

2008 Spring into Spring in Springville 5K Run

Springville, IA

March 15, 2008

Overcast and 34

Results by Kauder Racing

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS PLACE	FINISHER	TIME	PACE
Open Men				
1	1 M20	Joey Richey, 26, Marion, IA	17:47.7	5:44
Open Women				
19	1 W30	RaeLynn Lamparek, 36, Swisher, IA	21:10.5	6:50

PLACE	CLASS PLACE	FINISHER	TIME	PACE
Men Under 20				
10	1	Paul Searcy, 15, Wilton, IA	20:00.9	6:27
27	2	Brice Antons, 17, Marion, IA	22:34.0	7:17
40	3	Dustin Kirk, 13, Cedar Rapids, IA	24:05.7	7:46
43	4	Doug Haines, 19, Solon, IA	24:28.0	7:54
60	5	Brandon Mysa, 14, Springville, IA	25:51.5	8:20
Men 20 - 29				
2	1	Brandon Moeller, 24, Marion, IA	18:19.2	5:55
14	2	Jacob Brindle, 28, Cascade, IA	20:45.2	6:42
18	3	Daren Schumaker, 27, Cedar Rapids, IA	21:02.9	6:47
25	4	John Hackbarth, 25, Cedar Rapids, IA	21:57.9	7:05
30	5	Robby Marvin, 24, Hiawatha, IA	22:45.6	7:20
Men 30 - 39				
4	1	Kent Miskimen, 35, Cedar Rapids, IA	18:44.6	6:03
17	2	Russell Binder, 30, Marion, IA	21:01.6	6:47
22	3	Christopher Nims, 31, Cedar Rapids, IA	21:30.6	6:56
33	4	Matt Vasquez, 30, Cedar Rapids, IA	23:30.2	7:35
37	5	Robert Schmit, 39, Cedar Rapids, IA	23:42.0	7:39
Men 40 - 49				
3	1	Bill Bennett, 42, Cedar Rapids, IA	18:31.8	5:59
5	2	John Armon, 41, Cedar Rapids, IA	18:57.9	6:07
6	3	Mike Schulte, 43, Cedar Rapids, IA	19:04.0	6:09
7	4	David Reid, 41, Fairfax, IA	19:22.6	6:15
8	5	Dennis Lee, 41, Walford, IA	19:30.1	6:17
Men 50 - 59				
11	1	Daryl Julich, 52, Cedar Rapids, IA	20:07.2	6:29
12	2	Bob Strickland, 57, Cedar Rapids, IA	20:38.3	6:39
20	3	Brad Scott, 55, Marion, IA	21:20.1	6:53
28	4	Dale Hanna, 58, Cedar Rapids, IA	22:39.3	7:18
32	5	Bill Cooper, 51, Marion, IA	23:22.3	7:32

Men 60 & Up

23	1	Don Utsinger, 61, Cedar Rapids, IA	21:33.6	6:57
58	2	Ron Ottaway, 70, Cedar Rapids, IA	25:23.7	8:12
77	3	Davis Eidahl, 66, Richland, IA	28:41.0	9:15
93	4	Wayne Martin, 64, Central City, IA	29:58.5	9:40

	CLASS			
PLACE	PLACE	FINISHER	TIME	PACE

Women Under 20

35	1	Taylor Jensen, 16, Melcher, IA	23:38.4	7:38
76	2	Mattea Otten, 15, Marion, IA	28:26.8	9:11
95	3	Olivia Randolph, 16, Central City, IA	30:08.0	9:43
100	4	Anna Striegel, 14, Cedar Rapids, IA	30:48.1	9:56

Women 20 - 29

24	1	Julie Johnston, 24, Cedar Rapids, IA	21:38.7	6:59
31	2	Michelle Silver, 24, Cedar Rapids, IA	23:21.0	7:32
34	3	Jennifer Thompson, 26, Marion, IA	23:35.5	7:37
45	4	Crystal Wiseman, 27, Cedar Rapids, IA	24:32.5	7:55
51	5	Jenelle Graber, 25, Hiawatha, IA	25:03.3	8:05

Women 30 - 39

53	1	Sherrie Kautman, 32, Cedar Rapids, IA	25:13.4	8:08
56	2	Sara Mook, 30, Dickeyville, WI	25:17.8	8:10
67	3	Deidre Nims, 32, Cedar Rapids, IA	26:20.1	8:30
72	4	Jill Hopkins, 39, Springville, IA	27:09.8	8:46
89	5	Michelle Thornton, 37, Cedar Rapids, IA	29:50.4	9:38

Women 40 - 49

90	1	Teresa Sea, 40, North Liberty, IA	29:53.2	9:38
97	2	Kris Lee, 43, Walford, IA	30:18.2	9:47
112	3	Lisa Randolph, 46, Central City, IA	39:26.5	12:43
118	4	Rhonda Lange, 42, Alburnett, IA	45:39.5	14:44

Women 50 - 59

29	1	Muriel Naumann, 52, Iowa City, IA	22:42.4	7:19
63	2	Claudia Scott, 56, Marion, IA	26:08.7	8:26
74	3	Lorrie Cooper, 51, Marion, IA	28:12.8	9:06
86	4	Sher Jasperse, 53, Cedar Rapids, IA	29:39.0	9:34
108	5	Linnea Martin, 54, Marion, IA	33:31.9	10:49

Women 60 & Up

87	1	Mary Johnston, 60, Cedar Rapids, IA	29:40.4	9:34
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	CLASS			
PLACE	PLACE	FINISHER	TIME	PACE

Individuals

1	OpM	Joey Richey, 26, Marion, IA	17:47.7	5:44
2	1 M20	Brandon Moeller, 24, Marion, IA	18:19.2	5:55
3	1 M40	Bill Bennett, 42, Cedar Rapids, IA	18:31.8	5:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
4	1 M30	Kent Miskimen, 35, Cedar Rapids, IA	18:44.6	6:03
5	2 M40	John Armon, 41, Cedar Rapids, IA	18:57.9	6:07
6	3 M40	Mike Schulte, 43, Cedar Rapids, IA	19:04.0	6:09
7	4 M40	David Reid, 41, Fairfax, IA	19:22.6	6:15
8	5 M40	Dennis Lee, 41, Walford, IA	19:30.1	6:17
9	6 M40	Jeff Nietert, 47, Cedar Rapids, IA	19:55.3	6:26
10	1 JrM	Paul Searcy, 15, Wilton, IA	20:00.9	6:27

11	1 M50	Daryl Julich, 52, Cedar Rapids, IA	20:07.2	6:29
12	2 M50	Bob Strickland, 57, Cedar Rapids, IA	20:38.3	6:39
13	7 M40	Rick Colton, 47, Marion, IA	20:44.3	6:41
14	2 M20	Jacob Brindle, 28, Cascade, IA	20:45.2	6:42
15	8 M40	Sam Houston, 41, Cedar Rapids, IA	20:54.6	6:45
16	9 M40	William Iverson, 40, Iowa City, IA	21:00.0	6:46
17	2 M30	Russell Binder, 30, Marion, IA	21:01.6	6:47
18	3 M20	Daren Schumaker, 27, Cedar Rapids, IA	21:02.9	6:47
19	OpW	RaeLynn Lamparek, 36*, Swisher, IA	21:10.5	6:50
20	3 M50	Brad Scott, 55, Marion, IA	21:20.1	6:53
21	10 M40	Randy Striegel, 41, Cedar Rapids, IA	21:26.2	6:55
22	3 M30	Christopher Nims, 31, Cedar Rapids, IA	21:30.6	6:56
23	1 M60	Don Utsinger, 61, Cedar Rapids, IA	21:33.6	6:57
24	1 W20	Julie Johnston, 24*, Cedar Rapids, IA	21:38.7	6:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				

25	4 M20	John Hackbarth, 25, Cedar Rapids, IA	21:57.9	7:05
26	11 M40	Mark Rocurek, 43, Vinton, IA	22:23.2	7:13
27	2 JrM	Brice Antons, 17, Marion, IA	22:34.0	7:17
28	4 M50	Dale Hanna, 58, Cedar Rapids, IA	22:39.3	7:18
29	1 W50	Muriel Naumann, 52*, Iowa City, IA	22:42.4	7:19
30	5 M20	Robby Marvin, 24, Hiawatha, IA	22:45.6	7:20
31	2 W20	Michelle Silver, 24*, Cedar Rapids, IA	23:21.0	7:32
32	5 M50	Bill Cooper, 51, Marion, IA	23:22.3	7:32
33	4 M30	Matt Vasquez, 30, Cedar Rapids, IA	23:30.2	7:35
34	3 W20	Jennifer Thompson, 26*, Marion, IA	23:35.5	7:37
35	1 JrW	Taylor Jensen, 16*, Melcher, IA	23:38.4	7:38
36	6 M20	John Schultz, 26, Mount Vernon, IA	23:39.0	7:38
37	5 M30	Robert Schmit, 39, Cedar Rapids, IA	23:42.0	7:39
38	12 M40	Jim May, 45, Viola, IA	23:56.4	7:43
39	7 M20	Jared Hempstead, 27, Ely, IA	24:00.1	7:45
40	3 JrM	Dustin Kirk, 13, Cedar Rapids, IA	24:05.7	7:46
41	6 M50	Jim Tiedemann, 58, Iowa City, IA	24:06.7	7:47
42	7 M50	Bruce Bachman, 58, Cedar Rapids, IA	24:10.8	7:48
43	4 JrM	Doug Haines, 19, Solon, IA	24:28.0	7:54
44	8 M20	Jesse Linn, 25, Des Moines, IA	24:30.8	7:54
45	4 W20	Crystal Wiseman, 27*, Cedar Rapids, IA	24:32.5	7:55
46	9 M20	Joseph Clark, 23, Cedar Rapids, IA	24:33.9	7:55
47	6 M30	Brian Hubon, 33, Cedar Rapids, IA	24:37.7	7:57
48	7 M30	Rob Kasper, 36, Cedar Rapids, IA	24:39.1	7:57
49	10 M20	Matthew Jensen, 28, Marion, IA	24:45.4	7:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				

50	11 M20	Philip Morehead, 25, Marion, IA	24:52.5	8:01
51	5 W20	Jenelle Graber, 25*, Hiawatha, IA	25:03.3	8:05
52	8 M30	David Nelson, 37, Wilton, IA	25:11.8	8:08
53	1 W30	Sherrie Kautman, 32*, Cedar Rapids, IA	25:13.4	8:08
54	9 M30	Tim Collins, 39, Cedar Rapids, IA	25:14.4	8:08
55	10 M30	Brad Runyon, 31, Cedar Rapids, IA	25:15.0	8:09
56	2 W30	Sara Mook, 30*, Dickeyville, WI	25:17.8	8:10
57	8 M50	Mark Ramsey, 56, Cedar Rapids, IA	25:20.3	8:10
58	2 M60	Ron Ottaway, 70, Cedar Rapids, IA	25:23.7	8:12
59	6 W20	Erin Bone, 23*, Monticello, IA	25:29.9	8:13
60	5 JrM	Brandon Mysa, 14, Springville, IA	25:51.5	8:20
61	7 W20	Katie Wilgenbusch, 25*, Brighton, IA	25:54.0	8:21
62	11 M30	Scott Popejoy, 39, Cedar Rapids, IA	26:06.7	8:25
63	2 W50	Claudia Scott, 56*, Marion, IA	26:08.7	8:26
64	12 M20	Joshua Rapp, 27, Cedar Rapids, IA	26:11.7	8:27
65	9 M50	Warren Feerer, 57, Cedar Rapids, IA	26:12.9	8:27
66	10 M50	Art Millikin, 55, Hedrick, IA	26:14.6	8:28
67	3 W30	Deidre Nims, 32*, Cedar Rapids, IA	26:20.1	8:30
68	8 W20	Ashlea Ahrenholtz, 24*, Carroll, IA	26:42.1	8:37
69	13 M20	Brian Zias, 25, St. Louis Park, MN	26:43.4	8:37
70	12 M30	Troy Montgomery, 38, Cedar Rapids, IA	27:05.4	8:44
71	6 JrM	Maverick Guyer, 11, Cedar Rapids, IA	27:08.2	8:45

72	4	W30	Jill Hopkins, 39*, Springville, IA	27:09.8	8:46
73	9	W20	Sarah Hefflefinger, 28*, Palo, IA	27:43.3	8:57
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
74	3	W50	Lorrie Cooper, 51*, Marion, IA	28:12.8	9:06
75	14	M20	Doug Fishwild, 29, Cedar Rapids, IA	28:23.5	9:10
76	2	JrW	Mattea Otten, 15*, Marion, IA	28:26.8	9:11
77	3	M60	Davis Eidahl, 66, Richland, IA	28:41.0	9:15
78	13	M30	Brian Long, 39, Cedar Rapids, IA	29:04.5	9:23
79	10	W20	Allison Barness, 28*, Cedar Rapids, IA	29:16.2	9:27
80	11	W20	Kristi Willenbring, 28*, Marion, IA	29:16.8	9:27
81	15	M20	Jeff Hempstead, 29, Springville, IA	29:19.7	9:28
82	16	M20	Philip Porter, 24, Cedar Rapids, IA	29:31.1	9:31
83	12	W20	Beth Gastineau, 26*, West Branch, IA	29:32.1	9:32
84	14	M30	Don Kearney, 32, Fairfax, IA	29:33.8	9:32
85	17	M20	Andrew Stern, 26, Marion, IA	29:34.6	9:32
86	4	W50	Sher Jasperse, 53*, Cedar Rapids, IA	29:39.0	9:34
87	1	W60	Mary Johnston, 60*, Cedar Rapids, IA	29:40.4	9:34
88	13	W20	Jill Vande Noord, 28*, Des Moines, IA	29:47.7	9:37
89	5	W30	Michelle Thornton, 37*, Cedar Rapids, IA	29:50.4	9:38
90	1	W40	Teresa Sea, 40*, North Liberty, IA	29:53.2	9:38
91	14	W20	Janelle Van Donselaar, 23*, Anamosa, IA	29:55.9	9:39
92	15	W20	Rebecca Johnson, 28*, North Liberty, IA	29:56.2	9:39
93	4	M60	Wayne Martin, 64, Central City, IA	29:58.5	9:40
94	15	M30	Todd Montgomery, 39, Cedar Rapids, IA	30:05.3	9:42
95	3	JrW	Olivia Randolph, 16*, Central City, IA	30:08.0	9:43
96	13	M40	Rich Lorimer, 48, Springville, IA	30:09.1	9:44
97	2	W40	Kris Lee, 43*, Walford, IA	30:18.2	9:47
98	11	M50	Bob Holmes, 56, Cedar Rapids, IA	30:35.2	9:52
99	16	W20	Brandy Van Thournout, 29*, Springville, IA	30:43.3	9:55
100	4	JrW	Anna Striegel, 14*, Cedar Rapids, IA	30:48.1	9:56
101	6	W30	Laura Barr, 33*, Marion, IA	30:51.4	9:57
102	17	W20	Amanda Felton, 28*, Springville, IA	30:51.7	9:57
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
103	18	W20	Laura Vorwald, 28*, Cedar Rapids, IA	31:32.4	10:10
104	19	W20	Janene Widen, 27*, St. Paul, MN	31:48.1	10:16
105	12	M50	Michael Mast, 54, Central City, IA	31:48.8	10:16
106	20	W20	Katalin Kolodick, 25*, Marion, IA	32:06.8	10:22
107	21	W20	Angela Kolz, 27*, Rochester, MN	32:55.6	10:37
108	5	W50	Linnea Martin, 54*, Marion, IA	33:31.9	10:49
109	7	W30	Becky Weiss, 36*, Marion, IA	33:33.9	10:50
110	22	W20	Jennifer Schlieman, 23*, Anamosa, IA	34:00.1	10:58
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
111	6	W50	Roanne Willey, 55*, Center Junction, IA	34:14.5	11:03
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
112	3	W40	Lisa Randolph, 46*, Central City, IA	39:26.5	12:43
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
113	8	W30	Sarah Dowd, 30*, Cedar Rapids, IA	40:27.1	13:03
114	18	M20	Mike Widen, 29, St. Paul, MN	40:49.8	13:10
115	23	W20	Karrie Hempstead, 29*, Springville, IA	42:00.4	13:33
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
116	24	W20	Melanie Richert, 29*, Marion, IA	45:06.7	14:33
117	25	W20	Nancy True, 29*, Robins, IA	45:07.3	14:33
118	4	W40	Rhonda Lange, 42*, Alburnett, IA	45:39.5	14:44
119	9	W30	Jen Goedken, 34*, Hiawatha, IA	45:39.9	14:44
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
120	7	W50	Susan Oler, 57*, Springville, IA	48:46.6	15:44
121	8	W50	Barb Maysa, 52*, Springville, IA	48:46.9	15:44
122	10	W30	June Crow Schrader, 36*, Marion, IA	49:29.7	15:58
123	7	JrM	Aj Crow Schrader, 8, Marion, IA	49:31.1	15:58

* indicates females
2 finishers among Males (no age given)
7 finishers among Men Under 20
18 finishers among Men 20 - 29
15 finishers among Men 30 - 39
13 finishers among Men 40 - 49
12 finishers among Men 50 - 59
4 finishers among Men 60 & Up
4 finishers among Women Under 20
25 finishers among Women 20 - 29
10 finishers among Women 30 - 39
4 finishers among Women 40 - 49
8 finishers among Women 50 - 59
1 finishers among Women 60 & Up
71 male finishers
52 female finishers
123 total finishers

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