

35th All American Invitational College Women-5km

Decorah, Iowa - Luther College

Sept. 9, 2006

50s and Cloudy

Results by Cal Murdock

[MS Girls](#) [MS Boys](#) [JV Girls](#) [JV Boys](#) [Var. Girls](#) [Var. Boys](#) [Coll WOM](#) [Coll Men](#) [M with Alumni](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual or team.

PLACE	TEAM	POINTS	PLACES OF FINISHERS							AVG. TIME	SPREAD
1	U W Lacrosse	24	1	2	6	7	8	9	10	19:07	52
2	Chicago	55	4	5	13	14	19	20	21	19:44	1:30
3	Luther	57	3	11	12	15	16	17	18	19:48	1:24
4	Iowa Central	120	22	23	24	25	26	27	28	24:57	4:38

INCOMPLETE TEAMS:

Iowa Lakes

William Penn

[Individuals](#)

1. U W Lacrosse

1	Kristen Painter, Sr	18:35	5:59
2	Meagan Herlache, Sr	18:49	6:03
6	Whitney Nefstead, Fr	19:23	6:14
7	Kristen Howe, Jr	19:25	6:15
8	Nikki Cahen, Sr	19:26	6:15
9	Rachel Dedeyne, Jr	19:39	6:19
10	Megan Johnson, So	19:44	6:21

Time = 1:35:35 Places = 24

2. Chicago

4	Vidhya Abraham, Sr	18:56	6:05
5	Dilshanie Perera, Sr	19:17	6:12
13	Abby Sheldon, Sr	19:55	6:25
14	Jackie Kropp, Sr	20:09	6:29
19	Julia Moriarty, So	20:25	6:34
20	Liz So, Fr	20:31	6:36
21	Kate Dwyer, Fr	20:43	6:40

Time = 1:38:40 Places = 55

3. Luther

3	Janet Dobyns, So	18:52	6:04
11	Devin Parker, So	19:50	6:23
12	Elise Bennett, So	19:53	6:24
15	Lisa Savre, Jr	20:10	6:29
16	Cathy Betterman, Sr	20:15	6:31
17	Rachel Wobeter, So	20:18	6:32
18	Sarah Goplen, Sr	20:19	6:32

Time = 1:38:59 Places = 57

4. Iowa Central

22	Becky Eckerman, So	21:47	7:01
23	Miriam Byfield, Fr	24:07	7:46
24	Kacee Prelip, Fr	26:06	8:24
25	Liz Becker, Fr	26:19	8:28
26	Samantha Lee, Fr	26:24	8:30
27	Carolyn Cherry, Fr	26:26	8:30
28	Katrina Schott, Fr	29:28	9:29

Time = 2:04:42 Places = 120

[Top](#)

PLACE	TEAM SCORE	FINISHER	TIME	PACE	TEAM
1	1	Kristen Painter, Sr	18:35	5:59	U W Lacrosse
Pace: 6:00 7:00 8:00 9:00 Top					
2	2	Meagan Herlache, Sr	18:49	6:03	U W Lacrosse
3	3	Janet Dobyns, So	18:52	6:04	Luther
4	4	Vidhya Abraham, Sr	18:56	6:05	Chicago
5	5	Dilshanie Perera, Sr	19:17	6:12	Chicago
6	6	Whitney Nefstead, Fr	19:23	6:14	U W Lacrosse
7	7	Kristen Howe, Jr	19:25	6:15	U W Lacrosse
8	8	Nikki Cahen, Sr	19:26	6:15	U W Lacrosse
9	9	Rachel Dedeyne, Jr	19:39	6:19	U W Lacrosse
10	10	Megan Johnson, So	19:44	6:21	U W Lacrosse
11	11	Devin Parker, So	19:50	6:23	Luther
12		Jenna Gerten, Jr	19:50	6:23	U W Lacrosse
13		Emily Lewandowski, Sr	19:51	6:23	U W Lacrosse
14	12	Elise Bennett, So	19:53	6:24	Luther
15	13	Abby Sheldon, Sr	19:55	6:25	Chicago
16		Bethany Schiefeldbein	20:02	6:27	
17		Lauren Moss, So	20:03	6:27	U W Lacrosse
18		Beth Medinger, Sr	20:05	6:28	U W Lacrosse
19		Meghan Dugan, Fr	20:07	6:28	U W Lacrosse
20		Katelynn Williams, Fr	20:08	6:29	U W Lacrosse
21		Zoe Browne, Fr	20:08	6:29	U W Lacrosse
22	14	Jackie Kropp, Sr	20:09	6:29	Chicago
23		Angela Reed, Jr	20:09	6:29	U W Lacrosse
24		Alison Kolinski, Fr	20:10	6:29	U W Lacrosse
25	15	Lisa Savre, Jr	20:10	6:29	Luther
26		Jackie Arendt, Sr	20:13	6:30	U W Lacrosse
27	16	Cathy Betterman, Sr	20:15	6:31	Luther
28	17	Rachel Wobeter, So	20:18	6:32	Luther
29	18	Sarah Goplen, Sr	20:19	6:32	Luther
30		Katie Dolan, Fr	20:20	6:32	Luther
31		Hannah Klinger, Fr	20:20	6:33	U W Lacrosse
32		Joanna Clagnaz, Sr	20:24	6:34	Luther
33	19	Julia Moriarty, So	20:25	6:34	Chicago
34		Emily Watson, Jr	20:26	6:35	U W Lacrosse
35	20	Liz So, Fr	20:31	6:36	Chicago
36		Katie Porter, So	20:39	6:39	U W Lacrosse
37	21	Kate Dwyer, Fr	20:43	6:40	Chicago
38		Rachel Venezia, So	20:44	6:40	Chicago
39		Caitlin Helgesen, So	20:45	6:41	U W Lacrosse
40		Katie Wagner, Sr	20:46	6:41	U W Lacrosse
41		Erin Hokanson, Jr	20:47	6:41	Luther
42		Jenny Fisher, Sr	20:48	6:42	Chicago
43		Andrea Schiefelbein, So	20:49	6:42	Luther
44		Kasey Kerr, Jr	20:54	6:43	William Penn

45		Kelly Wood, Jr	20:56	6:44	Luther
46		Kaitlyn Grabanski, Fr	21:04	6:47	U W Lacrosse
47		Mara Goodman, Fr	21:08	6:48	Chicago
48		Kayla Laporte, Fr	21:24	6:53	U W Lacrosse
49		Samantha Aspenson, Fr	21:27	6:54	U W Lacrosse
50		Rachel Berg, Jr	21:31	6:55	Chicago
51		Jessica Goessl, Fr	21:40	6:58	U W Lacrosse
52		Amber Hill, Sr	21:41	6:59	Luther
Pace: 6:00 7:00 8:00 9:00 Top					

53	22	Becky Eckerman, So	21:47	7:01	Iowa Central
54		Amanda Kiel, Jr	21:49	7:01	U W Lacrosse
55		Mollie Thompson, Fr	21:54	7:03	U W Lacrosse
56		Melanie Thompson, Jr	21:58	7:04	Luther
57		Keri Kight, Fr	21:59	7:04	U W Lacrosse
58		Tien-Tien Yu, Sr	22:00	7:05	Chicago
59		Amanda Kloser, Fr	22:02	7:05	Luther
60		Lydia Huinker, So	22:02	7:05	Luther
61		Erin Smock, Sr	22:02	7:05	Luther
62		Anna Wikan, Fr	22:07	7:07	Luther
63		Valinn McReynolds, So	22:17	7:10	William Penn
64		Claire Schreiber, Jr	22:19	7:11	Luther
65		Cora Johnson, Jr	22:20	7:11	Luther
66		Jenny Heisel, Fr	22:24	7:12	U W Lacrosse
67		Wendy Nelson, Fr	22:36	7:16	Iowa Lakes
68		Marissa Torgerson, Jr	22:37	7:17	Luther
69		Emily Walk, So	22:38	7:17	Luther
70		Tyne Crandellsmith, Sr	22:39	7:17	William Penn
71		Hannah Huinker, Jr	22:52	7:21	Luther
72		Mackenzie Eggers, So	23:28	7:33	Iowa Lakes
73		Laurel Whitis, Fr	23:33	7:35	Luther
74		Erika Kufahl, Sr	23:34	7:35	Luther
75		Melissa Palmer, Jr	23:53	7:41	U W Lacrosse
76	23	Miriam Byfield, Fr	24:07	7:46	Iowa Central
77		Liz Johnson, So	24:11	7:47	Luther
78		Jenna Bergeson, Fr	24:17	7:49	Luther
79		Stephanie McCoy, So	24:29	7:53	Luther
Pace: 6:00 7:00 8:00 9:00 Top					

80		Juli Larson, So	25:10	8:06	Iowa Lakes
81		Shannyn Magee	25:19	8:09	
82	24	Kacee Prelip, Fr	26:06	8:24	Iowa Central
83	25	Liz Becker, Fr	26:19	8:28	Iowa Central
84	26	Samantha Lee, Fr	26:24	8:30	Iowa Central
85	27	Carolyn Cherry, Fr	26:26	8:30	Iowa Central
Pace: 6:00 7:00 8:00 9:00 Top					

86	28	Katrina Schott, Fr	29:28	9:29	Iowa Central
87		Lisa Fitzpatrick, Fr	29:45	9:34	Iowa Central
88		Christina Steiermar	30:09	9:42	

[Top](#)

[Return to home page.](#)