

41st Drake Relays On-the-ROADS

DATE: Saturday, April 25, 2009 at 8:00 a.m.

100TH YEAR: Special pigment dye shirts - 3 different color choices, chip timing, first 1500 at packet pickup get ASICS socks, expanded age divisions and finishers receive 100th year medals.

LOCATION: Starts on Forest & 28th adjacent to Drake Stadium.

FEE: Register Online at www.GetMeRegistered.com through noon April 22

\$20 for 8 Kilometer through Friday - April 17, don't mail after April 17!

\$25 for Half-Marathon through Friday - April 17, don't mail after April 17!

\$30 (8 km) and \$35 (Half) at packet pickup on Friday - April 24

\$35 (8 km) and \$40 (Half) at packet pickup on Saturday - April 25

No refunds on entry fees or transferring of race numbers.

PACKET PICKUP: Fine Arts Building at 25th & Carpenter, adjacent to the Finish, April 24 - 4 to 7 p.m. and April 25 - 7 to 7:30 a.m. First 1500 get ASICS running socks.

COURSE: Half Marathon is rolling and 8K is flat and fast. All miles marked with lots of aid stations and mile splits. Time limit 1 hour for 8km & 2.5 hours for Half-Marathon.

TEMPERATURE: Average starting temperature 45 degrees.

FINISH: 25th & Carpenter adjacent to the Fine Arts Building, two blocks from the start. Food, drink, showers, etc available.

AWARDS: Over \$3000 in prize money and age division awards are ASICS apparel. 9 a.m. awards for 8K & 10 a.m. awards for Half. \$100 for age division records.

41st Drake Relays On-the-ROADS Entry Form - - Saturday, April 25, 2009 - - 8 a.m Start

Name (last name/first name)

Age of 4/25/09

Sex

Half? 8k?

Mailing Address

Birth Date: month - day - year

City

State

Zip Code

E-mail Address

Shirt Size

Predicted Time

In consideration for the opportunity to participate in this event, I release all groups and persons, including the City of Des Moines, Iowa and the Drake Relays On-the-ROADS officials, sponsors, contributors, volunteers, etc., from any and all liability for any injury or damages whatsoever arising from any participation in the this event. I also authorize any medical treatment deemed advisable by any licensed physician to relieve any injuries or illness while a participant or observer. I certify that I have read this document and agree with its content.

Date _____ Signature (parent or guardian if under 18) _____

PLEASE NOTE:
One person per entry?
All boxes completed?
Release signed?
Mail before deadline?
Correct amount paid?

Entry Fee - payable to Drake Relays
(GetMeRegistered.com through noon 4/22)

20 dollars for 8 km
(through Friday - 4/17)

25 dollars for Half-Marathon
(through Friday - 4/17)

\$30 (4/24) or \$35 (4/25) - 8km
\$35 (4/24) or \$40 (4/25) - Half

Don't mail after April 17, 2009
No refunds and no transferring numbers

MAIL TO: Drake Relays On-the-ROADS, 1631 38th Street, Des Moines, Iowa 50310-4542