

39th Road-O-Cross at Living History Farm

Nov. 18, 2017

Team List of participants₂

Individuals by alphabetical order [HERE](#)

Use "Find" option of your browser to search for specific name, team, etc.

CHANGES or updates via [e-mail](#) until 10 am Friday or at packet pickup on Friday 3-8pm. No changes/updates on Saturday.

!ATOTHEC! OM

1 Evan Avery 36 M Mystic, IA

2 Tyrel Clark 35 M Eyota, MN

AC, TRAYLZ,&BENOIT OM

3 Nate Carter 38 M West Des Moines, IA

4 Trayla Carter 38 F West Des Moines, IA

5 Ben O'Neill 25 M West Des Moines, IA

ANKENY HS CO

6 Fiona Riordan 15 F Ankeny, IA

7 Carson Luttenegger 17 M Ankeny, IA

8 Timothy Sindt 16 M Polk City, IA

9 Megan Utterback 15 F Ankeny, IA

10 Aiden McCombs 16 M Ankeny, IA

ANKENY HS HF

11	Brooke Johnson	15	F Ankeny, IA
12	Mollie Cox	15	F Ankeny, IA
13	Madeline Cox	15	F Ankeny, IA

ANKENY HS HM

14	Dustin Kutz	15	M Ankeny, IA
15	Evan Reiter	16	M Ankeny, IA
16	Jalen Elwell	16	M Ankeny, IA
17	Connor Farrell	17	M Ankeny, IA
18	Wyatt Sipes	14	M Ankeny, IA

BOBA FETISH CO

19	Adam Egeland	39	M Nevada, IA
20	Daniel Ross	38	M Johnston, IA
21	Gentri Barton	34	F Nevada, IA
22	Jesse Tibodeau	43	M Nevada, IA
23	Elizabeth Tibodeau	40	F Nevada, IA
24	Tim Couser	30	M Nevada Iowa, IA

BONDURANT BLUEJAYS HM

25	Jackson McGovern	16	M Bondurant, IA
26	Joseph McGovern	17	M Bondurant, IA

27 Andrew Ulmer 15 M Bondurant, IA

BOOTS, SUITS & RS CO

28 Nathan Olson 35 M Des Moines, IA

29 Christine Branstad 48 F Des Moines, IA

30 David Phillips 50 M Des Moines, IA

31 Tommy Branstad Phillips 15 M Des Moines, IA

32 Sam Branstad Phillips 17 M Des Moines, IA

33 Anita Norian 49 F Des Moines, IA

34 Abra Nichol 41 F West Des Moines, IA

35 Lauryn Muzny 31 F Ankeny, IA

36 Sofia Lopez 16 F Des Moines, IA

BRIGGS GIDAL OM

37 Eric Gidal 50 M Iowa City, IA

38 Jacqueline Briggs 53 F Iowa City, IA

39 Lottie Gidal 17 F Iowa City, IA

40 Sylvia Gidal 15 F Iowa City, IA

41 Jennie Gidal 12 F Iowa City, IA

BULLFROGS CO

42 Cory Sherwood 43 M La Porte City, IA

43 Jim Taylor 46 M La Porte City, IA

44	Emily Sherwood	25	F Waterloo, IA
45	Joe Carlson	42	M River Falls, WI
46	Kaylee Sherwood	21	F La Porte City, IA

C&C CONNECTION CO

47	Matthew Campbell	23	M Hawkeye, IA
48	Charlie Gruman	40	M Strawberry Point, IA
49	Cassie Gruman	39	F Strawberry Point, IA
50	Sara Baumgartner	20	F Strawberry Point, IA
51	Jim Gruman	47	M Aurora, IL
52	Ben Gruman	21	M Ames, IA
53	Thomas Powell	19	M Strawberry Point, IA
54	David Hayes	19	M Ames, IA
55	Allie Tucker	18	F Strawberry Point, IA
56	Kyle Jones	23	M Aurora, IA

CELTIC OM

57	Jonathan Stout	37	M West Des Moines, IA
58	Petra Stout	33	F West Des Moines, IA
59	Herbie Underwood	37	M Pleasant Hill, IA
60	Ethan Baccam	15	M Pleasant Hill, IA

CFH3 CO

61	Kristine Beenken	35	F Waterloo, IA
62	Thomas Cipressi	61	M Cedar Falls, IA
63	Michael Drahaus	35	M Waterloo, IA
64	Adam Himschoot	32	M Cedar Falls, IA
65	Jean Matzen	30	F Cedar Falls, IA
66	Naylan Gates-Long	35	M Cedar Falls, IA
67	Todd Slaymaker	35	M Des Moines, IA
68	Amy Kotsonis	39	F Cedar Falls, IA
69	Ben Hoyle	35	M Johnston, IA
2484	Landon Wood	28	M Cedar Falls, IA
2585	Kevin Kay	33	M Davenport, IA

CHAD DARTER

70	Chad Darter	43	M Dubuque, IA
71	Curt Ehlinger	47	M Dubuque, IA

CHAFING THE DREAM CO

72	Jennifer Conroy	30	F West Des Moines, IA
73	Jace McDaniel	37	M Urbandale, IA
74	Jason Brand	33	M Waukee, IA

75	Dave Stout	34	M Des Moines, IA
76	Monica Stout	35	F Des Moines, IA
77	Sara Williams	35	F Urbandale, IA

CLIVE CATASTROPHE OM

78	Christian Baughman	42	M Clive, IA
79	Elliot Baughman	12	M Clive, IA
2513	Nate Bierma	13	M Urbandale, IA

COBB NATION CO

80	Abigail Cobb	14	F Panora, IA
81	Reid Cobb	20	M Panora, IA
82	Joshua Cobb	24	M Panora, IA
83	Kimberly Cobb	43	F Panora, IA

COLLEGEVILLE OM

84	Tom Gatyas	37	M Minneapolis, MN
85	Todd Larsen	39	M Minneapolis, MN
86	Joe Renier	25	M Cambridge, MN
87	Thomas Feichtinger	23	M Minneapolis, MN
88	Matthew Scherber	27	M Minneapolis, MN
89	Paul Nordquist	23	M Minneapolis, MN
90	Michael Mack	37	M Minneapolis, MN

91	Joseph Keenan	37	M Saint Paul, MN
92	Steve Christopher	38	M Minneapolis, MN
93	Tom Myers	36	M Saint Paul, MN
94	Nicholas Traxler	22	M Minneapolis, MN
95	William Fladland	27	M Anoka, MN
96	Samuel Fransen	25	M Minneapolis, MN
97	Sam Renier	23	M Minneapolis, MN
98	Andrew Keenan	37	M Duluth, MN
99	Maxwell Kuzara	22	M Excelsior, MN
100	Adam Braun	24	M Minneapolis, MN
101	Aaron Beaber	34	M Saint Paul, MN
102	Joe Cates	37	M Excelsior, MN

CONTROLSFREAKS CO

103	Jonathan Sunderland	32	M Des Moines, IA
104	Matt Karl	31	M Perry, IA
105	David Selby	57	M Omaha, NE
106	Randy Raymond	60	M Blair, NE
107	Sheila Weaver	49	F Sutherland, IA
108	Christine Tewes	49	F Elkhorn, NE

CREIGHTON U

109	Amanda Mixan	22	F Omaha, NE
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CS TURKEYS CO

110	Amber Crews	37	F Urbandale, IA
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111	Dennis Howard	63	M Des Moines, IA
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112	Kaitlyn Linell	25	F Johnston, IA
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113	Jason Kenyon	26	M Johnston, IA
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114	Melinda Nye	44	F Ankeny, IA
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2470	Huy Huynh	36	M Urbandale, IA
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2569	David Green	50	M Des Moines, IA
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2599	Dale Finnegan	55	F Waukee, IA
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CYBEAN CO

115	Daren Mueller	43	M Ames, IA
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116	Ella Mueller	16	F Ames, IA
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117	Zain Mueller	12	M Ames, IA
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118	Anne Sents	40	F Gilbert, IA
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119	Josh Sents	43	M Gilbert, IA
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120	Kaleb Sents	21	M Gilbert, IA
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121	Rachel Sents	15	F Gilbert, IA
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122	Ruth Sents	12	F Gilbert, IA
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123	Lissa Burns	20	F Gilbert, IA
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124	Reagan Metcalf	43	M Ames, IA
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125	Brian Anderson	38	M Gilbert, IA
126	Allison Anderson	36	F Gilbert, IA
127	Michael Burns	25	M Ames, IA
2449	Allison Weiler	15	F Ames, IA

DA STAFFORDS OF

128	Emily Stafford	23	F Elkhart, IA
129	Katie Stafford	26	F Elkhart, IA
130	Veronica Stafford	28	F Elkhart, IA

DASH RUN CLUB CO

131	Lane Obrien	14	M Corydon, IA
132	Christian Laney	16	F Corydon, IA
133	Jessica Helseth	16	F Corydon, IA
134	Aaron Cooper	33	M Corydon, IA
135	Lucas Hemphill	17	M Corydon, IA
136	Jaide Harvey	15	F Corydon, IA
137	Jacob Palmer	17	M Corydon, IA
138	Joseph Palmer	15	M Corydon, IA
139	Bronson Carpenter	18	M Corydon, IA
140	Rebecca Roberts	43	F Allerton, IA
141	Shayden Arnold	15	M Corydon, IA

142	Riley Davis	16	F Corydon, IA
143	Hannah Christian	16	F Allerton, IA
144	Aidan Chiperi	16	M Corydon, IA
145	Ana Chiperi	16	F Corydon, IA
146	Julie Granahan	16	F Russell, IA
147	Caden Buttz	14	M Corydon, IA
148	Dalton Couchman	14	M Humeston, IA
149	Maddy Wood	14	F Corydon, IA
150	Abigayle Henderson	13	F Seymour, IA

DASHING JAGS HF

151	Ellie Wilson	15	F Ankeny, IA
152	Hannah Nelson	15	F Ankeny, IA
153	Meredith King	16	F Ankeny, IA
154	Jeanne Peters	15	F Ankeny, IA
155	Paige Froelich	15	F Ankeny, IA

DC-G FILLES XC

156	Kaitlyn Murano	17	F Woodward, IA
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DESTROY ANTIFA OM

157	Josh Roy	20	M West Burlington, IA
158	Jacob Roy	20	M West Burlington, IA

159 Cody Denniston 19 M Burlington, IA

FINAL CITY CO

160 Kurt Townsend 27 M Ames, IA

161 Kelly Townsend 25 F Ames, IA

162 Louis Vander Streek 32 M Ankeny, IA

163 Leanne Vander Streek 33 F Ankeny, IA

164 Derek Townsend 30 M Chelsea, IA

165 Amy Townsend 29 F Chelsea, IA

166 Caleb Townsend 18 M Bondurant, IA

FITNESS SPORTS OM

167 Mitchell Davis 26 M Des Moines, IA

168 Dt McDonald 25 M Des Moines, IA

169 Brad Dains 37 M Adel, IA

2477 Julius Rotich 42 M Des Moines, IA

FORGET THE STEW CO

170 Cindi McClure 40 F Des Moines, IA

171 Steve McClure 44 M Des Moines, IA

FORGONE CONCLUSION CO

172 Susan Ferrari 35 F Grinnell, IA

173	Edward Cohn	41	M Grinnell, IA
174	Erik Simpson	44	M Grinnell, IA
175	Jennifer Latham	49	F Grinnell, IA
176	Dan Covino	29	M Grinnell, IA
177	Susie Duke	37	F Grinnell, IA
178	Joshua Sandquist	38	M Grinnell, IA

FORNOREASON CO

179	Gabrielle Moellers	17	F Arlington, IA
180	Mitchell Hayes	18	M Arlington, IA
181	Bianca Malone	17	F Arlington, IA
182	Audry Goedken	17	F Lamont, IA
183	Kristin Hamlett	18	F Arlington, IA
184	Forest Gumpson	17	M Strawberry Point, IA
185	Bubba Blue	17	M Strawberry Point, IA

FOX CREEKERS OM

186	Colby Judd	30	M Des Moines, IA
187	Sam Schweizer	16	M Urbandale, IA
188	Todd Schweizer	51	M Urbandale, IA
189	Beth Schweizer	51	F Urbandale, IA

FRATDUDES OM

190	Ken Ashley	51	M Waukee, IA
191	Seth Ashley	19	M Waukee, IA
192	Justin Ashley	19	M Waukee, IA

GABE WILSON OM

193	Sue Wilson	34	F Austin, MN
194	Gabe Wilson	31	M Austin, MN

GOOF TROOP OM

195	Adam Riediger	35	M Sergeant Bluff, IA
196	Nathan Gilster	36	M Garretson, SD
197	Ronald Bay	35	M Sioux City, IA

HAPPY FEET! CO

198	Daniel Gerbracht	37	M Ridgecrest, CA
199	Katie McKenzie	34	F Tauranga

HAVING A BALL OM

200	Isaac Twedt-Ball	16	M Cedar Rapids, IA
201	Annika Twedt-Ball	14	F Cedar Rapids, IA
202	Clint Twedt-Ball	46	M Cedar Rapids, IA
2427	Chris Ball	49	M Bloomfield, IA

2428	Simon Ball	17	M Bloomfield, IA
2429	Jack Ball	15	M Bloomfield, IA
2430	Anyssa Ball	17	F Cedar Rapids, IA

HORNETS CO

203	Amy Feldkamp	25	F Mission, KS
204	Taylor Stueve	23	F Omaha, NE

I'D HIT THAT OF

205	Katie Wiedemann	36	F Dubuque, IA
206	Corrie DeMuth	45	F Dubuque, IA

ICEFISH

207	Molly Cashman	28	F Iowa City, IA
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IOWA CITY WEST XC HM

208	Isaac Miller	17	M North Liberty, IA
209	Joshua Nullmeyer	17	M San Clemente, CA
210	Ethan Goers	17	M Iowa City, IA
211	Daniel Neese	17	M Coralville, IA
212	Micah Bailey	17	M Tipton, IA

IOWA MENNONITE

213	Jacob Boller	16	M Kalona, IA
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IOWANNA LEI OM

214	Dean Gilkes	50	M Dubuque, IA
215	Nick Moon	28	M Urbandale, IA
216	Eric Larsen	51	M Dubuque, IA

JUST W000 IT C0

217	Justin Holthaus	32	M Center Point, IA
218	Margaret Weiss	28	F Waterloo, IA
219	Derek Weiss	30	M Waterloo, IA
2570	Kaila Holthaus	30	F Center Point, IA

JV ALLSTARS HM

220	Jake Kraemer	17	M Marion, IA
221	Cooper Sanor	17	M Cedar Rapids, IA
222	Tye Skilang	16	M Cedar Rapids, IA
223	Tyson Shock	17	M Cedar Rapids, IA

KC COED C0

224	Aaron Hohn	32	M Liberty, MO
225	Debra Hohn	31	F Liberty, MO
226	Steve Steinmeyer	56	M Blue Springs, MO
227	Sharon Steinmeyer	56	F Blue Springs, MO

228	Joe Berry	28	M Lawrence, KS
229	Caleb Teague	35	M Lees Summit, MO
230	Harrison Harmon	24	M Independence, MO
231	Gerardo Hernandez	26	M Lees Summit, MO
232	Bruce Stansberry	65	M Independence, MO
233	Cameron Bogue	24	M Kansas City, MO
234	Janell McKinney	31	F Blue Springs, MO
235	Debra Wray	35	F Leawood, KS
236	Jana Teague	29	F Lees Summit, KS
237	Jaime Breshears	37	F Archie, MO
238	Kevin White	35	M Kansas City, MO
239	Nicole White	36	F Kansas City, MO
240	Greg Linhart	39	M Grandview, MO
241	Jeffrey Kern	34	M Independence, MO
2577	Brant Weeks	29	M Grandview, MO

KENRICK LIONS OM

242	Zach Jones	24	M Saint Louis, MO
243	Kyle Loecker	22	M Oneill, NE
244	Paul Gardner	23	M Saint Louis, MO

KILLER BEEZ CO

245	Sandeep Patel	50	M Minneapolis, MN
246	Angela Erdrich	52	F Minneapolis, MN
247	Saheli Patel	15	F Minneapolis, MN
248	Mackenzie Rian	14	F Minneapolis, MN
249	Sophie Bercaw	14	F Minneapolis, MN
250	Rory Madden	14	F Minneapolis, MN
251	Carson Kindred	15	M Minneapolis, MN
252	Grace Parker	15	F Minneapolis, MN
253	Tom Hockenberry	51	M Minneapolis, MN
254	Nicole Ryden	16	F Minneapolis, MN
255	David Hockenberry	16	M Minneapolis, MN

LADIES OF THE EVE MF

256	Megan Berry Barlow	48	F Weeping Water, NE
257	Jean Ubbelohde	56	F Papillion, NE
258	Bea Sides	66	F Omaha, NE
259	Deanna Jares	59	F Omaha, NE

LEGS LIKE WINE MF

260	Valerie Abrams	54	F Rockford, IA
261	Junia Punt	57	F Orange City, IA
262	Teri Grupp	57	F Dakota Dunes, SD

264 Karen Van De Steeg 52 F Sioux City, IA

LET'S GET LUCKY CO

266 Matt Burns 43 M Mankato, MN

267 Heidi Burns 42 F Mankato, MN

268 Joe Burns 14 M Mankato, MN

269 Sean Burns 12 M Mankato, MN

270 Eric Burns 34 M Lake City, IA

271 Chris Zoet 47 M Archer, IA

272 Kristin Ashland 45 F Mankato, MN

273 Cade Ashland 14 M Mankato, MN

274 Fletcher Javens 13 M Mankato, MN

275 Will Simmons 15 M Mankato, MN

276 Joshua Roise 15 M Mankato, MN

277 Zak Glade 15 M Mankato, MN

LHF PANTHERS MM

278 Bill Castle 49 M Boone, IA

279 Burton Marlowe 55 M Lisle, IL

280 Jeff Short 48 M Oak Park, IL

281 James Johnson 49 M Boulder, CO

282 John Ruth 50 M Clarendon Hills, IL

283 Tim Harris 55 M Cedar Crest, NM

284	Dave Swanson	53	M Iowa City, IA
285	Jeff Joiner	45	M Orange City, IA
286	Tom Penningroth	51	M Urbandale, IA

LINCOLN RUNNING CO CO

287	Logan Watley	30	M Elkhorn, NE
288	Dylan Slaba	24	M Brookings, SD
289	Sarah Fowler	22	F Lincoln, NE
290	Kelly Messbarger	24	F Lincoln, NE
291	Anna Hazard	23	F Lincoln, NE

LINCOLN RUNNING 1 MM

292	Kevin Burke	53	M Lincoln, NE
293	Kerry McDermott	60	M Lincoln, NE
294	Craig Christians	56	M Bellevue, NE
295	Ivan Ivanov	47	M Lincoln, NE
296	Troy Krause	53	M Lincoln, NE
307	Thomas Woods	46	M Lincoln, NE
308	Jason Schmaderer	44	M Lincoln, NE
309	Darin Schlake	48	M Malcolm, NE

LINCOLN RUNNING CO OM

303	Brian Wandzilak	37	M Lincoln, NE
304	Andrew Jacob	31	M Lincoln, NE
305	Nolan Zimmer	23	M Omaha, NE
306	Jacob Olson	23	M Lincoln, NE

LINCOLN RUNNING 2 MM

297	Ryan Regnier	41	M Lincoln, NE
298	Brett Daugherty	54	M Lincoln, NE
299	Charles Smith	43	M Omaha, NE
300	Brian Kelley	58	M Lincoln, NE
301	Ivan Marsh	43	M Lincoln, NE
302	Travis Green	43	M Lincoln, NE

LOW YIELD SHARKS CO

310	Clarissa Bruce	29	F West Des Moines, IA
311	John Bruce	21	M West Des Moines, IA
312	Michael Ignasiak	23	M Des Moines, IA
313	Sondos Masoud	23	F Des Moines, IA
314	Mohamad Hassan	23	M Des Moines, IA

LUTHER ALUMNI OM

315	Austin Tegels	30	M Ankeny, IA
316	Shane Steele	28	M Grand Marais, MN

317 Drew Burmahl 30 M Cedar Rapids, IA

MAKING HISTORY OM

318 Casey Halbmaier 22 M Excelsior, MN

319 Mike Ryan 23 M Nisswa, MN

MARION XC HF

320 Leah Fitch 14 F Marion, IA

321 Kelsi Huhndorf 17 F Marion, IA

322 Hallie Kephart 16 F Cedar Rapids, IA

323 Corrina Dittmer 15 F Marion, IA

324 Avery Manderscheid 16 F Marion, IA

325 Karlee Walker 15 F Marion, IA

MERRYMAN'S SCUTT CO

326 Ben Merryman 29 M Columbus, OH

MILL CITY RUNNING OM

327 Pat Burns 26 M Minneapolis, MN

328 Doron Clark 39 M Minneapolis, MN

329 Andrea Haus 25 F Minneapolis, MN

330 Harrison Clark 23 M Minneapolis, MN

MOMS IN THE MUD MF

331	Holly DeAnna	46	F	Smithville, MO
332	Lynn Cullen	44	F	Smithville, MO
333	Angie Bannwarth	40	F	Smithville, MO
334	Elaine Kochanowicz	40	F	Smithville, MO
2511	Laura Warren	40	F	Smithville, MO

MUSTACHE RIDES OM

335	Scott Weispfennig	32	M	Saint Paul, MN
336	Toessawat Suparat	32	M	Saint Louis Park, MN
337	Michael Hartnett	35	M	Richfield, MN
338	Mike Ferguson	31	M	Blaine, MN

NANNY GOATZ MF

339	Peg Pearson	53	F	Omaha, NE
340	Jennifer Lienemann	44	F	Lincoln, NE
2475	Coleen Duda	49	F	Papillion, NE
2476	Kim Moore	49	F	Treynor, IA

NICHOLAS WEBB

341	Nicholas Webb	33	M	Des Moines, IA
342	Emily Webb	30	F	Des Moines, IA

NIPSY HUSSLE OM

343	Jacob Kucza	31	M Emporia, KS
344	Walter Summers	27	M Olathe, KS
345	Laura Boatwright	40	F Altoona, IA
346	Grant Catloth	29	M Lawrence, KS
347	Ronald Jenkins	45	M Lawrence, KS
348	Will Cunningham	30	M Lawrence, KS

NO COAST BJJ OM

349	Matt Basart	41	M Clive, IA
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OSKALOOSA XC HF

350	Lauren Coon	16	F Oskaloosa, IA
351	Lauren Trainer	16	F Oskaloosa, IA
352	Lindy Slocum	14	F Eddyville, IA
353	Aleeya Cheney	15	F Oskaloosa, IA
354	Abby Lumsden	14	F Oskaloosa, IA
355	Anniston McDougall	15	F Oskaloosa, IA
356	Kirby Nelson	16	F Oskaloosa, IA
357	Grace Ver Steegh	16	F Oskaloosa, IA
2482	Leah Wilcox	17	F Oskaloosa, IA

OSKALOOSA XC HM

358	Jacob Spears	17	M Rose Hill, IA
359	Gareth Stefanc	14	M Oskaloosa, IA
360	Jack Dawson	16	M Oskaloosa, IA
361	Carter Huyser	17	M Oskaloosa, IA
362	Jared Maas	17	M Oskaloosa, IA
363	Kadin Gerard	15	M Oskaloosa, IA
364	Talon Munger	17	M Oskaloosa, IA
365	Vlad Munger	15	M Oskaloosa, IA
366	Jacob Hacker	16	M Oskaloosa, IA
367	Tim Peters	59	M Anoka, MN
2512	Joshua Hartl	16	M Oskaloosa, IA
2517	Colin Fiechtner	15	M Oskaloosa, IA
2525	Nicholas Walter	16	M Oskaloosa, IA

PAB OM

368	Dylan Huey	35	M Des Moines, IA
2465	Rob Johnson	41	M Des Moines, IA

PANTHER PACERS CO

369	Madi Flesch	21	F Cedar Falls, IA
370	Brett Barker	21	M Cedar Falls, IA
371	Ira Swanson	21	F Cedar Falls, IA

372	Tian Siggins	24	M Cedar Falls, IA
373	Hannah Stone	20	F Cedar Falls, IA
374	Noah Thatcher	21	M Cedar Falls, IA
375	Jonah Thatcher	18	M Cedar Falls, IA
376	Austin Read	20	M Cedar Falls, IA
377	Eric Mashek	20	M Cedar Falls, IA
378	Wenjiao Gui	21	F Cedar Falls, IA

PAST PRIME MN MM

379	Ryan Key	44	M Inver Grove Heigh, MN
380	Shannon Van Essen	45	M Minneapolis, MN
381	Tony Einertson	44	M Stewartville, MN

PINK CHEEKS CO

382	Krissy Schoenfelder	31	F Saint Paul, MN
383	Tj Knode	19	M Minneapolis, MN
384	Rebecca Schoenfelder	21	F Plymouth, MN
385	Rylie Schoenfelder	13	F Minneapolis, MN
386	James Schoenfelder	16	M Minneapolis, MN
387	John Schoenfelder	45	M Burnsville, MN

PLATTSMOUTH XC HM

388	Cole Wagner	18	M Plattsmouth, NE
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389	Ethan Warrick	16	M Plattsmouth, NE
390	Patrick Dovenbarger	18	M Plattsmouth, NE
391	Kaleb Wooten	14	M Plattsmouth, NE

PLUMFORWARD

392	Ben Schuh	34	M Polk City, IA
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PORTAGE RUNNERS CO

393	Krista Goodman	28	F North English, IA
394	Maria Anderson	26	F Minneapolis, MN
395	Joe Amerman	29	M Northfield, MN
396	Greta Koppy	24	F Ames, IA
397	Calli Lowry	25	F Iowa City, IA
398	Taylor Sinclair	24	M Savannah, MO
399	Teddy Gelderman	28	M Northfield, MN
400	Josh Spangler	27	M Kansas City, MO

PRAIRIE DOGGERS

401	Sara Wolthuizen	34	F Sheldon, IA
402	Matthew Wolthuizen	37	M Harrisburg, SD

PRESTIGE WORLDWIDE OM

403	Scott Vicker	28	M Creston, IA
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404	Matt Bucher	26	M Dekalb, IL
405	Charles Robey	29	M Saint Louis, MO
406	Brian Holdmeyer	28	M New York, NY
407	William Herrington	27	M Arlington, VA
408	Jack Hostettler	26	M La Grange Park, IL

RIM JOBS OM

409	Thomas Waters	31	M Iowa Falls, IA
410	Joel Waters	23	M Des Moines, IA
411	Tim Wieland	31	M Des Moines, IA
412	Barnes Kelley	31	M West Des Moines, IA
413	Austin Williamson	31	M Moline, IL

RIPLEY SPORTS CLUB OM

414	Douglas Ripley	45	M Ankeny, IA
415	Evan Ripley	16	M Ankeny, IA
416	Gannon Ripley	12	M Ankeny, IA
417	Drake Strnad	16	M Ankeny, IA
418	Mitch Pevestorf	17	M Ankeny, IA
419	Alex Robran	17	F Ankeny, IA
420	David Robran	15	M Ankeny, IA

RIVER VALLEY RUN MM

421	Greg Sorensen	42	M Minneapolis, MN
422	David Helm	45	M Annandale, MN
423	Kurt Keiser	44	M Jordan, MN
2527	Joey Keillor	43	M Rochester, MN

ROOSEVELT HS OM

424	Austin Quinn	13	M Des Moines, IA
2536	Zoe Zmolek	14	F Des Moines, IA

RUNNING ORANGE HF

427	Cali Trygstad	12	F Clive, IA
428	Lauren Schulze	15	F Clive, IA
429	Faith Skinner	15	F Urbandale, IA
430	Allison Ohringer	16	F West Des Moines, IA
431	Riley Kuennen	16	F West Des Moines, IA
432	Lauren Graff	14	F West Des Moines, IA
2432	Helen Gould	16	F West Des Moines, IA

RUNNING ORANGE HM

433	Ian Gaunt	14	M West Des Moines, IA
434	Garrett Horak	17	M Urbandale, IA
435	Jake Arnold	16	M West Des Moines, IA

436	Alex Traynor	14	M Urbandale, IA
437	Tom Trygstad	45	M Clive, IA
438	Avi Kaufman	14	M West Des Moines, IA
439	Alec DePhillips	14	M Clive, IA
440	Jack Smeins	15	M West Des Moines, IA
441	David Gaunt	16	M West Des Moines, IA
442	Sammy Overton	15	M West Des Moines, IA
443	Jack Johnson	17	M West Des Moines, IA
444	Sukhman Virdi	16	M Urbandale, IA
445	Connor Niland	15	M West Des Moines, IA
446	Patrick Niland	15	M West Des Moines, IA
447	Brayden Topic	14	M West Des Moines, IA
448	Luke Carroll	14	M West Des Moines, IA
449	Joel Graham	14	M Clive, IA
450	Zachary Komanapalli	14	M West Des Moines, IA
451	Joseph Smith	15	M Urbandale, IA
452	Jack Kinseth	18	M West Des Moines, IA
453	Nick Johnson	18	M Wdm, IA
454	Connor Simpson	15	M West Des Moines, IA
455	Graham Margulies	16	M West Des Moines, IA
456	Habibu Habineza	19	M Des Moines, IA
457	Jordan Alexander	16	M West Des Moines, IA

458	Andrew Ross	14	M Clive, IA
459	Sam Bonner	15	M West Des Moines, IA
460	Wyatt Erickson	15	M Marathon, IA
461	Dawson Hatch	16	M Greenville, IA
2466	Hans Bunn	15	M Urbandale, IA

RUNNING REBELS HM

462	Gavin Morton	15	M Greenville, IA
463	Connor Christian	14	M Sioux Rapids, IA

SEXI XC GIRLS HF

464	Maddie Gibson	18	F West Des Moines, IA
465	Sonja Barrett	17	F Waukee, IA
466	Taylor Hatch	17	F Waukee, IA

SIAW OM

467	Brad Lane	48	M Marshalltown, IA
468	Holden Lane	15	M Marshalltown, IA
469	Tom Ballalatak	48	M Arlington, MN
470	Tom Sawyer	49	M Arlington, MN

SILKY AND SMURF OM

471	Austin Chew	25	M Waukee, IA
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472 Isaac Novak 22 M Waukee, IA

473 Logan Simpson 23 M Waukee, IA

SKRRRRRRRRRRRT CO

474 Zachariah Rueger 26 M Madison, WI

475 Rebekah Chapman 24 F Liberty, MO

476 Derek Chapman 27 M Liberty, MO

477 Benjamin Linn 27 M Iowa City, IA

478 Tyler Splinter 24 M Kellogg, IA

479 Sarah Rueger 20 F Ames, IA

SMITHVILLE XC

480 Jeremy Wilson 37 M Smithville, MO

SMITHVILLE XC HF

481 Olivia Littleton 15 F Smithville, MO

482 Makayla Ferguson 15 F Smithville, MO

483 Michelle Gager 16 F Smithville, MO

484 Jadyn Yoder 16 F Smithville, MO

485 Traci Yoder 44 F Smithville, MO

486 Abigail DeAnna 16 F Smithville, MO

487 Kelsey Hankins 15 F Smithville, MO

488 Kaira Baas 18 F Kansas City, MO

489	Paige Ruehter	15	F	Smithville, MO
490	Trinity Riecker	16	F	Smithville, MO
491	Mira Bannwarth	17	F	Smithville, MO
492	Riley Kochanowicz	14	F	Smithville, MO

SMITHVILLE XC HM

493	Quinton Wilson	14	M	Smithville, MO
494	Jordan Cullen	16	M	Smithville, MO
495	Mark Krueger	17	M	Smithville, MO
496	Mason Eversole	16	M	Smithville, MO
497	Jake Johnson	16	M	Smithville, MO
2438	Blake Muessig	16	M	Smithville, MO

SNUGGLE BUNNIES OM

498	Chad Hart	48	M	Ames, IA
499	Kent Heikens	54	M	Ames, IA
500	Stephen Today	24	M	Ames, IA
501	Kelly Heikens	25	F	Minneapolis, MN
502	John Kovar	59	M	Ames, IA
503	Alex Kovar	16	M	Ames, IA
504	Andrew Kovar	14	M	Ames, IA
2541	Davey Williams	53	M	West Chicago, IL

SOUTHEAST VALLEY CO

505	Nolan Jackson	15	M Harcourt, IA
506	Viatris Scott	16	F Pilot Mound, IA
507	Hannah Rees	16	F Duncombe, IA
508	Parker Johnson	16	M Gowrie, IA

SPEEDWORKS OM

509	Tanner Johnson	17	M Lakeville, MN
510	Troy Johnson	51	M Lakeville, MN
511	Gunnar Johnson	20	M Lakeville, MN

STAXC

512	Miricle Corbo	18	F Saint Ansgar, IA
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STRAIGHT OFF COUCH OM

513	Brandon Hart	36	M Windsor Heights, IA
514	Genevieve Hart	38	F Windsor Heights, IA
515	Randy Arnold	37	M Ankeny, IA

SUPER MOMS OF

516	Maria Mattiace	42	F Polk City, IA
517	Sukanya Boggess	51	F Ankeny, IA

518	Julah Boggess	16	F Ankeny, IA
519	Amber Byrd	36	F Ankeny, IA
520	Kristyn Nobiling	36	F Cambridge, IA
521	Brandee Gatchel	37	F Huxley, IA
522	Melissa Cogdill	38	F Huxley, IA
523	Krystal Ruby	31	F Huxley, IA
524	Erin Wendt	39	F Huxley, IA
525	Lori Schonhorst	42	F Huxley, IA
2453	Amanda Loeffelholz	36	F Ankeny, IA

SWIFT FAMILY CO

526	Jackson Sanor	20	M Cedar Rapids, IA
527	Kevin Sanor	46	M Cedar Rapids, IA
528	Rebecca Sanor	48	F Cedar Rapids, IA
529	Jay Emigh	49	M Omaha, NE
530	Morgan Smith	19	F Cedar Rapids, IA
531	Spencer Robinson	21	M Omaha, NE
532	Kylie Holman	21	F Omaha, NE

TCRC

533	Nick Graham	44	M Minneapolis, MN
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TEAM 6-HOLE OM

534 Lincoln McVicker 12 M Littleton, CO

535 Nina McVicker 39 F Littleton, CO

536 Owen McVicker 14 M Littleton, CO

TEAM BAD MUSIC

537 Jim Plagge 57 M Clive, IA

TEAM BEEF IOWA CO

538 Amber Caudle 34 F Adel, IA

539 Kristy Pellett 43 F Atlantic, IA

540 Marcie Fahn 26 F Grimes, IA

541 Aileen Keating 41 F Ames, IA

542 Lance Baumgard 45 M Ames, IA

543 Keri Jacobs 43 F Ames, IA

2457 Jason Ross 40 M Cambridge, IA

2458 Abbey Ross 16 F Cambridge, IA

2459 Gracie Ross 12 F Cambridge, IA

2604 Larry Miller 61 M Goleta, CA

TEAM BENZONI OM

544 Rachel Benzoni 30 F Omaha, IA

545 Nicole Benzoni 27 F Indianapolis, IN

546 Jocelyn Rodriguez 27 F Saint Louis, MO

547 Caroline Morris 27 F Saint Louis, MO

548 Ken Knoop 30 M Omaha, NE

TEAM DERRY OM

549 Sarah Derry 35 F Urbandale, IA

550 Matt Derry 35 M Urbandale, IA

551 Jessica Derry 24 F Des Moines, IA

552 Nicole Henderson 28 F Altoona, IA

TEAM DIXON OM

553 Thomas Dixon 48 M Adel, IA

554 Andrew Dixon 16 M Adel, IA

555 Zachary Dixon 14 M Adel, IA

TEAM DOPING OM

556 Joseph Garvey 39 M Omaha, NE

557 James Garvey 31 M Sioux City, IA

558 Troy Schulte 39 M Sioux City, IA

TEAM EMPORIA OM

559 Carolyn White 24 F Spring Hill, KS

560 Christopher Dvorak 28 M Cedar Rapids, IA

561 Andrew Wayman 27 M Lenexa, KS

TEAM NEBRASKA OF

562	Jayci Zakaras	33	F	Gretna, NE
563	Katherine Sheridan	24	F	Omaha, NE
564	Gisele Jones	31	F	Omaha, NE
565	Lindsey Meyer	32	F	Omaha, NE

TEAM VANWERLEY

566	Adam Werley	33	M	Des Moines, IA
567	Laura VanWaardhuizen	34	F	Des Moines, IA

THE BULLADORS

568	Logan Swaim	17	M	Johnston, IA
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THE CULT OM

569	Craig Johnson	47	M	Bondurant, IA
570	Bridget Johnson	12	F	Bondurant, IA
571	Patrick McKay	49	M	Iowa City, IA

THE FAIRLY GOOD CO

572	Debra Stewart	54	F	West Des Moines, IA
573	Wesley Lyons	25	M	Iowa City, IA
574	Bailey Lyons	22	F	West Des Moines, IA

575 Patrick Lyons 56 M Cedar Falls, IA

THE FOUR FROSTIES OM

576 David Frostestad 46 M Okoboji, IA

577 Timothy Frostestad 18 M Okoboji, IA

578 Ben Frostestad 15 M Okoboji, IA

579 Caleb Frostestad 13 M Okoboji, IA

THE SPIRIT HARAMBE OM

580 Donovan Benson 22 M Waukee, IA

581 Nathan Schaffer 21 M West Des Moines, IA

THORSDAY COED CO

582 Ross Salinas 37 M Iowa City, IA

583 Elizabeth Handschy 25 F Iowa City, IA

584 Julie Johnston 33 F Cedar Rapids, IA

585 Eric Monahan 32 M North Liberty, IA

586 Nate Canton 37 M North Liberty, IA

587 Mark Thompson 40 M Iowa City, IA

588 Truman Thompson 13 M Iowa City, IA

THORSDAY LADIES OF

589 Sarah Clark 40 F Solon, IA

590	Emily Eisenman	31	F Cedar Falls, IA
591	Amber Sheeley	37	F Solon, IA
592	Heidi Kestel	35	F Tiffin, IA
593	Yohnnie Juhlin	47	F Iowa City, IA

THORSDAY MEN OM

594	Shawn Kmetz	36	M Cedar Rapids, IA
595	Benjamin Gates	38	M Amana, IA
596	William Lohry	28	M North Liberty, IA
597	John Watkins	39	M Iowa City, IA

TIJUANA TOADS

598	Lily Cox	13	F Mooresville, IN
599	Sam Cox	14	M Mooresville, IN

TIJUANA TOADS MM

600	Gary Hoversten	48	M Kansas City, MO
601	Mike Linch	47	M Creston, IA
602	Paul Lovell	49	M Cresco, IA
603	Ronald Cox	47	M Mooresville, IN
604	Todd Christensen	48	M Altoona, IA
605	Alan Grau	49	M Ankeny, IA

TO YOUNG TO DYE MF

606	Heather Stilborn	55	F Clive, IA
607	Andriette Wickstrom	62	F Storm Lake, IA
608	Sheila Maddock	61	F Johnston, IA
609	Dana Kramer	55	F Urbandale, IA

TOOTIE FROOTIES OF

610	Megan Franklin	22	F Lincoln, NE
611	McKayla Wieczorek	21	F Lincoln, NE
612	Lauren Klaasmeyer	22	F Lincoln, NE
613	Megan Toney	21	F Lincoln, NE

TORNADO TERROR HF

614	Taylor Krone	17	F Anoka, MN
615	Sydney Paulson	18	F Anoka, MN
616	Alli Becker	16	F Anoka, MN
617	Delaney Butler	18	F Anoka, MN
618	Ingrid Norquist	12	F Anoka, MN
619	Alexandra Bragg	15	F Anoka, MN

TRAIL NEBRASKA MEN OM

620	Tim McGargill	36	M Omaha, NE
621	Jason Zakaras	35	M Gretna, NE

622	Matt Pohren	33	M Sioux Falls, SD
623	Justin Mollak	33	M Omaha, NE
624	Tim Langdon	36	M Elkhorn, NE
625	Cory Logsdon	29	M Omaha, NE

TRHS ROUGHRIDERS

626	Brian Goode	17	M Des Moines, IA
2437	Lars Elsbernd	17	M Des Moines, IA

TRHS ROUGHRIDERS HF

425	Anna Gilbreath	16	F Des Moines, IA
426	Isabel Buchanan	17	F Des Moines, IA
627	Sarah Schott	17	F Des Moines, IA
628	Brennan Drake	17	F Des Moines, IA
629	Elizabeth Hahn	14	F Des Moines, IA
630	Erin Martin	16	F Des Moines, IA
631	Gabriella Hoard	14	F Windsor Heights, IA
632	Sage Halfhill-Boone	14	F Windsor Heights, IA
633	Clara Deforest Colvig	16	F Des Moines, IA
634	Kiki Levy	15	F Des Moines, IA

TWISTED TRICERA OM

635 Hsinwei Chen 33 M Ames, IA

636 Natalie Thompson 30 F Boone, IA

637 Irene Kadel-Harder 26 F Ames, IA

UPTOWN RACERS-GOLD CO

638 Andrew Pratt 31 M Charlestown, MA

639 Jenna Haack 31 F Saint Paul, MN

640 Michael Peterka 31 M Minneapolis, MN

641 Gretchen Haselbauer 31 F Minneapolis, MN

642 Abby Boruff 33 F Minneapolis, MN

643 Kate Ringsak 31 F Minneapolis, MN

644 Emily Lewandowski 33 F Minneapolis, MN

645 Carlie Hanson 32 F Philadelphia, PA

646 Shanna Bodilly 31 F Hopkins, MN

647 Liza Meredith 31 F Minneapolis, MN

648 Hal Brown 29 M Toronto, ON

WAUKEE XC CO

649 Tyler Stallman 15 M Clive, IA

650 Lizbeth Clark 15 F West Des Moines, IA

651 Ethan Robus 15 M West Des Moines, IA

652 Paige Christensen 15 F Waukee, IA

653 Emma Shepard 15 F West Des Moines, IA

654	Frances Loeffelholz	15	F Waukee, IA
655	Will Greteman	15	M West Des Moines, IA
656	Will Keck	15	M Waukee, IA
657	Katie Simon	15	F Waukee, IA

WE THOUGHT RUM! CO

658	Sarah Al-Mazroa	23	F Huxley, IA
659	Ben Smith	23	M Huxley, IA
660	Elizabeth Messersmith	22	F Ames, IA
661	Noah Messersmith	22	M Ames, IA
662	Jessica Faust	25	F Newell, IA

WHAT WE THINKING?! OF

663	Leslie Brown	39	F Melbourne, IA
664	Taylor Brown	17	F Melbourne, IA
665	Tia Brown	14	F Melbourne, IA

WHERE'S WALDO CO

666	Mark McKelvey	34	M Papillion, NE
667	Beth McKelvey	32	F Papillion, NE
668	Rachel Duryea	26	F Lincoln, NE
669	Alex Duryea	25	M Lincoln, NE

WILDCAT WONDERS OM

670	Phillip Carroll	20	M Baldwin City, KS
671	Seth Kutikoff	29	M Manhattan, KS
672	Eli Thompson	18	M Papillion, NE
673	Lauren Anglemeyer	18	F Wichita, KS

WINDSOR HTS FIRE OM

674	Tim Kurth	36	M Urbandale, IA
675	Eileen Kurth	35	F Urbandale, IA
676	Sean Lunde	31	M Des Moines, IA

WORST PACE OM

677	Morgan Casey	25	F Peoria, IL
678	Dan Casey	49	M Goose Lake, IA
679	Mariah Casey	21	F Goose Lake, IA

WUNDERKINDS CO

680	Shelly Wunder	49	F Iowa City, IA
681	Thad Wunder	37	M Iowa City, IA
682	Samantha Ryken	22	F Iowa City, IA
683	Joseph Ryken	25	M Iowa City, IA
684	Allex Strang	25	F Iowa City, IA

685 Shonda Ryken 55 F Iowa City, IA

YOUR PACE OR MINE OF

686 Tonya Nosbisch 31 F Floyd, IA

687 Shana Gemaehlich 38 F Rudd, IA

LEGS LIKE WINE 2 OF

263 Mariah Lockard 33 F Sioux Falls, SD

265 Abbie Graham 37 F Madison, SD

980 Kathryn Forneris 24 F Sioux City, IA

JOEL EXPERIENCE OM

2434 Bradley Waldorf 27 M Madison, WI

2435 Nicholas Hess 27 M Cottage Grove, WI

2442 Joel Braden 27 M Ames, IA

RABID SQUIRRELS OM

2489 Kyle Pedersen 37 M Des Moines, IA

2490 Mason Cook 23 M Des Moines, IA

2521 Andy Walters 37 M West Des Moines, IA

FLORITA HENDERSON

2518 Travis Henderson 44 M Ottumwa, IA

KRAVE GYM CO

2532	Mitch Ostlund	36	M West Des Moines, IA
2535	Jason Mingst	39	M Des Moines, IA
2544	Shawn Ostlund	34	M West Des Moines, IA
2545	Calista Oberhelman	34	F West Des Moines, IA
2553	Sandy Saunders	57	M West Des Moines, IA

90'S NORTH STARS OM

1357	Darin Schuknecht	35	M Otley, IA
2335	Paxton Bennett	43	M West Des Moines, IA
2555	Seth Thorson	36	M Forest City, IA
2568	Jack Johnson	37	M West Des Moines, IA

RUNABLAZE IOWA OM

2563	Ben Jaskowiak	28	M Des Moines, IA
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