LIS—Panther Pride

LIS is sponsoring a 5K and 1 mile Fun Run/Walk,
with proceeds going to the LIS Endowment Fund

Date: Saturday, April 4th, 2009

Time: 5K and 1mile Fun Run/Walk both start at 9:00 a.m.

Registration: 7:30-8:30 a.m.

Course: Starting at LIS, the course will take a route that encircles the town of Williamsburg. This is not the same course used in previous Hit the Bricks races.

Entry Fee: $20 ($13 for 18 and under)
$15 ($8 for 18 and under) if entry is postmarked on or before March 27th
Race Day registrants not guaranteed a T-Shirt.

Age Divisions: 13 and under, 14-19, 20-29, 30-39, 40-49, 50-59, and 60 & over.

Refreshments: Refreshments will be provided after the race. Prizes will be awarded to the top male and female overall finishers, and to the top 3 male and female finishers in each age bracket. Awards will be presented to the top 3 male and female finishers in the Fun Run. All registered runners will be eligible for prize drawings after the race, but must be present to win.

MAIL REGISTRATION TO: L.I.S. RUN
Lutheran Interparish School
804 Court St. Box 750
Williamsburg, IA 52361

Name_____ Phone_____

Address_____ City/State/Zip_____

Age on Race Day _____ Gender _____

Shirt Size: (circle one): Youth L
Adult S MED LARGE X-Large

Race: (circle one): 5K Fun Run

Make check payable to: L.I.S.

WAIVER: (must sign waiver to participate)
I do hereby absolve LIS, the city of Williamsburg, all race sponsors, volunteers, and all race officials, and organizers from all claims of damages, demands, actions, and courses of action whatsoever, in any manner arising or growing out of my participation in the LIS Panther Pride. I certify that I have prepared myself and that I am in adequate physical condition to participate in the event I have entered on April 4, 2009.

Signed_____ Date_____
Parent or guardian if under 18)

RACE #_____ (official use only)