

# St. Patrick CPTO - 5K Run/Walk Application - April 4, 2009

Entry Fee - Payable to: NO refunds

St. Patrick CPTO  
c/o Tracy Bemel  
3108 Pheasant Dr  
Cedar Falls, IA 50613

Name (last name/first name) \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Birth Date \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Email Address \_\_\_\_\_ Day Telephone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

WAIVER: In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against the City of Cedar Falls, or any sponsor or contributor to this event and their representatives, successors, and assigns for any and all claims of liability of any kind arising out of my participation in this event. I agree to abide by any decision of the race official relative to my ability to safely complete this run. I assume all risks associated with running in this event, including but not limited to falls, contact with other participants, the effects of the weather, traffic, and the conditions of the road, all such risks being known and appreciated by me. Further, I hereby grant full permissions to any and all of the aforementioned participants to use my name, likeness and voice, as well as any photographs, videotapes, motion pictures, recordings, or any other record of this event in which I may appear for any legitimate purpose.

Signature \_\_\_\_\_ Date \_\_\_\_\_

\*By parent or guardian, required if applicant is under 18

Please circle shirt size.

Individual Entry:

- \$15.00 postmarked by March 25th
- \$20.00 postmarked after March 25th
- \$20.00 race day

Family Entry:\*\* (see below)

- \$50.00 postmarked by March 25th
- \$55.00 postmarked after March 25th
- \$55.00 race day

Total

\*Family of four or more. ALL family members that are participating, must complete and sign an application form. Use photo copies if needed, and submit together.

Check all that apply

St. Patrick CPTO  
St. Patrick School  
Cedar Falls, IA

## St. Patrick CPTO Presents



**Saturday  
April 4, 2009  
at 9:00 am**

**Race proceeds will benefit the  
St. Patrick School playground project.**

**St. Patrick School  
615 Washington Street  
Cedar Falls, IA**





## FEES

### *Individual Entry\*:*

- \$15.00 postmarked by March 25<sup>th</sup>
- \$20.00 postmarked after March 25<sup>th</sup>
- \$20.00 race day

### *Family Entry\*: family of four or more*

- \$50.00 postmarked by March 25<sup>th</sup>
- \$55.00 postmarked after March 25<sup>th</sup>
- \$55.00 race day

**Price includes t-shirt and pancake breakfast following the run.**

*Pancake breakfast only - \$5.00*

**A kid's half-mile fun run will start at 9:45 for kids ages 5-12.**

*Medals awarded to all kids who finish.*

**Supervision provided for children.**

- \* No t-shirt guarantee if you register after March 27<sup>th</sup>
- \* No skates, bikes or pets

Checks payable to: St. Patrick School CPTO  
c/o Tracy Bermel  
3108 Pheasant Dr  
Cedar Falls, IA 50613

Electronic registration is also available at  
[www.active.com](http://www.active.com)

**St. Patrick School - Faith, Academic Excellence and a Welcoming Community all in one school.**

**St. Patrick CPTO was established to foster communication between parents, students and faculty.**

## PACKET PICK-UP

Early packet pick-up and late registration will take place at the Runner's Flat shoe store in Cedar Falls on Friday April 3<sup>rd</sup> from 5 - 7 p.m.

## QUESTIONS?

E-mail Tracy Bermel at: [tbermel@cfu.net](mailto:tbermel@cfu.net)  
or call: **319-266-6237**.

## AWARDS

**Overall male and female winners will receive special prizes!**

**Medals to the top three in each age category:**

13-19, 20-29, 30-39, 40-49, 50-59, 60 & over

**Kid's half-mile fun run:**

Medals awarded to all kids who finish.

