 77 | Alex Hays, Jr          | 25:47 | Fort Dodge        |
| 221 | 78 | Noelle Barber, So      | 25:51 | Fort Dodge        |
| 222 |    | Hannah Crooks, Jr      | 26:01 | Johnston          |
| 223 | 79 | Naomi Boland, Fr       | 26:10 | Marshalltown      |
| 224 |    | Marie Volcko, Jr       | 26:31 | Ames              |
| 225 |    | Sarah Hawkins, Jr      | 28:15 | Southeast Polk    |

[Click here](#) for data on boys

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