

# 40th Drake Relays On-the-ROADS

DATE: Saturday, April 26, 2008 at 8:00 a.m.

LOCATION: Starts on Forest & 28th adjacent to Drake Stadium

FEE: Register Online at [www.Active.com](http://www.Active.com) through noon April 23  
\$15 for 8 Kilometer through Monday - April 21, don't mail after April 21!  
\$20 for Half-Marathon through Monday - April 21, don't mail after April 21!  
\$20 (8 km) and \$25 (Half) at packet pick-up on Friday - April 25  
\$25 (8 km) and \$30 (Half) at packet pick-up on Saturday - April 26  
No refunds on entry fees or transferring of race numbers

PACKET PICKUP: Fine Arts Building at 25th & Carpenter, adjacent to the Finish, April 25 - 4 to 7 p.m. and April 26 - 7 to 7:30 a.m. First 1500 get Asics running socks

COURSE: Half Marathon is rolling and 8K is flat and fast. All miles marked with lots of aid stations and mile splits. Time limit 1 hour for 8km & 2.5 hours for Half-Marathon

TEMPERATURE: Average starting temperature 46 degrees. It rained hard in 2002 and lighter in 2006, race day has been perfect for running 10 of the past 12 years.

FINISH: 25th & Carpenter adjacent to the Fine Arts Building, two blocks from the start. Food, drink, showers, etc available.

AWARDS: Over \$2500 in prize money and age division awards are Nike apparel. 9:15 a.m. awards for 8K & 10:15 a.m. awards for Half. \$100 for age division records.

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## 40th Drake Relays On-the-ROADS Entry Form - - Saturday, April 26, 2008 - - 8 a.m Start

Name (last name/first name)

Age of 4/26

Sex

Half? 8k?

Mailing Address

Birth Date: month - day - year

City

State

Zip Code

E-mail Address

Shirt Size

Predicted Time

In consideration for the opportunity to participate in this event, I release all groups and persons, including the City of Des Moines, Iowa and the Drake Relays On-the-ROADS officials, sponsors, contributors, volunteers, etc., from any and all liability for any injury or damages whatsoever arising from any participation in the this event. I also authorize any medical treatment deemed advisable by any licensed physician to relieve any injuries or illness while a participant or observer. I certify that I have read this document and agree with its content.

Date \_\_\_\_\_ Signature (parent or guardian if under 18) \_\_\_\_\_

PLEASE NOTE:  
One person per entry?  
All boxes completed?  
Release signed?  
Mail before deadline?  
Correct amount paid?

**Entry Fee - payable to Drake Relays**  
(active.com through noon April 23rd)

**15 dollars for 8km**  
(through Monday - 4/21)

**20 dollars for Half-Marathon**  
(through Monday - 4/21)

**\$20 (4/25) or \$25 (4/26) - 8km**  
**\$25 (4/25) or \$30 (4/26) - Half**

Don't mail after April 21, 2008  
No refunds and NO transferring numbers

**MAIL TO: Drake Relays On-the-ROADS, 4949 Westown Parkway-Suite 110, West Des Moines, IA 50266**