

Iowa Raceway 8 km

Newton, IA

April 18, 2009

overcast and light rain

Results by Michael Franke

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS PLACE	FINISHER	TIME	PACE
1		Julius Rotich, 34, West Des Moines, IA	26:02	5:14
1		Ashley Tousley, 25*, Des Moines, IA	28:13	5:41
2	1	W35 Robyn Friedman, 36*, Lambs Grove, IA	28:33	5:45
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
2	1	M35 Bryan Friedman, 37, Lambs Grove, IA	30:54	6:13
3	2	W35 Jenny Weber, 36*, Des Moines, IA	31:16	6:17
3	1	M50 Paul Grinvalds, 50, West Des Moines, IA	31:44	6:23
4	2	M50 Mike Nelson, 53, Danville, IA	32:01	6:26
5	1	M55 James LaPlant, 58, Newton, IA	32:21	6:30
6	2	M35 Ryan Bailey, 36, Gilman, IA	32:29	6:32
7	1	M40 John Shawver, 41, Newton, IA	33:02	6:39
8	3	M50 Randy Wadle, 50, Newton, IA	33:36	6:45
9	1	M45 Jay Smith, 45, Colo, IA	33:48	6:48
10	2	M55 Michael Tometich, 57, Mt. Pleasant, IA	34:20	6:54
11	1	M25 Mark Bennett, 29, Grimes, IA	34:26	6:55
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
12	2	M40 Kenny Wade, 40, Altoona, IA	35:01	7:03
13	2	M25 Jeff Ludwig, 26, West Des Moines, IA	35:14	7:05
14	2	M45 Jeff Feder, 48, Norwalk, IA	35:18	7:06
15	3	M25 Mike Boone, 26, Ankeny, IA	35:31	7:09
16	3	M55 Steve Taylor, 57, Monroe, IA	35:36	7:09
17	1	JrM Austin Newell, 14, Sully, IA	35:54	7:13
4	1	JrW Grace Coen, 11*, Newton, IA	35:57	7:14
18	1	M30 Chad Klein, 30, Newton, IA	36:04	7:15
19	3	M35 Matthew Henkenius, 39, Iowa City, IA	36:23	7:19
20	3	M40 Mark Rocarek, 44, Vinton, IA	36:30	7:21
21	4	M40 Matt Wright, 41, Huxley, IA	36:31	7:21
5	1	W30 Shannon Renze, 33*, Grinnell, IA	36:39	7:22
22	4	M25 Jeremy Jacobus, 26, West Des Moines, IA	36:49	7:24
23	2	M30 Josh Wermager, 34, Newton, IA	36:51	7:25
24	5	M25 William Henninger, 26, Waterloo, IA	36:54	7:25
25	6	M25 Jason Butler, 28, Des Moines, IA	36:54	7:25
26	3	M45 Steve Rossler, 49, Newton, IA	36:56	7:26
27	5	M40 Brent Pierson, 43, Pella, IA	37:17	7:30
6	1	W50 Muriel Naumann, 53*, Iowa City, IA	37:19	7:30
28	6	M40 C J. Osborn, 44, Newton, IA	37:20	7:30
29	1	M19 Scott Carkhuff, 24, Newton, IA	37:27	7:32
30	7	M40 Steve Feldmann, 40, Iowa City, IA	37:34	7:33
31	2	JrM Jake Harry, 15, Clive, IA	37:52	7:37
32	3	JrM Michael Etnyre, 14, Pella, IA	38:11	7:41
33	3	M30 Adam Grier, 34, Williamsburg, IA	38:14	7:41
34	4	M35 Kevin Stittsworth, 35, Knoxville, IA	38:16	7:42
35	5	M35 Rick Norrish, 38, Kellogg, IA	38:35	7:46
7	2	W30 Mollie Keitges, 30*, Praire City, IA	38:38	7:46
36	6	M35 David Van Blair, 36, Ankeny, IA	38:41	7:47
8	1	W40 Becky Roe, 41*, Pella, IA	38:44	7:47

9	3	W35	Lori DeVries, 36*, Newton, IA	38:51	7:49
37	4	JrM	Nathan Schmitt, 11, West Des Moines, IA	38:52	7:49
38	4	M30	Tyle Adams, 30, Ankeny, IA	39:03	7:51
10	3	W30	Kate Wilson, 34*, Mt. Pleasant, IA	39:04	7:52
39	7	M25	Lance Johnston, 25, Ankeny, IA	39:11	7:53
40	8	M40	Jeff Collum, 40, West Des Moines, IA	39:24	7:55
11	1	W25	Alison Guernsey, 27*, Iowa City, IA	39:28	7:56
12	2	W50	Jan Atchison, 50*, Rhodes, IA	39:32	7:57
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
41	9	M40	Michael Sander, 43, Newton, IA	39:58	8:02
13	4	W30	Danaca Barton, 34*, Newton, IA	39:59	8:03
42	7	M35	Troy Knight, 39, Monroe, IA	40:05	8:04
14	1	W55	Jane Wickman, 55*, Kellogg, IA	40:17	8:06
43	4	M45	Tim Griest, 48, Mount Pleasant, IA	40:28	8:08
44	10	M40	Jason Reeve, 41, Brooklyn, IA	40:30	8:09
15	2	JrW	Emily Montgomery, 16*, Newton, IA	40:30	8:09
45	11	M40	Eric Jones, 43, Pella, IA	40:31	8:09
16	2	W25	Amber Stearns, 25*, Newhall, IA	40:51	8:13
46	8	M25	Ryan Arguello, 28, Clive, IA	41:00	8:15
17	4	W35	Sara Gallery, 37*, Troy Mills, IA	41:04	8:15
47	5	M30	Dan Roose, 33, Pella, IA	41:07	8:16
48	5	M45	Doug Oldenkamp, 48, West Des Moines, IA	41:25	8:20
49	8	M35	Jason Pentico, 35, Pella, IA	41:26	8:20
50	1	M60	Terry Hanneman, 62, Newton, IA	41:29	8:21
18	1	W45	Tammy Newton, 46*, Norwalk, IA	41:29	8:21
19	2	W45	Michele Nelson, 47*, Newton, IA	41:32	8:21
51	6	M45	David Desing, 46, Urbandale, IA	41:38	8:22
52	12	M40	Bryan Reicks, 44, Newton, IA	41:41	8:23
20	5	W30	Mindy Benson, 31*, Newton, IA	41:42	8:23
53	2	M19	Dustin Harcus, 23, Franksville, WI	41:44	8:24
21	3	W25	Christy Schakel, 28*, Newton, IA	41:52	8:25
54	9	M25	Scott Rinderknecht, 29, West Des Moines, IA	41:54	8:26
22	1	W19	Nicole Rempe, 24*, Newton, IA	42:10	8:29
55	2	M60	Frank Vogel, 69, Newton, IA	42:12	8:29
56	6	M30	Andrew McDowell, 33, West Des Moines, IA	42:13	8:29
23	6	W30	Shawna Stevenson, 30*, Kellogg, IA	42:13	8:30
57	7	M45	John Feehan, 48, Mt. Pleasant, IA	42:15	8:30
24	4	W25	Amanda Manatt, 27*, DeWitt, IA	42:23	8:31
58	9	M35	Russ Goodman, 36, Pella, IA	42:30	8:33
59	10	M35	Robert Reynolds, 39, Des Moines, IA	42:31	8:33
25	5	W25	Carol Ann Van Wyk, 26*, Urbandale, IA	42:32	8:33
60	10	M25	Jeff Gordon, 28, North Liberty, IA	42:43	8:36
61	8	M45	Ed Banfield, 45, Newton, IA	42:46	8:36
26	5	W35	Beth Moon, 37*, Newton, IA	42:49	8:37
62	9	M45	Dennis Mehmen, 47, Newton, IA	42:50	8:37
63	13	M40	Kyle Tokheim, 40, Des Moines, IA	42:58	8:38
27	7	W30	Mary Nelson, 30*, Grimes, IA	42:59	8:39
28	2	W40	Kimberly Busse-Hatting, 42*, Grinnell, IA	43:02	8:39
29	3	W40	Phyllis Peter, 44*, Praise City, IA	43:29	8:45
30	3	W50	Mary Cooper, 53*, Des Moines, IA	43:30	8:45
31	6	W25	Amy Oliver, 26*, Milo, IA	43:42	8:47
64	10	M45	Jeffrey Seals, 49, Newton, IA	43:44	8:48
32	1	W60	Marie Quanbeck, 61*, Newton, IA	43:45	8:48
65	11	M25	Brian Ophoven, 27, Burnsville, MN	44:03	8:52
66	12	M25	Andy Gress, 27, West Des Moines, IA	44:04	8:52
67	11	M45	Tom Smith, 48, Iowa Falls, IA	44:05	8:52
33	6	W35	Jennifer York, 39*, Ames, IA	44:07	8:52
34	7	W25	Jamie Reid, 27*, Marshalltown, IA	44:09	8:53
68	14	M40	Geroge Montgomery, 41, Newton, IA	44:16	8:54
69	5	JrM	Grant Osborn, 12, Newton, IA	44:18	8:55
70	3	M60	Richard Newkirk, 60, Ankeny, IA	44:19	8:55
71	12	M45	DeWayne Heintz, 45, Cedar Rapids, IA	44:20	8:55
72	11	M35	Peter Fix, 39, Indianola, IA	44:22	8:55
73	15	M40	Bernard (Skip) Lowe, 42	44:23	8:56
74	7	M30	Darren Stearns, 30, Newhall, IA	44:32	8:57
35	4	W40	Darcy Soule, 43*, Newton, IA	44:41	8:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					

36	3	W45	Rebecca Van Baale, 47*, Newton, IA	44:51	9:01
37	8	W25	Kelly Murley, 29*, Colfax, IA	44:57	9:03
75	12	M35	Jim Banfield, 39, Urbandale, IA	44:59	9:03
76	4	M55	Jim Mease, 57, Winterset, IA	45:04	9:04
77	3	M19	Mike Browning, 24, Newton, IA	45:04	9:04
78	13	M35	Steve Sartori, 39, Pella, IA	45:06	9:04
38	8	W30	Courtney Wolken, 30*, Marshalltown, IA	45:07	9:05
39	9	W25	Kacy Snyder, 25*, Newton, IA	45:10	9:05
79	13	M25	Ben Frotscher, 25, Newton, IA	45:16	9:06
80	4	M60	David Ersland, 64, Humboldt, IA	45:17	9:06
40	2	W19	Kim Marlow, 24*, West Des Moines, IA	45:34	9:10
41	9	W30	Elaine Eshbaugh, 31*, Waterloo, IA	45:37	9:10
81	14	M25	Tim Anderson, 28, Urbandale, IA	45:41	9:11
42	5	W40	Pam Osborn, 44*, Newton, IA	45:42	9:12
82	16	M40	Wesley Breckenridge, 40, Newton, IA	45:47	9:13
43	4	W45	Josena Wadle, 48*, Newton, IA	45:48	9:13
83	13	M45	Bill Henninger, 46, Newton, IA	45:48	9:13
44	10	W25	Cami Seals, 25*, CedaR Rapids, IA	45:53	9:14
84	5	M55	Danny Carroll, 55, Grinnell, IA	45:55	9:14
45	7	W35	Marnett Meier, 39*, South English, IA	46:03	9:16
46	8	W35	Kimberly McAtee, 35*, Williamsburg, IA	46:11	9:17
47	9	W35	Kendra Rockhold, 36*, Allerton, IA	46:12	9:18
85	8	M30	Steve Hostetter, 32, Colfax, IA	46:13	9:18
86	14	M45	Gary Harms, 49, West Des Moines, IA	46:20	9:19
48	10	W35	Bess Wood, 38*, West Des Moines, IA	46:25	9:20
49	10	W30	Anne Pentico, 34*, Pella, IA	46:42	9:24
87	14	M35	Craig Grinley, 38, Ames, IA	47:13	9:30
88	9	M30	Doug Prange, 30, Pella, IA	47:20	9:31
50	11	W30	Mandy Klein, 30*, Newton, IA	47:26	9:32
51	11	W35	Julie Liebe, 38*, Prairie City, IA	47:29	9:33
52	4	W50	Joyce Burch, 53*, Pella, IA	47:30	9:33
89	6	JrM	Jacob Arrowood, 12, Newton, IA	47:35	9:34
53	12	W35	Kari Anderson, 35*, West Des Moines, IA	47:37	9:35
90	4	M50	Dan Marcus, 54, Franksville, WI	47:43	9:36
91	5	M60	Tom Hollander, 62, Newton, IA	47:45	9:36
92	15	M25	Todd Van Manen, 29, Kellogg, IA	47:46	9:36
93	7	JrM	Trevor Schmitt, 13, West Des Moines, IA	47:51	9:37
54	12	W30	Londa Schnell, 33*, Sully, IA	47:51	9:37
94	15	M45	Bob Armbrust, 49, Bettendorf, IA	47:52	9:38
95	8	JrM	Marshall Beal, 18, Coralville, IA	47:55	9:38
96	15	M35	Matt Pearson, 39, Storm Lake, IA	47:56	9:38
55	2	W55	Tiare Mathison, 56*, Newton, IA	48:03	9:40
97	6	M55	Steve Sondall, 59, Norwalk, IA	48:30	9:45
98	16	M35	Wendell Wuestenberg, 39, Eldridge, IA	48:30	9:45
99	9	JrM	Jackson Ver Woert, 13, DeSoto, IA	48:39	9:47
56	6	W40	Mindy Wiggins, 43*, Mitchellville, IA	48:44	9:48
57	5	W45	Lisa Cunningham, 48*, Newton, IA	48:44	9:48
58	13	W35	Kelly Richards, 39*, Ankeny, IA	48:45	9:48
59	11	W25	Sandra Foster, 26*, West Des Moines, IA	48:46	9:48
60	3	W19	Angela Johnston, 22*, Greenfield, IA	49:34	9:58
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100	6	M60	Jack Matthews, 65, Stuart, IA	49:45	10:00
61	12	W25	Tricia Groves, 25*, Newton, IA	49:57	10:03
62	14	W35	Jennifer Santiago, 37*, Ankeny, IA	50:04	10:04
101	16	M25	Kelly Foster, 27, West Des Moines, IA	50:05	10:04
63	15	W35	Michele Jensen, 38*, Grinnell, IA	50:07	10:05
64	16	W35	Kristin Funk, 39*, Brooklyn, IA	50:30	10:09
102	16	M45	Monty Beal, 46, Coralville, IA	50:31	10:10
65	13	W25	Jill Kluesner, 29*, Waukee, IA	50:32	10:10
66	7	W40	Deanna Breeding, 41*, Des Moines, IA	50:39	10:11
67	4	W19	Sarah Jens, 23*, West Des Moines, IA	50:49	10:13
68	5	W19	Jenna Rickley, 20*, Newton, IA	51:09	10:17
103	7	M55	Nathan Callahan, 56, Cedar Falls, IA	51:12	10:18
69	13	W30	Christina Anderson, 33*, Waukee, IA	51:13	10:18
104	17	M25	Justin Bassett, 28, West Des Moines, IA	51:21	10:20
70	14	W30	Heather Nichols, 33*, Baxter, IA	51:24	10:20
105	7	M60	Lowell Bauer, 61, Mitchellville, IA	51:31	10:22

106	8	M60	Curt Swarm, 60, Mount Pleasant, IA	51:35	10:23
71	17	W35	Lois Holmes, 38*, Grinnell, IA	51:43	10:24
72	8	W40	Becky Carkhuff, 43*, Newton, IA	51:52	10:26
73	2	W60	Marilyn Wickenkamp, 74*, Newton, IA	52:00	10:28
107	17	M45	Herb Miller, 48, Maquoketa, IA	52:10	10:30
108	18	M25	Brett Jacobs, 25, Newton, IA	52:22	10:32
74	6	W45	Gwen Johnston, 47*, Greenfield, IA	52:45	10:37
75	6	W19	Amber Weber, 22*, Ames, IA	52:45	10:37
109	18	M45	Mike Knoll, 46, Newton, IA	53:00	10:40
110	19	M45	Kirk Nelson, 47, Orono, MN	53:23	10:44
111	17	M40	Jim Ver Woert, 41, DeSoto, IA	53:26	10:45
76	15	W30	Angela Vande Kamp, 34*, Knoxville, IA	53:30	10:46
112	17	M35	David Henninger, 35, Raymond, IA	53:32	10:46
77	9	W40	Lori McNew, 42*, Newton, IA	53:39	10:48
78	16	W30	Sara Van Manen, 31*, Kellogg, IA	53:56	10:51
79	14	W25	Malinda Hostetter, 29*, Colfax, IA	54:18	10:55
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
80	5	W50	Connie Wright, 54*, Ira, IA	54:56	11:03
81	18	W35	Amy Van Blair, 35*, Ankeny, IA	56:07	11:17
82	19	W35	Jennifer Taylor, 38*, Center Point, IA	58:06	11:41
83	20	W35	Brenda Smith, 35*, Newton, IA	58:43	11:49
84	6	W50	Ann Determan, 52*, Haverhill, IA	59:06	11:53
85	17	W30	Tracia Andersen, 30*, Delmar, IA	59:22	11:56
86	3	W55	Pam Schau, 55*, Cabmus, IA	59:23	11:57
113	19	M25	Andy Andersen, 29, Delmar, IA	59:35	11:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
114	10	JrM	Clay Trotter, 9, Newton, IA	59:44	12:01
87	10	W40	Suzy Trotter, 42*, Newton, IA	59:45	12:01
88	18	W30	Jennifer Kramer, 34*, Lynnvillle, IA	1:00:13	12:07
89	15	W25	Mary Swank, 28*, Newton, IA	1:00:28	12:10
90	7	W19	Megan Balak, 19*, Newton, IA	1:00:33	12:11
91	3	W60	Jo Fudge, 69*, Newton, IA	1:00:40	12:12
115	10	M30	Ryan Comer, 30, Newton, IA	1:00:41	12:12
92	16	W25	Nicole Carlson, 26*, West Des Moines, IA	1:01:32	12:23
93	4	W55	Willetta Klein, 55*, Ames, IA	1:01:36	12:24
94	21	W35	Joanne Kunkel, 38*, Newton, IA	1:01:37	12:24
95	7	W45	Clarice Gilliland, 46*, Newton, IA	1:01:38	12:24
96	7	W50	Lianne Holloway, 53*, Joliet, Illinois	1:02:24	12:33
97	8	W45	Kathy Miller, 48*, Maquoketa, IA	1:02:51	12:38
98	9	W45	Geri Doyle, 47*, Newton, IA	1:03:01	12:41
99	22	W35	Jenny Mann, 39*, Newton, IA	1:03:28	12:46
100	19	W30	Tania Bentley, 31*, Pleasant Hill, IA	1:03:50	12:50
101	4	W60	Georgia Wright, 64*, Polk City, IA	1:04:11	12:55
102	20	W30	Jackie Dydell, 31*, Newton, IA	1:04:21	12:57
103	17	W25	Jaime Blair, 25*, Newton, IA	1:04:22	12:57
104	5	W55	Roberta Story, 59*, Newton, IA	1:04:31	12:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
105	10	W45	Robin Sokol, 45*, Maquoketa, IA	1:04:43	13:01
106	8	W50	Jody Noack, 50*, Newton, IA	1:05:06	13:06
107	18	W25	Nicole Noack, 28*, Cedar Rapids, IA	1:05:07	13:06
108	19	W25	Jennifer Etter, 25*, Newton, IA	1:05:49	13:14
109	23	W35	Regina Versteeg, 39*, Newton, IA	1:05:50	13:14
116	8	M55	David Schau, 55, Cabmus, IA	1:07:29	13:34
117	9	M55	Charles Determan, 57, Haverhill, IA	1:07:29	13:34
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
110	11	W40	Cathi Skriver, 40*, Kalona, IA	1:11:23	14:21
111	8	W19	Marissa Bream, 20*, Kalona, IA	1:11:24	14:22
112	21	W30	Lisa Aldrich, 33*, Newton, IA	1:12:24	14:34
113	6	W55	Sheryl Kain, 57*, Prairie City, IA	1:14:18	14:57
114	20	W25	Michelle True, 27*, Monroe, IA	1:14:19	14:57
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
115	21	W25	Kelli Kleindorfer, 27*, Des Moines, IA	1:14:55	15:04
118	20	M25	Matthew Gilbertson, 28, Des Moines, IA	1:14:56	15:04
116	22	W30	Julie Cline, 31*, Montezuma, IA	1:16:59	15:29

117	12	W40 Gwen Meier, 41*, Marengo, IA	1:17:00	15:29
118	13	W40 Stef Blomme, 42*, Brooklyn, IA	1:17:00	15:29
119	7	W55 Ginger Wagaman, 57*, Praire City, IA	1:17:05	15:30
120	9	W50 Kathy Masterson, 53*, Monroe, IA	1:17:05	15:30
119	11	M30 Troy Vande Kamp, 34, Knoxville, IA	1:17:08	15:31
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				

121	11	W45 Marianne Wainright, 47*, Fairfax, IA	1:19:49	16:03
120	5	M50 Kelly White, 51, North Liberty, IA	1:19:50	16:03
122	22	W25 Erin Good, 28*, Baxter, IA	1:20:16	16:09
121	18	M40 Sean Aldrich, 40, Newton, IA	1:20:40	16:14
122	6	M50 David Beachy, 52, Kalona, IA	1:20:59	16:17
123	11	JrM Wesley Smith, 10, Oxford, IA	1:21:01	16:18
123	5	W60 Susan Aalbers, 63*, Newton, IA	1:21:36	16:25
124	8	W55 Annette Thompson, 58*, Newton, IA	1:23:30	16:48
125	10	W50 Lyla Park, 52*, Des Moines, IA	1:23:32	16:48
126	14	W40 Roxanne Davis, 40*, Newton, IA	1:23:59	16:54
127	6	W60 Judy Leavens, 61*, Newton, IA	1:24:00	16:54
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				

124 12 M30 Brent Anderson, 31, Newton, IA 1:45:00 21:07
 "*" indicates females

11 finishers among Men 18 & Under
 3 finishers among Men 19 - 24
 20 finishers among Men 25 - 29
 12 finishers among Men 30 - 34
 17 finishers among Men 35 - 39
 18 finishers among Men 40 - 44
 19 finishers among Men 45 - 49
 6 finishers among Men 50 - 54
 9 finishers among Men 55 - 59
 8 finishers among Men 60 & Up
 2 finishers among Women 18 & Under
 8 finishers among Women 19 - 24
 22 finishers among Women 25 - 29
 22 finishers among Women 30 - 34
 23 finishers among Women 35 - 39
 14 finishers among Women 40 - 44
 11 finishers among Women 45 - 49
 10 finishers among Women 50 - 54
 8 finishers among Women 55 - 59
 6 finishers among Women 60 & Up
 124 male finishers
 127 female finishers
 251 total finishers

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