

26TH ANNUAL FROSTBITE

8K (4.96 Miles)

Year 2008

FOOTRACE

Profits go to our local **Alheimers Assn. in the QC area.**

WHEN & WHERE:

Saturday, January 19, 2008 at Scott County Park (located 8 miles north of Davenport Highway 61 – take the Long Grove exit #129 to the east. Race day registration from 11:30 a.m. - 12:30 p.m. Race will start at 1:00 p.m. sharp. Drawings for prizes will follow the race. Must be present to win.

COURSE: Asphalt surface with a few rolling hills, scenic park, cleared of snow, ready to go!
At the request of the Park Board and the Iowa Highway Patrol, we may cancel due to inclement weather. If so, thank you for your donation.

PRIZES: Finishers will receive a LONG SLEEVE SPECIAL EDITION SHIRT with the Frostbite Footrace logo on it. Stick around for great door prizes! **You MUST be present to win.** Prizes include 1 men's and 1 women's bicycle.

FACILITIES: Packet pick up, registration, awards, and drawings will be at Whispering Pines Pavillion. Hot cider and cookies will be served in the heated pavillion.

AWARDS & DIVISIONS: Trophies given for female and male 1st, 2nd & 3rd overall: 9 and under; 10-14; 15-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64, 65-69, 70-79 & 80 plus. Walkers are welcome.

ENTRY FEES AND REGISTRATION: Pre-registration ends January 16, 2008 (3 days prior to race day). \$18 Entry Fee. Late registration is \$20.00.

ADDITIONAL INFORMATION: Contact Randy or Marianne Schroeder, (563) 359-0872 or email at Frostbitefootrace2006@yahoo.com

SOLES 4 SOULS: Donate your gently worn shoes (or any other used or new shoes) to people in need around the world.

***MAKE CHECKS PAYABLE TO:** Frostbite Footrace

REGISTER EARLY!

MAIL FORMS AND FEES TO:

Frostbite Footrace
c/o Randy or Marianne Schroeder
1525 29th Street
Bettendorf, Iowa 52722

REGISTER ONLINE AT
ALL SPORT,
central.com
Registration. Results. Relax

Waiver form: In consideration of this entry, I intending to be legally bound, hereby, for myself, my heirs, executors, and administrators waive and release any and all rights and claims for damage I may have as a result of my participation in their athletic contest. I release the sponsors, hosts, Iowa Department of Conservation and any officials associated with the 26th Annual Frostbite Footrace.

Signature _____

Date _____

If under 18 _____

Signature of parent or guardian

PRINT LEGIBLY

Last Name _____ First Name _____ Age day of race _____ M _____ F _____

Address _____ Phone Number _____

City _____ State _____ Zip Code _____

E-mail address _____ Shirt size: M, L, XL, XXL

Volunteers needed - please call me if you can volunteer.