

ChildServe 5 km

Johnston, IA

May 6, 2006

Cool and Sunny

Results by Michael Franke

[1 Mile results](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS	FINISHER	TIME	PACE
PLACE	PLACE			
1	1 M40	Kevin Muilenburg, 45, Waukee, IA	17:33	5:39
2	2 M40	Steve Pohlmeier, 40, Urbandale, IA	18:36	5:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
3	1 M50	John Bartello, 56, Newton, IA	19:10	6:10
4	3 M40	Tom Heuer, 48, Des Moines, IA	19:18	6:13
5	4 M40	Kris Stapes, 45, St. Charles, IA	20:01	6:27
6	5 M40	Dan Gustafson, 43, West Des Moines, IA	20:14	6:31
7	1 M30	Ben Reyes, 32, St. Charles, IA	20:23	6:34
8	2 M50	Chuck Clark, 55, Carroll, IA	20:29	6:35
9	6 M40	Steve McKibben, 45, Clive, IA	20:29	6:36
10	1 M20	David Graham, 22, Norwalk, IA	20:43	6:40
11	7 M40	Andy Roat, 44, Des Moines, IA	20:50	6:42
12	2 M30	Eric Camper, 34, Des Moines, IA	21:08	6:48
13	2 M20	Scott Ahrenholz, 29, Johnston, IA	21:39	6:58
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
14	3 M30	Dean Girard, 30, Nevada, IA	21:58	7:04
15	4 M30	B J. Spyksma, 33, Waukee, IA	22:18	7:11
1	1 JrW	Bailey Eppard, 10*, Johnston, IA	22:33	7:15
16	3 M20	Jeff Johnston, 29, Clive, IA	22:34	7:16
2	1 W40	Susan Ridenour, 48*, Des Moines, IA	22:54	7:22
17	3 M50	Bill Parks, 53, Des Moines, IA	22:55	7:22
18	4 M50	Tom Nemecher, 56, Des Moines, IA	23:10	7:27
3	2 JrW	Susie Kuhl, 15*, Beaman, IA	23:14	7:29
4	1 W30	Nadine Woods, 33*, Urbandale, IA	23:47	7:39
5	2 W30	Michelle Miller, 31*, Johnston, IA	23:59	7:43
19	5 M50	Kenneth Miller, 53, West Union, IA	24:01	7:44
6	2 W40	Terri Wahlig, 45*, Des Moines, IA	24:04	7:45
7	1 W20	Cheryl Dralle, 28*, Des Moines, IA	24:05	7:45
20	8 M40	Dave Kroner, 41, Johnston, IA	24:10	7:47
8	3 W30	Kristi Ellis, 35*, Urbandale, IA	24:13	7:47
9	3 W40	Melinda Ellwanger, 40*, Des Moines, IA	24:13	7:48
21	5 M30	Phil Hundling, 31, Newton, IA	24:27	7:52
22	6 M50	Doug Potter, 54, Des Moines, IA	24:31	7:53
23	6 M30	Shelly Catlett, 31, Johnston, IA	24:32	7:54
10	4 W30	Jody Budde, 32*, West Des Moines, IA	24:43	7:57
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
11	5 W30	Lynn Robertson, 36*, Grimes, IA	24:52	8:00
24	7 M50	Del Lark, 57, Des Moines, IA	24:58	8:02
12	4 W40	Janine Seibert, 45*, Granger, IA	25:00	8:03
13	2 W20	Jillian Sinnwell, 24*, Ankeny, IA	25:25	8:11
14	5 W40	Barbara Rothfus, 44*, Grimes, IA	25:47	8:18

15	6	W30 Tami Draper, 35*, Des Moines, IA	25:49	8:18
16	3	W20 Tonya Cook, 26*, Pleasantville, IA	25:50	8:19
17	6	W40 Jackie Ackerman, 40*, Johnston, IA	25:51	8:19
25	4	M20 Brian Koehler, 28, Ankeny, IA	26:02	8:23
26	9	M40 Michael Zachmann, 40, Urbandale, IA	26:04	8:23
27	7	M30 Brian Arpy, 35, Altoona, IA	26:05	8:24
18	7	W40 Beth Cross, 48*, Ames, IA	26:07	8:24
28	5	M20 Michael Herzberger, 21, Cedar Rapids, IA	26:18	8:28
19	4	W20 Valerie Steele, 20*, Adel, IA	26:18	8:28
20	7	W30 Brooke Lovelace, 35*, Newton, IA	26:19	8:28
29	8	M30 Richard Eliason, 36, Des Moines, IA	26:20	8:28
21	8	W40 Linda Kuhl, 40*, Beaman, IA	26:20	8:28
22	8	W30 Elizabeth Nead, 35*, Johnston, IA	26:22	8:29
30	9	M30 Alex Norman, 30, Des Moines, IA	26:25	8:30
31	10	M40 Joseph B. Ghormley, 44, Des Moines, IA	26:27	8:31
23	1	W50 Paula Dierenfeld, 51*, Johnston, IA	26:33	8:33
32	10	M30 Kevin Snyder, 36, West Des Moines, IA	26:39	8:34
24	5	W20 Jill Brown, 28*, Grimes, IA	26:44	8:36
33	8	M50 Russ Cross, 50, Ames, IA	26:51	8:38
34	1	M60 Gene Harding, 75, Des Moines, IA	26:58	8:40
35	11	M40 Ed Acoymo, 41, Ankeny, IA	27:08	8:44
36	12	M40 Darwin Schmig, 48, Des Moines, IA	27:11	8:45
37	11	M30 Alex Vanquathem, 35, Urbandale, IA	27:20	8:48
38	1	JrM Eli Dudley, 12, Windsor Heights, IA	27:26	8:50
39	13	M40 Lloyd Vanderkwaak, 49, Johnston, IA	27:27	8:50
40	14	M40 Greg Criswell, 43, Van Meter, IA	27:54	8:59
41	15	M40 Kenneth Bratt, 41, Norwalk, IA	27:56	8:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				

25	9	W40 Carla Madson, 41*, Urbandale, IA	28:15	9:05
26	9	W30 Kathy Schramm, 37*, Clive, IA	28:18	9:06
42	9	M50 Pat Steele, 52, Adel, IA	28:23	9:08
27	10	W30 Carrie Vanquathem, 34*, Urbandale, IA	28:35	9:12
43	2	JrM Andrew Boge, 10, Johnston, IA	28:52	9:17
44	16	M40 Kevin Day, 43, Urbandale, IA	29:00	9:20
28	11	W30 Michelle Stark, 30*, Johnston, IA	29:16	9:25
29	12	W30 Janis Van Ahn, 37*, Polk City, IA	29:17	9:25
30	6	W20 Jennifer Mulcahy, 20*, Waterloo, IA	29:21	9:27
45	12	M30 Julius Dudley, 32, Windsor Heights, IA	29:41	9:33
46	3	JrM Michael Dudley, 13, Windsor Heights, IA	29:41	9:33
31	2	W50 Vicki Vanderkwaak, 50*, Johnston, IA	29:41	9:33
32	10	W40 Laura Vesely, 41*, Waukee, IA	29:41	9:33
33	3	JrW Kristian Wood, 16*, Des Moines, IA	29:47	9:35
34	4	JrW Jamie Spina, 16*, Des Moines, IA	29:47	9:35
35	7	W20 Katie Hughes, 22*, Des Moines, IA	29:52	9:37
36	8	W20 Sara Trammel, 23*, Des Moines, IA	29:52	9:37
37	13	W30 Suzan Hauser, 30*, Ankeny, IA	30:01	9:39
38	14	W30 Carey Seger, 33*, Des Moines, IA	30:03	9:40
47	13	M30 Michael Williams, 38	30:08	9:42
48	17	M40 William Gray, 49, Clive, IA	30:09	9:42
49	14	M30 Thomas Mayes, 36, Des Moines, IA	30:23	9:47
39	15	W30 Danielle Shelton, 35*, Urbandale, IA	30:25	9:47
40	9	W20 Janel Hartwigsen, 29*, Ankeny, IA	30:51	9:56
41	10	W20 Jessica Keehn, 27*, Ankeny, IA	30:52	9:56
50	18	M40 Kenneth Harkin, 40, Urbandale, IA	30:55	9:57
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				

51	4	JrM Joseph M. Ghormley, 16, Des Moines, IA	31:10	10:02
42	11	W40 Karen Coaldrake, 47*, Johnston, IA	31:18	10:04
43	12	W40 Janet Reiter, 47*, Johnston, IA	31:20	10:05
52	15	M30 Thomas Stein, 37, Des Moines, IA	31:39	10:11
53	2	M60 Hummer Brown, 66, Des Moines, IA	31:53	10:15
44	16	W30 Pamela Camper, 36*, Clive, IA	31:58	10:17
54	16	M30 Al Kratz, 36, Des Moines, IA	32:03	10:19
45	11	W20 Danielle Mulcahy, 23*, West Des Moines, IA	32:16	10:23

55	10	M50 Mark Lyons, 55, Waukee, IA	32:19	10:24
46	17	W30 Daunelle Hughes, 37*, Des Moines, IA	32:24	10:26
56	17	M30 Andrew Young, 33, Des Moines, IA	32:29	10:27
47	12	W20 Kari Friest, 25*, Ankeny, IA	32:42	10:31
48	13	W40 Maria Steele, 48*, Adel, IA	32:52	10:35
49	5	JrW Cindy Xu, 13*, Johnston, IA	33:17	10:43
50	6	JrW Lindsey Curiel, 13*, Urbandale, IA	33:18	10:43
51	7	JrW Mikhala Stutzman, 12*, Granger, IA	33:18	10:43
52	18	W30 Sue Golightly, 39*, Johnston, IA	33:28	10:46
53	14	W40 Molly Ford, 40*, Johnston, IA	34:03	10:58
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
57	6	M20 Jeff Caldwell, 27, Des Moines, IA	34:15	11:01
54	15	W40 Laura Hannam, 42*, Adel, IA	34:28	11:05
55	19	W30 Andrea Bailey, 30*, Mitchellville, IA	35:13	11:20
56	20	W30 Sheri Robinson, 32*, Des Moines, IA	36:00	11:35
57	21	W30 Judy Card, 32*, West Des Moines, IA	37:05	11:56
58	22	W30 Dawn Farrel, 32*	37:05	11:56
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
58	5	JrM Jordan Boge, 10, Johnston, IA	38:09	12:16
59	23	W30 Mary Fratianni, 31*, West Des Moines, IA	39:33	12:44
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
59	19	M40 Mark Cooper, 43, Johnston, IA	40:55	13:10
60	6	JrM Matthew Cooper, 8, Johnston, IA	40:56	13:10
60	13	W20 Nicole Anderson, 28*, Ankeny, IA	41:38	13:24
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
61	14	W20 Jennifer Herrmann, 21*, Johnston, IA	45:32	14:39
61	7	JrM Harry Szopinski, 5, Ames, IA	46:03	14:49
62	3	W50 Victoria Szopinski, 50*, Ames, IA	46:04	14:50
63	24	W30 Jen Christy, 33*, Johnston, IA	46:25	14:56
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
64	16	W40 Julie Herrmann, 46*, Johnston, IA	46:41	15:01
65	4	W50 Camille Valley, 56*, Johnston, IA	47:59	15:27
66	25	W30 Chantelle Smith, 32*, Johnston, IA	48:01	15:27
67	17	W40 Brenda Meade, 45*, Johnston, IA	49:02	15:47
68	5	W50 Theresa Metcalf, 51*, Johnston, IA	49:02	15:47
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
69	26	W30 Mary Beth Meisenhiemer, 33*, Ankeny, IA	53:41	17:16
70	27	W30 Sonya Dykhuis, 32*, Urbandale, IA	53:41	17:17
71	15	W20 Brianne Hilpipre, 26*, West Des Moines, IA	53:42	17:17
72	16	W20 Julie Caldwell, 26*, Des Moines, IA	53:42	17:17
73	17	W20 Andrea Laug, 24*, Des Moines, IA	53:43	17:17
74	18	W20 Jennafer Kimzey, 25*, Des Moines, IA	53:43	17:17
75	28	W30 Tricia Galligan, 35*, West Des Moines, IA	55:05	17:44
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
76	6	W50 Martha Rhoades, 57*, Des Moines, IA	56:31	18:11
77	29	W30 Mary Engelson, 38*, Coon Rapids, IA	57:58	18:39
78	30	W30 Tracy Bean, 38*, St Charles, IA	57:58	18:39
79	8	JrW Jessica Vaux, 19*, Coon Rapids, IA	57:59	18:39
80	31	W30 Teresia Vaux, 39*, Coon Rapids, IA	57:59	18:40
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
81	19	W20 Katie Anne Sires, 24*, Altoona, IA	1:03:00	20:17
62	20	M40 Tom Grady, 41, Ankeny, IA	1:03:00	20:17
82	32	W30 Leslie Neff, 37*, Runnells, IA	1:03:00	20:17
83	7	W50 Jean Tool, 50*, Earlham, IA	1:03:00	20:17
84	33	W30 Amanda Hull Brink, 30*, Altoona, IA	1:03:00	20:17

"*" indicates females

7 finishers among Men 19 & Under

6 finishers among Men 20 - 29

17 finishers among Men 30 - 39
20 finishers among Men 40 - 49
10 finishers among Men 50 - 59
2 finishers among Men 60 & Up
8 finishers among Women 19 & Under
19 finishers among Women 20 - 29
33 finishers among Women 30 - 39
17 finishers among Women 40 - 49
7 finishers among Women 50 - 59
62 male finishers
84 female finishers
146 total finishers

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